

# Principles of Psychology

The University of Toledo  
College of Language, Literature, and Social Sciences  
PSY1010-901 CRN: 10297  
3 credit hours

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<b>Instructor:</b>	Jason Levine, Ph.D.	<b>Term:</b>	Spring 2017
<b>TA:</b>		<b>Class Location/Times:</b>	Online
<b>Office Hours:</b>	Thursdays, 8-12	<b>Lab Location/Times:</b>	Online
<b>Office Location:</b>	UH5280C	<b>Course Website:</b>	<a href="#">Blackboard Learn</a>
<b>Office Phone:</b>	419-530-2761	<b>Instructor's Website:</b>	<a href="http://toledohealthpsychologylab.wordpress.com/">http://toledohealthpsychologylab.wordpress.com/</a>
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## COURSE/CATALOG DESCRIPTION

*A survey of the branches of psychology and the scientific approach to the study of behavior.*

## COURSE OVERVIEW

This is a General Education Social Science Core course and there are no prerequisites. This course is designed to help you gain an appreciation of the scientific basis of the entire discipline of Psychology. You will learn about what psychologists study, how they study it, what they know (or don't know), and the difficulties in understanding behavior.

## REQUIRED TEXTS AND MATERIALS

1. **Psychology: From Inquiry to Understanding, Books a la Carte Edition plus REVEL -- Access Card Package, 3/E**  
**REVEL for Psychology: From Inquiry to Understanding -- Access Card, 3/E**  
 Scott O Lilienfeld ISBN-10: 0134223926 • ISBN-13: 9780134223926  
 ©2016 • Pearson • Access Code Card, 840 pp  
 Published 06/29/2015 • purchase price: (approx.) \$93.00
2. **UToledo Blackboard**  
<https://blackboard.utdl.edu/>

## RECOMMENDED TEXTS AND MATERIALS

*None*

## WHERE DO I GET THE Text?

**\*You have two options. You can use the following instructions and weblink to purchase the text OR you can go to Rockets Bookstore on 3047 W Bancroft St. - 419-536-9154.**

This course uses a Pearson digital product which contains important assignments and resources used throughout the semester. The required link below is unique to this course. Here is how to register:

1. Visit this link: <https://console.pearson.com/enrollment/iakmmw>
2. Sign in with your Pearson Account. You can either: sign in with an existing Pearson username and password OR create a new Pearson account if this is your first Pearson digital product.

3. Choose your course under 'My Courses' and choose an access option: redeem an access code that you got from your school's bookstore or purchase access online. There is a free trial if you are waiting for financial aid.

What you should know:

- Bookmark <https://console.pearson.com> to easily access your materials.
- Pearson recommends using the latest version of Chrome, Firefox, or Safari with this digital product.
- Contact your instructor if you lose the invite link.

### **COURSE OBJECTIVES**

Based on the *UT Core and American Psychological Association Undergraduate Learning Goals and Outcomes*

Demonstrate knowledge and understanding representing appropriate breadth and depth in selected content areas of psychology:

1. theory and research representing each of the following four general domains:
  - a) learning and cognition
  - b) individual differences, psychometrics, personality, and social processes, including those related to sociocultural and international dimensions
  - c) biological bases of behavior and mental processes, including physiology, sensation, perception, comparative, motivation, and emotion
  - d) developmental changes in behavior and mental processes across the life span
2. the history of psychology, including the evolution of methods of psychology, its theoretical conflicts, and its sociocultural context
3. relevant levels of analysis: cellular, individual, group/systems, and culture
4. themes, persistent questions, & enduring conflicts in psychology
  - a) the interaction of heredity and environment
  - b) variability and continuity of behavior and mental processes within and across species
  - c) free will versus determinism
  - d) subjective versus objective observations
  - e) the interaction of mind and body

Students will be able to enumerate evidence underlying beliefs about behavior—

1. Recognize major perspectives of psychology (e.g., behavioral, biological, cognitive, evolutionary, humanistic, psychodynamic, and sociocultural).
  - a) Compare and contrast major perspectives
  - b) Describe advantages and limitations of major theoretical perspective
2. Recognize different research methods used by psychologists.
  - a) Describe how various research designs address different types of questions and hypotheses
  - b) Articulate strengths and limitations of various research designs
  - c) Distinguish the nature of designs that permit causal inferences from those that do not

Students will demonstrate an influence of psychological principles on their behavior, specifically study strategies

1. Demonstrate self-regulation in setting and achieving goals

- a) Regular and spaced study sessions in the form of recall practice quizzes
2. Assess your own performance accurately
  - a. Use feedback from quizzes and study plan to realistically assess own knowledge

### TEACHING STRATEGIES

This online course is designed to stimulate student learning through the web-based delivery of readings, video, and audio, as well as collaborative activities involving asynchronous discussion. No on-campus meetings will be required, although you might have to come to campus to fulfill the department's research exposure requirement, detailed near the bottom of this syllabus; and you will be required to come to campus to complete the final exam in the department of psychology's computer lab, UH5150F.

This course is based on U-Pace, a proven online instructional method combining technology Blackboard with personalized help and support received via email. In PSY1010-903/913 follow the model schedule (completing 2 unit quizzes every week) until you get the Unit quiz grade you desire (85% of your grade), completing module chapter quizzes embedded in REVEL (7.5% of your grade), and the comprehensive final exam (7.5% of your grade). When students follow the model schedule, they are done with 95% of the course in 14 weeks, earning full credit for quizzes before the end of the semester. This allows them to concentrate on studying for the final exam and doing well in their other courses.

You are in control. When you schedule time to work on the course each week is up to you. You determine when you are ready to read the text, complete the module quizzes, and take the two unit quizzes each week. You can go as fast as you want and complete module quizzes and 2 unit quizzes per week to finish the course early, depending on when materials are posted. Some students have completed this course in less than 14 weeks.

The structure of this course allows you to spend greater time on difficult topics and helps you manage multiple responsibilities, including doing well in other courses. This course structure has been proven to increase student learning, and students have also reported reduced feelings of stress and increased feelings of support for their learning.

***It is important that you check your utoledo email at least twice per week during this course to benefit from the personalized help with concepts and constructive support provided.***

### WORKWEEK

In this fully online course, weeks run from Mondays through Sundays: specifically, they begin at 12:00 AM Monday morning and end at 11:59 PM on Sunday night. The materials for any week will be posted by Monday morning of that week, if not earlier, under the appropriate Units folder. Begin each week on Monday by checking the model schedule and then viewing the content for the week under Units. You have the flexibility and freedom to determine the pace by which you complete the weekly materials and quizzes. Keep in mind that quiz grades will be computed on Friday, April 28th at 5:00pm. You will not receive credit for quizzes completed after this date.

### PREREQUISITES

*None*

### **HOW DOES THIS COURSE WORK?**

- This course combines web-based instruction on the Blackboard site with as much one-on-one help and support as you need every step of the way. You control the pace of your learning, with flexibility to work at the times best for you each week.

### UNIT QUIZZES (26 total quizzes)

- In this course you will be responsible for learning the material in 13 units, each equivalent to about a one or two chapters in the textbook. You will be taking 26 quizzes, two for each unit. Each quiz is 6 minutes long and consists of 10 multiple-choice questions.

- You can retake quizzes an unlimited number of times without penalty. The quiz retakes will have different questions. When you achieve at least 9 out of 10 correct on a quiz, you receive credit for that quiz and may progress to the next quiz. *Whether you earn 9 out of 10 correct or 10 out of 10 correct does not matter for your grade.* Your grade will reflect the number of quizzes you completed with at least 9 out of 10 correct. The goal is complete all 26 quizzes by the end of the semester.
- This course also requires you to complete a multiple-choice “Pre-test” before the course units are made available to you. \*The Pre-test does not affect your final grade.
- You will be able to track the number of passed quizzes in Blackboard grade center

#### MODULE QUIZZES embedded in REVEL

- You are required to complete several short quizzes in REVEL as you read through each chapter. There are typically 5 questions per module quiz with each question worth 3 points initially, and decreases in value for each incorrect answer. You get 3 attempts to successfully answer each question, with 1 point deduction each time you incorrectly answer.
- You will be able to track your overall module quiz grade in REVEL.

#### FINAL EXAM

- A comprehensive final exam is scheduled on Monday, May 1st – Wednesday, May 3rd. The exam must be completed before 5:00pm Wednesday, May 3rd. There will be no exceptions made, so it is recommended that you take the final exam on Monday to leave enough time for unexpected life events. The final exam is administered through Blackboard in the Department of Psychology’s Proctored Computer Lab, UH5150F. Also, please be sure to double-check the hours the computer lab is open; the lab is typically open Monday 12-6:00, Tuesday and Wednesday 9-6:00.
- Students are also required to complete the Department of Psychology’s research exposure requirement. Students who fail to fulfill this requirement will automatically be given a grade of Incomplete (I) for the course. Please refer to the Psychology Research Exposure section near the end of this syllabus for more information.

#### **WHAT IF I DON’T HAVE A COMPUTER WITH INTERNET ACCESS OR SOMETHING HAPPENS TO MY COMPUTER DURING THE COURSE?**

Use the computer labs on campus and computers in local libraries in your community. Dedicate hours to this course in an academic planner and follow your schedule.

**\*\*If you encounter technical difficulties with Blackboard, please contact the [UT Online Help Desk](#)\*\*** at (419) 530-8835 or [utdl@utoledo.edu](mailto:utdl@utoledo.edu). The Help Desk offers extended hours in the evenings and on weekends to assist students with technical problems. When calling after hours, leave a detailed message, including your Rocket Number and phone number, and an Online Learning staff member will respond on the next business day.

**\*\*Technical questions related to on-campus Internet access, virtual labs, hardware, software, personal website hosting, and UTAD account management can be directed to UT’s [IT Help Desk](#)\*\*** at (419) 530-2400 or [ithelpdesk@utoledo.edu](mailto:ithelpdesk@utoledo.edu).

***CAN I USE MY BOOK OR NOTES DURING A QUIZ, OR HAVE SOMEONE HELP ME WITH A QUIZ?***

No. The quizzes must be completed without books or notes, and without the help of anyone. Using your book or notes, getting someone else to take the quiz for you, or getting someone to help you during the quiz, are clear cases of academic dishonesty.

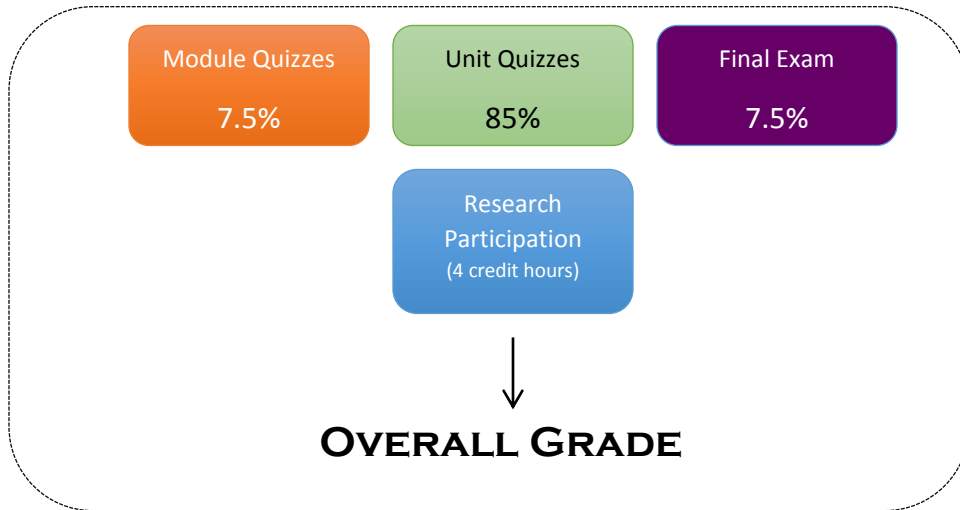
***HOW SOON CAN I RETAKE A UNIT QUIZ IF I EARN LOWER THAN 9 OUT OF 10 CORRECT?******THE ONE-HOUR WAIT RULE FOR RETAKES***

- ***You must wait at least one hour before retaking a unit quiz.*** Do not violate the one-hour wait rule for retakes! If you do not wait a full 60 minutes from the time you submitted a quiz before retaking the same quiz, your score will not be counted. You may work on another quiz during the 1-hour wait time, but it is recommended that you use this time to study for the quiz that was not passed.
- Taking the same unit quiz multiple times within an hour constitutes ***cheating***. If you cheat, you may be given a permanent 0 for that quiz and may be asked to remove yourself from the course. More severe consequences for ***academic dishonesty*** may also be pursued.
- Computer problems (i.e., computer froze, etc.) are not valid excuses for violating the one-hour wait rule. If your unit quiz freezes, you must log back in to continue and then click "Submit Quiz" before beginning your one hour wait. More detailed instructions on what to do if your quiz freezes can be found at the end of this syllabus.
- The one-hour wait is for retaking the same unit quiz. If you completed a quiz with at least 9 out of 10 correct, you may immediately move on to the NEXT quiz without waiting.

***WHAT IF I NEED SPECIAL ACCOMODATIONS? CAN I HAVE EXTRA TIME ON QUIZZES?***

- Unit quiz times have been extended for many students with a recognized disability. We want you to have what you need so you can be successful, so please don't hesitate or wait to tell us. I am happy to provide whatever special accommodations the Office of Student Disability Services recommends that will allow you to fully participate and perform well in this course.
- If you have a recognized disability under the ADA, please provide me with documentation as soon as possible from the Office of Student Disability Services at the University.
- Students with disabilities may do better in this course than in a conventionally taught course, because they can go at their own pace.

***HOW ARE STUDENTS GRADED?***



Unit Quizzes (85% of your grade)

The majority of your grade in this course is based on the number of Blackboard unit quizzes you complete with at least 9 out of 10 correct. (Earning 10 out of 10 correct does not increase your grade).

Quizzes Completed	Quiz Points
26	85
25	81.7
24	78.5
23	75.2
22	72.9
21	68.7
20	65.4
19	62.1
18	58.8
17	55.6
16	52.3
Fewer than 16	0

Module Quizzes embedded in REVEL (7.5% of your grade)

As you read through Chapters in the text, you will be required to complete module quizzes that make up a small portion of your grade, but will reinforce your learning of concepts and will positively influence your grade on unit quizzes and the final.

There are several short quizzes for each chapter in REVEL. There are typically 5 questions per module quiz with each question worth 3 points initially, and decreases in value for each incorrect answer. You get 3 attempts to successfully answer each question, with 1 point deduction each time you incorrectly answer.

Module Quizzes are called “assignments” in REVEL, and you can view these assignments when you log in to the course. You will notice that the due dates are the last week of the course, you have all semester to finish them. However, it is strongly recommended that you complete a chapter’s module quizzes before you attempt the Unit Quizzes. You will be able to track your overall module quiz grade in REVEL.

#### Final Exam (7.5% of your grade)

A comprehensive multiple-choice final exam will be available on Blackboard Monday, May 1st – Wednesday, May 3rd at 5:00pm EST. The exam is proctored, and can only be taken in the department of psychology’s computer lab, UH5150F. You will need to bring your student ID card with you.

**How to Calculate Overall Grade:**  $(\text{Quiz Points}) + (\text{Final Exam percentage} \times 0.075) + (\text{module quiz percentage} \times 0.075) = \text{final grade percentage}$

#### Grading Scale\*

A = 92.5 - 100%

A- = 90 - 92.49%

B+ = 87.5 - 89.99%

B = 82.5 - 87.49%

B- = 80 - 82.49%

C+ = 77.5 - 79.99%

C = 72.5 - 77.49%

C- = 70 - 72.49%

D+ = 67.5 - 69.99%

D = 62.5 - 67.49%

D- = 60 - 62.49%

F = 59.9% and below

W - if you withdraw from the course after the end of the drop period.

IN - Incomplete grades are only assigned in extraordinary circumstances beyond the student’s control and only if the student has completed at least 10 exams with a passing grade. Under no circumstances will a student be allowed to retake an entire course in order to complete this course.

Not Attending - Failure to do assignments and take exams will be reported to the registrar and such non-attendance may affect your financial aid.

Incompletes will **not** be given for failure to successfully complete quizzes by the course deadline.

#### **HOW CAN I EARN EXTRA CREDIT?**

No extra credit is available for this course

**HOW SHOULD I STUDY IN THIS COURSE?**

- In this course, it is recommended that you set aside a minimum of 9 hours each week to study the material. The time you would have spent in class is freed up to study. You decide when to study and take your quizzes each week.
- Chapter content on REVEL provides many interactive activities to help supplement your learning experience, but are not required or graded.
- Each unit prepares you for two unit quizzes through chapter readings and module quizzes.
- Many students have to retake the quizzes a number of times before they achieve 9 out of 10 correct. Do not get discouraged! We are here to support you and help you understand all the material. It is our goal for every student to earn an “A” in this course and this is completely possible! If at any point you become confused or unsure about any aspect of the course, from material being covered to how to open course material, contact us right away! We will do whatever possible to help you to ensure your success.
- Do not get behind! Yes, this is a self-paced course, but it is recommended that you follow the model schedule and complete readings, module quizzes, and 2 unit quizzes each week (or go faster). Stay on track. Do not assume that you will be able to catch up if you fall too far behind in the beginning of the course. Some students underestimate how much time it takes to get 9 out of 10 correct on unit quizzes. Don’t let this happen to you. Start off with a bang! Do as much as you can now, in case something happens later in the semester in another course or your life outside of school.
- Blackboard is typically slower during the end of the semester due to the large quantities of users during this time. Do not wait until the last week to try and take many quizzes, because you may have difficulties accessing the site quickly.

**TECHNICAL SKILLS**

To succeed in this course, it will be important for learners to possess the following technical skills:

1. Rename, delete, organize, and save files.
2. Create, edit, and format word processing and presentation documents.
3. Copy, paste, and use a URL or web address.
4. Download and install programs and plug-ins.
5. Send and receive email with attachments.
6. Locate and access information using a web search engine.
7. Use chat or IM software for real-time communication.
8. Use a learning management system.

**TECHNOLOGY REQUIREMENTS****Browser Check Page**

Students need to have access to a properly functioning computer throughout the semester. [The Browser Check Page](#) will enable you to perform a systems check on your browser, and to ensure that your browser settings are compatible with Blackboard, the course management system that hosts this course.

**Software**

Student computers need to be capable of running the latest versions of plug-ins, recent software and have the necessary tools to be kept free of viruses and spyware. The computer needs to run the following software, available in the [Online Learning Download Center](#).

- Word Processing Software
- Adobe Acrobat Reader
- Apple QuickTime Player
- Java Plugin Console
- Adobe Flash Player



- Adobe Shockwave Player
- Mozilla Firefox Browser - Recommended

**Internet Service**

High-speed Internet access is recommended as dial-up may be slow and limited in downloading information and completing online tests. This course does contain streaming audio and video content.

**Use of Public Computers**

If using a public library or other public access computer, please check to ensure that you will have access for the length of time required to complete tasks and tests. A list and schedule for on-campus computer labs is available on the [Open Lab for Students](#) webpage.

**UT Virtual Labs**

Traditionally, on-campus labs have offered students the use of computer hardware and software they might not otherwise have access to. With UT's Virtual Lab, students can now access virtual machines loaded with all of the software they need to be successful using nothing more than a broadband Internet connection and a web browser.

The virtual lab is open 24/7 and 365 days a year at [VLAB: The University of Toledo's Virtual Labs](#).

**COURSE POLICIES****Policy Statement on Academic Dishonesty**

Academic dishonesty will not be tolerated. Please read [The University's Policy Statement on Academic Dishonesty](#).

**Copyright Notice**

The materials in the course website are only for the use of students enrolled in this course for purposes associated with this course, and may not be retained or further disseminated.

**GRADING POLICIES**

To be awarded a letter grade for this course, students must complete all of the following: course pretest, required quizzes, final exam, and the Department of Psychology's research exposure requirement.

Students are expected to complete and submit all quizzes and by Friday, May 1st at 5:00pm. Late assignments and make-up tests will not be permitted unless arrangements are discussed and approved well before the required due date. Ask questions as soon as possible by email or by phone if you do not understand an assignment. The department's research exposure requirement must be met by Friday, April 24th, 2015.

**AMERICANS WITH DISABILITIES ACT**

The Americans with Disabilities Act (ADA) requires that reasonable accommodations be provided for students with physical, sensory, cognitive, systemic, learning, and psychiatric disabilities. In accordance with the ADA and university policy, if you have a documented disability and require accommodations to obtain equal access in this course; please contact the instructor at the beginning of the semester to discuss any necessary accommodations. Please contact Student Disability Services for verification of eligibility at 419-530-4981 (voice) or 419-530-2612 (TDD).

**COMMUNICATION GUIDELINES****Email:**

Students are expected to check their UT email account at least two (2) times/week for important course information. This class is being taught for you, so if you are having trouble understanding any aspect of it, please let me know. I am here to help, and will do my best to respond to email within 24 to 48 hours. Emails or phone messages received after Friday's at 4:00pm will be answered the following Monday.

**Netiquette:**

It is important to be courteous and civil when communicating with others. Students taking online courses are subject to the communication regulations outlined in the Student Handbook. To ensure your success

when communicating online, take time to familiarize yourself with the "dos" and "don'ts" of [Internet etiquette](#).

#### TECHNICAL SUPPORT

**\*\*If you encounter technical difficulties with Blackboard, please contact the [UT Online Help Desk](#)\*\*** at (419) 530-8835 or [utdl@utoledo.edu](mailto:utdl@utoledo.edu). The Help Desk offers extended hours in the evenings and on weekends to assist students with technical problems. When calling after hours, leave a detailed message, including your Rocket Number and phone number, and an Online Learning staff member will respond on the next business day.

**\*\*Technical questions related to on-campus Internet access, virtual labs, hardware, software, personal website hosting, and UTAD account management can be directed to UT's [IT Help Desk](#)\*\*** at (419) 530-2400 or [ithelpdesk@utoledo.edu](mailto:ithelpdesk@utoledo.edu).

#### LEARNER SUPPORT

The University of Toledo offers a wide range of academic and student support services that can help you succeed:

##### **eTutoring Services**

[The Ohio eTutoring Collaborative](#), in partnership with The University of Toledo, now provides online tutoring support for all UT students. eTutoring Services are offered in a wide array of subjects, including Writing, Math, Calculus, Statistics, Accounting, Biology, Chemistry, and Anatomy and Physiology.

##### **eLibrary Services Portal**

The [eLibrary](#) is a customized gateway to UT Libraries for online students. It was designed to help you locate the best online library resources without leaving Blackboard.

##### **Student Disability Services**

[Student Disability Services](#) provides accommodations and support services to students with disabilities.

##### **Counseling Center**

[The Counseling Center](#) is the university's primary facility for personal counseling, psychotherapy, and psychological outreach and consultation services. The Counseling Center staff provide counseling (individual and group), mental health and wellness programming, and crisis intervention services to help students cope with the demands of college and to facilitate the development of life adjustment strategies.

##### **Services for Online Students**

Knowing what to do, when to do it, and who to contact can often be overwhelming for students on campus - even more so for distance learners. Visit the [Resources for Current Students](#) webpage to learn more about the wide range of services for online students.

**Model Schedule****Week 1:**

Introduction to the Class

Readings: Course Syllabus & Psychology Research Exposure insert at end of Syllabus document

Take Quiz Introduction (does not count toward your grade)

Take Course Pre-Test (required to make Quiz 1 available)

**UNITS:****Week 2:**

Psychology and Scientific Thinking & Research Methods

Readings: Chapters 1 & 2

Module Quizzes

Unit Quiz 1 and Quiz 2

**Week 3:**

Biological Psychology

Readings: Chapter 3

Module Quizzes

Unit Quiz 3 and Quiz 4

**Week 4:**

Sensation and Perception

Readings: Chapter 4

Module Quizzes

Unit Quiz 5 and Quiz 6

**Week 5:**

Consciousness

Readings: Chapter 5

Module Quizzes

Unit Quiz 7 and Quiz 8

**Week 6:**

Learning

Readings: Chapter 6

Module Quizzes

Unit Quiz 9 and Quiz 10

**Week 7:**

Memory and Thinking, Reasoning, Language

Readings: Chapters 7 & 8

Module Quizzes

Unit Quiz 11 and Quiz 12

**Week 8:**

Intelligence, IQ testing and Human Development

Readings: Chapters 9 & 10

Module Quizzes

Unit Quiz 13 and Quiz 14

**Week 9:**

Catch up week

**Week 10:**

Emotion and Motivation  
Readings: Chapter 11  
Module Quizzes  
Unit Quiz 15 and Quiz 16

**Week 11:**

Stress, Coping, Health  
Readings: Chapter 12  
Module Quizzes  
Unit Quiz 17 and Quiz 18

**Week 12:**

Social Psychology  
Readings: Chapter 13  
Module Quizzes  
Unit Quiz 19 and Quiz 20

**Week 13:**

Personality  
Readings: Chapter 14  
Module Quizzes  
Unit Quiz 21 and Quiz 22

**Week 14:**

Psychological Disorders  
Readings: Chapter 15  
Module Quizzes  
Unit Quiz 23 and 24

**Week 15:**

Treatments  
Readings: Chapter 16  
Module Quizzes  
Unit Quiz 25 and Quiz 26

**Week 16:**

**Department Research Exposure Requirement due: Friday, April 28<sup>th</sup>, 5:00pm**

**Friday, April 28th, 5:00pm**

Quiz grades will be computed on this date. Completion of quizzes past this date will not count toward your overall grade.

**Final Exam: Monday, May 1st – Wednesday, May 3rd**

Comprehensive final exam

\*This syllabus and the content within are tentative and can change or be modified by the instructor at his or her discretion. If changes are made, the instructor will notify the course through Blackboard Announcements or through email.

### Psychology Research Exposure

To introduce students to the research methodology of psychology, all students in Principles of Psychology (PSY 1010) at the University of Toledo (Bancroft Campus) must accumulate 4 units of research credit during the semester. **Students failing to do so will automatically be given a grade of Incomplete (I) for the course.** These 4 units of research credit may be obtained in any combination of two different ways: (1) participating in psychology experiments and/or (2) writing research reports. Students may be able to earn additional points (i.e., extra credit) by participating in additional research experiments or writing additional reports. The decision to offer any extra is under the discretion of the course instructor.

**Participation in Psychology Experiments:** Students earn research credit based on the duration of each research session. For example: A session that lasts 30 minutes or less is worth one-half (0.5) credit. A session that lasts between 31 and 60 minutes is worth one (1.0) credit. A session that lasts between 61 and 90 minutes is worth one (1.5) credit. And so on...

To sign up for an experiment, you will need to login to the psychology department's research sign-up system on the internet (<http://utoledo.sona-systems.com/>). To access your account, simply type in your Rocket ID number into both the "Password" and "UserID" spaces on the front page. If this does not work for you (e.g., if you've added the course after the semester began), you may need to request a new account on the bottom left hand of the front page.

If it is necessary for you to miss an appointment because of illness or some other emergency, you must cancel your appointment at least **2 hours before** the experiment. All cancellations must be done via the department's research web page. If you miss a scheduled appointment without canceling or contacting the experimenter, your absence will be designated an "unexcused no show". If you fail to show up (i.e., you are designated an "unexcused no show") for 3 experiments, you will lose your privilege to sign up for additional experiments and be prompted to contact the system administrator. If an experimenter fails to show up for a session but you do not, you will still receive credit for participating. If this happens, you must wait at least 10 minutes and then contact the Research Coordinator at: [psychresearch@utoledo.edu](mailto:psychresearch@utoledo.edu).

**Writing Research Reports:** Each report (worth 1 unit of research credit) will be based on a scientific article in a psychology journal that is pre-approved by the instructor. Each paper should be no more than 2-3 pages in length and will be judged on the basis of clarity, spelling, grammar, and content.

You are to summarize and critically evaluate the article by:

- ✓ Identifying the purpose of the study (why did the authors conduct this study)
- ✓ Stating the hypotheses in the study
- ✓ Summarizing in sufficient detail the method used (procedure, materials, and participants)
- ✓ Reporting the results from the study and the general conclusions

Empirical articles must be obtained through Google Scholar or PsycINFO, AND THEY MUST BE SELECTED FROM JOURNALS LISTED AT THE BOTTOM OF THIS INSERT.

To locate PsycINFO, go to:

UToledo libraries webpage

Then, click the following links:

Research Databases > Psychology > PsychINFO > Advanced Search > enter one of the journal titles into the field and select "Publication Name." > enter key words (e.g., "depression" and "Pain") into another field. A listing of articles matching your keywords will be listed > choose an article > Find It > click on full-text if this is an option.

Empirical articles may be on any psychological topic you choose, but they must be an original scientific study (not a review article). Ideally, you should select a few before you submit them to your TA for approval just in case one (or more) is not approved.

Empirical articles must be obtained on or off campus through PsycINFO.

**Approved Journals:**

*Health Psychology*

*Journal of Consulting and Clinical Psychology*

*Psychological Science*

*Journal of Anxiety Disorders*

*Journal of Behavioral Medicine*

*Psychosomatic Medicine*