5/4/2017 Curriculum Tracking

The University Of Toledo

Existing Graduate Course Modification Form

* denotes required fields

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Contact Person*: Sarah Franci	is Ph	none:	530-2771	(xxx - xxxx)	Email:
sarah.francis@utoledo.edu					
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Dept/Academic Unit*:]	Dept/Academic	Unit:	
Psychology	▼		Psychology		▼
Course Alpha/Numeric*: PSY		_ (Course Alpha/N	Numeric: PS	Y -
6840			6840		
Course Title: Cognitive-Behavior Therapy Practice	um		Course Title: Clinical Practicum	n IV	
Credit hours: Fixed: 3 or Vari	able: to		Credit Hours:	Fixed:	or Variable: 1 to
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Catalog Description (*only if changed*) 75 words max:

Supervision of cognitive-behavior therapy with children, adolescents, and adults seen through The University of Toledo Psychology Clinic.

This fourth-year practicum course includes participation, as a senior-level student therapist, in a practicum team providing supervision of clinical services provided to children, adolescents, and/or adults seen

through the University of Toledo Psychology

Clinic.

Has		
course	• Yes	○ No
content	les	U 100
changed?		

If course content is changed, give a brief topical outline of the revised course below (less than 200 words)

The proposed course is designed to provide students in the fourth year of their clinical training program with supervised clinical experiences in the provision of therapy and/or assessment services to children, adolescents, and/or adults seen in the University of Toledo Psychology Clinic. Students will receive psychological supervision from the course instructor and peer supervision from other students enrolled in the practicum team. Given that this course is designed for fourth-year students, the course credit for this course is variable such that students can choose to be more or less involved as members of the practicum team. Students enrolled in this course will also have the opportunity to provide structured peer supervision to junior practicum students (e.g., those in their second or third years) and to obtain specialized training from the course instructor in the provision of psychological supervision.

Proposed effective term*:	201740	(e.g.	. 201140	for 2	011	Fall)
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File Type	View File
Syllabus	<u>View</u>
Attachment	<u>View</u>
List any course or courses to be deleted.	Effective Date:
	Effective Date:

Comments/Notes:

This course is designed to be offered by a range of faculty members. As such, the specific reading list and course schedule will vary from instructor to instructor. This course can be taken twice in the fall and spring semesters of the student's fourth year.

Rationale:

Please see attached document entitled "Rationale for 6840".

Approval:

Department Curriculum Authority:	Rickye Heffner	Date 2017/01/10
Department Chairperson:	Kim L. Gratz	Date 2017/01/10
College Curriculum Authority or Chair:	David Black	Date 2017/01/27
College Dean:	Barbara Schneider	Date 2017/03/30
Graduate Council:	Constance schall, GC mtg 4/18/17	Date 2017/04/19
Dean of Graduate Studies:	Amanda C. Bryant-Friedrich	Date 2017/05/01
Office of the Provost:		Date

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Administrative Use Only

Effective Date:	(YYYY/MM/DD)
CIP Code:	
Subsidy Taxonomy:	

Program Code:	
Instructional Level:	

Registrar's Office Use Only

Processed in Banner on:	
Processed in Banner by:	
Banner Subject Code:	
Banner Course Number:	
Banner Term Code:	
Banner Course Title:	

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Psychology 6/7840 Clinical Practicum IV

The University of Toledo College of Arts and Letters Department of Psychology

PSY 6/7840 Fall, 2017 University Hall 1610 Class Time: TBD

Contact Information

Instructor: Email Office location: Office hours:

Course Catalog Description

This fourth-year practicum course includes participation, as a senior-level student therapist, in a practicum team providing supervision of clinical services provided to children, adolescents, and/or adults seen through the University of Toledo Clinic.

Practicum Overview

The purpose of this practicum is to continue to build upon your knowledge of the theory and principles underlying empirically supported treatments. As a fourth-year student in this practicum course, your role will be to not only apply the principles underlying empirically supported interventions in the delivery of effective therapeutic services for clients, but also to acquire basic skills in the provision of clinical supervision. A major emphasis of this practicum will be using previously acquired skills in the application and delivery of empirically supported treatments to provide clinical supervision to junior students with respect to their clinical case conceptualizations and treatment plans.

Each practicum meeting will include time for you to provide clinical supervision to second- and thirdyear clinical trainees and to in turn receive feedback from the course instructor with respect to your own development of supervisory skills. This practicum also intends to serve as a supportive environment to express your views and questions regarding psychotherapy, supervision, and consultation, as well as to take time to commit to your professional development as a psychologist.

Prerequisite

Psychology 6390 (Clinical Laboratory)

Required readings

Primary source readings will be assigned depending on clinical issues that arise with clients, questions

about specific topics, or student interest in gaining additional knowledge on specific cognitive-behavioral treatments, psychological supervision, and consultation. Electronic or hard copies will be provided to students.

Course Goals

By the end of the semester, it is expected that you will achieve the following goals:

- An awareness of ethical considerations regarding the practice and content of psychotherapy
- An understanding of the importance of diversity and individual differences when working with clients
- The ability to develop and present thorough case conceptualizations that can guide the development and delivery of effective cognitive-behavioral interventions
- Knowledge of empirically supported principles and mechanisms that underlie clinical disorders and effective interventions for these disorders
- An understanding of principles underlying effective supervision and consultation, as well as supervision issues specific to empirically supported interventions

Learning Outcomes

Based on these practicum goals, the desired learning outcomes include:

- Explain readings and didactic material in terms of how they inform clinical practice
- Analyze course load and identify areas where learned material may be applied and practiced
- Identify inherent human limitations and recognize opportunities to grow as a clinical psychologist
- Engage in group supervision by making an effort to contribute to the development of your fellow trainee
- Demonstrate a receptiveness to think flexibly and inclusively, and to receive feedback

Grading

The grading of this practicum will be based on the extent to which the learning outcomes have been achieved. The modalities that will be used to achieve an estimate of the learning outcomes will include:

- 1. Participation, in particular participation in the form of group supervision,
- 2. Ongoing case presentations, in particular those that demonstrate integration of practicum material, and
- 3. The practice and development of clinical supervisory skills.

This practicum will be graded on a pass/fail basis. Outright failure in modality (1), (2), or (3) will result in a failing grade.

Policy Statement on Non-Discrimination on the basis of Disability (ADA)

The University is an equal opportunity educational institution. Please read <u>The University's Policy</u> <u>Statement on Nondiscrimination on the Basis of Disability Americans with Disability Act Compliance.</u>

Academic Accommodations

The University of Toledo is committed to providing equal access to education for all students. If you have a documented disability or you believe you have a disability and would like information regarding academic accommodations/adjustments in this course please contact the <u>Student Disability Services</u> <u>Office</u>.

Practicum Expectations

- Students will attend group and individual supervision. If a student is not able to make a
 meeting, the student will schedule a meeting with the supervisor to complete weekly
 supervision. If the supervisor is unable to attend group or individual supervision meetings,
 either the supervisor will reschedule the meeting or another supervisor will be identified to
 provide coverage.
- Students will come to each group and individual supervision meeting prepared to discuss clients, present relevant audio-visual material, and discuss readings.
- Students will demonstrate a commitment to providing competent client care.

Course Schedule

Week	Reading to be completed prior to class	Topic
1		Syllabus and practicum introduction
2		Empirically-supported principles
3		Ethics
4		Ethics
5		Cultural competency
6		Cultural competency
7		Cultural competency
8		Validation
9		Behavioral activation
10		Third wave behavioral therapies
11		Supervision
12		Supervision
13		Psychological consultation
14		Psychological consultation
15		Student presentations
16		Student presentations

Rationale: This course is intended to be the fourth in a four-course sequence of practicum training courses. Each of these four courses will correspond to the student's year in the clinical training program (6810 for first year students, 6820 for second year students, 6830 for third year students, 6840 for fourth year students). The series of courses will be graded and sequential in terms of course content, such that each subsequent course will build upon the learning obtained in the previous course; this course will build upon the experiences students obtained in the context of PSY 6810, PSY 6820, and PSY 6830. These courses will be conducted concurrently, such that students enrolled in each course will be meeting in the same room at the same time; different expectations will be in place for each student depending upon their year in the program and the course in which they are enrolled. PSY 6840 is intended to be the fourth-year course in this series and is designed to provide fourth-year graduate trainees with the experience of participating in a practicum supervision group as senior clinicians-in-training, as well as supervisors-in-training. Students enrolled in this course will carry a caseload of clients seen through the University of Toledo Psychology Clinic and will receive clinical supervision for these cases from the course instructor, as well as provide peer supervision to their classmates. In addition, the students enrolled in this course will also receive supervision from the course instructor in how to provide psychological supervision to junior students enrolled in the course. Participation in group supervision throughout the semester, ongoing case presentations, and an evaluation of the student's skills specific to psychological supervision will result in a grade at the conclusion of the course. As senior students, those enrolled in this course can determine, in consultation with the course instructor, the extent to which they would like to be involved in client care and supervision training; accordingly, the credits for this course can vary from 1 to 3.