

# Higher Education Student Association Newsletter

January 2014

## HESA Back To School Social

After postponing HESA's back to school social due to inclement weather earlier this year, HESA was so excited to finally be able to have our social on Thursday, Jan. 16th. The social took place at Emily's house, a second year in our program. She was a great hostess that made sure we all had lots of food to snack on. The back to school social was a huge success and a great way for all of our students to get together after the long holiday break. This Spring semester the Higher Education program welcomed new students into the program and we were so thrilled to get to know some of our new members at this social event. Everyone that attended had a great time getting to spend some time together outside of classes. HESA looks forward to offering more opportunities like these for our students to get together with one another.



## What, Who is HESA?

So you love the HESA newsletter but are not sure what HESA exactly is? No worries, we are going to provide some insight. HESA is the Higher Education Student Association at the University of Toledo. HESA is a student run organization for Higher Education students and guess what? Everyone in the Higher Education program is a member of HESA! HESA has five executive officers that help coordinate events that our students would like to see happen over the course of the academic school year. To ensure that HESA provides our students with the best activities, professional development opportunities and information possible, HESA takes polls in the beginning of the year and throughout the semester to see what types of events our students want. Then HESA does it's best to organize events that cater to the development of our students. Our events are open attendance and we try to provide several opportunities for networking, professional development and panel discussions during the school year. HESA finds a balance between social opportunities and opportunities for the advancement and development of our students. If you have not made it out to any of HESA's events we strong encourage that you do so. We promise you will not be disappointed!



HESA Executive Officers 2013-2014: Pictured left to right, Quintin Veasley, Emily Hickey, Erin Harper, Alex White and Elecia Harvey

If you have any information that you would like to share or have apart of our next newsletter please be sure to forward that information to [Alexandra.White@rockets.utoledo.edu](mailto:Alexandra.White@rockets.utoledo.edu)



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## Higher Education Student Highlight



**Antalesha Ballard**

I have always had the desire to help not just students, but people in general. After my transition from high school to college level science, I noticed the lack of knowledge I had in science. This gave me the aspiration to become a science teacher, to help students prevent the lack of science exposure which is why I have a B.S in Biology with a minor in Chemistry. However, after graduating I decided to take some time to research and figure out what career fits me best. This is how I ended up applying for UT's Higher Education Program.

I have been exposed to improving the educational experience throughout my life. During my undergraduate career I was a student athlete and a work study student in the department of Social Work at the University of Toledo. During this time I developed a desire to help students succeed. With my Masters in Higher Education Student Affairs I plan to become an athletic advisor. As a student athlete I meet several athletes from a countless number of institutions in which some athletic advisors focused primarily on athletic eligibility versus

graduating and taking meaningful class towards one's degree. I plan to become an athletic advisor not just to assure athletic eligibility, but also to enhance student growth and development in the classroom, community and competition. I look forward to contributing to the success of student athletes intellectually, developmentally and ensuring institution, student, and staff success.



**Mitchell Perez**

Hi Everyone! My name is Mitchell Perez and I am happy to be a featured student for this issue of HESA's newsletter! I am so excited to write a short bio about myself so that you may get to know me better! Something unique about myself is that I like to end most of my sentences with an exclamation point! You may be surprised to know that I first decided to go into higher education during my undergrad at BGSU. At the end of my sophomore year I was lost, like many students are at one point or another. During this time I sought out the advice of my favorite professor. I told her I didn't know what I wanted to do with my career or if college was even right for me. I expressed to her how my major was not very specific and how I was worried about gaining employment after graduation. Keep in mind- she was not my academic advisor, nor responsible for scheduling my classes, giving me career advice, or even meeting with me for subjects unrelated to class. She told me all the different career options I had, scheduled all of my classes, and told me I could achieve anything! This professor gave me hope, inspiration, confidence, and the motivation I needed to finish school. I thought that if

one professor could spend an hour and give me that kind of motivation, why couldn't I do that for 8 hours a day helping several students? This was that moment when I realized higher education was my calling! My professor's dedication is why I am at The University of Toledo in the Higher Education program, and I love it! Currently, I am an admissions representative in the Online Admissions and Student Services Department at UT! I am excited to see where this admissions opportunity will take me. Come by Memorial Field house and say hello sometime!

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## HESA Gives Back Update HESA Shout Outs

As many of you may know for the past two years, HESA has organized an event that gives back to a local Toledo family called, "HESA Gives Back". This event is facilitated through a local community mental health and homelessness agency called, Neighborhood Properties Inc. Each year the agency organizes a Secret Santa program for the children of their clients. Local families, companies, and groups adopt a family or families and purchase gifts for the children. HESA has enjoyed being able to play Secret Santa and give back to the community. Both years that HESA has participated have been a huge success and we can not express how appreciative we are of everyone's participation!



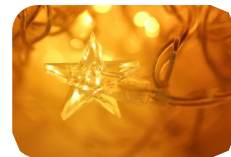
HESA students are truly the best. HESA hopes to be able to continue this tradition next year and provide even more joy

### **Calling all Higher Education Students!!**

On February 19th from 9:00- 11:00am in the Russell Center, HESA is hosting the Alumni Professional Panel. Breakfast will be served. During this Panel Alum's of the program come in or Skype in to answer questions about job searching, their current positions, resumes, paths to take to get where you want to be etc. They will pretty much answer ANY question we have! We did it last year and it was super successful! So we hope to see everyone's smiling faces at this great opportunity! Remember it is never too early to get advice.

**GOOD LUCK TO ALL OUR STUDENTS  
WHO HAVE APPLIED FOR SUMMER  
INTERNSHIPS!**

**&**



**BEST WISHES TO ALL THOSE WHO ARE  
JOB SEARCHING AND INTERVIEWING!  
WE KNOW YOU ARE ALL SUPERSTARS!**

## Upcoming Events:

**TPE Info Session– Tuesday, Jan. 28th at 12:00-1:00pm in the Russell Center**

**HESA UT/BG Basketball Game Social– Wednesday, Feb. 5th at 7:00pm in Savage Arena (free tickets for students with Rocket Id)**

**HESA Professional Panel Breakfast– Wednesday, Feb. 19th at 9:00-11:00am in the Russell Center**

**OASPA/OCPA Annual Conference– Jan. 31th-31st in Worthington, OH**

**The Placement Exchange– March 12th-17th in Baltimore, MD**

**ACPA– March 30th-Apr. 2nd in Indianapolis, IN**

For more information on TPE please contact:

**Alexandra.White@rockets.utoledo.edu**