**University of Toledo Medical Center**

**Department of Orthopaedic Surgery**

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***Release Date:*** *August 2020***Termination Date** *July 30, 2022*

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**Learning Objectives: Participants will be able to:**

* *Describe common orthopaedic concerns*
* *Review new treatment options available for common orthopaedic injuries.*

**August 2020 Orthopaedic Monthly Questions**

Please check the appropriate answer and mail back to the CME office to receive credit.

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| --- | --- |
| 1. What is a Hoffa Fracture? 2. Occult Distal Femur Fracture 3. Tibial Plateau Fracture 4. Humerus Fracture 5. Radial Head Fracture 6. What type of Salter-Harris Fracture passes through the epiphysis, the growth plate, and the metaphysis? 7. Type I 8. Type II 9. Type III 10. Type IV 11. The Double Arch Sign is a term that refers to what fracture? A) Shoulder Fracture   B) Wrist Fracture  C) Knee Fracture  D) Capitellum Fracture | 1. L5 nerve root irritation results from \_\_ 2. L5-S1 Disc Herniation and Affects the Quadriceps Muscle 3. L4-L5 Disc Herniation and Affects the Extensor Hallucis Longus 4. L5-S1 Disc Herniation and Affects the Extensor Hallucis Longus 5. L4-L5 Disc Herniation and Affects the Quadriceps Muscle 6. What may dysfunction of the trapezius cause? 7. Lower Back Pain 8. Lateral Winging of the Scapula 9. Shoulder Dislocation 10. Medial Winging of the Scapula |

**Bibliographic references:**

\* Acute Lumbar Disc Pain: Navigating Evaluation and Treatment 2008 October 1; 78 (7): 835-42 PMID: 18841731. Gregory DS.

\* An Uncommon Combination of Fractures around the Elbow: Capitellum Fracture Associated with Radial Head Fracture 2016 September-October; 6 (4): 108-110 PMID: 28164067 in Journal of Orthopedic Case Reports. Walid, O.

\* Modern Implant Options for the Treatment of Distal Femur Fractures 2019 October 01; 27 (19): 867-875 PMID: 30939565 in Jornal of American Academy of Orthopedic Surgery. Hake, ME.

\* Recent Research on the Growth Plate: Mechanisms for Growth Plate Injury 2014 August; 53 (1): 45-61 PMID: 25114207 in Journal of Molecular Endocrinology. Chung, R.

\* Scapular Winging 1995 November; 3 (6): 319-325 PMID: 10790670 in Journal of American Academy of Orthopedic Surgery. Kuhn, JE.

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