

Principles of Psychology
PSY 1010 (003 & 901)
Remote/Distance Learning Course
Tuesday & Thursday 11:10am-12:30pm

This course will be using Blackboard, Blackboard Collaborate Ultra, and Connect. **Live lectures will be held regularly through Blackboard Collaborate Ultra on every Tuesday and Thursday from 11:10am-12:30pm, unless unexpected circumstance arises (e.g., poor internet connection).** All students are welcomed to attend the live lectures (and interact with me). However, students could also watch the recorded live lectures at a later time. All course materials (PowerPoint slides, videos, and assignments) will be posted on Blackboard. ***At this time, it is highly recommended that you use [Google's Chrome browser](#) to access your online course(s) in Blackboard Learn, the University's learning management system.***

Professor Contact Information

Dr. Cin Cin Tan

Office Location: Email/WebEx

Office Hours: Tuesday and Thursday from 1:30pm to 4:00pm via Email

If students would like to speak with me, I am happy to schedule to speak with students at a time that is mutually convenient through WebEx.

Email: cincin.tan@utoledo.edu

Teaching Assistants Contact Information

Adelyn Sherrard

Webex link:

<https://utoledo.webex.com/meet/adelyn.sherrard>

Office Hours: Tuesday & Thursday: 9:00 -10:30 am

Email: adelyn.sherrard@rockets.utoledo.edu

Rachel Bond

Webex link:

<https://utoledo.webex.com/meet/rachel.bond>

Office Hours: Monday & Wednesday: 9:00 -10:30am

Email: rachel.bond@rockets.utoledo.edu

COURSE DESCRIPTION

A survey of the branches of psychology and the scientific approach to the study of behavior.

COURSE OVERVIEW

This is a General Education Social Science Core course. This course will provide an overview of psychology, psychological research basics, biological bases of behavior, perception, learning, cognition, emotion, motivation, development, psychological disorders, and an introduction to social psychology. The Learning Objectives below are based on the UT Core and American Psychological Association Undergraduate Learning Goals and Outcomes.

STUDENT LEARNING OUTCOMES (Please refer to page 6)

REQUIRED TEXTBOOK (Two options available):

- 1) King, L. (5th edition). Science of Psychology. E-Book and Connect Access Card. The McGraw-Hill Companies: New York, NY. ISBN: 9781266277689
- 2) King, L. (5th edition). Science of Psychology. Loose-Leaf Copy and Connect Access Card. The McGraw-Hill Companies: New York, NY. ISBN: 9781266235245

Connect Technical Support. Call: (800) 331-5094; Email & Chat with Connect Tech Support at www.mhhe.com/support; Find more Connect Tech Support at: www.connectstudentsuccess.com

NOTE: If you contact your instructor with a technical question, you will be asked to provide a case number from tech support before your concern is escalated.

COURSE REQUIREMENTS AND GRADING POLICY

1. Fifteen Quizzes (300 points; each quiz = 20 points; Using Proctorio System)

There will be 15 online quizzes (one quiz for each covered chapter) given throughout the semester. This quiz will be proctored online (i.e., the system will record video from the test taker's webcam during the assessment) and students can access the quizzes through Blackboard. For each online quiz, students have 15 minutes to complete 10 multiple-choice questions. Students have 2 attempts, the highest of which will count as your score. Multiple attempts are offered to act as a buffer for less-than-satisfactory previous attempts, technical difficulty, and acts of God. There are not attempts available beyond the ones offered even if the problem was out of your control. **All quizzes are due at the end of the day (i.e., 11:59pm EST) of the due date.** Please refer to the course schedule (see below) for when each quiz is due.

2. Four Exams (560 points; each exam = 140 points; Using Proctorio System)

There will be four exams given throughout the semester. This exam will be proctored online (i.e., the system will record video from the test taker's webcam during the assessment) and students can access the exams through Blackboard. ***All exams will cover material presented in PowerPoint slides, lectures, activities, films, and the assigned chapter readings.*** For each exam, students have 80 minutes to complete 70 multiple-choice questions. Students must take the exam on one of the days that are designated for the exam. Students only have one attempt for exam. All exams are due at the end of the day (i.e., 11:59pm EST) of the due date. ***PLEASE REMEMBER TO SUBMIT YOUR EXAM FOR GRADING WHEN YOU ARE FINISHED WITH YOUR EXAM.*** THIS ENSURES THAT YOUR GRADE IS ENTERED INTO MY GRADE BOOK. YOU SHOULD BE ABLE TO VIEW YOUR GRADE AFTER THE EXAM PERIOD IS OVER.

3. Seven Reflections (140 points; each reflections = 20 points)

There will be seven personal reflection questions given throughout the semester. These reflections require you to connect new concepts to personal experiences in order to aid in your understanding and your ability to remember the information. The goal of these exercises is to help you connect with the material EARLY, making it more memorable (& meaningful). On the due date, students will submit a response to one question from the related chapter(s). **Make sure to identify at least 2 related vocabulary terms or concepts from the chapter(s) by bold or underline.** Just keep it to one paragraph & submit it in the "due dates folder" within the ASSIGNMENT tab. Most of your responses will be from personal experience, but you'll still need to identify 2 **KEY CONCEPTS** from the chapter(s). Demonstrate that you read the related section by **underlining/bolding the psychological concept.** Do NOT rely on any outside sources such as Google to find support for your answers. *The goal here is to get you into the material in our book, not the internet!*

When taking the quizzes and exams, please follow these guidelines:

- Ensure you're in a location where you won't be interrupted for the duration of the assignments
- Turn off all mobile devices, phones, etc.
- Clear your desk of all external materials — books, papers, other computers, or devices
- Remain at your desk or workstation for the duration of the test
- The Proctorio System will record your environment during the assessment, as well as will prevent you from accessing other websites or applications until all questions are completed and submitted. The Proctorio System will record your quizzes/exams session using your webcam.

GRADING SCALE:

Your final grade will be calculated based on the total accumulated points out of 1000 points.

Letter	Total Points	Letter	Total Points
A	930 and above	C	730-769
A-	900-929	C-	700-729
B+	870-899	D+	670-699
B	830-869	D	630-669
B-	800-829	D-	600-629
C+	770-799	F	599 and below

These descriptions and timelines are subject to change at the discretion of the instructor.

COURSE SCHEDULE			
Date	Quiz Due	Reading	Class Topic
Aug 31		Chapter 1	Introduction to Course Defining Psychology
Sep 2		Chapter 1 Chapter 2	Approaches to Psychology Scientific Method and Research
Sep 7	Ch 1 Quiz Ch 2 Quiz Reflection 1	Chapter 3	Neurons Nervous Systems
Sep 9		Chapter 3	Structures of the Brain and Functions Brain Damage, Genetic and Behavior
Sep 14	Ch 3 Quiz Ch 4 Quiz	Chapter 4	How We Sense and Perceive the World
Sep 16		Chapter 5	Nature of Consciousness Sleep and Dreams Hypnosis and Meditation
Sep 21	EXAM 1 (CHAPTERS 1, 2, 3 & 4) NO LIVE INSTRUCTIONS		
Sep 23		Chapter 6	Classical Conditioning
Sep 28	Ch 5 Quiz Ch 6 Quiz	Chapter 6	Observational Learning Factors in Learning
Sep 30		Chapter 7	Memory Encoding Memory Storage
Oct 5	Ch 7 Quiz Reflection 2	Chapter 7	Memory Retrieval Forgetting Tips Learned from Memory Science
Oct 7		Chapter 8	Thinking Intelligence
Oct 12	Ch 8 Quiz Reflection 3	Chapter 9	Issues in Human Development Child Development
Oct 14	FALL BREAK – NO CLASS		
Oct 19	Ch 9 Quiz Reflection 4	Chapter 9	Adolescence Adulthood and Aging
Oct 21		Chapter 10	Theories of Motivation
Oct 26	EXAM 2 (CHAPTERS 5, 6, 7, & 8) NO LIVE INSTRUCTIONS		
Oct 28		Chapter 10	Emotion
Nov 2	Ch 10 Quiz Ch 11 Quiz	Chapter 11	Gender Sex & Sexuality
Nov 4		Chapter 12	Perspectives on Personality Personality Assessment

Nov 9	Ch 12 Quiz Reflection 5	Chapter 13	Social Cognition Social Behavior
Nov 11	VETERAN DAY - NO CLASS		
Nov 16	Ch 13 Quiz Reflection 6	Chapter 13	Social Influence Intergroup Relations Close Relationships
Nov 18		Chapter 15	Defining Abnormal Behavior Neurodevelopmental Disorders Anxiety/Trauma/Stress Disorders
Nov 23	EXAM 3 (CHAPTERS 9, 10, 11 & 12) NO LIVE INSTRUCTIONS		
Nov 25	THANKSGIVING – NO CLASS		
Nov 30	Ch 15 Quiz Reflection 7	Chapter 15	Mood/Emotion Disorders Schizophrenia Personality Disorders
Dec 2		Chapter 16	Approaches to Treating Psychological Disorders Psychotherapy Biological Therapies
Dec 7	Ch 16 Quiz	Chapter 16	Social cultural Approaches Effectiveness of Psychotherapy
Dec 9	EXAM 4 (CHAPTERS 13, 15 & 16) NO LIVE INSTRUCTIONS		
Final Week Dec 13-17	NOT APPLICABLE TO THIS COURSE AS THERE IS NO CUMULATIVE EXAM		

SPECIFIC CLASS POLICY & PROFESSIONAL COURTESY

- ❖ PowerPoint slides will be posted on Blackboard before each chapter (Note: Instructor version may be different than the slides provided for students)
- ❖ All assignments, except exams will be posted on Blackboard on the first day of class. Exams will be posted one week prior to the due dates.
- ❖ If you need to contact the instructor via email, **please indicate your name and the course name in the title and always use your UTOLEDO e-mail ONLY**. This is because emails that do not follow these guidelines might be automatically forwarded to junk mailbox. Emails sent to the instructor will be replied usually within 72 business hours (not including weekends and holidays). Also, questions that can be answered by referring to course syllabus may not be replied by the instructor (E.g., “When is Quiz 2 due?”)
- ❖ Given time constraints, it is impossible to "cover" all of the material in the text. As such, students will be expected to read/understand the material covered in the chapters that are assigned. Please read the assigned material before class; even if you only have time to skim it. If you are at least somewhat familiar with concepts before class, it will GREATLY facilitate your learning.
- ❖ Students are welcomed to share their thoughts/opinions during the live lectures, however, please be mindful that the lectures are recorded and can be accessed by all students in both sections (003 and 901) through Blackboard Collaborate Ultra.

MAKE UP POLICY: No make-up assignments (e.g., exams, quizzes, reflections, etc.) will be administered unless you provide a medical certificate or other documentation to excuse the absence. **If you foresee that you will be absent for an exam (e.g., religious holidays), please provide a note to the instructor at least 1 week in advance. If the absence is justified, necessary arrangements will be made to retake the assignment. If an assignment is missed, and the absence is not excused, you will receive a 0 for that assignment.** Make-up

assignments need to be scheduled with the instructor and will be administered outside of regular class hours. Make-up assignments must be completed within the allocated time provided by the instructor.

PSYCHOLOGY RESEARCH EXPOSURE

To introduce students to the research methodology of psychology, all students in Principles of Psychology (PSY 1010) at the University of Toledo must accumulate 5 units of research credit during the semester. **Students failing to do so will automatically be given a grade of Incomplete (I) for the course.** These 5 units of research credit may be obtained in any combination of two different ways: (1) participating in psychology experiments and/or (2) writing research reports. **You must complete this participation by December 10th, 2021, at 5pm.**

Participation in Psychology Experiments: Students earn research credit based on the duration of each research session. For example: A session that lasts 30 minutes or less is worth one-half (0.5) credit. A session that lasts between 31 and 60 minutes is worth one (1.0) credit. A session that lasts between 61 and 90 minutes is worth one (1.5) credit. And so on...

To sign up for an experiment, you will need to login to the psychology department's research sign-up system on the internet (<http://utoledo.sona-systems.com/>). To access your account, simply type in your Rocket ID number into both the "Password" and "UserID" spaces on the front page. If this does not work for you (e.g., if you've added the course after the semester began), you may need to request a new account on the bottom left hand of the front page.

If it is necessary for you to miss an appointment because of illness or some other emergency, you must cancel your appointment at least **2 hours before** the experiment. All cancellations must be done via the department's research web page. If you miss a scheduled appointment without canceling or contacting the experimenter, your absence will be designated an "unexcused no show". If you fail to show up (i.e., you are designated an "unexcused no show") for 3 experiments, you will lose your privilege to sign up for additional experiments and be prompted to contact the system administrator. If an experimenter fails to show up for a session but you do not, you will still receive credit for participating. If this happens, you must wait at least 10 minutes and then contact the Research Coordinator at: psychresearch@utoledo.edu.

Writing Research Reports: Each report (worth 1 unit of research credit) will be based on a scientific research article in a psychology journal.

You are to summarize and critically evaluate the article by:

- ✓ Identifying the purpose of the study (why did the authors conduct this study)
- ✓ Stating the hypotheses in the study
- ✓ What type of sample was used?
- ✓ Summarizing in sufficient detail the method used (procedure, materials, and participants)
- ✓ Reporting the results from the study and the general conclusions
- ✓ What is your reaction to this research?

There are specific articles that all students must use when writing reports. To view the article options and to submit your reports, go to the following URL web link:

https://utpsych.az1.qualtrics.com/jfe/form/SV_aYmmYtMMQIX0mdD

This link will be used to submit ALL reports. That is, if you are submitting multiple reports, you will use this same link to review/summarize different articles. Please make sure to complete all questions in the survey form to receive credit. If you have questions, email the Research Coordinator at: psychresearch@utoledo.edu.

STUDENT LEARNING OUTCOMES

I. Students will demonstrate knowledge and understanding representing appropriate breadth and depth in selected content areas of psychology:

a. theory and research representing each of the following four general domains:

1. learning and cognition
2. individual differences, psychometrics, personality, and social processes, including those related to sociocultural and international dimensions
3. biological bases of behavior and mental processes, including physiology, sensation, perception, comparative, motivation, and emotion
4. developmental changes in behavior and mental processes across the life span

b. the history of psychology, including the evolution of methods of psychology, its theoretical conflicts, and its sociocultural contexts

c. relevant levels of analysis: cellular, individual, group/systems, and culture

d. overarching themes, persistent questions, or enduring conflicts in psychology, such as

1. the interaction of heredity and environment
2. variability and continuity of behavior and mental processes within and across species
3. free will versus determinism
4. subjective versus objective observations
5. the interaction of mind and body

II. Students will be able to enumerate evidence underlying beliefs about behavior—

a. Recognize major perspectives of psychology (e.g., behavioral, biological, cognitive, evolutionary, humanistic, psychodynamic, and sociocultural).

1. Compare and contrast major perspectives
2. Describe advantages and limitations of major theoretical perspectives

b. Recognize different research methods used by psychologists.

1. Describe how various research designs address different types of questions and hypotheses
2. Articulate strengths and limitations of various research designs
3. Distinguish the nature of designs that permit causal inferences from those that do not

III. Students will demonstrate an influence of psychological principles on their behavior, specifically study strategies.

a. Demonstrate self-regulation in setting and achieving goals

Regular and spaced study sessions in the form of recall practice quizzes

b. Self-assess performance accurately

Use feedback from quizzes to realistically assess own knowledge

IV. Students will answer short essay questions with concise clear statements that directly address the question

a. Demonstrate professional writing conventions (e.g., grammar, audience awareness, formality) appropriate to purpose and context

COURSE AND UNIVERSITY POLICY/RESOURCES

Cancellations/Weather

If class is canceled due to bad weather or instructor absence, students are still responsible for all the reading and assignments listed on the syllabus. If an exam or a quiz was scheduled, it will be given the following class period.

Religious Holidays

Current University policy recognizes the rights of students to observe religious holidays without penalty to the student. Students will provide ADVANCE NOTICE to the instructor in order to make up work, including examinations they miss as a result of their absence from class due to observance of religious holidays. If satisfactory arrangements cannot be made with the instructor, the student may appeal to the school director or head(s) of department(s) in which the course(s) is / are offered

Policy Statement on Non-Discrimination on the Basis of Disability (ADA). The University is an equal opportunity educational institution. Please read [The University's Policy Statement on Nondiscrimination on the Basis of Disability Americans with Disability Act Compliance](#). Students can find this policy along with other university policies listed by audience on the [University Policy webpage](#) (<http://www.utoledo.edu/policies/audience.html/#students>).

Academic Accommodations. The University of Toledo embraces the inclusion of students with disabilities. We are committed to ensuring equal opportunity and seamless access for full participation in all courses. For students who have an accommodations memo from Student Disability Services, I invite you to correspond with me as soon as possible so that we can communicate confidentially about implementing accommodations in this course. For students who have not established affiliation with Student Disability Services and are experiencing disability access barriers or are interested in a referral to healthcare resources for a potential disability or would like information regarding eligibility for academic accommodations, please contact the [Student Disability Services Office](#) (<http://www.utoledo.edu/offices/student-disability-services/>) by calling 419.530.4981 or sending an email to StudentDisability@utoledo.edu.

Academic Policies. As a student in my course and enrolled at The University of Toledo you should be familiar with the policies that govern the institution's academic processes, for example, Academic Dishonesty, Enrollment Status, and Grades and Grading. Please read Undergraduate Academic Policies: <http://www.utoledo.edu/policies/academic/undergraduate/>

Academic Dishonesty. The Policy Statement on Academic Dishonesty in the UT Catalog is detailed and explicit. Please consult the catalog for how academic dishonesty is described. Students involved in academic dishonesty should expect to receive a "0" on the specific assignment or an F for the course, depending on the severity of the violation

ACADEMIC SERVICES AND SUPPORT SERVICES

Please follow this link to view a comprehensive list of [Student Academic and Support Services](#) (<http://www.utoledo.edu/studentaffairs/departments.html>) available to you as a student.

Technical Support. If you encounter technical difficulties with Blackboard, please contact the UT Online Help Desk at (419) 530-8835 or utdl@utoledo.edu. The Help Desk offers extended hours in the evenings and on weekends to assist students with technical problems. When calling after hours, leave a detailed message, including your Rocket Number and phone number, and an Online Learning staff member will respond on the next business day. The UT Online Help Desk / Learning Ventures website is available at:

<http://www.utoledo.edu/dl/helpdesk/index.html>

Technical questions related to on-campus Internet access, virtual labs, hardware, software, personal website hosting, and UTAD account management can be directed to UT's IT Help Desk / Learning Ventures at (419) 530-2400. The IT Help Desk website is available at <http://www.utoledo.edu/it/CS/HelpDesk.html>.

Learner Support. The University of Toledo offers a wide range of academic and student support services that can help you succeed:

eTutoring Services. The Ohio eTutoring Collaborative, in partnership with The University of Toledo, now provides online tutoring support for all UT students. eTutoring Services are offered in a wide array of subjects, including Writing, Math, Calculus, Statistics, Accounting, Biology, Chemistry, and Anatomy and Physiology. Learn more at <https://www.etutoring.org/login.cfm?institutionid=232&returnPage>

eLibrary Services Portal. The eLibrary is a customized gateway to UT Libraries for online students. It was designed to help you locate the best online library resources without leaving Blackboard. Learn more at: <http://www.utoledo.edu/dl/students/elibrary.html>

Success Coach. As of fall 2013, all new students were assigned a Success Coach to help students navigate their college experience by serving as a single point of contact. Your Success Coach can help you build and develop skills, refer you to support services, and aid in your overall success at The University so be sure to stay connected to him/her throughout your academic journey! If you need assistance connecting with your Success Coach send an email to successcoach@utoledo.edu.

SAFETY AND HEALTH SERVICES FOR UT STUDENTS

Please use the following link to view a comprehensive list [Campus Health and Safety Services](#) available to you as a student.

Counseling Center. The Counseling Center is the university's primary facility for personal counseling, psychotherapy, and psychological outreach and consultation services. The Counseling Center staff provide counseling (individual and group), mental health and wellness programming, and crisis intervention services to help students cope with the demands of college and to facilitate the development of life adjustment strategies. Learn more at: <http://www.utoledo.edu/studentaffairs/counseling/>

Psychology Clinic. The Psychology Clinic in the Department of Psychology also provides individual therapy services and charges lower rates for students. Learn more at: <http://www.utoledo.edu/al/psychology/clinic/>

SPECIAL COURSE EXPECTATIONS DURING COVID-19

*Please note that some expectations may not be applicable to this course

Maintaining a safe campus during the ongoing COVID-19 pandemic remains a top priority. UToledo continues to follow the guidance of the U.S. Centers for Disease Control and Prevention and Ohio Department of Health to keep our campus safe.

ATTENDANCE

The University of Toledo has a missed class policy. It is important that students and instructors discuss attendance requirements for the course. Before coming to campus each day, students should take their temperature and complete a self-assessment for symptoms of COVID-19, such as cough, chills, fatigue or

shortness of breath. Anyone with a temperature at or above 100.0 degrees Fahrenheit or who is experiencing symptoms consistent with COVID-19 should not come to campus and contact their primary care physician or the University Health Center at 419.530.5549. For more information on the symptoms of COVID-19, please go to <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

COVID-19 testing for sick students is available on both Main Campus and Health Science Campus. Call 419.383.4545 for an appointment. Absences due to COVID-19 quarantine or isolation requirements **are** considered excused absences. Students should notify their instructors and follow the protocols summarized in this document on [Navigating COVID-Related Course Concerns](#).

In the event that you have tested positive for COVID-19 or have been diagnosed as a probable case, please review the [CDC guidance](#) on self-isolation and symptom monitoring, and report the disclosure to the Division of Student Affairs by emailing StudentAffairs@utoledo.edu or by connecting with their on-call representative at 419.343.9946. Disclosure is voluntary and will only be shared on a need to know basis with staff such as in the Office of Student Advocacy and Support, The Office of Residence Life, and/or the Office of Accessibility and Disability Resources to coordinate supportive measures and meet contact tracing requirements.

FACE COVERINGS

Face coverings are required while on campus, except while eating, alone in an enclosed space, or outdoors practicing social distancing. Students will not be permitted in class without a face covering. If you have a medical reason preventing you from wearing a face covering due to a health condition deemed high-risk by the CDC, submit an [online application](#) to request an accommodation through the Office of Accessibility and Disability Resources. Students will need to provide documentation that verifies their health condition or disability and supports the need for accommodations. Students already affiliated with the Office of Accessibility and Disability Resources who would like to request additional accommodations due to the impact of COVID-19, should contact their accessibility specialist to discuss their specific needs. You may connect with the office by calling 419.530.4981 or sending an email to StudentDisability@utoledo.edu.

VACCINATION

Doctors and other health care professionals agree that the best way to protect ourselves and each other is to get vaccinated. Case data clearly show that vaccines remain highly effective at preventing serious illness from COVID, including the highly contagious delta variant. If you have not yet received your COVID vaccine, the University encourages you do so as soon as possible. No appointment is needed to get the shot at the UTMC Outpatient Pharmacy, University Health Clinic or Main Campus Pharmacy. Once you receive the COVID vaccination, please register on the COVID Vaccine Registry site at: <https://utvaccinereg.utoledo.edu/>.

SPECIAL NOTES

It's important to note, that based on the unpredictability of the COVID-19 virus, things can change at any time. So please be patient and understanding as we move through the semester. I also ask that you keep me informed of concerns you may have about class, completing course work/assignments timely and/or health concerns related to COVID.