



Psychology 1010:008 - Principles of Psychology

Spring 2018

TR 12:55 – 2:15 pm

BO 1053

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Credit Hours: 3

Student Hours: Tuesday & Thursday 2:30 – 3:30 pm (also by appointment)

Office Location: UH 5010B

COURSE/CATALOG DESCRIPTION

A survey of the branches of psychology and the scientific approach to the study of behavior.

STUDENT LEARNING OUTCOMES

This course is part of our institutional **General Education Program** and supports the general education outcomes of

1. Scientific & Quantitative Reasoning and Literacy
2. Communication.

This course is part of the **Ohio Transfer Module**. It introduces students to the methods of inquiry for understanding behavior and an analysis of the scientific approach to psychological questions.

The following Learning Outcomes are required as part of the **Ohio Transfer Assurance Guidelines** and includes the following required learning outcomes.

1. Describe psychological theories, principles and concepts relevant to the following topics: history and methods, physiology (biology of behavior, consciousness, perception), cognition (learning, thought, language), social, organizational, developmental, personality and psychopathology and its treatment.
2. Articulate knowledge of classic as well as contemporary research in each of the major subfields of psychology.
3. Apply basic psychological principles to human history, current events, and daily human experience.
4. Recognize diversity and individual differences and similarities in a variety of contexts.
5. Assess and critically analyze theories, research methods and findings (outcomes), and applications developed by psychologists and made available through textbooks, newspapers, professional and lay periodicals, and the internet.

TEACHING STRATEGIES

This is a face-to-face class. The class will consist of lectures, videos, and discussion. Students are expected to have read the textbook chapter before class. This will allow you the ability to



focus on the lecture material better, as well as ask questions pertaining to lecture and the text. I strongly encourage class participation. Not only does this help me confirm that you understand the material, it can also help your classmates by giving other examples or explaining a concept in another way. If you have questions about the material that you would like discussed during class, but do not feel comfortable asking the question in class, email me before class and mention that you would like me to go over the topic again.

Please keep in mind that it is advised that students spend at least 6-9 hours studying outside of class every week. This can (and should!) include: reading the textbook, quizzing yourself on the material, reviewing your class notes, etc. As we will learn in class, it is best if you spread out studying the material over a few weeks instead of trying to cram in everything the night before the exam. While you might be able to do well cramming for an exam, you will find that you will soon forget the material. However, if you distribute your studying, you will remember more of the material, which will be helpful when it comes to studying for the final exam.

PREREQUISITES AND COREQUISITES

None

REQUIRED TEXTS AND ANCILLARY MATERIALS

Lilienfeld et al., 2017. **Psychology: From Inquiry to Understanding, 4th edition**, Pearson, ISBN 978-0134552514. The cheapest way to get this text is to purchase the “REVEL Student Access Code Card.” However, we will not be using REVEL in this class (other than as a way to access the textbook) so if you want a hardcopy of the book, or even want to use the 3rd edition of this book, that is fine too.

TECHNOLOGY REQUIREMENTS

You will need to pay attention to Blackboard. This is where you will take your quizzes and exams. Course updates, announcements, and other information you may find helpful to passing this course will also be posted on Blackboard. If you have trouble, click on Learner Support for help.

PARTICIPATION IN PSYCHOLOGY EXPERIMENTS (Department Requirement): To introduce students to psychology research, all students PSY 1010 students at the University of Toledo must accumulate 4 units of research credit during the semester. These 4 units of research credit may be obtained in any combination of two different ways: (1) participating in psychology experiments and/or (2) writing research reports. To sign up for an experiment, you will need to login to the psychology department’s research sign-up system on the internet (<http://utoledo.sona-systems.com/>). Students earn research credit based on the duration of each research session. For example: A session that lasts 30 minutes or less is worth one-half (0.5) credit. A session that lasts between 31 and 60 minutes is worth one (1.0) credit, etc. If you are unable or unwilling to participate in experiments, you may write a review of a research paper instead. The details of how to choose a journal article to review and how to write the review is provided in Blackboard. If you choose to write a review paper, there are a number of pre-



approved articles on Blackboard. If you choose to use a different article, then the instructor must approve the article you choose before you turn your review in. You *must* fulfill this requirement one way or the other. If you do not fulfill this requirement you will receive an incomplete for this class regardless of the grade you earned (which will be turned into a “F” if you fail to complete this requirement the following semester). If enough experiments are available, you may be allowed to earn extra credit by participating in more than four credits (or writing extra review papers). Your instructor will let you know if this is the case. The deadline for completing this requirement is Friday, April 27th.

GRADING

Grades for this course will be based on 4 exams, 8 online quizzes, and 2 writing assignments.

Class exams: There will be three unit exams and a comprehensive final. You can either take the exams in class with me or in the computer lab on campus with a test proctor.

- *Taking the exam in class*: The exam will be offered during regular class time. You will need to bring a charged laptop and photo ID.
- *Taking the exam in the computer lab*: Each exam will be offered over a 2-3 day period. You may take your exam at any time the lab is open (lab availability will be posted on Blackboard). Keep in mind that many instructors use this lab for their exams, so the lab does get busy. Plan ahead and do not wait until the last day. You will need to bring a photo ID with you to the lab, and will need to know my name (either first or last) so the lab proctor can check you in faster. **Do not** arrive at the lab less than an hour before it closes for the day. **Do not** cheat. The lab proctors will tell me if they see you cheat. You may not use the book, notes, your phone (put it away!), etc. on the exams. If caught with any of these items (or others) during your exam, you will receive a zero.

Tentative in-class exam dates (dates in parentheses indicate when the exam will be available to take in the computer lab):

Exam 1 (Chs. 1, 2, 3, 4)	February 6 th (Feb 5 th & 6 th)
Exam 2 (Chs. 5, 6, 7, 8)	March 1 st (Feb 27 th - Mar 1 st)
Exam 3 (Chs. 9, 10, 11, 12)	April 3 rd (Apr 2 nd & 3 rd)
Cumulative Final Exam	May 3 rd (Apr 30 th – May 2 nd)

Each of the exams will be worth 100 points (with the final exam being worth 150 points). Exam questions will be multiple choice. Exams will be rescheduled *only* for students who have legitimate, university-sanctioned reasons for missing the exam. If you can anticipate that you will miss an exam (e.g., for a participatory athletic event, religious holiday, etc.), please contact me via email at least *one week* prior to the scheduled exam date. If you are unable to take an exam on time due to illness or emergency, notify me by email *before* the in-class exam is scheduled to begin (see “Late Policy” for more information).



Online quizzes: You will need to take eight online quizzes. Each quiz will be worth 10 points and will cover two chapters (Ex: Quiz 1 will cover chapters 1 & 2) except for quiz 8 which will only cover chapter 15. Each quiz will be available on Blackboard for you to take at your convenience. These will be due at 11:59 pm the night before the corresponding exam is offered in-class (i.e. Quizzes 1 & 2 will be due February 5th at 11:59 pm, whereas quizzes 3 & 4 will be due February 28th). You may use your book and notes when answering the quiz questions. You can retake these quizzes as often as you want. The highest grade you earn will be recorded for your grade. Some of the exam questions may come from the quizzes, so keep this in mind when you are taking the quizzes as well as studying for the exams.

Writing Assignments: During these semester I will give you three writing assignments. You will need to complete **two** of them. These assignments are designed to help you understand the concepts, and do well on the exams. Please see the writing assignment guidelines link on Blackboard for more information.

Please keep in mind that all essays will be checked for plagiarism. Never copy and paste information from any source into your essay. If you are caught plagiarizing, you will receive zero on your writing assignment.

Course Pretest: The Psychology Department wants to know how much you learn in this course, so you will need to complete a course pretest on Blackboard. Your answers on this pretest will not affect your grade, however, everyone needs to complete this pretest. Please be sure to answer the separate question about whether you have ever had another course in psychology, either in high school or in college. You must complete the pretest by the deadline in order to be eligible for extra credit.

Grading Scale

A = 93 - 100	C = 73 – 76.9
A- = 90 – 92.9	C- = 70 – 72.9
B+ = 87 – 89.9	D+ = 67 – 69.9
B = 83 – 86.9	D = 63 – 66.9
B- = 80 – 82.9	D- = 60 – 62.9
C+ = 77 – 79.9	F = 59.9 and below

W - If you withdraw from the course after the end of the drop period.

IN - Incomplete grades are only assigned in extraordinary circumstances beyond the student's control and only if the student has completed at least 3 exams with a passing grade. Under no circumstances will a student be allowed to retake an entire course in order to complete this course.

Not Attending - Failure to do assignments and take exams will be reported to the registrar and such non-attendance may affect your financial aid.



Midterm Grading

Midterm grades will consist of exams 1 & 2, and quizzes 1-4. Detailed information about your performance in this course is available to you continuously in the course website on Blackboard but the midterm summary serves as a reminder of your progress and is reported to the registrar and to the financial aid office. A midterm grade of D or F, especially if associated with non-attendance, may place financial aid in jeopardy.

Final Grading

Exams (3 exams, 100 points each)	300
Chapter Quizzes (8 quizzes, 10 points each)	80
Writing Assignments (2 assignments, 50 points each)	100
<u>Cumulative Final (150 points)</u>	<u>150</u>
Total	630

COMMUNICATION GUIDELINES

As your instructor, I am happy to help you if you are struggling with the course material, or have other questions. If this is the case, please either send me an email or stop by my office during office hours. If you cannot make it during my office hours, please send me an email and we will figure out another time to meet. I typically respond within 24 hours. Please use the email address listed above instead of contacting me through Blackboard. Finally, grades will not be discussed over email. If you feel that a mistake was made with your grade, please email me to set up an appointment so we can discuss this in person.

Please remember to consider emails as formal communications between you and your instructors, so use complete sentences with proper grammar and spelling when sending me emails. If I cannot understand your email, I won't be able to answer your question.

COURSE EXPECTATIONS

Attendance: Please arrive to class on time and do not leave (or start packing your things) early. This is disrupting to your fellow classmates as well as the instructor. You are all adults, so attendance is not required (although it may be used for extra credit), however, as exam content is mostly drawn from lecture material, students are *strongly encouraged* to attend lecture. I do not post audio of my lectures on the course website and I do not consent to being photographed or recorded during lectures unless you have explicit permission from the University and me to do so. This includes recording of lectures on your phone, laptop, smartpen, etc. If you miss class, ask classmates for their notes, and check Blackboard for additional materials on the topic. I will not send you my notes, or slides, so do not ask. If you still have trouble with the topic, please see me for help.



Phones: Please do not talk on your phone or text during class. Your phone should be on silent, not vibrate. If you are waiting to hear back from an urgent phone call/text please sit near the door so you can excuse yourself when your phone rings.

Respect: Please be respectful to your fellow students, and the instructor. Disrespectful students may be asked to leave the classroom.

Extra Credit: Sometimes life happens so you will be given several extra credit opportunities throughout the term. These will be announced throughout the semester. In order to be eligible for extra credit, you must complete the course pretest by the deadline.

UNIVERSITY POLICIES

The University is an equal opportunity educational institution. Please read [The University's Policy Statement on Nondiscrimination on the Basis of Disability Americans with Disability Act Compliance](#).)

Academic Accommodations

The University of Toledo is committed to providing equal access to education for all students. If you have a documented disability or you believe you have a disability and would like information regarding academic accommodations/adjustments in this course please contact the [Student Disability Services Office](#).

Resources Related to Sexual or Gender-based Violence and Harassment

The University of Toledo cares greatly about the health and well-being of our students, staff, and faculty, and takes all sexual or gender-based violence and harassment very seriously. If you have experienced sexual assault, sexual harassment, intimate partner violence, and/or stalking and want a confidential place to obtain support and information, please contact the Center for Student Advocacy and Wellness on the main campus in Health and Human Services Room 3017. You can call 419.530.2497 during regular business hours and 419.530.3431 for 24 hour assistance from a trained advocate. In-person, walk-in appointments are also available Monday-Thursday from 8:30 a.m. to 5 p.m. The Center for Student Advocacy and Wellness provides free and confidential advocacy and counseling services to students, faculty and staff. The YWCA H.O.P.E. Center also can be accessed as an off-campus confidential resource at 419.241.7273. Faculty, teaching assistants, and other university employees are mandated reporters of any incidents of sexual or gender-based violence or harassment. Thus, any disclosures of sexual or gender-based violence or harassment on or off campus made to faculty or teaching assistants, or other university employees must be forwarded to the Title IX Coordinator. The Title IX Office will then contact you regarding your rights, your option to participate in the investigation, interim safety measures and/or academic accommodations, and the need to proceed with an investigation (even if none is requested). Your participation in the process is voluntary. You may call 419.530.3152 to file a complaint or visit the following website for more information and resources: <http://www.utoledo.edu/title-ix/>. Policies relating to Title IX can be found at:



<http://www.utoledo.edu/title-ix/policies.html>.

ACADEMIC POLICIES

Academic Dishonesty: Cheating will not be tolerated! The first instance of cheating will result in a zero (0) for the assignment or exam and a note in your college file. A second instance will result in an F grade for the course and a note in your college file. Please keep in mind that a low grade that results from cheating will not be deleted if you retake the course for a higher grade. Cheating includes (but is not limited to) **use of non-permitted resources** for exams or assignments such as friends, internet, books, etc., or using a **cell phone** during an exam for any reason. Plagiarism (use of another person's words without citing a reference to assign credit to them); always use your own words in all assignments. See the university's policy on academic honesty posted in the course website in Blackboard.

Late Policy:

- Late exams are accepted, however, each will be penalized 20% per day late (this includes weekends!). If you need to take an exam late due to an excused absence as documented by the "University of Toledo Missed Class Policy", then written documentation is required, and extra time for completion will be determined by the instructor (please see the link on Blackboard if you are unfamiliar with UT's missed class policy). You will not be penalized if you have an excuse absence, however, failure to notify the instructor about the absence in a reasonable time will result in the above penalty.
- Late writing assignments are accepted, however, a 10% penalty will apply for every day it is late. Therefore, if your assignment is due on a Tuesday and you turn it in on Thursday at 12:01 am, a 20% penalty will apply. You are also given three different writing assignment topics and can choose the two you want to complete.
- Late quizzes will not be accepted, unless you have an excused absence that covers the entire time the assignment has been available. Quizzes for each unit will be posted at the beginning of the unit (the exam period of the previous unit). This means that you will be given 2-3 weeks to complete less than an hour's worth of work.

Given that most of this course will be completed using the computer, with the exception of in-person class time, students should expect that technological issues may occur at any time. Students are encouraged to complete their quizzes early in case a technological issue does occur. Late quizzes or writing assignments due to technological issues, be it computer, internet, printer, etc., will not be accepted. If you are faced with a technological issue, UT has multiple computer labs on campus available for your use. The only exception to this policy will be if there is a large technological glitch which ends up covering a large geographic area. If this is the case, then this class will be the least of our worries and an extension will be given to everyone.

STUDENT SUPPORT SERVICES

The University of Toledo offers academic and personal support services to help you succeed:



University Libraries are your gateway to information that connects you with the resources you need for education, research, and patient care.

Tutoring services for all UT students is available through the Learning Enhancement Center in Carlson Library, including writing.

The Writing Center provides free, face-to-face and online tutoring for writers in all disciplines. The staff can help you with a variety of writing assignments.

The Counseling Center can help you with transitioning to college and maintaining a healthy lifestyle. If you or a friend ever feel overwhelmed adjusting to college or in need of crisis intervention or mental health services, please contact the Counseling Center.

A Success Coach has been assigned to all new students to help navigate the college experience by serving as a single point of contact. Your Success Coach can help you build skills, refer you to support services, and aid in your overall success so be sure to stay connected to him or her throughout your academic journey. If you need assistance connecting with your success coach, send an email to successcoach@utoledo.edu.

COURSE SCHEDULE

Date	Chapter	Topic
1/16		Course Overview; Psychology & Scientific Thinking
1/18	1	Psychology & Scientific Thinking/Research Methods
1/23	2	Research Methods/Biological Psychology <i>*Course pretest due Tuesday 1/23 @ 11:59 pm*</i>
1/25	3	Biological Psychology
1/30		Sensation & Perception
2/1	4	Sensation & Perception
2/6		<i>*Quiz 1 & Quiz 2 due 2/5 @ 11:59 pm*</i> Exam 1 (Available in computer lab 2/5-2/6)
2/8		Consciousness
2/13	5	Consciousness; Learning
2/15		Learning
2/20	6	Memory <i>Writing assignment # 1 due</i>
2/22		Memory; Thinking, Reasoning, & Language



2/27	7	Thinking, Reasoning, & Language <i>*Quiz 3 & Quiz 4 due 2/28 @ 11:59 pm*</i>
3/1	8	Exam 2 (Available in computer lab 2/28-3/1)
3/6		SPRING BREAK – No Class
3/8		SPRING BREAK – No Class
3/13	9	Intelligence & IQ Testing
3/15	10	Human Development <i>Writing assignment # 2 due</i>
3/20		Human Development; Emotion & Motivation
3/22	11	Emotion & Motivation
3/27	12	Stress, Coping, & Health
3/29		Stress, Coping, & Health
4/3		<i>*Quiz 5 & Quiz 6 due 4/2 @ 11:59 pm</i> Exam 3 (Available in computer lab 4/2-4/3)
4/5		Social Psychology
4/10		Social Psychology
4/12	13	Social Psychology; Personality
4/17		Personality <i>Writing assignment # 3 due</i>
4/19	14	Psychological Disorders
4/24	15	Psychological Disorders
4/26		Psychological Disorders; Catch up day <i>*Quiz 7 & Quiz 8 due 4/30 @ 11:59 pm**</i>
Psychology Research Credits due April 27 @ 5 pm		

Final Exam: Thursday, May 3rd from 12:30-2:30 pm (Available in computer lab 4/30 - 5/3)

The schedule and procedures in this course are subject to change at the instructor’s discretion.

The pace of the lectures varies from year to year so the exact day a particular topic is discussed may slightly differ from this schedule. However, the topic order will not change. Due to the nature of this class each learning outcome discussed on the first page is addressed in each chapter of the textbook.