**University of Toledo Medical Center**

**Department of Orthopaedic Surgery**

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***Release Date:*** *October 2020***Termination Date** *July 30, 2022*

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**Learning Objectives: Participants will be able to:**

* *Describe common orthopaedic concerns*
* *Review new treatment options available for common orthopaedic injuries.*

**October 2020 Orthopaedic Monthly Questions**

Please check the appropriate answer and mail back to the CME office to receive credit.

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| 1. What is the most common joint affected by gout? 2. Knee 3. First Metatarsophalangeal Joint 4. Wrist 5. Ankle 6. What is the most common location for patellar tendonitis? 7. Inferior to the Patella 8. Superior to the Patella 9. Tendon Insertion into the Tibia   D) Posterior to the Patella   1. Which of the following is NOT an appropriate treatment of Herpetic Whitlow? A) Antiviral Treatment   B) Surgery  C) Acyclovir  D) Antibiotics | 1. What is the most common joint affected by pseudogout?   A) Knee   1. First Metatarsophalangeal Joint 2. Wrist 3. Ankle 4. What is the best early treatment for knee arthritis? 5. Arthroscopy 6. Surgery 7. Stem Cells   D) NSAIDs, Weight Loss, & Therapy |
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**Bibliographic references:**

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\* Burns CM, Wortmann RL. Latest evidence on gout management: what the clinician needs to know. Ther Adv Chronic Dis. 2012 Nov;3(6):271-86. doi: 10.1177/2040622312462056. PMID: 23342241

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\* Jevsevar DS, Shores PB, Mullen K, Schulte DM, Brown GA, Cummins DS. Mixed Treatment Comparisons for Nonsurgical Treatment of Knee Osteoarthritis: A Network Meta-analysis. J Am Acad Orthop Surg. 2018 May 1;26(9):325-336. doi: 10.5435/JAAOS-D-17-00318. PMID: 29688920.

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