Psychology 6/7840 Clinical Practicum IV

The University of Toledo College of Arts and Letters Department of Psychology

PSY 6/7840 Fall, 2019 University Hall 1610 Class Time: Friday 2:30-4:30

Contact Information

Instructor: Peter Mezo, PhD Email: peter.mezo@utoledo.edu

Office location: UH 1064

Office hours: Tuesdays and Thursdays: 12-2:30. Also by appointment.

Course Catalog Description

This fourth-year practicum course includes participation, as a senior-level student therapist, in a practicum team providing supervision of clinical services provided to children, adolescents, and/or adults seen through the University of Toledo Psychology Clinic.

Practicum Overview

The purpose of this practicum is to build upon students' knowledge of theory of models of supervision by active applied supervision. As an advanced student having completed the required sequence of practicum courses, your role will be to collaborate with me in the development and implementation of a clinical training plan that will further hone your clinical and supervisory skills. You will provide peer supervision that will be video recorded to fellow students enrolled in PSY 6/7820 and PSY 6/7830, and we will review this supervision and discuss future supervisory directions. You will also have the opportunity to lead group supervision. Over the course of the practicum you will assume greater responsibility in the crafting of supervised case formulation, treatment application, and client termination plans with your supervisees.

The touchstone of this practicum will be the use of empiricism to guide how we approach and work with clients. Practicum meetings will be organized such that a thematic area will be discussed, and the following week the application of some of this material will be presented by the clinical trainees in the course of clinical case supervision. Each meeting will include ample time for clinical trainees to discuss clients and to problem-solve clinical challenges in a group or individual supervision format. This practicum also intends to serve as a supportive environment to express your views and questions regarding psychotherapy, supervision, and consultation, as well as to take

time to commit to your professional development as a psychologist.

Practicum Structure, Requirements and Expectations

Practicum meetings and content have been designed to conform to requirements and recommendations set out by the State of Ohio Psychology Board Administrative Code, as well as the American Psychological Association Guidelines and Principles for Accreditation of Programs in Professional Psychology. Students must attend practicum meetings. If a student is unable to make a practicum meeting, s/he will schedule a meeting with the instructor to complete weekly supervision as per APA guidelines (I will do the same for any meeting I am unable to attend). For the currently enrolled students, weekly supervision will consist of a minimum 1.5-hour group supervision (a 2-hour block is scheduled), as well as 30 minutes of scheduled individual supervision. In addition, students are invited to meet with me during my office hours or to schedule additional times to meet. On a weekly basis, students should provide me with any clinic documentation (e.g., client notes, reports) in the context of individual or group supervision. On at least one occasion during the semester, direct observation (e.g., video observation) of clinical interaction with a client must occur for each student. Moreover, students are encouraged to present additional video content as a way to receive constructive supervision and feedback on clinical behavior. Finally, it is important for students to be active agents in their learning, as well as the learning of their classmates, in all supervision and clinical settings.

Students must spend a minimum of 1 hour per week further developing their knowledge and application of cognitive-behavioral principles and techniques. Readings and other pedagogical strategies will be selected in conjunction with the instructor to coincide with the training needs of a student and the assessment and treatment needs for current clients.

Prerequisites

Psychology 6390 (Clinical Laboratory), 6810, 6820, 6830

Recommended readings

Readings may be assigned depending on clinical issues that arise with supervisees, questions about specific topics, or student interest in gaining additional knowledge on specific supervisory approaches.

Learning Outcomes

Learning outcomes will be agreed upon between the student and the instructor. The learning outcomes will be focused on increasing the student's confidence, ability, and mastery of clinical supervisory activities.

Grading

The grading of this practicum will be based on the extent to which the learning outcomes have been achieved. The modalities that will be used to achieve an estimate of the learning outcomes will include:

- 1. Participation, in particular participation in the form of providing individual supervision and group supervision.
- 2. Ongoing presentations of supervisory activities, demonstrating competence and progress.

This practicum will be graded on a pass/fail basis. Outright failure in modality (1) or (2) will result in a failing grade.

Academic Policies

http://www.utoledo.edu/policies/academic/graduate/

University Policies

Policy Statement on Non-Discrimination on the Basis of Disability (ADA)

The University is an equal opportunity educational institution. Please read <u>The University's Policy Statement on Nondiscrimination on the Basis of Disability Americans</u> with Disability Act Compliance.

Students can find this policy along with other university policies listed by audience on the <u>University Policy webpage</u>

(http://www.utoledo.edu/policies/audience.html/#students).

Academic Accommodations

The University of Toledo embraces the inclusion of students with disabilities. We are committed to ensuring equal opportunity and seamless access for full participation in all courses. For students who have an accommodations memo from Student Disability Services, I invite you to correspond with me as soon as possible so that we can communicate confidentially about implementing accommodations in this course. For students who have not established affiliation with Student Disability Services and are experiencing disability access barriers or are interested in a referral to healthcare resources for a potential disability or would like information regarding eligibility for academic accommodations, please contact the Student Disability Services Office (http://www.utoledo.edu/offices/student-disability-services/) by calling 419.530.4981 or sending an email to Student Disability@utoledo.edu.

Academic and Support Services

Please follow this link to view a comprehensive list of <u>Student Academic and Support Services</u> (http://www.utoledo.edu/studentaffairs/departments.html) available to you as a student.

Safety and Health Services for UT Students

Please use the following link to view a comprehensive list <u>Campus Health and Safety Services</u> available to you as a student.