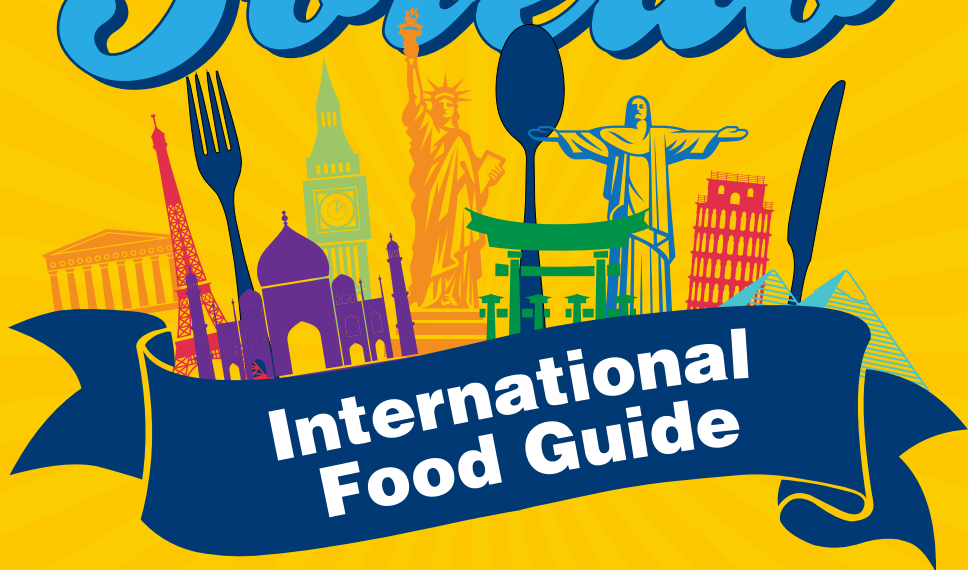


Toledo



International Food Guide

FIFTH EDITION



**CENTER FOR INTERNATIONAL
STUDIES AND PROGRAMS**

THE UNIVERSITY OF TOLEDO

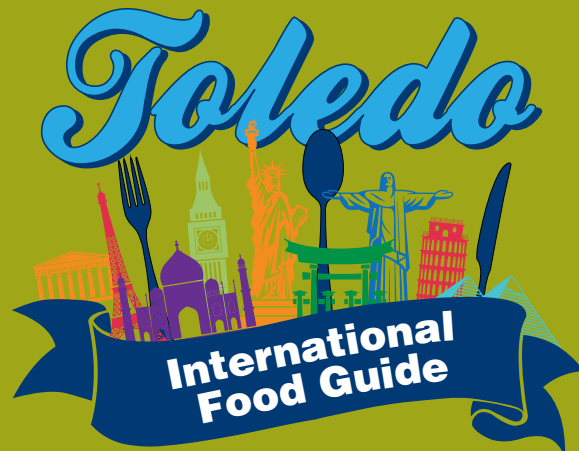
Eat. Drink. Enjoy.

We are pleased to launch the fifth edition of the “Toledo International Food Guide.” We continue to receive praise on how this food guide has introduced people to new restaurants and led them to explore different cuisine. Food is one way we can experience the richness of a culture and diversity of our city.
















In the fifth edition, we have included a list of approximately 230 restaurants for you to explore. No matter which country or city you are coming from, we want you to feel at home in Toledo and at The University of Toledo. I invite you to taste the culinary diversity of the great city of Toledo and to “Explore Your World”.








Sammy Spann, Ph.D.
Assistant Provost
Center for International
Studies and Programs



Contents

Asian Fusion/Pan-Asian.....	3
 Chinese	4-5
 French	7
 German	7
 Greek.....	8
 Hungarian	9
 Indian.....	9
 Italian.....	10-11
 Jamaican	11
 Japanese	12-13
 Korean.....	13
Lebanese/Middle Eastern/Mediterranean	14-15
 Mexican	16-17
 Polish.....	18
 Russian	18
 Thai.....	19
 Vietnamese	20

FOOD GUIDE KEY LISTING

-  = Locally-owned groceries/ markets/butchers
-  = Locally-owned bakeries/ coffee shops
-  = Establishment delivers
-  = Walking distance from main campus (less than 2 miles)
- \$ = Average meal is \$5-10
- \$\$ = Average meal is \$10-15
- \$\$\$ = Average meal is \$15-20
-  = UT Discount
- H = Halal Meal Option
- K = Kosher Meal Option
- V = Vegan Meal Option

ASIAN FUSION/PAN-ASIAN

Fusion cuisine is cuisine that combines elements of different culinary traditions. Cuisines of this type are not categorized according to any one particular cuisine style and have played a part in innovations of many contemporary restaurant cuisines since the 1970s.

Asian Grocery (\$, 🛒, 🍴, H, V)

1801 N. McCord Rd.
419.866.2102

3015 N Holland Sylvania Rd.
419.531.1818

Balance Pan-Asian Grille (\$)

514 The Blvd., Maumee
419.893.9999

601 Adams St., Holland
419.241.6965

5860 W. Central Ave.
419.578.7777

5145 Monroe St.
419.843.2888

Blue Pacific Grill (\$\$, 🍴)

4150 Levis Commons Blvd.,
Perrysburg
419.873.9466

Spicy Tuna Sushi Bar and Grill (\$\$)

7130 Airport Hwy., Holland
419.720.9333

BubbleTea (\$)

1440 Secor Rd.
419.855.2726

Tea Tree Asian Bistro (\$\$)

4100 Chappel Dr., Perrysburg
419.874.8828

Kim's Oriental Market Ltd (\$)

2527 W. Laskey Rd.
419.475.9742

Tee Oriental Market (\$, 🛒)

1101 N. McCord Rd., Holland
419.866.6484

Lai Lai Asian Market (🛒)

3205 W. Central Ave.
419.725.3563

Magic Wok (\$, 🍴)

UT Student Union Food Court
419.351.1736

2040 W. Laskey Rd.
419.472.4453

720 Conant St., Maumee
419.893.3707

6829 Airport Hwy., Holland
419.867.0660

5905 W. Central Ave.
419.537.1662



CHINESE

Chinese cuisine is any of several styles originating from regions of China, some of which have become increasingly popular in other parts of the world. Major traditions include Anhui, Cantonese, Fujian, Hunan, Jiangsu, Shandong, Szechuan, and Zhejiang cuisines. The four main criteria for good Chinese food are: color, aroma, taste and texture.

Flagship dishes include: Kung Pao chicken, Ma Po Tofu, Twice cooked pork, Peking Roasted Duck, Dumplings, Chow Mein.

Amerasia Chinese Restaurant (\$\$, V)

311 Superior St., Rossford
419.662.8566

Bai Du Restaurant (\$\$, V)

580 Craig Dr., Perrysburg
419.874.7077

B.M. Chen Restaurant (\$\$, V)

1227 S. Reynolds Rd.
419.214.0018

China One (\$, 🚗, V)

5834 Monroe St., Sylvania
419.882.2700

China One Buffet (\$, V)

3040 Navarre Ave., Oregon
419.690.8000

China Chef (\$, V)

2528 Perrysburg Holland Rd.,
Maumee
419.867.8011

China House (\$\$, 🚗, V)

2112 N. Holland Sylvania Rd.
419.531.5832

China House (\$, V)

255 Golden Gate Plz, Maumee
419.897.9966

China House (\$, 🚗, 🍴, 🍴, V)

1122 N. Byrne Rd.
419.536.8833

China King (\$, 🚗, V)

4747 Suder Ave.
419.729.8788



China King (\$, 🚗, V)

5801 Telegraph Rd.
419.478.8180

China Palace (\$, 🚗, V)

3342 Glendale Ave.
419.382.8818

Chinatown Chinese Restaurant (\$, V)

1750 W. Laskey Rd.
419.292.0881

Chinese Favorites (\$, 🚗, V)

4939 Dorr St.
419.578.9988

Chuan Cai Fang (\$, V)

3527 Dorr St.
419.539.9329

Dragon Phoenix Restaurant (\$, V)

4204 W. Alexis Rd.
419.473.3113

Empire Chinese Restaurant (\$\$,V)

2502 Navarre Ave., Oregon
419.693.2277

Flower Drum Restaurant (\$\$,V)

49 S. Byrne Rd.
419.536.2327

Fortune Inn (\$\$,V)

6725 W. Central Ave.
419.841.5560

Golden City (\$\$,V)

5051 N. Summit St.
419.726.8221

Golden Dragon Chinese (\$,V)

5624 Secor Rd.
419.473.1023

Golden Phoenix (\$,V)

5201 Monroe St.
419.882.5202

Golden Koi (\$,V)

3550 Executive Parkway
419.539.9028

Golden Lily Chinese Restaurant (\$\$,V)

2223 S. Reynolds Rd.
419.385.3883

Happy Rose Buffet (\$\$,V)

5335 Airport Hwy.
419.385.8989



Hong Kong Buffet (\$\$)

3015 Glendale Ave.
419.389.1888

Hot Pot and Asian Grill (\$\$,V)

4038 Talmadge Rd.
419.214.0600

Hot Sizzling Wok (\$\$,V)

2333 W. Laskey Rd.
419.475.0065

Ipoh Restaurant (\$,  )

3527 Dorr St.
419.539.9329

Jing Chuan Inc. (\$\$,V)

4424 Secor Rd.
419.472.9612

King Chef (\$,V)

6746 Sylvania Ave., Sylvania
419.882.9208

King Garden (\$)

2839 Monroe St.
419.255.1260

Lai Lai Asian Market (\$,V)

3205 Central Ave
419.725.3563

May Flower Restaurant (\$)

1400 W. Sylvania Ave.
419.478.2121

New Empire Restaurant (\$\$,  , V)

6540 Centers Drive, Holland
419.868.6565

Ocean Garden Buffet (\$,V)

821 W. Alexis Rd.
419.269.9288

Panda Chinese Restaurant (\$,V)

1531 W. Sylvania Ave.
419.478.3388

P.F. Chang's (\$\$)

The Shops at Fallen Timbers
2300 Village Dr. West Bldg. #140
419.878.8490

Ping On Restaurant (\$,V)

525 E. Manhattan Blvd.
419.729.1288

QQ Kitchen (\$,V)

3324 Secor Rd.
419.720.8703

QQ Restaurant (\$\$,V)

3010 Glendale Ave.
419.851.0077

R&B Bubble Tea KTV (\$)

3402 Dorr St.
419.724.6666

Rice King (\$,  , V)

4400 Heatherdowns Blvd.
419.381.8028

T & Z China King (\$,  )

4747 Suder Ave
419.729.8788

Taiwan Cuisine (\$,V)

4939 Dorr St.
419.578.9988

Three Happiness Chinese Food Delivery and Dine In (\$)

845 S. McCord Rd., Holland
419.867.2100

Wei Wei Seafood Restaurant (\$\$,V)

1202 N. Reynolds Rd.
419.531.1117

YaYa Kitchen (\$,V)

25950 N. Dixie Hwy., Perrysburg
419.872.1900

Yang's Gourmet House (\$)

4446 Heatherdowns Blvd.
419.381.0385

Yum Yum Chinese Restaurant (V,  )

7414 W. Central Ave.
419.517.1338

Yum Yummy (\$,V)

10667 Fremont Pike, Perrysburg
419.872.5888

FRENCH

French cuisine is popular for its delicious, diversified and world-wide known cuisine. Traditional French foods range from delectable cheeses and desserts to hearty soups, stews and fresh fish.

Flagship dishes: Bouillabaisse, Coq au Vin, Escargot, Moules, Tartiflette, Baguette.

Element 112 (\$\$\$,V)

5735 Main St., Sylvania
419.527.1104

J Patrick's Pub and Restaurant (\$\$)

10630 Fremont Pike, Perrysburg
419.874.3111

So Sweet Lebanese and French Pastries (\$,H)

4038 Talmadge Rd.
419.474.5445

GERMAN

Generally, with the exception of mustard for sausages, German dishes are rarely hot and spicy; the most popular herbs are traditionally parsley, thyme, laurel, chives, black pepper (used in small amounts), juniper berries and caraway.

Flagship dishes: Sauerbraten, Wiener Schnitzel, Schweinshaxe, Labskaus.

Black Forest Café (\$\$)

3624 Seaman Rd., Oregon
419.593.0092

Kilgus Choice Meats (\$, 🛒)

3346 W. Laskey Rd.
419.472.9721



GREEK

Contemporary Greek cookery makes wide use of olive oil, vegetables and herbs, grains and bread, wine, fish, and various meats, including lamb, poultry, rabbit and pork. Olives, cheese, eggplant, zucchini, and yogurt are important as well.

Flagship dishes: Spanakopita, Baklava, Moussaka, Souvlaki, Sardeles Pastes.

Charlie's Restaurant (\$,V)

5228 Monroe St. Ste. 1
419.885.3402

Gyro & Kabob Express (\$, 🍴, H)

7130 Airport Hwy., Holland
419.868.6644

Gyro Town (\$,H)

6732 Sylvania Ave., Sylvania
419.517.5330

Manos Greek Restaurant (\$, 🍴 - downtown only)

1701 Adams St.
419.244.4479 (D-downtown only)

Mr Gyro's (\$,H)

3835 Airport Hwy.
419.380.9999

Nick's Family Cafe (\$,V)

2516 S Reynolds Rd.
419.866.1793

Georgio's Café International (\$\$,V, 🚗)

426 N. Superior St.
419.242.2424

Poco Piatti (\$\$,H,K,V)

5333 Monroe St.
419.885.0101

Rockets Café (\$,H,V)

2023 N. Reynolds Rd.
419.531.3192

Wingyro's (\$,V)

560 E Broadway St.
419.724.5605



HUNGARIAN

Traditional Hungarian dishes are primarily based on meats, seasonal vegetables, fruits, fresh bread, cheeses and honey. Hungarians are especially passionate about their soups, desserts and pastries and stuffed pancakes.

Famous Hungarian dishes would be Paprikás served with Nokedli, Gulyás, Palacsinta, Dobos Cake.

Packo's at the Park (\$, 🍴)

7 S. Superior St.
419.246.1111

Takacs Grocery and Meats (\$, 🛒)

1956 Genessee St.
419.693.9233

Tony Packo's Café (\$, 🍴)

1902 Front St.
419.691.6054

Tony Packo's Café (\$, 🍴)

5827 Monroe St., Sylvania
419.885.4500



INDIAN

India is famous for its extensive variety of vegetarian and non-vegetarian cuisines. The Indian foods are better known for their spices. They are influenced by various civilizations and reflect a unique blend of various cultures.

Flagship dishes: Tandoori Chicken, Chicken Tikka Masala, Rogan Josh, Palak Paneer, Samosa.

Deepam India (\$\$, 🛒, 🍴, H, V)
7406 W. Central Ave.
419.843.1552

Reddy Food N' Spices (\$, 🛒, V)
6725 W. Central Ave.
419.843.9455

The Indian Jewel of Toledo (\$\$, H, V)
6711 Airport Hwy. Holland,
419.865.9500

Star of India (\$\$, 🍴, H, V)
415 S. Reynolds Rd.
419.720.6452

Tandoor Cuisine of India (\$\$, V)
2247 S. Reynolds Rd.
419.385.7467

ITALIAN

Italian food has established a place that is unparalleled in terms of popularity over the years. It is well known for its unique names and extravagant exotic appearance with an equally complimenting delicious taste. The fact that Italian food is extremely healthy due to the use of fresh ingredients has further raised its value.

Flagship dishes: Pizza, Lasagna, Pasta primavera, Spaghetti, Tiramisu.

Amie's Pizza Factory (\$\$)
6710 W Central Ave
419.842.8008

Avenue Bistro (\$\$, V)
6710 W Central Ave
419.841.5944

BRAVO! Cucina Italiana (\$\$, V)
5001 Monroe St.
419.472.1200

Byblos Fine Lebanese and Italian Dining (\$\$, H, K)
1050 S. Reynolds Rd.
419.382.1600

Calvino's (\$\$, V)
3143 W. Central Ave.
419.531.5100

Capers Pizza Bar (\$, V)
2038 S. Byrne Rd.
419.389.9900

Carrabba's Italian Grill (\$\$, V)
3405 Briarfield Blvd., Maumee
419.861.2200

Ciao! Ristorante (\$\$, V)
6064 Monroe St., Sylvania
419.882.6014

Guy's Pizza & Dinners (\$)
2001 Starr Ave.
419.720.1990

Gino's Italian Delites (\$)
1829 Eastgate Rd.
419.389.1500

Gino's Pizza & Spaghetti House (\$\$)
3981 Monroe St.
419.472.3567

Inky's Italian Food (\$\$)
3945 N. Detroit Ave.
419.476.0500

Jo-Jo's Original Pizzeria (\$)
4336 Monroe St.
419.473.1223

LaScola Restaurant (\$\$)
5375 Airport Hwy.
419.381.2100

M' Osteria and Bar (\$\$, V)
609 Monroe St
419.214.4222

Mancy's Italian Grill (\$\$\$)
5453 Monroe St.
419.882.9229

Olive Garden (\$\$, V)
5120 Monroe St.
419.885.3878

1919 S. Reynolds Rd.
419.389.1982

Piada Italian Street Food (\$, 🍴)
3330 W Central Ave.
419.214.0727

Pizza Papalis of Toledo (\$\$, 🍴)
519 Monroe St.
419.244.7722

Rosie's Fine Foods (\$\$)
606 N. McCord Rd.
419.866.5007

The Oasis Restaurant and Delivery (\$\$)
3303 Dorr St.
419.534.2470

Spaghetti Warehouse (\$\$)
42 S. Superior
419.255.5038

Sebastiano's Italiano Restaurant (\$\$, V)
4448 Heatherdowns Blvd.
419.382.0615

Sofo Foods (\$, 🛒)
5400 Monroe St.
419.882.8555

Vito's Pizza And Subs (\$)
524 Main St
419.693.3333

Zia's Restaurant (\$\$\$)
20 Main St.
419.697.4559



JAMAICAN

Popular Jamaican dishes include curry goat, fried dumplings, ackee and salt fish (which is the national dish of Jamaica), fried plantain, “Jerk”, steamed cabbage and “rice and peas” (pigeon peas or kidney beans). Jamaican patties and various pastries and breads are also popular as well as fruit beverages and Jamaican rum.

Flagship dishes: Akee and Salt Fish, Jerk.

Dexter’s Jamaican Restaurant/ Caribbean Breeze Restaurant and Lounge (\$\$, 🚗)

1830 W. Bancroft St.
419.472.2512

Jamaican Spice (\$,H,V)

1223 N. Byrne Rd.
419.724.2733



JAPANESE

Japanese cuisine is known for its emphasis on seasonality of food, quality of ingredients and presentation. The traditional food of Japan is based on rice with miso soup and other dishes, each in its own utensil, with an emphasis on seasonal ingredients. Fish is common in the traditional cuisine. It is often grilled, but may be served raw as sashimi or in sushi as well. Japanese cuisine, particularly sushi, has now become popular throughout the world.

Flagship dishes: Agedashidofu, Kaiseki Ryori, Sushi, Sashimi, Soba and Udon.

Domo Sushi (\$\$,V)

6725 W. Central Ave.
419.214.0999

Fusian (\$\$,V)

3504 Secor Rd
419.720.9500

Kengo Sushi & Yakitori (\$\$\$,V)

38 S St Clair St.
419.214.0574

Kotobuki Japanese Restaurant (\$\$)

5577 Monroe St., Sylvania
419.882.8711

Kyoto Ka (\$\$,V)

6801 W. Central Ave.
419.841.2070

Kyoto Ka Downtown (\$\$,V)

300 Madison Ave.
419.321.4000

Nagoya Japanese Steakhouse and Sushi (\$\$,V)

6190 Levis Commons Blvd.,
Perrysburg
419.931.8400

Nori Japan (\$\$)

5001 Monroe St.
419.474.8159

Osaka Sushi and Hibachi (\$\$,V)

3150 Navarre Ave., Oregon
419.697.2669

Rice Blvd (\$,V)

1440 Secor Rd., Ste. N
419.725.2735

Sakura Express (\$)

1385 Conant St.,
Maumee
419.887.1156

Sakura Japanese Steakhouse (\$\$)

5294 Monroe St.
419.843.1300

Sori Sushi (\$\$,V)

5236 Monroe St.
419.720.7674

Spicy Tuna Sushi Bar and Grill (\$\$,V)

7130 Airport Hwy., Holland
419.720.9333

Taruman Sushi (\$\$)

7430 W. Central Ave.
419.842.1013

Yoko Japanese Restaurant (\$\$)

465 W. Dussel Drive, Maumee
419.893.2290



KOREAN

Korean cuisine is largely based upon rice, vegetables, and meats. Traditional Korean meals are noted for the number of side dishes that accompany steam-cooked short-grain rice. Commonly used ingredients include sesame oil, doenjang (fermented bean paste), soy sauce, salt, garlic, ginger, pepper flakes and gochujang (fermented red chili paste).

Flagship dishes: Ddukbokkie, Bulgogi, Bibimbap, Kimchi.

Koreana (\$\$,V)

1423 Bernath Pkwy.
419.867.8080

Lee’s Market and Restaurant (\$\$, 🛒, V)

2527 W. Laskey Rd.
419.475.9742



LEBANESE/MIDDLE EASTERN/ MEDITERRANEAN

Mediterranean cuisine usually consists primarily of fruits and vegetables with an emphasis on poultry and seafood, grains, beans and pastas. Olive oil the most prevalent fat or oil used in the preparation of salads, marinades, vegetables, poultry, and seafood. Yogurt and cheese are also major components of Mediterranean cooking.

Flagship dishes: Hummus, Kibbeh, Schwarma, Baba Ghanoush, Falafel, Grape Leaves, Baklava.



Al Habib Market (\$, 🍴, H, K, V)

2942 W. Sylvania Ave.
419.720.9546

Ali's Market (🍴, H, K, V)

3240 W. Sylvania Ave.
419.471.9460

Big Apple Deli (\$, V)

2118 Woodville Rd, Oregon
567.698.7808

Bier Stube (\$)

5333 Monroe St
419.841.7999

Beirut (\$\$, H, K, V)

4082 Monroe St.
419.473.0885

Bloudan Mediterranean Cuisine (\$\$, 🍴, H, K, V)

7430 W. Central Ave.
419.517.7545

Byblos (\$\$, H, V)

1050 S. Reynolds Rd.
419.382.1600

Damascene Grill (\$, 🍴, H, K, V)

5834 Monroe St, Sylvania
567.455.5252

Ferdo's Mediterranean Restaurant (\$\$, 🍴)

3065 W. Bancroft St.
419.535.9494

Fusion Pitas (\$, H, V)

4038 Talmadge Rd
419.725.7800

Gyro and Kabob Express (\$, D, V)

7130 Airport Hwy, Holland
419.868.6644

Gyro King and Wings (\$)

4052 Airport Hwy
419.214.0618

Grape Leaf Diner (\$\$, 🍴, H)

909 S. Mccord Rd. #6, Holland
419.868.9099

Grape Leaf Express (\$)

5236 Monroe St.
419.725.2046

Kabob It (\$, H)

5001 Monroe St.
419.720.7899

Le Pam Pam Pizza and Subs (\$, V)

901 Madison Ave
419.243.6117

Lazeez Mediterranean Cuisine (\$, H, K, V)

337 N. St. Clair St.
419.243.8485

Manos Greek Restaurant (\$\$, 🍴, V)

1701 Adams St
419.244.4479

Middle East Market (\$, 🍴)

5303 Dorr St.
419.531.3999

Mr. Gyro's (\$, H, K, V)

1488 W Sylvania Ave
419.725.0481

Mr. Gyro's & More (\$)

5318 Heatherdowns Blvd
567.742.7570

Muna Market (\$, 🍴, H, K, V)

5464 Monroe St.
419.214.0386

Pita Sub Express (\$, H, K, V)

5155 S Main St, Sylvania
419.882.1796

Phoenicia Cuisine (\$, 🍴, H, K, V)

UT Student Union Room 3022
419.530.2151

Poco Piatti (\$\$, H, V)

3155 Chappel Drive, Perrysburg
419.931.0281

The Oasis Restaurant and Delivery (\$, 🚗)

2531 S Reynolds Rd
567.225.3663

Rockets Café (\$)

2023 N Renolds Rd
419.531.3192

Rocket Lounge (\$, 🚗, H, V)

1471 Secor Rd.
(419) 535-6666

Rumors (\$\$)

5205 Monroe St.
419.841.4529

Sahara Restaurant (\$\$, K, V)

336 W Dussel Dr., Maumee
419.893.2303

4 Season Café (\$\$, H)

1208 N Reynolds Rd
419.724.4040

Sidon Lebanese Grille & Bakery (\$\$, H, K, V)

4625 W Bancroft St.
419.558.3900

Shawarmaholic (\$, H, V)

3344 Secor Rd.
419.725.9444

Tiger Mediterranean Bakery and Deli (\$, 🍴, 🍷)

4215 Monroe St.
419.473.8942

Toledo Market (\$, 🍴, 🍴, H, K)

3410 Dorr St.
419.539.426

Wrap-it Express (\$, V)

3100 Main St, Maumee
567.952.2130



Woodville Diner (\$,V)

1900 Woodville Rd, Oregon
 (419) 691-9999

Ya Halla (\$\$,H,V)

2124 W. Alexis Rd.
 419.471.1100

Yala Kol (\$\$,H,K,V)

3200 N. Holland-Sylvania Dr.,
 Sylvania
 419.841.2424

Ye Olde Durty Bird (\$\$,V)

2 S Saint Clair St
 419.243.2473

ZaZa Wood-Fired (\$\$,H,V)

3550 Executive Pkwy.
 419.531.2400

Zingo's Mediterranean (\$\$,V)

106 Louisiana Ave., Perrysburg
 419.872.5800

MEXICAN

Mexican cuisine is a style of food which is primarily a fusion of indigenous Mesoamerican cooking with European, especially Spanish, cooking developed after the Spanish conquest of the Aztec Empire. The basic staples remain the native corn, beans and chili peppers but the Europeans introduced a large number of other foods, the most important of which were meat from domesticated animals (beef, pork, chicken, goat and sheep), dairy products (especially cheese) and various herbs and spices.

Flagship dishes: Guacamole, Quesadillas, Frijoles, Tacos, Ceviche.

Amigo's (\$\$,V)

5327 Dorr St.
 419.531.5312

Arturo's Fritz and Alfredo's (\$)

3025 N. Summit St.
 419.729.9775

Carmel's Mexican Restaurant (\$\$)

2947 Tremainsville Rd.
 419.474.1414

Chipotle Mexican Grill (\$,V)

3305 W. Central Ave.
 419.536.4294

4109 Talmadge Rd.
 419.474.6365

Cince De Mayo (\$\$)

304 E. Alexis Rd.
 419.478.7530

**Cocina de Carlos (\$\$,V)**

27072 Carronade Dr., Perrysburg
 419.872.0200

Don Juan Mexican Bar and Grill (\$\$,V)

551 W Dussel Dr, Maumee
 419.887.0700

El Camino Real (\$\$)

2500 W. Sylvania Ave.
 419.472.0700

El Nuevo Vallarta (\$\$,V)

4709 Douglas Rd.
 419.474.5414

El Matador Restaurant (\$\$)

3309 N. Holland Sylvania Rd.
 419.841.4434

El Salto Authentic Mexican (\$\$)

219 Golden Gate Plaza, Maumee
 419.887.0211

El Tipico Restaurant (\$\$,V)

1444 South Ave.
 419.382.0661

El Vaquero (\$\$,V)

3302 Secor Rd.
 419.536.0471

El Vaquero (\$\$,V)

24 Main St.
 419.690.8330

High Level Diner (\$, 🍴)

222 S Summit St
 419.246.9705

La Chalupa Mexican Restaurante (\$\$)

6186 Summit St.
 419.726.0700

La Fiesta (\$\$)

1406 S Reynolds Rd., Maumee
 419.897.9222

La Mexicana (\$, 🍴)

764 Oak St.
 419.691.6613

Limones (\$\$,V)

5122 Heatherdowns Blvd
 567.318.5373

Los Amigos Family Restaurant (\$\$)

3236 Stickney Ave.
 419.729.0523

**Los Dos Gallos (\$\$)**

5327 Dorr St.
 419.531.5312

Magdalena's Bar and Grill (\$\$,V)

1955 W Alexis Rd
 419.720.2155

Mi Hacienda (\$\$, 🍴)

3302 Glanzman Rd.
 419.380.0411

Palacio Maya (\$\$,V)

5125 Monroe St.
 419.841.9250

San Marcos (\$)

2060 W Laskey Rd.
 419.851.0051

San Marcos (\$, 🍴, 🚗)

235 Broadway St.
 419.244.2373

San Marcos Tacos (\$)

3439 Hill Ave.
 419.537.8884

Taqueria La Michoacana (\$)

932 Emerald Ave
 419.244.8880

Taqueria La Autentica Michoacana (\$)

1218 Broadway St.
 419.244.6172

Ventura's (\$\$)

7742 W. Bancroft St.
 419.841.7523

POLISH

Polish national cuisine is rich in meat, especially pork, chicken and beef and winter vegetables, and spices. Polish cuisine is hearty and uses a lot of cream and eggs.

Flagship dishes: Bigos, Pierogi, Kielbasa, Golabki, Polish bread.

Stanley's Five-Star Market (\$\$, 🛒, V)

3302 Stickney Ave.
419.726.4347

Zavotski Custom Meat and Deli (\$, 🛒)

2600 W. Sylvania Ave.
419.720.5225



RUSSIAN

Russian cuisine derives its varied character from the vast and multi-cultural expanse of Russia. Soups have always played an important role in the Russian meal. The traditional staple of soups such as borscht, shchi, ukha, rassolnik, solyanka, botvinya, okroshka, and tyurya.

Flagship dishes: Piroggi, Beefstroganoff, Borscht, Salad Olivier.

Matryoshka Food and Deli (\$\$, 🛒)

4900 N. McCord Rd.,
Sylvania
419.885.8770



THAI

Thai cuisine shares many dishes with northern Lao cuisine and the cuisine of Shan state in Burma. Many popular dishes eaten in Thailand were originally Chinese dishes which were introduced to Thailand mainly by the Teochew people who make up the majority of the Thai Chinese.

Flagship dishes: Tom Yum Goong, Pad Thai, Kuay Tiew, Som Tam, Panaeng.

Bangkok Kitchen (\$\$, 🚗, V)

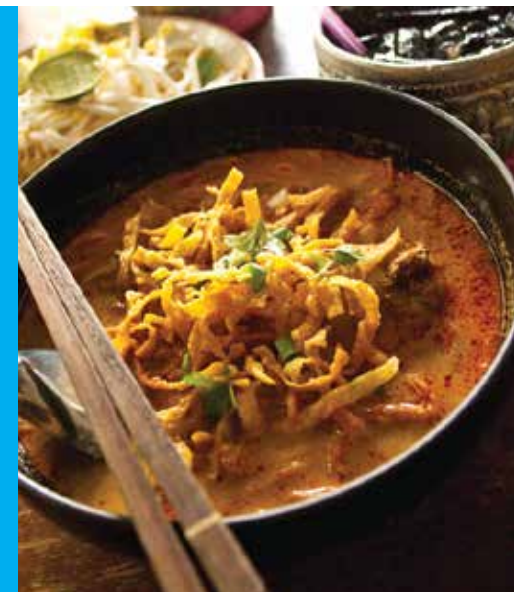
582 W. Dussel Dr., Maumee
419.897.7777

Bangkok Café (\$\$, V)

3401 Woodville Rd., Northwood
419.697.7979

Rose Thai (\$\$, V)

5333 Monroe St.
419.841.8467



Toledo Thai Restaurant (\$\$)

4011 Secor Rd.
419.475.3743

Tasty Thai (\$\$, V)

1515 S. Byrne Rd.
419.724.4105

VIETNAMESE

Traditional Vietnamese cooking is greatly admired for its fresh ingredients, minimal use of oil, and reliance on herbs and vegetables. With the balance between fresh herbs and meats and a selective use of spices to reach a fine taste, Vietnamese food is considered one of the healthiest cuisines worldwide.

Flagship dishes: Pho, Banh xeo, Goi cuon, Bun bo Hue, Banh mi.

Amango Restaurant (\$\$, V)

5528 Monroe St.
419.517.0261

Pho Viet Nam (\$)

3636 Upton Ave.
419.720.2952



About The University of Toledo

- Located in Toledo, Ohio
- Founded in 1872
- Over 23,000 students attend UT
- Around 2,000 international students come from more than 80 countries
- Offers more than 300 undergraduate, graduate and professional programs

About the Center for International Studies and Programs

The Center for International Studies and Programs (CISP) is committed to the belief that effective cross-cultural interaction leads to global understanding and ultimately to a more rewarding human experience and to a better, more peaceful world.

CISP encourages global citizenship through innovative educational, cultural and service learning programming and through student and scholar exchanges. CISP offers:

- Assistance and services to UT international students through the Office of International Student and Scholar Services, a resource regarding orientation, visa requirements, housing, banking, and international student health insurance.
- Chinese Mandarin language and cultural education classes for all ages and for business and travel through the Confucius Institute
- On-campus intensive English language classes through the American Language Institute for students who want to improve their English language skills to attend UT or for personal reasons.
- Education abroad and international programs for students to enhance the academic journey and allows them to explore their world.
- Development of global citizenship through innovative UT Explorers programming. UT Explorers work to improve the linguistic abilities and cultural knowledge of the UT community.

Learn more by visiting: utoledo.edu/cisp

DISCLAIMER: Please email cisp@utoledo.edu if a listing has closed or moved, or to suggest new restaurant, so the guide can remain up-to-date as possible. The International Food Guide has been published only for ease of reference and informational purposes for all who enjoy international cuisine or want to try new foods.



**CENTER FOR INTERNATIONAL
STUDIES AND PROGRAMS**
THE UNIVERSITY OF TOLEDO

Live. Learn. Eat.