

ABNORMAL PSYCHOLOGY - PSY 2200:002

University of Toledo, Psychology
Spring 2017
Mondays and Wednesdays: 9:30am – 10:45 pm
WOLFE HALL 1205

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Additional Contact Information: The TAs are primarily responsible for grading and should be the first point of contact for grading, exams, and course content issues. *Please do NOT call or email the TA or instructor about missed class sessions* Please keep both the instructor and the TAs on all email communications while addressing particularly the instructor or one of the TA as per the content of the email.

COURSE DESCRIPTION: In the mental health field, the study of abnormal human behavior is referred to as "psychopathology" (from the Greek words *psyche* [mind/soul] and *pathos* [suffering]). Within the area of psychopathology, health professionals use a manual called the *Diagnostic and Statistical Manual of Mental Disorders* (currently, *DSM-5*) to make diagnoses. The *DSM-5* categories and their descriptions provide mental health professionals a common language for communication in practice and research. This course uses the *DSM-5* diagnoses as categories within which to discuss psychopathology, but an understanding of psychopathology transcends memorizing these categories.

LEARNING OBJECTIVES

1. Definitions of abnormality
2. History of the models/theoretical orientations regarding psychopathology and its treatment
3. The popular models/theoretical orientations and *DSM-5* diagnoses in regard to:
 - a. Diagnosis
 - b. Etiology (cause/source)
 - c. Prognosis (course and outcome of disorder)
 - d. Treatment

ONLINE E-Textbook ("Smartbook") and Adaptive Learning Software

Nolen-Hoeksema, S. (2014) *(Ab)normal Psychology* (7th ed.). [Smartbook] New York, NY: McGraw Hill Education

- **PLEASE NOTE** You MUST have access to the e-textbook and adaptive learning software by purchasing Connect Plus access. You can purchase a registration code through Connect Plus, at the Rocket Bookstore (on W Bancroft St) or from University of Toledo official bookstore (Barnes & Nobel, online or in store). Instructions for purchasing access code is emailed to all registered students and this information is also available on Blackboard. *It is not required that students buy a hard copy of the text.* In case, you wish to procure one, contact McGraw Hill directly to be able to buy a loose-leaf version at a discounted price.

DSM-5 REFERENCE

American Psychiatric Association (2013). *Diagnostic and Statistical Manual of Mental Disorders (5th ed)*. Arlington, VA. Author ([OhioLINK online](#))

Course Policies and Procedures

Attendance: It is the responsibility of each student to attend all classes, take all exams, and turn in all assignments on time. Attendance will be recorded through submission of in-class assignments. Please do not arrive late to class.

Classroom Environment. It is expected that the classroom environment will be peaceful and respectful. Since it is distracting to have students use electronic devices in class (for placing or receiving calls and/or text messages and email), please refrain from using electronic device use in class (e.g., cell phones, etc.).

Buddy System. It is the student's responsibility to find a partner/buddy in class early in the semester. If the student misses a lecture, s/he can consult with their buddy to borrow class notes or learn about any announcements made in class. After a missed lecture, the Instructor will not be able to meet with the student to review what transpired in class; lecture notes will not be provided to the student by the Instructor.

Class Format: This is an in-person lecture based class, supplemented with PowerPoints (PPTs), videos, and case examples in which mental disorders and treatment are depicted. Each week, you will be required to complete the assigned readings before each class, participate in *in-class activities*, and complete *assignments* on SmartBook by the designated dates.

SmartBook: The textbook for this class is an electronic text paired with adaptive learning software designed to facilitate learning and retention of the material. We anticipate that you will find it engaging and very helpful for your learning! The SmartBook software breaks down each chapter into 4 learning tasks: *preview, read, practice, and recharge*. Preview provides an initial, "quick glance" overview of the chapter to prepare you for reading the material. The read feature in SmartBook is unique in that instead of simply reading a chapter from start to finish, SmartBook highlights and draws your attention to the most important material. This will change as you demonstrate mastery over topics. The practice feature in SmartBook provides questions (multiple choice, fill-in-the-blank, etc.) to test your knowledge of material. These questions are to help you learn and your performance on the questions will be used by SmartBook to guide further reading.

Please note that the SmartBook questions are intended to assist learning, you are NOT being graded for accuracy by us—however, you will be graded by us for successfully completing the learning questions (10 points for each chapter, see below). To complete the SmartBook chapter assignment, you must correctly answer enough questions. If you're unsure about an answer, you can select the "READ" option to learn the relevant material to answer correctly. Your progress will be displayed in the top right corner of SmartBook.

After completing the assignment, the recharge feature is helpful as a study aid prior to taking your exam, as SmartBook draws your attention back to topics you may have forgotten

Class Communication: The Instructor will communicate to students by email about class announcements, changes to the course schedule (including class cancellations), and grades. *It is the student's responsibility to check their UT email account daily for such announcements*

Blackboard: All course related information will also be posted on Blackboard 'Announcement' section. The weekly course lecture materials will be available on Blackboard each day before class. We will also provide homework assignments, exams, and grades via Blackboard.

PowerPoints: For each chapter, a PPT will be used to reinforce the materials covered in the electronic textbook. Each week, you should review the PPTs corresponding to the chapters you are responsible for. The PPTs are also a great resource when studying. *In addition, there are instances when material covered in the PPTs but not in your textbook will be included on the exam. So be sure to review these carefully.* PowerPoints will be made available on Blackboard after class.

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Required Coursework: Students are expected to complete the following as required course work towards counting towards their final grades:

- 1) *SmartBook Homework Assignments* for each chapter (due by 11:59pm EST of the mentioned date. Find details under "Grade source"). Each homework assignment is worth 10 points.
- 2) *In-class activity*- during each class all students will be assigned a small activity. A maximum of 5 points can be earned on each of these assignments and the best 20 scores out of 25 assignments will be counted towards the final grade. Additional 1 point can be earned as 'Attendance' point from each in-class activity submission. A maximum of 20 attendance points can be earned along with a maximum of 100 in-class activity points.
- 3) 4 *Exams* (Find details under "Exams")

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Late Passes: Each student will be allowed two late passes to make late submissions of homework assignments. Be sure to inform the instructor and the TAs to so that extensions can be provided. Please do not make requests for additional extensions. Any late submissions beyond the two instances will not be graded. Late passes are not applicable for exams or in-class activity.

Extra Credit: 1 On the first day of the spring semester or the first day after late enrollment, you will be able to earn 14 points of extra credit by responding to thought questions. No prior reading is required. The course instructor will provide prompts to this assignment to you in class.

2. You can also earn a maximum of 6 Extra credits from participation in psychology research through SONA. To find studies in which to participate, visit the following website (UT's Sona Systems portal) during the first week of classes and register for a username and password (if you have already done so in a previous course, you must log on again to reactivate your account):
<http://psychology.utoledo.edu/showpage.asp?name=researchRequire>

Every 1 SONA Systems credit of experiment participation will earn one extra percentage point added to your final course grade (e.g., obtaining 2.5 Sona Systems credits translates to 2.5 percentage points added to your final course grade). No more than five SONA Systems credits may be assigned to this course. While you may participate as late as the second last week of classes, you are **highly encouraged** to start participating ASAP – as the semester continues, experiment availability may decrease. *The deadline to*

participate is 04/26/17. Any extra credit points earned beyond this date will not be counted towards your final grade.

Exams: There are *4 exams*. Each exam consists of 50 multiple choice items (1 pt each) worth 50 points. Exams are *80 minutes* long, administered through Blackboard. *Exams 1-3 are non-cumulative. Only the final exam is cumulative.* The four exams in this course will be taken at the proctored undergraduate examination lab located at University Hall 5000 (fifth floor). The 80 minute timer will begin once you open the exam and automatically submit your work once the time is up. You will only be provided one attempt for each exam. *Exam material will be taken from both the textbook and the PPTs but the PPTs can serve as an exam guide for each chapter. No makeup exams will be given!*

Late Enrollment: If a student enrolls during the first two weeks of class, it is the student's responsibility to contact the professor and the TAs immediately to inform them of his/her late enrollment. This will help ensure that the student receives all missed materials and information that has already been circulated.

Missing Required Components of the Class: If unavoidable circumstances occur and you must miss an exam, discussion, or SmartBook activity, documentation for your absence (e.g., illness, funeral, court date) is required. Please let the instructor and the TAs know *immediately* if you will be unable to take an exam within the time frame allotted. It is your responsibility to keep track of when your assignments are due and when exams are scheduled.

Email Communication: The course instructor and the TAs are available through email. You can email the TAs about any question or concern. Emails sent after 5pm EST will not be responded to before the following morning. On weekdays, you will receive a response within 48 hours. The instructor and TAs are not available over weekends, holidays, and university breaks. Make sure you copy the instructor and the TAs on all emails.

COURSE GRADE SOURCES

Source	Date	Possible Points	My Points
Exam 1	01/30-02/02	50	
Exam 2	03/13-03/16	50	
Exam 3	04/10-04/13	50	
Final Exam	05/01-05/04	50	
SmartBook Assignments			
Chapter 1	01/13 (Fri)	10	
Chapters 2	01/18 (Wed)	10	
Chapters 3	01/25 (Wed)	10	
Chapters 4	01/30 (Mon)	10	
Chapters 5	02/10 (Fri)	10	
Chapter 7	02/20 (Mon)	10	
Chapter 6	02/27 (Mon)	10	
Chapter 12	03/13 (Mon)	10	

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Chapter 14	03/20 (Mon)	10	
Chapter 8	03/29 (Wed)	10	
Chapter 9	04/07 (Fri)	10	
Chapter 10	04/12 (Wed)	10	
Chapter 11	04/19 (Wed)	10	
In- Class Activity Participation		Points from activity + 1 Attendance point	
Chapter 1	01/11	5 + 1	
Chapter 2	01/18	5 + 1	
Chapter 3	01/23	5 + 1	
Chapter 4	01/25	5 + 1	
Chapters 1-4	01/30	5 + 1	
Chapter 5	02/06	5 + 1	
Chapter 5	02/08	5 + 1	
Chapter 5	02/13	5 + 1	
Chapter 7	02/15	5 + 1	
Chapter 7	02/20	5 + 1	
Chapter 6	02/22	5 + 1	
Chapter 6	02/27	5 + 1	
Chapter 12	03/01	5 + 1	
Chapters 5, 6, 7 & 12	03/13	5 + 1	
Chapter 14	03/20	5 + 1	
Chapter 8	03/22	5 + 1	
Chapter 8	03/27	5 + 1	
Chapter 9	03/29	5 + 1	
Chapter 9	04/03	5 + 1	
Chapter 9	04/05	5 + 1	
Chapters 8, 9, 14	04/10	5 + 1	
Chapter 10	04/17	5 + 1	
Chapter 10	04/19	5 + 1	
Chapter 11	04/24	5 + 1	
All Chapters	04/26	5 + 1	
TOTAL POINTS		450	
EXTRA CREDIT		20	
TOTAL POINTS With EXTRA CREDIT		470	

GRADING SCALE

Letter Grade	Percentage Points
A	92-100 +
A-	90-91
B+	87-89
B	82-86
B-	80-81
C+	77-79
C	72-76
C-	70-71
D+	67-69
D	62-66
D-	60-61
F	0-59

No other grades will be given except as noted above. If the student is doing poorly in the course, it is the student's responsibility to drop or withdraw from the course before the appropriate deadline. If it is too late to drop or withdraw from the course, a mark of "Incomplete" will not be assigned, rather the student will be assigned the actual grade earned.

CLASS SCHEDULE & READINGS

The chapter / chapter portions as assigned should be read **before each class.**

Course Week	Date	Required Reading	Lecture Topic
Week 1 01/09- 01/13	01/09	None	Introduction
	01/11	Chapter 1	Looking at Abnormality-Different Perspectives
Week 2 01/16- 01/20	01/16	None	No class (MLK Day)
	01/18	Chapter 2	Theories & Treatment of Abnormality
Week 3 01/23- 01/27	01/23	Chapter 3	Assessing & Diagnosing Abnormality
	01/25	Chapter 4	The Research Endeavor
Week 4 01/30- 02/03	01/30	None	Exam 1 Review- class activity
	02/01	None	No class (Exam 1 Chapters 1-4)
Week 5 02/06- 02/10	02/06	Chapter 5	Anxiety and Related Disorders (Phobias, Panic, Agoraphobia, SAD)
	02/08	Chapter 5	Anxiety and Related Disorders (GAD, OCD)

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Week 6 02/13- 02/17	02/13	Chapter 5	Anxiety and Related Disorders (PTSD & ASD, Separation Anxiety Disorder)
	02/15	Chapter 7	Mood Disorders & Suicide (Major Depression, Bipolar Disorder, Causes)
Week 7 02/20- 02/24	02/20	Chapter 7	Mood Disorders & Suicide (Treatment & Suicide)
	02/22	Chapter 6	Somatic and Dissociative Disorder (Somatic Symptoms)
Week 8 02/27- 03/03	02/27	Chapter 6	Somatic and Dissociative Disorder (Dissociative Disorder)
	03/01	Chapter 12	Eating Disorders
Week 9 03/06- 03/10	03/06		No classes (SPRING BREAK)
	03/08		
Week 10 03/13- 03/17	03/13	None	Exam 2 Review
	03/15	None	No class (Exam 2 Chapters 5, 6, 7 & 12)
Week 11 03/20- 03/24	03/20	Chapter 14	Substance Use and Gambling Disorders
	03/22	Chapter 8	Schizophrenia Spectrum & other Psychotic Disorders (Symptoms & Diagnosis)
Week 12 03/27- 03/31	03/27	Chapter 8	Schizophrenia Spectrum & other Psychotic Disorders (Causes & Treatment) Personality Disorders (Cluster C)
	03/29	Chapter 9	
Week 13 04/03- 04/07	04/03	Chapter 9	Personality Disorders (Cluster B)
	04/05	Chapter 9	Personality Disorders (Cluster A)
Week 14 04/10- 04/14	04/10	None	Exam 3 Review
	04/12	None	No class (Exam 3 Chapter 14, 8 & 9)
Week 15 04/17- 04/21	04/17	Chapter 10	Neurodevelopmental & Neurocognitive Disorder (ADHD, ASD, Intellectual Disability)
	04/19	Chapter 10	Neurodevelopmental & Neurocognitive Disorder (LDs to Delirium)
Week 16 04/24- 04/28	04/24	Chapter 11	Disruptive, Impulse Control & Conduct Disorder
	04/26	None	Final Exam Review
Week 17 05/01- 05/05		None	FINAL EXAM (Cumulative)

Note This syllabus may be appended by the instructor if necessary. Students are responsible for any changes made.

Academic Honesty: Department of Psychology Statement on Academic Honesty - Academic honesty is expected from students enrolled in courses and programs offered by the Department of Psychology; violations of this expectation will not be tolerated.

Violations of the expectation of academic honesty include, but are not limited to-

- * Obtaining or attempting to obtain a copy of an examination prior to its administration
- * The unauthorized use of study material or textbooks during an examination

* Obtaining unauthorized assistance from and giving unauthorized assistance to another individual during an examination or completion of an assignment □

* Plagiarism in written assignments Plagiarism includes (a) using, copying or paraphrasing another author's materials without appropriate acknowledgment through quotation and citation; (b) unauthorized collaboration in the preparation of reports, term papers, or theses

In accordance with the Policy Statement in the University Catalog, instructors have the responsibility and right to bring cases of alleged dishonesty to department, college, and university administrative units. Students involved in academic dishonesty may expect to receive a grade of F on specific assignments, as well as in the course where the assignment was made

Student Behavior - Students are expected to follow University policy with regards to proper conduct in the classroom, as detailed in the University of Toledo Student Handbook (See <http://www.utoledo.edu/studentaffairs/dos/> for details.) Disciplinary action for violation of these policies will be decided on a case by case basis and will be in accord with University policy

UT's Academic Dishonesty Policy

Department of Psychology Statement on Academic Honesty Statement

Additional Ground Rules: 1) Grade disputes must be submitted in writing in order to be considered 2) Grievances about the course and/or TA or instructor should be brought up with that individual first in order to resolve the matter, prior to discussing the matter with the department/university's administration

At the end of the semester, students will be given the opportunity to evaluate this course and instructor using course evaluation forms. Some students also prefer to evaluate the course/instructor at external websites that focus on instructor evaluations. Just as the instructor does the courtesy of assigning final course grades only after all exams and assignments are completed, I ask that students return that courtesy by evaluating the course/instructor only after the course is complete

Non-Discrimination on the basis of Sex/ Title IX. The University of Toledo is an equal opportunity educational institution. Title IX of the Education Amendments of 1972 (Title IX) is a federal law that prohibits sex discrimination. Please read [The University of Toledo Title IX Policy](#)

Non-Discrimination on the basis of Disability (ADA). The University is an equal opportunity educational institution. Please read [University of Toledo ADA/504 Compliance](#)

Accommodations *If you have a disability and need assistance for this class, please contact the Student Disability Services in Rocket Hall 1820 Phone 419-530-4981, TTY 419-530-2612* Students registered with the *Student Disability Services* for a disability must discuss possible accommodations with the Instructor during the first week of class in order to allow such accommodations to occur.

INTERESTING WEBSITES RELATED TO PSYCHOLOGY

UT Websites

UT Undergraduate Psychology Degree. The Department of Psychology at the University of Toledo offers a Bachelor of Arts degree for undergraduate students majoring in psychology

UT Undergraduate Psychology Resources. See website for resources.

UT Psi Chi Webpage. Psi Chi is the International Honor Society in Psychology, founded in 1929 for the purposes of "encouraging, stimulating, and maintaining excellence in scholarship, and advancing the science of psychology." With over 1,050 chapters, Psi Chi is one of the largest honor societies in the United States and is an affiliate of both the American Psychological Association (APA) and the Association for Psychological Science (APS). Membership is open to graduate and undergraduate students who are making the study of psychology one of their major interests, and who meet the minimum qualifications.

UT Psychology Honors Program. Psychology majors are encouraged to earn the graduation citation "Honors in Psychology" through the Department of Psychology honors program. A student can be admitted at any time but no later than the end of the first semester of their junior year. See website for details.

Abnormal Psychology-Related Websites

MentalHealth.Net This site is written for both the professional and the non-professional. It contains regularly posted mental health news, stories and a blog, as well as different ways to get help (an advice column, an online community, and hotlines).

Websites for Students Interested in Psychology as a Career

Psych Web by Russ Dewey. Includes many links that can be helpful for psychology undergraduates (e.g., see Careers in Psychology link).

Student Doctor Network Forums: Psychology. Psychology forum on the Student Doctoral Network designed for people currently enrolled or applying to clinical psychology doctoral programs.

APA Student Website. Information such as choosing psychology as an undergraduate major, planning for graduate school, and careers in psychology.