

# PSY 1010 – 006: Principles of Psychology

College of Language Literature and Social Sciences

Spring 2016

TR 9:30 – 10:45 a.m.

Bowman-Oddy 1053

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## Instructor

Ms. J. Sullivan  
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## Office Hours

Tuesday and Thursday  
11-12:30 p.m.

## Teaching Assistant

Jenna Potvin  
Jamie Zilko

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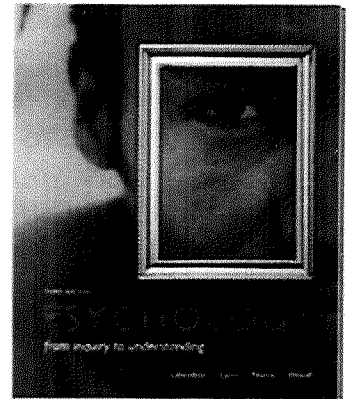
[Jamie.zilko@rockets.utoledo.edu](mailto:Jamie.zilko@rockets.utoledo.edu)

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## Required Text

Lilienfeld et al., 2013. *Psychology: From Inquiry to Understanding*, 3rd edition, Pearson. You only **NEED** the text but buying the e-text card which comes with the paper version of the book is the cheapest route. I recommend that you buy the Lilienfeld REVEL access card with looseleaf text: \$74.45. ISBN: 9780134225647

We **will not** be using REVEL, the online component, as a part of the course grade so if you know someone with a cheap used version of Lilienfeld 3<sup>rd</sup> edition, you can buy that. If you want to use the online REVEL features, you're welcome to do that. They may prove useful.



## Course Description & Learning Objectives

This is a General Education Social Science Core course and there are no prerequisites. It is a survey of the branches of psychology and the scientific approach to the study of behavior. The Learning Objectives below are based on the UT Core and American Psychological Association Undergraduate Learning Goals and Outcomes. This course is part of the **Ohio Transfer Module**. It introduces students to the methods of inquiry for understanding behavior and an analysis of the scientific approach to psychological questions.

By the end of this class, you should be able to demonstrate knowledge and understanding representing appropriate breadth and depth in the following content areas of psychology:

1. Theory and research representing each of four general domains:
  - Learning and cognition
  - Individual differences, psychometrics, personality, and social processes
  - Biological bases of behavior and mental processes
  - Developmental changes in behavior and mental processes
2. The history of psychology including the evolution of methods, theoretical conflicts, and sociocultural contexts.
3. Relevant levels of analysis including cellular, individual, group/systems, and culture.
4. Themes, persistent questions, and enduring conflicts in psychology.
5. Research methods, designs, and strengths and limitations of these designs.

## Requirements

Course Website: This course requires you to have access to Blackboard I will post updates, announcements, quizzes, assignments, and lecture slides on Blackboard. Blackboard will also always have an updated version of the syllabus which is where all your due dates will be listed. Keeping up with the course is your responsibility. Blackboard will also host our exams. If you are having problems accessing Blackboard, contact IT as soon as possible and they will assist you.

Research Requirement: You are required to participate in research in the psychology department. If you cannot participate due to scheduling issues or would prefer not to participate, you can fulfil this requirement by writing reports on scientific articles that I have picked for you. You **must** fulfil this requirement one way or the other, or you will not pass the class. I repeat: You will fail the course if you do not participate in research or complete the reports. More on this is on our Blackboard or the Psych Dept's website.  
<http://psychology.utoledo.edu/showpage.asp?name=researchRequire>

## Policies

Contacting Me: I am happy to help you out if you are struggling in the course, so feel free to stop by my office during my office hours. If you can't make it during those times, shoot me an email and we will work something out. Setting up an appointment in advance is ideal and email is the best way to get in touch with me. There will be times when I am out of my office to run an errand in the building so if I know we're meeting, I will make sure to be there. Please use the address above instead of Blackboard email (I don't check it). **Before you email**

**me, double-check the syllabus. If your question is addressed somewhere therein, I will not respond to your email.** I rarely respond to emails between 10 p.m. and 8 a.m. Please do not email me repeatedly if I do not respond within a couple of hours... I probably received your first email and I will reply as soon as I am able. If this policy is continually broken, I will begin deducting points from assignments if you email me about answers you can find in the syllabus. (Please use the same guidelines to contact your TAs.)

Attendance: **Please arrive to class on time and do not leave early.** I do not take attendance. Many students work full- or part-time or have families, and I do not need to know why you missed lecture. However, if you choose not to come to class, you will not earn a passing grade. Exam content is largely drawn from the lecture materials, and I do not post audio of my lectures on the course website and I will not email you my slides. If you miss class, get notes from a classmate and review the supplementary materials online. If you have further questions, please come to office hours with a list of specific issues. If you know that you will be out of town (athletic event, family obligation, etc.), please email me *in advance* and I will provide you with additional content to make up for when you will be gone.

Course Materials: With the exception of the lectures, content can be found on Blackboard. I will post "outline" slides in PDF format on Blackboard at the beginning of each unit. These slides will not include everything you need to know, which is why you should come to class. Please do not ask me to post slides with the full content on them.

**I do not consent to be photographed or recorded during my lectures unless you have explicit permission from the University or me.** This includes photographing or recording my lectures on your phone, laptop, tape recorder (are these still around?), or any other device. So please do not pull out your iPad to take pictures of slides instead of writing the information yourself.

Academic Integrity: Please don't cheat. Individual assignments should reflect your own work, although it can often be helpful to discuss readings with other students. If you cheat, plagiarize, or falsify any requirements for this course, you will receive 0 points for the assignment on your first offense. Plagiarism includes using a quote from an online source and NOT citing it. If you're using words from someone else, they should be cited. If you cheat or plagiarize a second time, you will be reported to the University. Read UT's policy on academic integrity for further information.

Late Assignments: Keep up with the assignments and you'll do well in the course, assuming you also come to lecture. Life happens, so give yourself plenty of time to account for things you cannot control. I'm much more likely to work with you on technical difficulties if it's more than 24 hours before the deadline. As far as

late assignments are concerned, I do not accept them. Do not ask. I understand that extenuating circumstances do arise (e.g., sick child, car accident, etc.), and I will make reasonable accommodations in these situations if provided with documentation within 24 hours of the due date. Note: "I forgot to do this" And "I was busy with work and other classes" are not legitimate excuses and I will not accept late work in these cases.

### Academic Accommodations:

The University is an equal opportunity educational institution. Please read The University's Policy Statement on Nondiscrimination on the Basis of Disability Americans with Disability Act Compliance.)

The University of Toledo is committed to providing equal access to education for all students. If you have a documented disability or you believe you have a disability and would like information regarding academic accommodations/adjustments in this course please contact the Student Disability Services Office.) If you require accommodations, please email me to discuss exactly what you need.

### **Etiquette**

Phones: I think it goes without saying that you should not be talking or texting on your phone during class. Your phones should be on silent, not vibrate. Please don't text in class. It's only an hour and fifteen minutes... if something is urgent enough that you *need* to take a call or text, please sit near the back and excuse yourself to the hall until your business is completed. If I have to ask you to put your phone away more than once, you will be asked to leave. Please refrain from using headphones or earbuds during class, even if your music is turned off. It is disrespectful and you are wasting your time coming to class if you're not going to listen to the lecture.

Eating: If you can eat a snack that is quiet and mess-free, I don't have a problem with eating during class. Noise from a bag of chips or candy bar is *very* distracting to everyone. Additionally, if it has the potential to spill, leak, or spoil, don't eat or drink it during class. Please don't sit down with your Magic Wok noodles or Subway sandwich and chow down during class. Not only is it inconsiderate to the instructor, but aromas from your food may cause issues for other students (headaches, allergies, etc.). A very important note: If I notice that students are not cleaning up after themselves after class, I will revise this policy to be substantially more stringent.

Hygiene: There are 100 people in this room and the room is really warm. Please be mindful of your personal hygiene to make the classroom enjoyable for everyone.

Laptops/Tablets: I will ask that you keep your web-surfing to a minimum and use the power of technology to take notes while you're here, but I know you will inevitably end up on Facebook. Despite what many students (and humans in general) believe, we are pretty terrible multitaskers. So if your goal is to learn, keep focused and off the internet.

Netiquette: Treat everyone you meet with respect. This includes face-to-face and online interactions. Consider emails as formal communications between you and your instructors, and please refrain from starting your email with "Hey" or "You need to...". **Your emails should contain a salutation (e.g. "Hi Instructor Sullivan") and your signature (just your name will do).** Please be kind and courteous to your classmates (and to me!) when you interact with them... A "please" will take you much further in my class than a demand. I reserve the right to ignore any emails that are not composed with some thought.

## Course Components

Exams: There will be five unit exams and a cumulative final exam. The final covers the last unit (5) and also contains a cumulative portion, so it will be longer and is worth more points than the others. The unit exams will be composed of 50 questions and the final will be 100 questions; exams will be multiple-choice and a few fill in the blanks. You may not use books, notes, or friends on the exams... you should just be using your own knowledge. I am tentatively allowing a class period to be used for an exam day, but if we cannot finish the unit in time, exams will be taken in a proctored computer lab (UH 5000) on Blackboard. I will post announcements on Blackboard to communicate whether a class period will be available to take the exam. You may visit the lab to take your exam any time the lab is open when the exam is available. However, multiple instructors utilize this lab for proctored exams, so it does get busy at times. They are also NOT open on Fridays. You're responsible for knowing when exams are open and when they close.

### Do:

- **Bring a photo ID to the lab.**
- Remember the course name (Principles of Psychology) and my name (Sullivan) to check in faster. Just saying "psychology" isn't enough.
- Plan ahead. There is no guarantee that you will be able to take the exam if the lab is busy.

### Do Not:

- Arrive at the lab less than an hour before it closes for the day; you will not be permitted to take the exam.

- Try to cheat. The proctors will text me immediately if they see you doing something sketchy. Any use of your phone during an exam will be considered cheating. Put it away before you walk into the exam room.
- Use the computers for non-exam related work (printing documents, email, etc.). Get in, get out.
- Complain to me that "you couldn't do the exam because the lab wasn't open". You have more than enough time allotted to get in to take the exam while it is open.
- See the lab's hours on blackboard.

Quizzes: There will be quizzes at the end of each chapter. They are worth 5 points each and will be 25 questions. The quizzes are in Blackboard and are listed by chapter. They will not be released until we cover that unit. You will be able to complete the quizzes 3 times each, and I will take your highest score as the one in my gradebook. These have specific due dates, which will be clear to you in Blackboard.

If you have REVEL access and take the quizzes in REVEL, those may help you understand material but they WILL NOT be counted as a grade or count as your quiz grades. You must complete the chapter quizzes in Blackboard to earn points.

Writing Assignment: This course fulfills certain state requirements that encourage integrating a writing component. Therefore, you will be completing a written research proposal. Information about the written proposal, with dates for submissions and directions/rubrics for each step, will be in the WRITING page on Blackboard.

You will be completing the proposal in steps. Each step will be a portion of the overall paper. Each step will be turned in through Blackboard and then graded and given back to you with comments.

There are 7 steps for writing your proposal. Each step is worth a certain number of points. The overall points you can earn on writing assignments is 100, which is as much as your final. Please take each step seriously. Don't run away screaming from my class just yet, though. I will walk you through the steps and give lots of feedback so you can earn a good grade.

Focus Questions: At the end of each chapter PowerPoint, I have questions from the chapter. If you're in class, you should complete these on a half sheet of paper with your name on it and hand it into the TA at the end of the class. As long as you complete every question, no matter how many you get right, you will get about 3 points per set (each set has 4-5 questions) as participation points. If you complete each set of questions throughout the semester, you would earn 50 points, which is the same as a test. I use these questions on my exams, and will review the answers in the following class. If the TA doesn't get

your sheet with your name, you don't get points. If you want the points, you'll make sure the TA gets yours.

Extra Credit: As a general rule, **I don't curve**. However, I know that life happens and you can't always be prepared for everything. As a way to allow you to compensate for things that may come up during the semester, I will be offering an extra credit syllabus quiz. You can complete this on Blackboard from home. This syllabus is long and contains a lot of information, but I think it's important for you to read and understand the course policies so you can succeed. This quiz will be worth up to 10 points, which is enough to bump your grade up a bit (i.e. from a B+ to an A-). This quiz will only be open for a week, so read the syllabus a few times and get some easy points! The best part: it's open-note ☺ Also - Our exams will be open 3 days (of open lab time Monday – Thursday) and if you take it the first day its open, I will give you 2 points of extra credit on the exam. I may also offer extra opportunities for you to earn points if I see a widespread need for it. Those will be explained as necessary. Please take advantage of extra credit as I offer it. Come the last week of the semester, you will want more extra credit and I probably won't have any more.

Course Pretest: UT is in the process of reviewing learning objectives for its core courses, so you will complete a course pretest. **This is not for a grade!** It is considered a "for credit" assignment, and it's only 36 questions. You must complete this pretest as per the university's program review and to be eligible for extra credit in the course. It will be due at the end of the first week of classes. You can complete it on Blackboard from home.

Other Course Material: Any additional course materials will be posted within the unit they belong to. You are responsible for knowing anything posted or mentioned in class that may not be in the book.

## Grading Criteria

|                                       |                             |     |
|---------------------------------------|-----------------------------|-----|
| Chapter Quizzes                       | 5pts per quiz x 16 chapters | 80  |
| Writing Assignments                   |                             |     |
|                                       | TOTAL points                | 100 |
| 3 Topics Paper                        |                             | 5   |
| Chosen Topic & Hypothesis Paper       |                             | 10  |
| Annotated Bibliography                |                             | 15  |
| Outline                               |                             | 15  |
| First Draft of Introduction           |                             | 30  |
| Final Draft of Introduction           |                             | 15  |
| Planned methods & anticipated results |                             | 10  |

|                                   |                                      |            |
|-----------------------------------|--------------------------------------|------------|
| Focus Questions                   | 1 set of q. per chap, ~3 pts per set | 50         |
| Exams (1-4)                       | 1 per unit, 50 pts. each             | 200        |
| Unit 5 PLUS Cumulative Final Exam |                                      | 100        |
| <b>Total</b>                      |                                      | <b>530</b> |

**\*Note:** Your final grade will be based on the points you earn, not a percentage.  
**Grades are earned, not given, so I do not round. There will be no negotiation about rounding.**

Grading Scale:

|                |    |
|----------------|----|
| 93-100         | A  |
| 90-92.9        | A- |
| 87-89.9        | B+ |
| 83-86.9        | B  |
| 80-82.9        | B- |
| 77-79.9        | C+ |
| 73-76.9        | C  |
| 70-72.9        | C- |
| 67-69.9        | D+ |
| 63-66.9        | D  |
| 60-62.9        | D- |
| 59.9 and below | F  |

**Tentative Course Schedule  
 (Subject to change)**

| <b>Date</b> | <b>Topic</b>                                                                                       | <b>Reading</b> |
|-------------|----------------------------------------------------------------------------------------------------|----------------|
| 1/12        | Course Overview; Textbook & Sona Presentation                                                      |                |
| 1/14        | Psychology & Scientific Thinking                                                                   | Chapter 1      |
| 1/19        | Psychology & Scientific Thinking; Research Methods                                                 | Chapter 2      |
| 1/21        | Biological Psychology<br>STEP 1 of RESEARCH PAPER DUE                                              | Chapter 3      |
| 1/26        | Sensation & Perception                                                                             | Chapter 4      |
| 1/28        | Make Up Day                                                                                        |                |
| 2/2         | Exam Period<br><b>Unit 1 Exam (Ch. 1-4), open 1/28 through 2/2</b><br>STEP 2 of RESEARCH PAPER DUE |                |
| 2/4         | Consciousness                                                                                      | Chapter 5      |



| <b>Date</b> | <b>Topic</b>                                                                       | <b>Reading</b> |
|-------------|------------------------------------------------------------------------------------|----------------|
| 2/9         | Consciousness; Learning                                                            | Chapter 6      |
| 2/11        | Learning                                                                           |                |
| 2/16        | Memory<br>STEP 3 of RESEARCH PAPER DUE                                             | Chapter 7      |
| 2/18        | Memory                                                                             |                |
| 2/23        | Exam Period<br><b>Unit 2 Exam (Ch. 5-7), open 2/23 through 2/25</b>                |                |
| 2/25        | Thinking, Reasoning, & Language<br>STEP 4 of RESEARCH PAPER DUE                    | Chapter 8      |
| 3/1         | Thinking, Reasoning, & Language; Intelligence and IQ Testing                       | Chapter 9      |
| 3/3         | Intelligence and IQ Testing                                                        |                |
| 3/8         | NO CLASS – SPRING BREAK                                                            |                |
| 3/10        | NO CLASS – SPRING BREAK                                                            |                |
| 3/15        | Human Development                                                                  | Chapter 10     |
| 3/17        | Human Development                                                                  |                |
| 3/22        | Make up day – Exam Period<br><b>Unit 3 Exam (Ch. 8-10), open 3/21 through 3/23</b> |                |
| 3/24        | Emotion & Motivation                                                               | Chapter 11     |
| 3/29        | Emotion & Motivation; Stress, Coping, & Health<br>STEP 5 of RESEARCH PAPER DUE     | Chapter 12     |
| 3/31        | Stress, Coping, & Health ; Social Psychology                                       | Chapter 13     |
| 4/5         | Social Psychology                                                                  |                |
| 4/7         | Make up day – Exam Period<br><b>Unit 4 Exam (Ch. 11-13), open 4/6 through 4/11</b> |                |
| 4/12        | Personality<br>STEP 6 of RESEARCH PAPER DUE                                        | Chapter 14     |
| 4/14        | Personality ; Psychological Disorders                                              | Chapter 15     |
| 4/19        | Psychological Disorders                                                            |                |
| 4/21        | Psychological & Biological Treatments                                              | Chapter 16     |
| 4/26        | Psychological & Biological Treatments                                              |                |
| 4/28        | Make up day – as needed (REVIEW DAY)<br>STEP 7 of RESEARCH PAPER DUE               |                |

**Unit 5 Exam & Cumulative Final Exam: Thursday, 4/28/16 through  
Thursday, 5/5/16**