Many older Americans cope effectively with the physical limitations, cognitive changes, and various losses, such as bereavement, that frequently are associated with late life. However, a substantial proportion of the population 55 and older—almost 20 percent of this age group—experience specific mental disorders that are not part of “normal” aging. Research that has helped differentiate mental disorders from “normal” aging has been one of the more important achievements of recent decades in the field of geriatric medicine. Unrecognized or untreated depression, Alzheimer’s disease, alcohol and drug misuse and abuse, anxiety, late-life schizophrenia, and other conditions can be severely impairing, even fatal. In the United States, the rate of suicide, which is frequently a consequence of depression, is highest among older adults relative to all other age groups. Drawing on new scientific information and evidence-based clinical practice, this conference describes strategies and skills that mental health and general health care providers can use themselves or suggest to older adults to make this stage of the life span satisfying and rewarding. Family physicians, internists, nurses, physician assistants, social workers, nursing home administrators, psychologists, counselors, physical and occupational therapists, pharmacists and other health-care professionals interested in the care of older patients are encouraged to attend.
**Guest Faculty**

Frederic C. Blow, Ph.D.
*Professor of Psychiatry*
*Director, Mental Health Services*
*Outcomes & Translation Section*
*Psychiatry Department, the University of Michigan*
*Director, National Serious Mental Illness Treatment Research and Evaluation Center (SMITREC)*
*Ann Arbor, MI*

Marigel Constantiner, R.Ph, MSc, BCPS, CGP
*Clinical Specialist II/Drug Information Center*
*Cleveland Clinic*
*Department of Pharmacy*
*Cleveland, OH*

Peter R. Martyn, M.Div., D.Min.
*Pastoral Specialist in Grief After-Care;*
*Leader & Facilitator, Toledo-Area Grief Support Groups*
*Former Chaplain, Sunset Retirement Communities*
*Toledo, OH*

Barbara J. Messinger-Rapport, M.D., Ph.D., F.A.C.P., C.M.D.
*Director, Center for Geriatric Medicine*
*Cleveland Clinic*
*Associate Professor, Cleveland Clinic*
*Lerner College of Medicine of Case Western Reserve University*
*Cleveland, OH*

Bert Rahl, MSSA, LISW-S
*Director of Mental Health Services at ElderCare Services Institute, LLC*
*Cleveland, OH*

Lynn Ritter, Ph.D.
*Education Coordinator*
*Alzheimer’s Association*
*Northwest Ohio Chapter*
*Toledo, OH*

**The University of Toledo Faculty**

A. John McSweeney, J.D., Ph.D., ABPP (CN)
*Professor Emeritus of Psychiatry and Neurology*

Alina Rais, M.D.
*Associate Professor*
*Department of Psychiatry*

Julie Jepsen Thomas, PhD, OTR/L, FAOTA
*Professor and Director*
*Occupational Therapy Program*
*Department of Rehabilitation Sciences*

**Planning Committee**

Victoria Steiner, Ph.D.
*Office of Geriatric Medicine*
*Symposium Director*

Barbaranne J. Benjamin, Ph.D.
*The Judith Herb College of Education, Health Science & Human Service*

Barbara Hicks, M.S.N., R.N.
*UT Nursing Alumnus*

Cletus Iwuagwu, M.D.
*Office of Geriatric Medicine*

Lisa Keaton, MSW, LSW
*Departments of Neurology, Family, Internal Medicine and Pediatrics*

Barbara Kopp Miller, Ph.D.
*The Judith Herb College of Education, Health Science & Human Service*
*Center for Successful Aging*

Michelle Masterson, Ph.D., P.T.
*The Judith Herb College of Education, Health Science & Human Service*
*Department of Rehabilitation Sciences*

Angele McGrady, Ph.D., M.Ed., LPCC
*Department of Psychiatry*

A. John McSweeney, J.D., Ph.D., ABPP (CN)
*Departments of Psychiatry and Neurology*

Barbara J. Messinger-Rapport, M.D., Ph.D., F.A.C.P., C.M.D.
*Center for Geriatric Medicine, Cleveland Clinic Lerner College of Medicine of Case Western Reserve University*

Elizabeth Russell, B.S.
*Center for Continuing Medical Education*

Gregory Siegel, JD, R.Ph., C.G.P.
*Pharmacy Services*

Mark Weiner, D.O.
*Department of Family Medicine*
## Registration Information

<table>
<thead>
<tr>
<th>Registration Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>General: $70</td>
</tr>
<tr>
<td>UT Faculty &amp; Staff: $50</td>
</tr>
<tr>
<td>UT Residents &amp; Students: $25</td>
</tr>
<tr>
<td>OGS Member: $50</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Cancellation Policy</th>
</tr>
</thead>
<tbody>
<tr>
<td>Up to $25 will be retained for administrative services on any cancellation made prior to February 25, 2011.</td>
</tr>
<tr>
<td>No refunds will be made thereafter.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Accommodations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Should you require overnight accommodations, please contact the Toledo Hilton Hotel located on the Health Science Campus at 419-381-6800</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>To Register</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Online:</strong> <a href="http://cme.utoledo.edu">cme.utoledo.edu</a> under “2011 Upcoming CME Events”</td>
</tr>
</tbody>
</table>
| **By Mail:** Center for Continuing Medical Education  
The University of Toledo  
3000 Arlington Ave., MS# 1181  
Toledo, Ohio 43614 |

---

**Deadline for registration:**  
**Friday, February 25, 2011**  
**We cannot guarantee availability after this date.**

**Tuition Includes:**  
- All registration and course materials  
- Continental breakfast and lunch  
- Continuing education credit certificate

*NO REGISTRATIONS WILL BE ACCEPTED BY PHONE*
8:00 am  Registration & Continental Breakfast - View Exhibits

8:20-8:30  Welcome & Introduction
Jeffrey P. Gold, M.D.
Professor, Chancellor and Executive VP for Biosciences & Health Affairs
Dean of the College of Medicine

Moderator:  Victoria Steiner, Ph.D.

8:30-9:15  Mental Illness in the Geriatric Versus the Younger Population
Alina Rais, M.D.

9:15-9:55  Depression - Is It Really?
Differentiating Between Depression, Delirium, & Dementia in Older Adults
Barbara J. Messinger-Rapport, M.D., Ph.D., F.A.C.P., C.M.D.

9:55-10:15  Panel Discussion

10:15-10:30  Break/View Exhibits
Williams/Defiance Rooms

Moderator:  Barbaranne J. Benjamin, Ph.D.

10:30-11:00  Saying “Good Bye” in a Culture that Avoids Ritual
Peter R. Martyn, M.Div., D.Min.

11:00-11:30  Understanding Hoarding Behaviors
Bert Rahl, MSSA, LISW-S

11:30-12:00  Understanding the Angry/Aggressive Response
Lynn Ritter, Ph.D.

12:00-12:30  Panel Discussion

12:30-1:30  Luncheon  - Toledo Hilton

Moderator:  Mark Weiner, D.O.

1:30-2:15  Addictive Behaviors & Substance Abuse
Frederic C. Blow, Ph.D.

2:15-2:55  Mental Health Medication Issues in Older Adults
Marigel Constantiner, R.Ph., MSc, BCPS, CGP

2:55-3:15  Panel Discussion

3:15-3:30  Break/View Exhibits
Williams/Defiance Rooms

3:30-4:35  Assessment of Civil Capacity
A. John McSweeney, J.D., Ph.D., ABPP (CN)
Julie Jepsen Thomas, Ph.D., OTR/L, FAOTA

4:35 - 4:45  Panel Discussion

4:45 pm  Evaluation & Adjournment
By the end of this workshop participants will be able to:

- Discuss biological changes that contribute to different aspects of mental illness and treatment in the geriatric population.
- Suggest treatments for depression for older adults with and without dementia.
- Discuss traditions or rituals that impede good grief.
- Discuss the definition of hoarding.
- Explain major reasons that someone may become angry due to stimulation in the environment.
- Summarize the assessment and treatment of the substance abusing older adult.
- Describe and identify mental health medication issues in older adults.
- Provide a framework for clinical assessment of capacity.
- Identify common assessment tools occupational therapists use to evaluate functional capacity.
15th Annual Geriatric Medicine Symposium
Friday, March 4, 2011