The University Of Toledo
New Graduate Course Proposal

* denotes required fields

1. College*: College of Nursing  
Department*: Nursing

2. Contact Person*: Susan Sochacki  
Phone: 383-5806 (xxx-xxxx)  
Email: susan.sochacki@utoledo.edu

3. Alpha/Numeric Code (Subject area - number)*: NURS 5610

4. Proposed title*: Psychiatric-Mental Health  
Proposed effective term*: 201540 (e.g. 201140 for 2011 Fall)

5. Is the course cross-listed with another academic unit?  
Yes  No

6. Credit hours*: Fixed: 7  
Variable:  
 or

7. Delivery Mode:  

   a. Activity Type *  
      Lecture

   b. Minimum Credit Hours *
       3  

   c. Weekly Contact Hours *
       3

8. Terms offered:  
Fall  Spring  Summer

Years offered:  ○ Every Year  ○ Alternate Years

9. Are students permitted to register for more than one section during a term?  ○ No  ○ Yes

May the courses be repeated for credit?  ○ No  ○ Yes

Maximum Hours 7

 ○ Satisfactory/Unsatisfactory (A-C, less than C)
 ○ Grade Only (A-F, WP/WF, PR, I)
 ○ Audit Only
 ○ No Grade

11. Prerequisites (must be taken before): i.e. C or higher in (BIOE 4500 or BIOE 5500) and C or higher in MATH 4200

NURS 5740

○ PIN (Permission From Instructor)  ○ PDP (Permission From Department)

Co-requisites (must be taken together):

NURS 5680 AND NURS 5690

12. Catalog Description* (75 words Maximum)

The first course in the Psychiatric-Mental Health Nurse Practitioner track focuses on preparing the student in the advanced practice role of assessment, diagnosis, and treatment planning of select acute and chronic psychiatric disorders and mental health care needs of individuals across the lifespan.

13. Attach a syllabus and an electronic copy of a complete outline of the major topics covered. Click here for template.

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14. Comments/Notes:
The Master of Science in Nursing program has added a focused track- Psychiatric-Mental Health Nurse Practitioner. This is the first of 3 theory/clinical courses in this track. All of the other courses in the MSN program remain the same with the same number of credit hours. See the Plan of Study attached.

Per Graduate Dean request, this course is being cross-listed with NURS 7610; emails from college along with various approval levels attached.

15. Rationale:
The Psychiatric Mental Health focus for the MSN has been changed from a Clinical Nurse Specialist to a Nurse Practitioner.

Course Approval:

Department Curriculum Authority: Cheryl Gies Date 2015/01/20

Department Chairperson: Kelly Phillips Date 2015/01/20

College Curriculum Authority or Chair: Susan Sochacki Date 2015/01/20

College Dean: Timothy Gaspar Date 2015/01/23

Graduate Council: 5-7-15 3:24:2015

Dean of Graduate Studies: 5-7-2015

Office of the Provost:
The University of Toledo
College of Nursing

NURS 5610
Psychiatric-Mental Health Nurse Practitioner Theory and Clinical I: Adult

Course Credit and Clock Hours
7 Credit Hours
3 Clock Hours Theory/Week = 12 Clock Hours Clinical/Week = 180 Clock Hours Clinical/Semester

Prerequisite
NURS5740 Advanced Health Assessment

Prerequisite or Corequisite
NURS5680 Advanced Physiology & Pathophysiology
NURS5690 Advanced Pharmacotherapeutics

Faculty

Course Description
The first course in the Psychiatric-Mental Health Nurse Practitioner track focuses on preparing the student in the advanced practice role of assessment, diagnosis, and treatment planning of select acute and chronic psychiatric disorders and mental health care needs of individuals across the lifespan. Students will be introduced to clinical approaches and methods for assessing and evaluating adults. The course will stress the importance of the diagnostic reasoning process, use of diagnostic criteria, standardized measurement tools, and evidence-based treatment guidelines. Health promotion, management, and disease prevention are emphasized through the integration of nursing and related theories and scientific knowledge including the application of risk assessments, health behavior guidelines, growth and development across the lifespan, the use of screening instruments, and knowledge of primary, secondary, and tertiary prevention activities.

The course provides an overview of individual therapy utilized by the advanced nurse practitioner. The theory, research, and practice of the following will be emphasized: psychoanalytic/ psychodynamic, existential, humanistic, cognitive-behavioral, dialectical behavioral, feminist, postmodern, and brief. Major nursing theories will be explored as they apply to the psychiatric advanced nursing practice specialty. Applications across the life span and among culturally diverse populations are explored and discussed.

In the clinical setting, the student is provided with opportunities to apply concepts learned from the theory portion of the course. The focus is to develop cognitive and clinical skill competencies needed to provide comprehensive assessments of adults, children, and families and to apply diagnostic reasoning in order to provide optimum treatment and clinical management. During clinical experiences, comprehensive psychiatric assessments, diagnosis of common psychiatric illnesses and interventions will be accomplished. Students will be afforded the opportunity to provide care in multiple treatment modalities including individual psychotherapy, psychoeducation, crisis
management, and beginning psychopharmacology. Clinical experiences and sites will offer multicultural opportunities and emerging trends in the delivery of advanced practice psychiatric care.

**Student Theoretical Learning Outcomes**

1. Examine the history, issues, and trends of advanced psychiatric-mental health nursing practice within the boundaries provided by state licensing acts.
2. Analyze psychotherapeutic theories, nursing theories, and evidence-based nursing and other related research to determine interventions appropriate in meeting individual requirements for self-care across the lifespan.
3. Apply theoretical concepts of health promotion, clinical prevention, and population health with patients and families during developmental transitions and life-style adjustments in psychiatric practice across the lifespan.
4. Integrate traditional and complementary pharmacological interventions into the treatment and management of common illnesses.
5. Integrate social, cultural, explanatory models and spiritual components in patient-centered plans of care.
6. Demonstrate core professional values and ethical/legal standards in the implementation of the nurse practitioner role.
7. Identify and integrate evidence-based findings to the diagnosis and management of common illnesses in psychiatric practice across the lifespan.
8. Examine, evaluate, and demonstrate professional development in the role of the PMHNP in the diagnosis and management of health and wellness as well as common acute and chronic illnesses in psychiatric practice across the lifespan.
9. Analyze patient safety, quality indicators, and outcome improvement in the delivery of quality primary care to patients.

**Student Clinical Learning Outcomes**

1. Provide mental healthcare through health promotion, clinical prevention, and population health to patients and families during developmental transitions and life-style adjustments from birth through old age with special emphasis on the adult patient in this course.
2. Demonstrate integrated learning of clinical experience and course concepts by applying knowledge of common acute and chronic illnesses to diagnose and manage adult patients and their families in psychiatric practice across the lifespan and as health status varies.
3. Integrate knowledge of common acute and chronic psychiatric illnesses to diagnose and manage patients and families from birth through old age as health status varies with special emphasis on the adult patient in this course.
4. Integrate and apply individual therapy skills in those situations where appropriate for optimum treatment of the adult patient.
5. Integrate anticipatory guidance into the comprehensive treatment plans with respect to both primary and secondary prevention for patients and families from birth through old age with special emphasis on the adult patient in this course.
6. Integrate history and physical examination data with the knowledge of pathophysiology and psychopathology of common acute and chronic psychiatric disorders from birth through old age to develop appropriate differential diagnoses, and initiate appropriate customized interventions.
7. Integrate social, cultural, explanatory models and spiritual components in patient-centered plans of care.
Course Content
1. PMHNP role
   a. Scope of practice
   b. Professional/legal aspects of the role
   c. Health promotion/disease prevention
2. Mental health care system in the US
3. Healthcare policy
4. Ethical/legal issues in psychiatric care
   a. Confidentiality
   b. Privilege
   c. Involuntary treatment
   d. Capacity and sanity
   e. Duty to warn
   f. Duty to protect
5. Theoretical core concepts
   a. Non-nursing
   b. Nursing
6. Assessment of acute and chronic illnesses
   a. Fundamentals of interviewing
   b. Therapeutic communication
      i. Use of self
   c. Other assessment/planning considerations
      i. Incorporate cultural considerations/influences and being sensitive to
         1. Race
         2. Ethnicity
         3. Gender
         4. Age
         5. Religion
         6. Sexual orientation
         7. Socioeconomic status
         8. Disability
      ii. Lifespan considerations
   d. Psychiatric evaluation
      i. Identifying demographic information
      ii. Chief complaint/reason for referral
      iii. History of present illness
      iv. Past psychiatric history
      v. Family psychiatric history
      vi. Patient and family medical history
      vii. Family/social/developmental history
      viii. Functional assessment
         1. ADLs
         2. IADLs
      ix. Patient and family substance abuse history
      x. Legal history
   e. Assessment during crisis
      i. Crisis intervention
         1. Techniques of crisis intervention
ii. Psychiatric emergencies
iii. Crises across the life span
iv. Evaluation of outcomes
f. Review of physical exam
  i. To identify common physical disorders that can mimic psychiatric disorders
  ii. To identify common psychiatric disorders that can mimic or produce symptoms of other physical disorders
g. Review of or referral for neurological exam if indicated
h. Mental status exam
i. Use of standardized assessment tools
  i. For example
    1. MMSE
    2. DIS (Diagnostic Interview Schedule)
    3. MINI (Mini International Neuropsychiatric Interview)
    4. SCID (Structured Clinical Interview for DSM)

j. Laboratory and diagnostic tests
  i. Basic screening tests, neuroendocrine tests, blood levels of psychoactive agents, urine screens for substance abuse

k. Imaging techniques: MRI, PET, SPECT, CT

7. Select psychiatric disorders across the lifespan
   a. Mood disorders
   b. Anxiety disorders
   c. Schizophrenia and other psychotic disorders
   d. Substance related disorders

8. Diagnostic reasoning and clinical decision making
   a. Use of DSM-IV-TR
   b. Coding diagnoses and procedure codes
   c. Use of screening tools/standardized assessment tools
      i. For example
         1. HAM-D
         2. HAM-A
         3. BPRS
         4. Y-BOCS
         5. YMRS
         6. PHQ-9
         7. SIGECAPS
         8. SADPERSONS
         9. SADPERSONAS
        10. SADCHILDREN

9. Individual therapy modalities
   a. Psychoanalytic/ psychodynamic
   b. Existential
   c. Humanistic
   d. Cognitive-behavioral
e. Dialectical behavioral
f. Feminist
g. Postmodern
h. Brief
10. Psychopharmacology and disease processes
   a. Assessing the need for medication
   b. Referral of appropriate clients for medication evaluation
   c. Medication teaching and monitoring specific to people with mental disorders
   d. Across the lifespan

The Following Psychiatric-Mental Health Nurse Practitioner Competencies Are Addressed and Built on Throughout the Three Specialty Courses

I. Management of patient health/illness status through health promotion, health protection, disease prevention, and treatment
II. The PMHNP-patient relationship
III. The teaching-coaching function
IV. The professional role
V. Managing and negotiating healthcare delivery systems
VI. Monitoring and ensuring the quality of healthcare practice
VII. Providing culturally-competent care
# Plan of Study Adult Gerontology and Psychiatric Mental Health NP tracks

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<td>NURS 5400 - Theoretical &amp; Ethical Foundations of Nursing</td>
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<td>NURS 5690 Advanced Pharmacotherapeutics</td>
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<td>NURS 5680 Advanced Physiology &amp; Pathophysiology</td>
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<td>NURS 6140 Advanced Practice Nurse: Roles &amp; Issues</td>
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<td>NURS 5500 Family and Cultural Diversity Theories</td>
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<td>NURS 6330 Adult-Gero NP theory/clinical III (270 hours)</td>
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<td>NURS 6320 Adult-Gero NP theory/clinical II (180 hours)</td>
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<td>or NURS 5630 Psych MH NP theory/clinical III (270 hours)</td>
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<td>or NURS 5620 Psych MH NP theory/clinical II (180 hours)</td>
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<td>Capstone (Field Experience, Thesis, or Comprehensive Exam)</td>
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