

Principles of Psychology PSY1010:002

Term: Spring 2021

Meeting Times: Monday and Wednesday -2:30-3:50PM **All meetings will be held online in synchronous format**

Credit Hours: 3

Instructors' Contact Information

Instructor: Alyssa Mason

Email: alyssa.chapman@rockets.utoledo.edu

Office: University Hall 5010C

Office Hours: Monday & Wednesday 11:00AM – 1:00 PM, or by appointment

Instructor: Quincy C. Miller

Email: quincy.miller@rockets.utoledo.edu

Office: University Hall 1900H

Office Hours: Tuesday 1-3PM; Thursday 9-11AM, or by appointment

Teaching Assistants

Alyssa Davis (Alyssa.Davis4@rockets.utoledo.edu) Jessica Saki (Jessica.Saki@rockets.utoledo.edu)

Office Hours

All office hours and meetings are expected to be held online unless changes are announced at a later date.

Course Description

This is a General Education Social Science Core course. This course will provide an overview of psychology, psychological research basics, biological bases of behavior, perception, learning, cognition, emotion, motivation, development, psychological disorders, and an introduction to social psychology. The Learning Objectives are based on the UT Core and American Psychological Association Undergraduate Learning Goals and Outcomes.

Required Textbook

The required textbook for this course is: *Lilienfeld et al.* (2017).

Psychology: From Inquiry to Understanding, 4th edition, Pearson.

Earlier editions are acceptable

How to purchase:

The bookstore is selling an access code to the eText option only (Revel). You can also purchase access directly from Pearson

(https://console.pearson.com/enrollment/mi5rze). If you would like a

hard copy of the book instead, we suggest purchasing or renting it from an online retailer (e.g., Amazon). Although the newest version of the book may not be necessary, some form of this text is required for study purposes.

Course Goals

By the end of the semester, you should:

- Possess a <u>knowledge base in psychology</u>, including key concepts, principles, and themes across psychological domains (e.g., biological bases, cognition, individual differences, and development)
- Understand <u>scientific inquiry and critical thinking</u>, including scientific thinking and the strengths and limitations of research designs, methods, and results
- Reflect on <u>ethical and social responsibility in a diverse world</u>, including the importance of individual differences and diversity, interpersonal relationships, and ethical principles of behavior
- Reflect on **communication**, including conveying information and interacting with others
- Be aware of <u>personal and professional development</u>, including how this course may inform the understanding of yourself, others, and future personal and professional goals

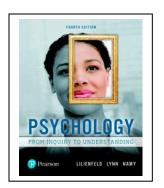
[Adapted from Assessment of Outcomes of the Introductory Course in Psychology, APA, 2017]

Learning Outcomes

Based on these course goals, the desired learning outcomes include:

- Describe key concepts, principles, and overarching themes in psychology
- Develop a working knowledge of psychology's content domains
- Use scientific reasoning to interpret psychological phenomena
- Interpret basic psychological research
- Incorporate sociocultural factors in scientific inquiry
- Apply ethical standards to evaluate psychological science and practice
- Adopt values that build interpersonal relationships and community at local, national, and global levels
- Interact effectively with others
- Apply psychological content and skills to personal goals
- Apply psychological content and skills to career goals

[Adapted from Assessment of Outcomes of the Introductory Course in Psychology, APA, 2017]



Grading & Assignments

Exams:

Exams will be administered online via Blackboard and should be taken from home. Because it is impossible to make online exams closed-book, you will be allowed to use your notes, PowerPoints, book, and internet. That said, you are not allowed to work with other students. This would not be effective anyways, as the questions for exams are drawn and randomized from a larger test bank (they will be presented in a different order for each student).

There will be four exams throughout the semester. Each exam will be composed of 50 multiple-choice questions and each question will be worth 2 points (you can earn up to 100 points). You will have two hours to complete each exam. You can access the exams in blackboard under the heading "Exams." Exams will cover the material from class lectures and the course textbook. Keep in mind that some questions will require you to apply learned information to real world situations, consistent with the learning outcomes of the course.

You will always have one week (Monday at 8:00AM –Friday at 11:59PM) to complete the exams. No make-up exams will be administered unless the student contacts the instructor(s) within 48 hours of the missed exam AND provides a medical certificate or other documentation to excuse the absence. If the student foresees that they will need to miss an exam, please provide a note to the instructor at least one week in advance. If the absence is justified, necessary arrangements will be made to retake the exam. If an exam is missed, and the student failed to contact the instructor within the allocated time (i.e., 48 hours) and/or the absence is not justified, the student will be given a 0.

Discussion Boards:

In this class you will be expected to participate in two discussion boards per week. Each discussion board is worth 10 points. You can access the discussion boards in blackboard under the heading "Discussion Board." To earn full points your posts must address the prompt of the discussion board in its entirety.

These posts are time sensitive and each topic will have its own due date outlined in the course schedule (located later in this syllabus). Only students who provide valid/justified absence documentation (e.g., medical issues, religious holidays, UT sports teams) within 48 hours of the missed assignment will be eligible to make-up these activities.

Assignment	Total	Points per	Total Points
Assignment	Assigned	Assignment	Possible
Exams	4	100	400
Discussion Boards	22	10	220
Research Participation	5 Credits		
Total			620

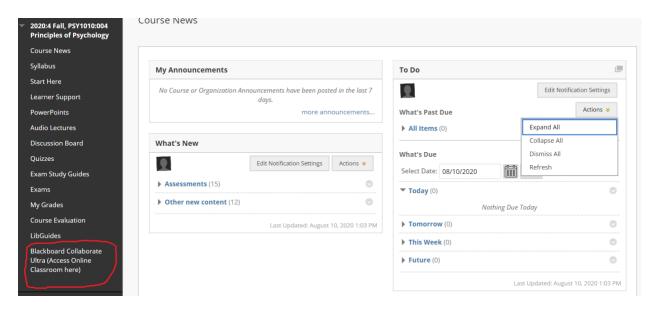
Letter Grades:

A	> 93%	> 574 points	C	73-76%	450-473
A-	90-92%	555-573	C-	70-72%	431-449
B+	87-89%	537-554	D+	67-69%	413-430
В	83-86%	512-536	D	63-66%	388-412
B-	80-82%	493-511	D-	60-62%	369-387
C+	77-79%	474-492	F	< 60%	< 368 points

Attendance and Participation

While you are expected to attend class regularly and to participate in the discussion boards (for points) you will not receive points for simply attending. Instead, the discussion boards are intended to serve as this feature. <u>However, the discussion board prompts will be discussed</u> during class meetings as incentive to attend class meetings.

Despite the fact that you are not going to receive points for attending lectures we nonetheless strongly encourage and expect you to attend class. Indeed, there are many different ways to succeed in a university course but these usually start with attending class regularly. Class meetings will be held via Blackboard Collaborate during our regularly-scheduled class time. To log in to our class meetings, go to the "Blackboard Collaborate ultra" tab in our course site (see image below).



Participation in Psychology Department Research

Participation in psychology department research is a requirement, but all research credits can be earned by participating in online studies.

You are required to participate in <u>research in the psychology department</u>. You must earn up to at least 5 RESEARCH CREDIT HOURS to receive a grade for this course. Research participation credit will NOT be factored into your final grade for the course, however you will receive an INCOMPLETE (I) in the course if you do not earn the 5 credits by the end of the semester. To fulfill this course requirement, you may either write 5 research papers, or

participate in 5 credit hours of research studies, or do some combination of the two options. <u>All five of these credit hours may be completed via online research experiments</u>. If you cannot participate due to scheduling issues or would prefer not to participate, you can fulfill this requirement by writing reports on scientific articles. If you are under the age of 18 years, you will need to have a parent or guardian complete a permission slip that will allow you to participate in departmental research studies. You can find this permission slip on the Blackboard course site. **You MUST fulfill this requirement, or you will receive an INCOMPLETE grade for the class**. I repeat: if you do not participate in research or complete the reports you will NOT receive a grade for the course. You must have fulfilled the research requirement by 5pm on the last day of classes: Thursday April 29. Please see the link on Blackboard for additional information.

<u>Writing Research Reports</u>: Each report (worth 1 unit of research credit) will be based on a scientific article in a psychology journal.

You are to summarize and critically evaluate the article by:

- ✓ Identifying the purpose of the study (why did the authors conduct this study?)
- ✓ Stating the hypotheses in the study
- ✓ What type of sample was used?
- ✓ Summarizing in sufficient detail the method used (procedure, materials, and participants)
- ✓ Reporting the results from the study and the general conclusions
- ✓ What is your reaction to this research?

There are specific articles that all students must use when writing reports. To view the article options and to submit your reports, go to the following URL web link: https://utpsych.az1.qualtrics.com/jfe/form/SV_aYmmYtMMQIX0mdD

This link will be used to submit ALL reports. That is, if you are submitting multiple reports, you will use this same link to review/summarize different articles. Please make sure to complete <u>all</u> questions in the survey form to receive credit. If you have questions, email the Research Coordinator at: psychresearch@utoledo.edu.

Technology Requirements

All exams and discussion boards will be administered using our Blackboard course website (https://blackboard.utdl.edu). Course announcements and student grades will be posted to this site as well.

If you encounter technical difficulties with Blackboard, contact the <u>UT Online Help Desk</u> at (419) 530-8835 or <u>utdl@utoledo.edu</u>. The Help Desk offers extended hours in the evenings and on weekends to assist students with technical problems. When calling after hours, leave a detailed message, including your Rocket Number and phone number, and an Online Learning staff member will respond on the next business day.

Technical questions related to on-campus Internet access, virtual labs, hardware, software, personal website hosting, and UTAD account management can be directed to UT's <u>IT Help Desk</u> at (419) 530-2400 or <u>ithelpdesk@utoledo.edu</u>.

Always have a backup internet access identified in case of emergencies. Loss of internet will not be an acceptable excuse for missed deadlines unless the outage is widespread.

Communication with the Instructors

The best method of contact is via email. Emails sent to the instructors will be replied usually within 48 business hours (not including weekends and holidays). All office hours will now be held online. We may be reached through Blackboard Collaborate.

During our office hours (listed on the first page of the syllabus) we will be available to meet electronically via Blackboard Collaborate. If you wish to schedule a meeting, please contact us at least 24 hours in advance and let us know <u>specifically</u> what you would like to discuss during our meeting.

Please note: If you cannot meet with us during scheduled office hours, we will make alternate arrangements as times permit. Our webcams will be **on**. For ease in conversation we suggest you set your webcams on as well.

Classroom Etiquette and Netiquette

Electronics

Cell phones, laptops and other electronics should be used for note taking and participating in class only. Cell phones should be put away during class meetings. If you are not asking a question or making a comment, please have your microphone on mute. It is important not to disrupt other students' learning environment.

Respect

Respect is a must in this course. Please respect your fellow classmates, their questions, their responses, their views, and personal attitudes. Some course materials are presented to get you thinking about how you would respond, react, and/or your attitudes about various sensitive subjects/situations. We expect you all to participate during class.

Student Resources

Academic Honesty

Cheating will not be tolerated. The first instance of cheating will result in a zero (0) for the assignment or exam and a note in your college file. A second instance will result in an F grade for the course and a note in your college file. A low grade that results from cheating will not be deleted if you retake the course for a higher grade. Cheating includes (but is not limited to) *use of non-permitted resources* for exams or assignments such as friends, internet, etc. or using a cell phone during an exam for any reason. Plagiarism (use of another person's words without citing a reference to assign credit to them) is also cheating. See the university's policy on academic honesty.

Academic Accommodations for Students with Disabilities

Please read <u>The University's Policy Statement on Nondiscrimination on the Basis of Disability</u> Americans with Disability Act Compliance.

The University of Toledo is committed to providing equal opportunity and access to educational experiences through the provision of reasonable accommodations. For students who have an accommodations memo from Student Disability Services, correspond with me as soon as possible to discuss your disability-related accommodation needs for this course. For students not registered with Student Disability Services who would like information regarding eligibility for academic accommodations due to barriers associated with a potential disability, please contact the Student Disability Services Office.

Resources Related to Sexual or Gender-based Violence and Harassment

The University of Toledo cares greatly about the health and well-being of our students, staff, and faculty, and takes all sexual or gender-based violence and harassment very seriously. If you have experienced sexual assault, sexual harassment, intimate partner violence, and/or stalking and want a confidential place to obtain support and information, please contact the Center for Student Advocacy and Wellness on the main campus in Health and Human Services Room 3017. You can call 419.530.2497 during regular business hours and 419.530.3431 for 24-hour assistance from a trained advocate. In-person, walk-in appointments are also available Monday-Thursday from 8:30AM to 5PM. The Center for Student Advocacy and Wellness provides free and confidential advocacy and counseling services to students, faculty and staff. The YWCA H.O.P.E. Center also can be accessed as an off-campus confidential resource at 419.241.7273. Faculty, teaching assistants, and other university employees are mandated reporters of any incidents of sexual or gender-based violence or harassment. Thus, any disclosures of sexual or gender-based violence or harassment on or off campus made to faculty or teaching assistants, or other university employees must be forwarded to the Title IX Coordinator. The Title IX Office will then contact you regarding your rights, your option to participate in the investigation, interim safety measures and/or academic accommodations, and the need to proceed with an investigation (even if none is requested). Your participation in the process is voluntary. You may call 419.530.3152 to file a complaint or visit the following website for more information and resources: http://www.utoledo.edu/title-ix/. Policies relating to Title IX can be found at: http://www.utoledo.edu/title-ix/policies.html.

eTutoring Services

The Ohio eTutoring Collaborative, in partnership with The University of Toledo, now provides online tutoring support for all UT students. eTutoring Services are offered in a wide array of subjects including Writing, Math, Calculus, Statistics, Accounting, Biology, Chemistry, and Anatomy and Physiology.

Learn more at **Etutoring**

eLibrary Services Portal

The eLibrary is a customized gateway to UT Libraries for online students. It was designed to help you locate the best online library resources without leaving Blackboard. Learn more at: Elibrary

Counseling Center

Completing a course in psychology may result in more awareness of mental health issues. The Counseling Center is the university's primary facility for personal counseling, psychotherapy, and psychological outreach and consultation services. The Counseling Center staff provide counseling (individual and group), mental health and wellness programming, and crisis

intervention services to help students cope with the demands of college and to facilitate the development of life adjustment strategies.

The Writing Center

Although your success in this course does not depend on your writing abilities, you may still benefit from additional academic writing support. The Writing Center provides face-to-face tutoring for writers in all disciplines working various types of writing projects.

Course Schedule

Date	Reading	Topic	Assignment	Due	
1/20		Introduction to Course			
1/25	CH 1	Psychology and Scientific Thinking	Discussion Board 1	1/26 @ 11:59PM	
1/27	CH 2	Research Methods	Discussion Board 2	1/28 @ 11:59PM	
2/1	(Continued) CH	Research Methods	Discussion Board 3	2/2 @ 11:59PM	
2/3	СН 3	Biological Psychology	Discussion Board 4	2/4 @ 11:59PM	
2/8	(Continued) CH	Biological Psychology	Discussion Board 5	2/9 @ 11:59PM	
2/10	CH 4	Sensation and Perception	Discussion Board 6	2/11 @ 11:59PM	
2/15	(Continued) CH	Sensation and Perception	Discussion Board 7	2/16 @ 11:59PM	
2/17		Review for Exam 1			
EXAM 1 (Chapters 1, 2, 3, 4) DUE 2/19 @ 11:59PM					
2/22	CH 5	Consciousness	Discussion Board 8	2/23 @ 11:59PM	
2/24	CH 6	Learning	Discussion Board 9	2/25 @ 11:59PM	
3/1	CH 9	Intelligence and IQ Testing	Discussion Board 10	3/2 @ 11:59PM	
3/3	CH 14	Personality	Discussion Board 11	3/4 @ 11:59PM	
3/8	(Continued) CH	Personality	Discussion Board 12	3/9 @ 11:59PM	
3/10		No Class			
	EXAM 2 (Chapters 5, 6, 9, 14) DUE 3/12 @ 11:59PM				
3/15	CH 7	Memory	Discussion Board 13	3/16 @ 11:59PM	
3/17	(Continued) CH	Memory	Discussion Board 14	3/18 @ 11:59PM	
3/22	СН 8	Thinking, Reasoning, & Language	Discussion Board 15	3/23 @ 11:59 PM	

3/24	CH 10	Human Development	Discussion Board 16	3/25 @ 11:59PM
3/29		No Class		
3/31	CH 11	Emotion & Motivation	Discussion Board 17	4/1 @ 11:59PM
4/5	CH 12	Stress, Coping, & Health	Discussion Board 18	4/6 @ 11:59PM
4/7		Review for Exam 3		
EXAM 3 (Chapters 7, 8, 10, 11, 12) DUE 4/9 11:59PM				
4/12	CH 13	Social Psychology	Discussion Board 19	4/13 @ 11:59PM
4/14	(Continued) CH	Social Psychology	Discussion Board 20	4/15 @ 11:59PM
4/19	CH 15	Psychological Disorders	Discussion Board 21	4/20 @ 11:59PM
4/21	СН 16	Psychological and Biological Treatments	Discussion Board 22	4/22 @ 11:59PM
4/26		Review for Exam 4		
4/28		Optional Review for Exam 4		
5/3-7	EXAM 4 (Chapters 13, 15, 16) DUE 5/7 @ 11:59PM			

^{*}These descriptions and timelines are subject to change at the discretion of the instructor. Changes will be announced in class. You are responsible for all class announcements.