



COLLEGE OF HEALTH AND HUMAN SERVICES
SCHOOL OF INTERVENTION AND WELLNESS

COUN 8410: Advanced Practicum in Individual and Group Therapy

Spring 2020

Thursdays, 5:45-9:25 pm

Classroom HHS 3422

Instructor: Tanesha L. Walker, PhD, LPC, Assistant Professor

Email: Tanesha.walker2@utoledo.edu

Office: HHS 3100D | Phone: 419-530-4721

Office hours: Mondays 10 am- 1 pm; Tuesdays 12pm-2pm; and by appointment

Course Prerequisites: N/A

Semester Credit Hours: 4

Course Website: Blackboard Learn

Course Description:

Students receive supervised practical experiences in providing counseling and individual and group modes of services. Advanced therapy skills will be emphasized.

Prerequisites:

Admission to the University of Toledo's doctoral program in Counselor Education and Supervision.

CACREP Core Content Areas:

The course contributes to meeting the CACREP 2016 Doctoral Learning Outcomes primarily in the areas of 6.B. Doctoral Professional Identity and 6.C. Practicum and Internship. Education in clinical practice is required for students desiring to become licensed as professional counselors in the State of Ohio.

Student Learning Outcomes	CACREP (2016) Standard	Evidence	Method of Assessment
Student will be able to conceptualize clients from multiple theoretical perspectives.	B.1.c. conceptualization of clients from multiple theoretical perspectives		case presentation
Student will practice methods for evaluating counseling effectiveness.	B.1.e. methods for evaluating counseling effectiveness		Case Presentation
Student will engage in leadership roles and strategies for responding to crises and disasters.	B.5.f. leadership roles and strategies for responding to crises and disasters		Case presentation
N/A	C.1. Doctoral students participate in a supervised doctoral-level counseling practicum of a minimum of 100 hours, of which 40 hours must be providing direct counseling services. The nature of doctoral-	All semester	supervisor evaluation form

	level practicum experience is to be determined in consultation with counselor education program faculty and/or a doctoral committee.		
N/A	C.2. During the doctoral student's practicum, supervision is provided by a counselor education program faculty member or an individual with a graduate degree (preferably doctoral) in counseling or a related mental health profession with specialized expertise to advance the student's knowledge and skills.	All semester	supervisor qualification form
N/A	C.3. Individuals serving as practicum supervisors have (1) relevant certifications and/or licenses, (2) knowledge of the program's expectations, requirements, and evaluation procedures for students, and (3) relevant training in counseling supervision.	Turned in at the beginning of the semester	supervisor qualification form
N/A	C.4. Doctoral students participate in an average of one hour per week of individual and/or triadic supervision throughout the practicum. When individual/triadic supervision is provided by the counselor education program faculty, practicum courses should not exceed a 1:6 faculty:student ratio.	All semester	Supervision hours log
N/A	C.5. Group supervision is provided on a regular schedule with other students throughout the practicum and must be performed by a counselor education program faculty member. Group supervision of practicum students should not exceed a 1:12 faculty:student ratio.	Class time; all semester	Supervision hours log
N/A	C.6. Doctoral students are covered by individual professional counseling liability insurance policies while enrolled in practicum.	Turned in at the beginning of the semester	Liability Insurance

Course Format:

Practicum will meet as a class every week. Group supervision will occur during class meetings and individual supervision will be required outside of class time. Class time will be divided between case presentations, ethics discussions, and role plays reviewing counseling techniques. Each student will have the opportunity to provide an overview of their current cases and raise questions for discussion. Additionally, this course will be enhanced via

the Blackboard online system; lecture notes, handouts, video/audio clips, etc will be posted online. **NOTE: A developmental progression is expected, and growth should be visible across the course of the semester in each of the Student Learning Objectives listed in the above table.**

Practicum Assignments:

Final grades of Satisfactory (S) or Unsatisfactory (U), in the practicum are based primarily on demonstration of appropriate counseling skills, case management/presentation, and ethical practice with clients relevant to Student Requirements/2009 CACREP Standards. Additionally, attendance, participation in class, individual supervision, and completion of all course assignments listed below will be factored into the final grade.

1. **Attendance/Participation:** You must interact and actively engage in role-plays, journal article discussions, ethics and legal dilemmas, and other assigned course assessment techniques (CAT's) relevant to practicum. You must be present. Participation is a pass/fail grade; **a combination of arriving late and/or leaving class early, or missing class on beyond two occurrences will result in the student receiving an Unsatisfactory (U) grade for this course. Additionally, notable attendance issues at the student's site will result in a U.** It is the discretion of the instructor, if given ample notification, to approve additional excused absences.
2. **Case Study Presentations:** Students are to be prepared to provide case presentations on two different practicum clients of your choice weekly throughout the semester. The client's identifying information should be appropriately concealed; no written documentation is to be brought to class. However, students are required to bring forth a case presentation document for the class to follow. More information will be provided in class on case conceptualization format.
3. **Evaluations of Performance:** Students must turn in a Midterm AND Final Performance Evaluation form. This evaluation is completed by the site supervisor. In addition, students must obtain at least a G (Good) in all areas on the final Performance Evaluation. This evaluation is administered by your clinical site supervisor.
4. **Student Evaluation of Supervision:** Students must complete the Student Evaluation of Supervision form.

A site supervisor must be a Licensed Professional Clinical Counselor with Supervisor Endorsement (LPCC-S). **Failure to complete the minimum 100 hours total, 40 hours of direct individual hours, evaluations, and/or any required paperwork will result in a failing/unsatisfactory grade. Students will not cease clinical work at 40/100 hours; must continue at the site throughout the full semester.**

Each practicum student will participate in at least one hour of individual or group site supervision and a minimum average of 1½ hours of university/in class group supervision each week. (2016 CACREP standard 6.C.4) at the conclusion of which the student shall receive formal performance evaluations. **Failure to engage in appropriate clinical supervision and/or being unprepared for supervision more than one time will result in a U grade and/or removal from the course. A minimum of 12 hours of supervision must be documented on a specific form.** Additional supervision may be required at the discretion of the site supervisor or instructor of this course.

Each practicum student will participate in in-class discussions, case consultation, case presentations/evaluations, course assessment techniques (CAT's), and additional supervisory experiences as directed by the instructor.

Each practicum student will observe ethical standards in working with clients and when discussing cases in class. It is particularly important that cases not be discussed outside of class. Whenever there is any question as to the safety or welfare of the client or when the client presents potential danger to others, the instructor must be notified and the counselor should take sufficient action to protect the client and others.

Each practicum student will respect confidentiality. Let your client know that you may be discussing his or her case outside of the time you have together. These discussions will occur with your site supervisor and, anonymously, with university faculty and co-students. Be sure to respect confidentiality outside the session. Do not discuss clients in public or outside of practicum class.

DO NOT see clients outside of the clinic. Failure to comply with this requirement may result in removal from the practicum and possible termination from the program.

Each practicum student will always obtain permission from the appropriate persons for conducting counseling sessions.

Students will be given the opportunity to formally evaluate their supervisors and learning experiences at the end of the practicum experience.

Students are required to be covered by professional liability insurance (2016 CACREP standard 6.C.6). ACA and ASCA are two sources for professional liability insurance.

Appropriate practicum forms must be completed prior to starting this course. If not, note that you will not be eligible for this semester. All forms are listed in the Practicum manual located on the department website: https://www.utoledo.edu/hhs/counselor-education/pdfs/Doctoral%20Advanced%20Practicum%20Manual_FINAL%201.22.19.pdf. **If you have questions, ask your instructor!!**

Incompletes: Grades of PR or I shall be given at the instructor's discretion. It is **expected** that all students will complete course requirements prior to the end of the semester.

The counseling program expects students to adhere to the highest standards for professional comportment at all times throughout their enrollment in this program. To this end, those associated with the counseling program must display professional maturity, competence in their scope of practice, and personal and ethical integrity in every facet of the clinical and educational setting.

Students are required to practice diligence and discretion in client-counselor relationships as well as faculty-student relationships. Some attitudinal or behavioral patterns that may elicit concerns as to the student's ability to continue in the counseling program may include, but are not limited to, breaching client confidentiality, becoming sexually involved with a client, performing clinical skills outside of one's scope of ability, academic dishonesty, revealing a lack of concern or compassion in practice, and disobeying or showing disrespect for others (e.g., faculty, professional colleagues, and fellow students).

Required/Recommended Texts:

Department of Counselor Education, The University of Toledo. (2019). *Advanced Practicum manual*. Toledo, OH: Author. See BB9 for copy.

American Counseling Association (2014). *Code of ethics*. Alexandria, VA: Author. See BB9 for copy.

American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders* (5th ed). Washington, DC: Author.

Class Policies

1. Privacy, Confidentiality, and Professionalism

It is important to distinguish that this is an educational setting and not a therapeutic counseling setting. Thus, confidentiality is not guaranteed. However, despite these caveats, it is important to strive for privacy, dignity, and respect for both the process and content of the information shared in class. The ability to demonstrate respect of others in this course is an important barometer of how you will relate to co-workers and clients in practice.

2. Cheating and Plagiarism

Any students found cheating on a test or assignment or any students who represent the work of another person as their own on any of the elements of this course will be subject to penalties ranging from a grade of zero (0) on the assignment to an F in the course to expulsion from the University. All students are subject to the University Policy Statement on Academic Dishonesty in the current Catalog and the Department Policy on Plagiarism which is posted on the Department website. Review your Student Handbook for further details as well.

Academic dishonesty will not be tolerated. Activities inconsistent with these aims will not be permitted. Students are responsible for knowing what constitutes academic dishonesty. If students are uncertain about what constitutes plagiarism or cheating they should consult with the instructor.

3. Electronic Devices

Alerts from cell phones, tablets, computers, or other electronic devices are disruptive to the learning environment. Students are required to silence these devices during class. However, if you are in the midst of an emergency situation and must be reachable, silence the device, sit near the door, leave the room with the minimum possible disturbance before answering the emergency call, and return to class promptly. Please notify the instructor of the emergency before class.

Use of these devices for purposes such as web surfing, texting, and social media is strictly prohibited during class. Students violating this policy may be asked to leave the class and/or may be withdrawn from the course. The ability to return to class will be determined by conference between the student and the instructor. Recording of classes may be considered only with instructor permission.

4. Communication Policy

Students are expected to login and regularly check their UT student email accounts on a regular basis for information about this course. Failure to do so may affect your grade in this course. All email communications about this class should be sent to and from official UT email addresses. Communications from personal email accounts may be blocked by UT spam filters.

5. Policy on Late or Unfinished Assignments

All assignments are due on the date indicated on the class syllabus. Late assignments are subject to a grade penalty. A grade of PR will not be awarded except under extraordinary circumstances such as prolonged illness. If such circumstances arise, it is the student's responsibility to notify the instructor immediately and keep the instructor aware of the situation. A grade of I or "incomplete" is also awarded sparingly, and at the instructor's discretion following a written request from a student along with a written explanation of special circumstances that warrant an "Incomplete." If a grade of "Incomplete" is awarded, the late assignments must be received by the end of the last week of classes of the next semester (not finals week) of the academic year or the "Incomplete" will automatically change to F. No assignments will be accepted after this date.

6. Disruptive Student Conduct

Disruptive student behavior is student behavior in a classroom or other learning environment (to include both on and off-campus locations), which disrupts the educational process. Disruptive class behavior for this purpose is defined by the instructor and graduate assistants. Such behavior includes, but is not limited to, verbal, physical, or sexual threats/abuse, repeated obscenities, unreasonable interferences with class discussion, and persisting in disruptive personal interactions with other class members, the instructor, teaching assistants or other individuals involved with this course. For purposes of this policy, it may also be considered disruptive behavior for a student to exhibit threatening, intimidating, or other inappropriate behavior toward the instructor, graduate assistants, or classmates outside of class.

7. ADA Compliance and Ability Policy

The University of Toledo is committed to providing equal access to education for all students. If you have a documented disability or if you believe you have a disability and want to find out about requesting academic accommodations/adjustments in this course please contact Student Disability Services via the following means: Rocket Hall 1820; 419.530.4981; studentdisabilitysvcs@utoledo.edu

The University of Toledo provides educational opportunities to people with disabilities and complying with the ADA, Section 503 and Section 504 of the Rehabilitation Act of 1973 ("the Rehabilitation Act") and other applicable federal and state laws and regulations that prohibit discrimination on the basis of disability. UT Policy Number 3364-50-03.

8. Statement of Diversity and Inclusion

In concert with the University of Toledo's values and expectations, the students, faculty and staff within the College of Health and Human Services uphold the tenets pledged by the University to respect and value personal uniqueness and differences. Specifically, we will actively participate in the initiatives of the University to attract

and retain diverse students, faculty and staff; to challenge stereotypes; and to promote sensitivity toward diversity and foster an environment of inclusion in all curricular and extra-curricular activities. Hence, all students enrolled in this course will be expected to:

- Be considerate of the thoughts and ideas of others
- Demonstrate accountability, integrity and honor in all course-related activities
- Promote a collaborative and supportive educational environment
- Treat every individual with kindness, dignity, and respect regardless of:
 - Gender
 - Race / Ethnicity
 - Religion
 - Sexual Orientation
 - Gender Identity, Gender Expression
 - Impairment(s) / Disability(ies)
 - Political Views
 - Social Class / Socioeconomic Status
 - Linguistic Diversity
 - Nationality / Country of Origin
 - Other Element(s) of Uniqueness

You can visit the University of Toledo's web-page on diversity and inclusion at <http://www.utoledo.edu/diversity/>.

9. Non-discrimination Policy

The University of Toledo is committed to a policy of equal opportunity in education, employment, membership and contracts, and no differentiation will be made based on race, color, religion, sex, age, national origin, sexual orientation, veteran status or the presence of a disability. The University will take affirmative action as required by federal or state law. Anyone who feels they may have been discriminated against or harassed can file a complaint by contacting: The Office of Institutional Diversity 419.530.2508 Individuals can also file a complaint anonymously via EthicsPoint Inc. by calling: 888.416.1308. More information on this option is online: <https://secure.ethicspoint.com/domain/media/en/gui/15496/index.html>

10. Cultural / Religious policy

If you have cultural or religious commitments that may conflict with the requirements of this course, please discuss potential options with the instructor.

11. Weather

In the event of a major snow or ice storm or other inclement weather, the University will announce class cancellations, delay of classes and changes to administrative office hours through the UT Alert text messaging system, e-mail, the UT home page at utoledo.edu, myUT.utoledo.edu, the UT snow line, 419.530.SNOW (7669), and on local radio and television stations. You can sign up for UT Alert at <http://myUT.utoledo.edu>. The University's policy is to remain open whenever possible to minimize interruption of teaching and research. It is also the University's policy that the hospital never closes.

12. Drop / Withdrawal

Students who drop or withdraw from the course must notify the instructor in writing. Failure to notify the instructor shall result in the student being considered absent without leave from the class and the student shall be considered responsible for all work missed.

13. Student Evaluations

At the conclusion of the academic term, students will have an opportunity to evaluate the instructor and the course. This is done anonymously and used as a means to improve instruction, course content, and the overall curriculum. Your comments, suggestions, and feedback are taken seriously and contribute significantly to course and program improvement. You are strongly encouraged to complete a course evaluation. agencies to familiarize themselves with requirements and changes.

14. Course Changes

The course syllabus provides a general plan for the course; deviations may be necessary and will be delivered via your UT student email accounts. The course schedule, requirements, procedures, contents, etc., are subject to

change by the instructor once the course is underway.

15. Night Watch (Safety Escort)

People who feel uncomfortable traveling alone on campus during evening hours can utilize the Escort Service that operates from 7 p.m. to 3 a.m., Sunday to Thursday, and 7 p.m. to 10 p.m., Fridays and Saturdays, when school is in session. To request an escort, students should call 419.530.3024. (On-campus ext. 3024.) An escort will be sent to their location and accompany them to any parking lot or campus building.

16. Emergencies

If on campus, dial ext. 2600 or 419.530.2600. If off campus, dial 911.

Tentative Class Schedule

Class	Date	Topic	Readings and Assignments Due
1	1/23	Discuss Syllabus/Review Practicum Manual/Supervision	Bring manual to class
2	1/30	Importance of Clinical & Supervisory Theoretical Orientations Effective Case Conceptualizations Intake Procedures; Risk Assessment Peer Supervision Feedback Psychopathology Advanced Clinical Training for Professional Counselors	
3	2/7	Diversity, Multiculturalism, and Social Justice in Counseling	
4	2/13	Case Conceptualizations	Hannah Taylor
5	2/20	Case Conceptualizations	Alex Mou
6	2/27	Case Conceptualizations	Taylor Kim Lindsay
7	3/5	Individual Supervision Week	Midterm Evaluations Due Schedule an hour with Dr. Walker for individual supervision
8	3/12	SPRING BREAK	
9	3/19	Case Conceptualizations	Mou Jess
10	3/26	Case Conceptualizations	Alex Laura
11	4/2	Case Conceptualizations	Hannah Jen
12	4/9	Case Conceptualizations	Nafea Laura Lindsay
13	4/16	ACA Conference NO CLASS	
14	4/23	Case Conceptualizations	Jess Kim
15	4/30	Case Conceptualizations	Jen Nafea Final Evaluations Due
16	5/7	Finals Week: NO CLASS	

NOTE: *Class schedules and topics are subject to change at the instructor's discretion.*