

Course Syllabus

Title: Abnormal Psychology – PSY 2200: Section 001 (Remote)

Term and Location: Fall 2021

Tuesdays (or, no later than Thursday mornings): Students should view the online videos on their own (see Blackboard).

Thursdays 9:35am-10:55am (EST): we will meet on Webex for discussion (see below).

Credit Hours: 3

Instructor: Jon Elhai, Ph.D. |
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Office Hours: By appointment

Additional

Contact Info: **Please do NOT call or email the instructor about missed class sessions. Attendance will not be recorded.**

Required Text: Beidel, D. C., Bulik, C. M., & Stanley, M. A. (2016). *Abnormal psychology* (4th Ed.). New York: Pearson. ISBN: 9780134320380 (This ISBN number offers the book packaged with Pearson Revel web-based access to the textbook and recommended/non-required study materials; if you want access to these features, do NOT purchase the book with any other ISBN; but other versions are available instead this version if you prefer, including a digital-only copy of the book)

Course Description:

Disordered human behavior; its etiology, classification and treatment. Consideration of different theories.

Prerequisite: PSY 1010

Learning Objectives:

Following completion of the course students should be able to identify, describe, explain, and demonstrate understanding of:

- 1) Characteristics that distinguish the profession of clinical psychology from other areas of psychology and other mental health professions.
- 2) Major areas of study and bio-psycho-social etiological theories that clinical psychologists use to explain the psychological experience and the development and expression of mental illness.
- 3) Vocabulary of abnormal psychology per the Diagnostic and Statistical Manual (DSM-5) that is used to describe abnormal behavior and diagnose mental health disorders.
- 4) The integration of scientific methods and clinical practice in the treatment of mental illnesses.
- 5) Current controversies and major issues in the mental health field and health care.
- 6) Different types of evidence-based clinical treatments and differences between treatment approaches and theoretical orientations in conceptualization and treatment of mental illnesses.
- 7) Methodological and research practices used to evaluate clinical interventions and practices.

Course Policies and Procedures

1. Attendance: It is the responsibility of each student to view all online lectures, attend discussion sessions, and take all exams. Video lectures are available on Blackboard for this course. Discussion sessions will be conducted via Webex (see below for call-in details). However, attendance will not be recorded.

a. Classroom Environment. It is expected that the classroom environment will be peaceful and respectful.

b. Buddy System. It is the student’s responsibility to find a partner/buddy in class early in the semester. If the student misses a discussion session, s/he can consult with their buddy to borrow class notes. **Please do NOT call or email the instructor about missed class sessions, because attendance will not be recorded.** After a missed session, the Instructor will not be able to meet with the student to review what transpired in class.

2. Exams: There will be four non-cumulative exams, each consisting of multiple choice questions. **Exam material will be taken primarily from the textbook.** Each of the four exams is worth 25% of your final course grade. **Exams will be delivered online** through the Blackboard site for this course, during the dates and times listed at the bottom of this syllabus – **do NOT be late in starting the exam**, or you may be locked out. You will see your score when completing the exam. **No makeup exams will be given!**

If you have taken all four exams, and wish to improve your course grade, you may take an optional, cumulative final exam through Blackboard. The final exam will occur during finals week, on the scheduled final exam date listed at the bottom of this syllabus. This final can only help your grade (by replacing your lowest exam grade, only if it doesn’t hurt your final course grade). Although the final exam is optional, you *must* take the final exam if you missed any of the other exams.

Study guides will not be provided to students. Students who wish to have extra course materials to help them study may use the textbook’s **Pearson Revel** study materials. Access to Pearson Revel comes free with the book (only if purchased using the exact ISBN noted above); register for an account (or login) and enter the access code provided with the book, using this link: <https://console.pearson.com/enrollment/rltok5>. Otherwise, access can be purchased from that link.

3. Grading:

Grading scale

A	93-100	A-	90-92	B+	87-89
B	83-86	B-	80-82	C+	77-79
C	73-76	C-	70-72	D+	67-69
D	63-66	D-	60-62	F	< 60

No other grades will be given except as noted above. If the student is doing poorly in the course, it is the student’s responsibility to drop or withdraw from the course before the appropriate deadline. If it is too late to drop or withdraw from the course, a mark of “Incomplete” will not be assigned; rather the student will be assigned the actual grade earned.

4. Extra Credit:

Extra credit may be earned by participating in research experiments. To find studies in which to participate, visit the following website (UT’s Sona Systems portal) during the first week of classes and register for a username and password (if you have already done so in a previous course, you must log on again to reactivate your account): http://www.utoledo.edu/al/psychology/undergrad/research_exposure.html

Every 1 Sona Systems credit of experiment participation will earn one extra percentage point added to your final course grade (e.g., obtaining 2.5 Sona Systems credits translates to 2.5 percentage points added to your final course grade). No more than five Sona Systems credits may be assigned to this course. While you may participate as late as the last week of classes, you are **highly encouraged** to start participating ASAP – as the semester continues, experiment availability may decrease.

Another option for earning extra credit: you may review and critique a psychology journal article (each review is worth 1 Sona Systems credit). Acceptable journal articles that you may review will be listed here, using this web link: <http://bit.ly/2Ecq0mh>

This link will instruct you, after reviewing the article, to indicate your name and contact information, and will ask you to write about particular aspects of the article. Submissions are due by **Tuesday December 7. Late reviews will not be accepted.** YOU MUST STILL REGISTER WITH UT SONA SYSTEMS IN ORDER TO SUBMIT ARTICLE REVIEWS – THE INSTRUCTOR WILL ASSIGN YOUR CREDITS IN YOUR UT SONA SYSTEMS ACCOUNT.

5. Academic Honesty: Department of Psychology Statement on Academic Honesty - Academic honesty is expected from students enrolled in courses and programs offered by the Department of Psychology; violations of this expectation will not be tolerated.

Violations of the expectation of academic honesty include, but are not limited to:

- * Obtaining or attempting to obtain a copy of an examination prior to its administration.
- * The unauthorized use of study material or textbooks during an examination.
- * Obtaining unauthorized assistance from and giving unauthorized assistance to another individual during an examination or completion of an assignment.
- * Plagiarism in written assignments. Plagiarism includes: (a) using, copying or paraphrasing another author's materials without appropriate acknowledgment through quotation and citation; (b) unauthorized collaboration in the preparation of reports, term papers, or theses.

In accordance with the Policy Statement in the University Catalog, instructors have the responsibility and right to bring cases of alleged dishonesty to department, college, and university administrative units. Students involved in academic dishonesty may expect to receive a grade of F on specific assignments, as well as in the course where the assignment was made. Full policy details: <https://bit.ly/2IetYAf>

Student Behavior - Students are expected to follow University policy with regards to proper conduct in the classroom, as detailed in the University of Toledo Student Handbook (See <http://www.utoledo.edu/studentaffairs/dos/> for details.) Disciplinary action for violation of these policies will be decided on a case by case basis and will be in accord with University policy.

6. Class Communication: the Instructor will communicate to students by email about class announcements, changes to the course schedule (including class cancellations), and grades. **It is the student's responsibility to check their UT email account daily for such announcements.**

7. Additional Ground Rules: 1) Grade disputes must be submitted in writing in order to be considered. 2) Grievances about the course and/or instructor should be brought up with that individual first in order to resolve the matter, prior to discussing the matter with the department/university's administration.

At the end of the semester, students will be given the opportunity to evaluate this course and instructor using course evaluation forms. Some students also prefer to evaluate the course/instructor at external websites that focus on instructor evaluations. Just as the instructor does the courtesy of assigning final course grades only after all exams and assignments are completed, I ask that students return that courtesy by evaluating the course/instructor only after the course is complete.

8. Office of Accessibility. Students registered with the Office of Accessibility for a disability must discuss possible accommodations with the Instructor during the first week of class in order to allow such accommodations to occur. All paperwork for all of the semester's five exams must be submitted to the Instructor during the second week of the course in order to allow accommodations.

9. Title IX. Title IX makes it clear that violence and harassment based on sex and gender are Civil Rights offenses subject to the same kinds of accountability and the same kinds of support applied to offenses against other protected categories such as race, national origin, etc. If you or someone you know has been harassed or assaulted, you can find the appropriate resources here ...

Complaints can be reported online:

UT's Title IX coordinator: <https://www.utoledo.edu/offices/oid/title-ix/index.html>

Other resources:

UT's Student Counseling Center: <https://www.utoledo.edu/studentaffairs/counseling/>

UT Campus Police: <https://www.utoledo.edu/depts/police/index.html>

UT Sexual Assault Education and Prevention Program: www.utoledo.edu/studentaffairs/SAEPP

YWCA Battered Women's Shelter: www.ywcanwo.org/

Schedule of Classes and Readings (The assigned chapter should be read **before** each class)

Week	Required Reading	Lecture Topic
8/30	Chapter 1	Historical Viewpoints of Abnormal Psyc.
9/6	Chapter 2	Research Methods and Etiology
9/13	Chapter 3	Assessment and Treatment
EXAM 1 (Friday 9/17 for 75 minutes**)		
9/20	Chapters 4 and 5	Panic/OCD/Anxiety Disorders
9/27	Chapter 4	PTSD/Mood Disorders
10/4	Chapter 7	Mood Disorders
EXAM 2 (Friday 10/8 for 75 minutes**)		
10/11		NO CLASS THURSDAY (FALL BREAK)
10/18	Chapter 6	Somatoform/Dissociative Disorders
10/25	Chapter 12	Personality Disorders
11/1	Chapter 10	Substance-related Disorders
EXAM 3 (Friday 11/5 for 75 minutes**)		
11/8		NO CLASS THURSDAY (VETERANS DAY)
11/15	Chapter 11	Schizophrenia
11/22		NO CLASS THURSDAY (THANKSGIVING)
11/29	Chapter 13, 14	Brain Disorders, Child/Adolescent Disorders
*12/6	Chapter 15	Ethical and Legal Issues
EXAM 4 (Friday 12/10 for 75 minutes**)		
12/13		FINAL EXAM (<u>Tuesday</u> 12/14 for 90 minutes**)

Tuesdays: View class online videos on your own

Thursdays: Attend Webex video calls from 935am-1055am EST (see call-in details below)

* Last day to complete extra credit assignments (**Tuesday December 7** due by 12:00pm).

** On an exam day, you will be able to start the exam online as early as 9:00am Eastern Time, and as late as 6:00pm Eastern Time.

Note: This syllabus may be appended by the instructor if necessary. Students are responsible for any changes made.

How to join the Thursday 9:35am Video Calls:

Join from the meeting link

<https://utoledo.webex.com/utoledo/j.php?MTID=mbf0ad523d3420017aae30615594888c8>

Join by meeting number

Meeting number (access code): 172 144 1642

Meeting password: MddMDVRT263

Tap to join from a mobile device (attendees only)

+1-415-655-0002,,1721441642## US Toll

Join by phone

+1-415-655-0002 US Toll

Global call-in numbers

Join from a video system or application

Dial 1721441642@utoledo.webex.com

You can also dial 173.243.2.68 and enter your meeting number.