

Graduate Council Meeting: **Graduate Student Affairs**

Cyndee Gruden

Tuesday, February 25th



THE UNIVERSITY OF
TOLEDO

Mental Health Crisis for Grad Students

Study finds "strikingly high" rates of depression and anxiety, with many reporting little help or support from supervisors.

Why We Need to Talk More About Mental Health in Graduate School

A Very Mixed Record on Grad Student Mental Health

New studies find variation by departments, with many findings of significant rates of depression and anxiety.

CAREER NEWS • 30 AUGUST 2019

A better future for graduate-student mental health

A consortium of US universities aims to examine how best to help a vulnerable population that is affected by anxiety and depression.

Graduate Student Wellness

Numerous studies suggest that graduate students experience stress and depression at very high rates.

- It is often difficult for students and their faculty advisors to identify and articulate these issues.
- Students struggle due to poor attendance or inability to perform academically due to their social-emotional challenges.
- Please encourage graduate faculty and students to use available resources.

UToledo Resources

- [Behavior Response Guide](#)
 - Quick guide providing contact information
- [Report a Concern](#)
 - On bottom of every UToledo page
 - **Rocket Care Report** results in email to Office of Student Advocacy and Support for follow up.
- [Counseling Center](#)
 - Online screenings
 - Community resources



Administrative Resources

Graduate Student Leave of Absence (Policy 3364-77-04)

- Up to 1 academic year
- Stops clock toward degree completion
- WORKING ON short term leave of absence policy
- Students are not affiliated with the University and cannot use University resources during the LOA.

Petition for Administrative Adjustment

Student Behavior

The University Student Code of Conduct

articulates UToledo's expectations of behavior for student(s), student group(s), and student organization(s), and the potential outcomes to be imposed for inappropriate conduct.

Academic Dishonesty and Research Misconduct Policies.

Graduate Program or College Handbooks with clear expectations of students.

PLEASE follow the guidelines established and report students who violate the code(s) of conduct.

Spring 2020 Commencement

Saturday, May 9, 2020

Location: Glass Bowl

Undergraduate Ceremony at 10am

Graduate Ceremony at 3pm

No Commencement Speaker

Questions or Concerns?

Email: cyndee.gruden@utoledo.edu

Phone: 419-530-5254

Cyndee Gruden

January 28, 2020

