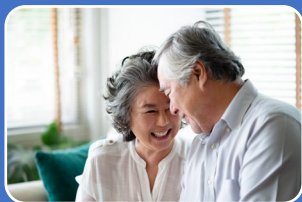


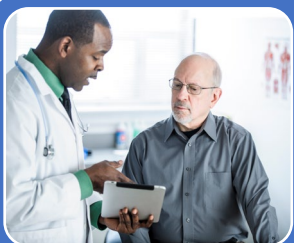
DID YOU KNOW?

- Outside of electing benefits as a new hire or newly-eligible employee, and in October during open enrollment, employees can make changes to their benefit elections if they experience a qualifying life event. The qualifying event benefit enrollment must be elected within 30 days of the event date.
- Employees eligible for basic life insurance can update their beneficiaries at any time. Complete the form linked below and submit back to benefits@utoledo.edu
 - **Beneficiary Form**



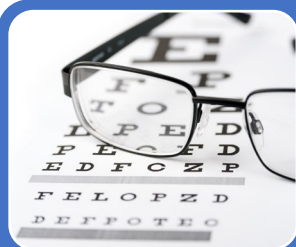
RETIREMENT FUN FACT

- Employees can elect or make changes to their **voluntary** retirement plan(s) at any time. Visit the **Retirement Systems** page for more information.



MEDICAL PLAN REMINDERS

- Blue plan (high-deductible) participants with an HSA are able to change their biweekly HSA contributions throughout the year.
- Medical plan participants who need prescriptions greater than a 14 day supply must have those prescriptions filled at a UTMCM pharmacy, otherwise it will not be covered.
- UTP offers virtual urgent care daily from 8am to 10pm; use the QR below:



DENTAL & VISION PLAN REMINDERS

Prior to making appointments for dental or vision, be sure to check that your doctor is in network. An ID card is not needed to make an appointment. Additionally, you may need to advise the office who your coverage is through.

*For dental: Delta Dental

*For vision: VSP



EAP OPTIONS

Impact Solutions, our employee assistance plan (EAP) provider, offers a variety of resources for work/life, legal/financial, and even life coaching! Call 800-227-6007 or visit the **Impact Solutions website** to get started. The UT employer code is: UTEAP