



Spring 2015

# UT/BGSU/MCO Physical Therapy Alumni Newsletter

## A MESSAGE FROM THE DIRECTOR

Dear Graduates of the Physical Therapy Program at the University of Toledo, formerly the PT Program at the Medical College (University) of Ohio in Consortium with Bowling Green State University and the University of Toledo:

After 32 years, we are finally producing our first ever Alumni newsletter! A huge thanks to members of our Student Physical Therapy Organization (SPTO) and their faculty advisor, Dr. Michael Tevald for developing this newsletter. It's hard to believe I was in the SPTO 32 years ago as a member of the Class of 1984. And now here I am as director of the program! I guess that makes me qualified to give you a brief update about where we've been, where we are, and where we are heading.

The program started out as a few offices in a small hallway in the Health Science Building of MCO, and it graduated its first class in 1983 with a Bachelor of Science degree in PT (awarded from either UT or BGSU). It then transitioned to a Master of Science in Biomedical Science degree with its first masters' graduates in 2002. Shortly thereafter, the program transitioned to the Doctor of Physical Therapy (DPT) degree and graduated its first class in 2009. It was during this time that the Medical College of Ohio changed its name to the Medical University of Ohio and then in 2006, merged with the University of Toledo.

It took a few years to work out all the bugs related to the merger, and in 2010, the DPT Program became part of the newly formed Department of Rehabilitation Sciences in the College of Health Sciences on the Main Campus of the University of Toledo. We are now housed in a department with an Occupational Therapy Doctoral program and a Speech Language Pathology program, and are in a college with athletic training, respiratory therapy, biomechanics, exercise physiology, recreation therapy, etc. We have the best of both worlds... opportunities to work with faculty and students from these related fields on the Main Campus with the hustle and bustle of college life, AND full use of the hospitals, clinics, medical library, etc. on the former MCO Campus (now called the Health Science Campus). We are also involved with interprofessional programming on that campus with students from medicine, nursing, pharmacy, and physician assistant, which includes the use of a new multi-million dollar Interprofessional Immersive Simulation Center and Clinical Skills Center. Our future plans as a program include continued growth in interprofessional education and simulation to best prepare our students and graduates for clinical practice.

Just as importantly, our future plans for growth and improvement include reaching out to you! We are updating our alumni database and will soon be sending a survey to all of you to find out what YOU have been up to! We understand that half of you who graduated with the BS in PT (my fellow BGSU alumni) may have a hard time considering yourself a UT graduate now. However, please consider yourself a proud graduate of our Physical Therapy Program, regardless of your undergraduate institution!

Those of you who are involved with the program as clinical instructors, guest speakers, advisory board members, participants in continuing education programming, etc., THANK YOU for all you do! If you would like to get involved, please contact me ([michelle.masterson@utoledo.edu](mailto:michelle.masterson@utoledo.edu)). We would love to hear from you and get you involved in some way with your alma mater... the DPT Program at UT!

Sincerely,

Michelle (Clark) Masterson, PT, PhD

Director, DPT Program

Chair, Department of Rehabilitation Sciences

Class of 1984



## WE'D LOVE TO HEAR FROM YOU! CONTACT US SOON!

- [Michael.tevald@utoledo.edu](mailto:Michael.tevald@utoledo.edu)
- <https://www.facebook.com/groups/3602300766008170/>

## LET US KNOW WHAT YOU'VE BEEN UP TO.

- NEW JOB?
- PROFESSIONAL ACHIEVEMENT?
- CHANGES IN YOUR PERSONAL/FAMILY LIFE YOU'D LIKE TO SHARE?

## A WORD ABOUT THE NEWSLETTER

Welcome to the inaugural edition of the Alumni Newsletter! This newsletter was put together by the Student Physical Therapy Organization (SPTO), with a bit of help from the faculty. We hope to use this newsletter as a way to connect with you, give you updates about our program, and let you know about upcoming events that may be of interest to you.

## UT PT HAS STRONG SHOWING AT CSM 2015

The Combined Sections Meeting (CSM) is the largest annual conference hosted by the American Physical Therapy Association (APTA). The conference, which is held in early February, consists of educational programming put together by each of the APTA's 18 sections, as well as professional meetings and exhibit halls.

This year, over 12,000 PTs, PTA's, and students gathered in Indianapolis, IN to attend the conference. Included in that group were 27 current UT DPT students, as well as all current faculty members. Additionally, several faculty members and students presented their research at the conference.



## PT STUDENTS AND FACULTY PARTICIPATE IN COMMUNITY CARE CLINIC

The Community Care Clinic, started in 2010 by Dr. Richard Paat, MD, provides comprehensive healthcare for those without insurance in Lucas and Wood counties. The services are free, and everyone is welcome. The Community Care Clinic relies on volunteer physicians, nurses, pharmacists, physical therapists, medical assistants, and non-clinical volunteers. PT students volunteer to work, with supervision by a licensed PT, as part of the interprofessional medical team.

The Clinic is held every Thursday evening from 6-9:30pm at Cedar Creek Church South Campus on Byrne Road in Toledo. Volunteer PT's typically sign up on a rotation to help once a month or once every other month. To find out more information, or if you'd like to volunteer to help, email [rehab@utcommunitycare.org](mailto:rehab@utcommunitycare.org).

## PT AND OT STUDENTS CO-HOST TWILIGHT FUNDRAISER



Twilight is a social event for the physical therapy and occupational therapy programs, where the money from the tickets will support the SPTO and SOTA organizations. Tickets are ten dollars and include dinner, with a cash bar provided. The event has a 50/50 drawing and prize themed baskets donated from various organizations around Toledo. Come and reunite with the program, professors and see old friends out on the dance floor!

The event is located at the Pinnacle in Maumee, OH and will be held on August 20<sup>th</sup>. For more information on how to purchase tickets, check the PT Alumni Facebook page or email [michael.tevald@utoledo.edu](mailto:michael.tevald@utoledo.edu).





*Current students, faculty, and clinicians at a Mudhens game during an Ohio Physical Therapy Association Northwest District event.*

## UPCOMING EVENTS

### PT Pub Night:

Once a month we PTs get together over a pint or two and have a great conversation. Nobody says it HAS to involve Physical Therapy, but most of the time it does. It is the entire reason we are here...we are passionate about what we do. We also love to connect with fellow PTs and see what is new in each other's neck of the woods. PT Pub Night is what you make it...so make it a great night of food, drink, and camaraderie! Pub nights change every month so stay up to date!

See the following links for questions about the event and find an area near you! <http://ptpubnight.com/>

If you're near Toledo here is the link for our Facebook page: <https://www.facebook.com/events/1376275036025051>



### Glass City Marathon Teams

The Glass City Marathon is on Sunday, April 25th. We have two teams of 5 students and professors running as a relay team to complete the marathon together, as well as a few students running on their own. Come out and support our students and faculty! If you are interested, watch for updates to team up with us for next year's race!



### UT PT Apparel Sales

Once a year the SPTO sells UT apparel, and this year, we'd like to open the sale to Alumni! Items include professional polo shirts, t-shirts, crew necks, quarter zips, hats, sweatpants, and more. A portion of the proceeds will go to support professional development opportunities for students. We'll let you know when orders are open.