PSY 2200: ABNORMAL PSYCHOLOGY
University of Toledo | Department of Psychology
When? Fall 2017
Where? Online

Instructor: *Joni L. Mihura, PhD* **Teaching Assistant: *Emily O'Gorman, MS***
Email: joni.mihura@utoledo.edu **Email:** emily.ogorman@rockets.utoledo.edu
Office Hours (by email): W 3-5:30 & Th 2:30-4, 5-6 **Office Hours (by email):** M 10-12 & T 10-12

COURSE DESCRIPTION: In the mental health field, the study of abnormal human behavior is referred to as "psychopathology" (from the Greek words *psyche* [mind/soul] and *pathos* [suffering]). Within the area of psychopathology, health professionals use a manual called the *Diagnostic and Statistical Manual of Mental Disorders* (currently, *DSM-5*) to make diagnoses. The *DSM-5* categories and their descriptions provide mental health professionals a common language for communication in practice and research. This course uses the *DSM-5* diagnoses as categories within which to discuss psychopathology, but an understanding of psychopathology transcends memorizing these categories.

LEARNING OBJECTIVES:
1. To gain an understanding of what constitutes *abnormality*
2. To examine the history of models and theoretical orientations of psychopathology and its treatment
3. To examine popular models and theoretical orientations and *DSM-5* categories in regard to:
    a. Diagnosis
    b. Etiology (cause/source)
    c. Prognosis (course and outcome of disorder)
    d. Treatment

Class Format: This is distance learning class, supplemented with PowerPoints (PPTs), videos, and case examples in which mental disorders and treatment are depicted. Each week, you will be required to complete the required readings and activities through LearnSmart (a component of your online textbook) and participate in online discussions about the course material.

COURSE MATERIALS:
Online E-Textbook ("Smartbook") and Adaptive Learning Software
    Nolen-Hoeksema, S. & Marroquin, B. (2016). *(Ab)normal Psychology* (7th ed.). [LearnSmart]. New
        York, NY: McGraw Hill Education.
    PLEASE NOTE: You MUST have access to the e-textbook and adaptive learning software by
    purchasing Connect Plus access. You can purchase a registration code through Connect Plus.
    Instructions for purchasing access will be emailed to all registered students and will be available on
    Blackboard.
DSM-5 Reference
    American Psychiatric Association. (2013). *Diagnostic and Statistical Manual of Mental Disorders* (5th
        ed.). Arlington, VA: Author. (**OhioLINK online**)

LearnSmart: The textbook for this class is an electronic text paired with adaptive learning software designed to facilitate learning and retention of the material. We anticipate that you will find it engaging and very helpful for your learning! The LearnSmart software breaks down each chapter into 4 learning tasks: preview, read, practice, and recharge. Preview provides an initial, "quick glance" overview of the chapter to prepare you for reading the material. The read feature in LearnSmart is unique in that instead of simply reading a chapter from start to finish, LearnSmart highlights and draws your attention to the most important material. This will change as you demonstrate mastery over topics. The practice feature in LearnSmart

provides questions (multiple choice, fill-in-the-blank, etc.) to test your knowledge of material. These questions are to help you learn and your performance on the questions will be used by LearnSmart to guide further reading.

Please note that the LearnSmart questions are intended to assist learning; you are NOT being graded for *accuracy* by us—however, you will be graded by us for successfully completing the learning questions (10 points for each chapter, see below). To complete the LearnSmart chapter assignment, you must correctly answer enough questions. Your progress will be displayed in the top right corner of LearnSmart. After completing the assignment, the recharge feature is helpful as a study aid prior to taking your exam, as LearnSmart draws you attention back to topics you may have forgotten.

Blackboard: The weekly course lecture materials will be available on Blackboard at least one week before they are due. We will also provide discussion questions, exams, and exam grades via Blackboard.

PowerPoints: For each chapter, a PowerPoint has been prepared to reinforce the materials covered in the electronic textbook. Each week, you should review the PPTs corresponding to the chapters you are responsible for. The PPTs are also a great resource when studying. In addition, *there are instances when material covered in the PPTs but not in your textbook will be included on the exam.* So be sure to review these carefully.

Discussion Board: A weekly discussion board will be maintained on Blackboard. Students are required to make <u>at least one</u> quality posts to the discussion board *each week of the semester* and will receive a grade for their participation. Students can discuss anything about the topics, but 1 or 2 discussion questions will be posted per chapter to get you started. We encourage students to feel free to participate further in the discussions beyond these minimum requirements.

Required Coursework: You will be required to complete a LearnSmart assignment and post on the discussion board each week. In addition, there will be *3 exams* administered via Blackboard. Each exam consists of 50 multiple choice items (2 pts. each) and is worth 100 points. All three exams will be *75 minutes* long.

Extra Credit: During the first seven weekdays of the fall semester, you will have the opportunity to earn 14 extra credit points by responding to thought-provoking questions. No prior reading is required. A link to this assignment will be emailed to you by the course instructor, and a link to the assignment will be posted on Blackboard. Additional extra credit opportunities *might* be added over the course of the semester.

Exams: The three exams in this course will be taken online through Blackboard. Exams will become available at the beginning of the respective exam week at 12:00AM EST and will remain accessible until 11:59PM EST on the last day of the exam week. You must begin your exam no later than 10:35PM EST on the last exam day. You will have a maximum of exactly 75 minutes from the time that you open the exam to complete it. The 75 minute timer will begin when you open the exam. You will only be provided one attempt for each exam.

    *Online exams will be taken using LockDown Browser and Respondus Monitor to ensure that they are being completed in secure testing environments. You will be required to download and install LockDown Browser and to have a working webcam for exams. Information about how to use these tools will be emailed to you and available on Blackboard.

Late Enrollment: If a student enrolls during the first two weeks of class, <u>it is the student's responsibility to contact the professor and the TA within 24 hours of enrolling</u> to inform them of his/her late enrollment. This

will help ensure that the student receives all missed materials and information that has already been circulated.

Missing Required Components of the Class: If unavoidable circumstances occur and you must miss an exam, discussion, or LearnSmart activity, documentation for your absence (e.g., illness, funeral, court date) is required. Please let the TA know *as soon as possible in advance of an exam or homework assignment* if you will be unable to complete it within the time frame allotted. It is your responsibility to keep track of when your assignments are due and when exams are scheduled.

Email Communication: The course instructor and the TA are available through email. You can email the TA about any question or concern. Emails sent after 7PM EST may not be responded to before the following morning. On weekdays, you will receive a response within 48 hours. The instructor and TA may not be available over weekends, holidays, and university breaks.

GRADING:

Source	Due Date	Possible Points	My Points
Exam 1	09/25 – 9/29	100	
Exam 2	11/07 – 11/10	100	
Exam 3 (Final)	12/12 – 12/15	100	
LearnSmart Assignments			
Chapter 1	09/08	10	
Chapters 2	09/08	10	
Chapters 3	09/15	10	
Chapters 4	09/22	10	
Chapters 5	10/06	10	
Chapter 6	10/13	10	
Chapter 7	10/20	10	
Chapter 12	10/27	10	
Chapter 14	11/03	10	
Chapter 8	11/17	10	
Chapter 9	11/27	10	
Chapter 10	12/01	10	
Chapter 11	12/08	10	
Discussion Board Participation			
Week 1	09/08	10	
Week 2	09/08	10	
Week 3	09/15	10	
Week 4	09/22	10	
Week 5 & 6	10/06	10	
Week 7	10/13	10	
Week 8	10/20	10	
Week 9	10/27	10	
Week 10	11/03	10	
Week 11 & 12	11/17	10	
Week 13	11/27	10	
Week 14	12/01	10	
Week 15	12/08	10	
TOTAL POINTS		**495**	

EXTRA CREDIT	**14**	
TOTAL POINTS With EXTRA CREDIT	**509**	

Grading Scale

Letter Grade	Percentage	Points Needed
A	92-100%+	453 - 509
A-	90-91%	443 - 452
B+	87-89%	428 - 442
B	82-86%	403 - 427
B-	80-81%	394 - 402
C+	77-79%	379 - 393
C	72-76%	354 - 378
C-	70-71%	344 - 353
D+	67-69%	329 - 343
D	62-66%	305 - 328
D-	60-61%	295 - 304
F	0-59%	0 - 294

CLASS SCHEDULE, READINGS, EXAMS, & DUE DATES

*Please read the chapters in the order that they are listed in this course schedule.

*Before completing any LearnSmart assignments, it is highly recommended that you watch/review the "LearnSmart Video Tutorial" and "How to Use LearnSmart" links posted to the LearnSmart Blackboard folder and on the Connect page.

Course Week/Dates	Chapters/Topics	Assignments/Due Dates for the Weekly LearnSmart Chapters and Discussion Posts (by 11:59pm EST)
Week 1: 08/28 - 09/01	Ch1 – Looking at Abnormality	09/08 HW Assignment 1
Week 2: 09/05 - 09/08 (Labor Day 09/04)	Ch2 – Theories & Treatment of Abnormality	09/08 HW Assignment 2
Week 3: 09/11 - 09/15	Ch3 – Assessing & Diagnosing Abnormality	09/15 HW Assignment 3
Week 4: 09/18 - 09/22	Ch4 – The Research Endeavor	09/22 HW Assignment 4
Week 5: 09/25 - 09/29	Ch5 – Anxiety and Related Disorders	**Exam 1: 09/25 - 09/29**
Week 6: 10/02 - 10/06	Ch5 – Anxiety and Related Disorders (Contd.)	10/06 HW Assignment 5
Week 7: 10/09 - 10/13	Ch6 – Somatic Symptoms & Dissociative Disorders	10/13 HW Assignment 6
Week 8: 10/18 - 10/20 (Fall Break 10/16 & 10/17)	Ch7 – Mood Disorders & Suicide	10/20 HW Assignment 7
Week 9: 10/23 - 10/27	Ch12 – Eating Disorder	10/27 HW Assignment 8
Week 10: 10/30 – 11/03	Ch14 – Substance Use Disorders	11/03 HW Assignment 9
Week 11: 11/06 - 11/09 (Veteran's Day 11/10)	Ch8 – Schizophrenia Spectrum	**Exam 2: 11/06 - 11/09** (Note: last day to take exam is Thurs)
Week 12: 11/13 - 11/17	Ch8 – Schizophrenia Spectrum (Contd.)	11/17 HW Assignment 10
Week 13: 11/20 - 11/24 (Thanksgiving Break 11/23 & 11/24)	Ch9 – Personality Disorders	11/27 HW Assignment 11 (Note: due date extended to Mon)
Week 14: 11/27 - 12/01	Ch10 – Neurodevelopmental & Neurocognitive Disorder	12/01 HW Assignment 12
Week 15: 12/04 - 12/08	Ch11 – Disruptive, Impulse Control & Conduct	12/08 HW Assignment 13

	Disorder	
		Final Exam: 12/12 - 12/15

UT's Academic Dishonesty Policy

Department of Psychology Statement on Academic Honesty Statement

In this class 'academic dishonesty' also includes:
1. Copying from someone's exam or collaborating with another student during the exam.
2. Looking at cheat notes or the textbook during exams. The exam is time limited specifically so that you will not have enough time to look through notes during the test and still complete everything in time.
3. Stealing exams or using stolen exam materials.
4. Plagiarism.
5. Having someone else take your test for you, complete discussion posts for you, or participate in an extra-credit experiment for you.

Non-Discrimination on the basis of Sex/ Title IX. The University of Toledo is an equal opportunity educational institution. Title IX of the Education Amendments of 1972 (Title IX) is a federal law that prohibits sex discrimination. Please read The University of Toledo Title IX Policy.

Non-Discrimination on the basis of Disability (ADA). The University is an equal opportunity educational institution. Please read University of Toledo ADA/504 Compliance.

Accommodations. *If you have a disability and need assistance for this class, please contact the Office of Academic Access in Rocket Hall 1820. Phone: 419-530-4981; TTY: 419-530-2612.*

Questions and Consultations: If you have questions about the course, you may contact us during office hours by email. Or, if you are not available during office hours, send us an email and one of us will respond during office hours. As a note, we do not provide psychological services to current students.

INTERESTING WEBSITES RELATED TO PSYCHOLOGY

UT Websites:

UT Undergraduate Psychology Degree. The Department of Psychology at the University of Toledo offers a Bachelor of Arts degree for undergraduate students majoring in psychology.

UT Undergraduate Psychology Resources. See website for resources.

UT Psi Chi Webpage. Psi Chi is the International Honor Society in Psychology, founded in 1929 for the purposes of "encouraging, stimulating, and maintaining excellence in scholarship, and advancing the science of psychology." With over 1,050 chapters, Psi Chi is one of the largest honor societies in the United States and is an affiliate of both the American Psychological Association (APA) and the Association for Psychological Science (APS). Membership is open to graduate and undergraduate students who are making the study of psychology one of their major interests, and who meet the minimum qualifications.

UT Psychology Honors Program. Psychology majors are encouraged to earn the graduation citation "Honors in Psychology" through the Department of Psychology honors program. A student can be admitted at any time but no later than the end of the first semester of their junior year. See website for details.

Abnormal Psychology-Related Websites:

[MentalHealth.Net](#) This site is written for both the professional and the non-professional. It contains regularly posted mental health news, stories and a blog, as well as different ways to get help (an advice column, an online community, and hotlines).

Websites for Students Interested in Psychology as a Career:

[Psych Web by Russ Dewey.](#) Includes many links that can be helpful for psychology undergraduates (e.g., see [Careers in Psychology](#) link)

[Student Doctor Network Forums: Psychology.](#) Psychology forum on the Student Doctoral Network designed for people currently enrolled or applying to clinical psychology doctoral programs.

[APA Student Website.](#) Information such as choosing psychology as an undergraduate major, planning for graduate school, and careers in psychology.

Professional Websites Related to Dr. Mihura:

Dr. Mihura's UT [Faculty](#) and [Lab](#) Webpages

[Society of Personality Assessment](#). Dr. Mihura was on the board of trustees and won the [early career award](#) (in 2002). She conducted [online interviews of people who do work in personality assessment](#) to showcase the types of careers that people have in personality assessment.

[Rorschach Performance Assessment System (R-PAS)](#). Dr. Mihura is also one of the developers of a new Rorschach test.