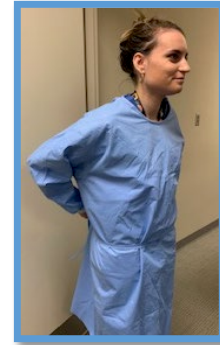


SEQUENCE FOR PUTTING ON PERSONAL PROTECTIVE EQUIPMENT (PPE)

The type of PPE used will vary based on the level of precautions required, such as standard and contact, droplet or airborne infection isolation precautions. The procedure for putting on and removing PPE should be tailored to the specific type of PPE. **Perform Hand Hygiene before gowning.**

1. BLUE GOWN

- Wash your hands or use an alcohol-based hand sanitizer. Pull hair back if applicable
- Fully cover torso from neck to knees, arms to end of wrists, and wrap around the back
- Fasten in back of neck and waist
- Gown must fully cover the back



2. N-95 RESPIRATOR

- Obtain size of N-95 mask that you are fit tested with (white/green)
- Remove glasses if applicable
- Secure elastic bands at middle of head and neck
- Fit flexible band to nose bridge
- Fit snug to face and below chin
- Fit-check respirator



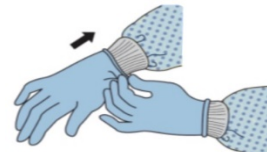
3. FACE SHIELD

- Replace glasses if applicable
- Place over face and eyes and adjust to fit
- Tilt head back and secure fluid-resistant drape to gown



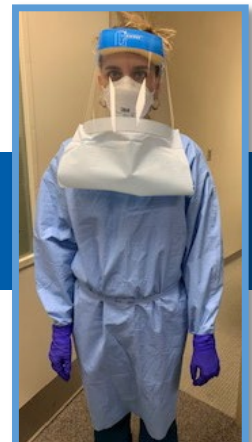
4. GLOVES

- Extend to cover wrist of isolation gown



USE SAFE WORK PRACTICES TO PROTECT YOURSELF AND LIMIT THE SPREAD OF CONTAMINATION

- Keep hands away from face
- Limit surfaces touched
- Change gloves when torn or heavily contaminated
- Perform hand hygiene before gowning and anytime removal of gloves occurs

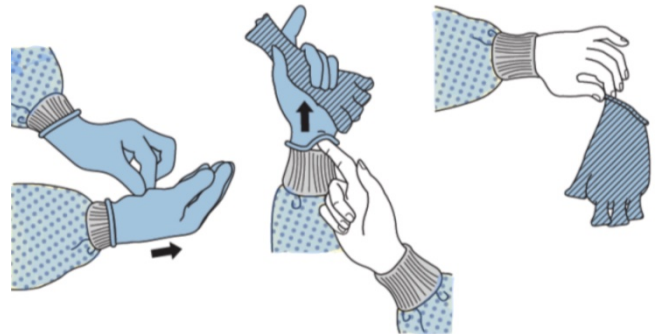


HOW TO SAFELY REMOVE PERSONAL PROTECTIVE EQUIPMENT (PPE)

Remove all PPE before exiting the patient room except a respirator. Remove the respirator after leaving the patient room and closing the door. Remove PPE in the following sequence:

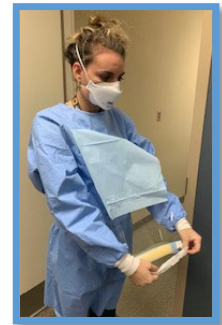
1. GLOVES

- Outside of gloves are contaminated!
- If your hands get contaminated during glove removal, immediately wash your hands or use an alcohol-based hand sanitizer
- Using a gloved hand, grasp the palm area of the other gloved hand and peel off first glove
- Hold removed glove in gloved hand
- Slide fingers of ungloved hand under remaining glove at wrist and peel off second glove over first glove
- Discard gloves in a waste container
- Wash your hands or use an alcohol-based hand sanitizer



2. FACE SHIELD

- Outside of face shield is contaminated!
- If your hands get contaminated during goggle or face shield removal, immediately wash your hands or use an alcohol-based hand sanitizer
- Remove face shield from the back by lifting head band
- Allow face shield to hang down with gown if attached by drape
- If the face shield becomes detached in the process, discard in waste container
- Wash your hands or use an alcohol-based hand sanitizer



3. GOWN

- Gown front and sleeves are contaminated!
- If your hands get contaminated during gown removal, immediately wash your hands or use an alcohol-based hand sanitizer
- Unfasten gown ties, taking care that sleeves don't contact your body when reaching for ties
- Pull gown away from neck and shoulders, touching inside of gown only
- Turn gown inside out
- Fold or roll into a bundle including face shield and discard in a waste container
- Wash your hands or use an alcohol-based hand sanitizer



4. N-95 RESPIRATOR

- Exit the room and shut the door before removing respirator
- Front of respirator is contaminated — DO NOT TOUCH!
- If your hands get contaminated during mask/respirator removal, immediately wash your hands or use an alcohol-based hand sanitizer
- Grasp bottom elastic of respirator, then the top, and remove without touching the front
- Discard in a waste container
- Wash your hands or use an alcohol-based hand sanitizer



PERFORM HAND HYGIENE IMMEDIATELY AFTER REMOVING ALL PPE