**University of Toledo Medical Center**

**Department of Orthopaedic Surgery**

The University of Toledo is accredited by the ACCME to provide continuing medical education for physicians. The University of Toledo designates this enduring activity for a maximum of ***2 AMA PRA Category 1 CreditsTM***. Physicians should claim only credit commensurate with the extent of their participation in the activity.

***Release Date: December 1,2019* Termination Date** *July 30, 2022,*

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Degree: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Specialty: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Email (Required):\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Learning Objectives: Participants will be able to:**

* *Describe common orthopaedic concerns*
* *Review new treatment options available for common orthopaedic injuries.*

**December 2019 Orthopaedic Monthly Questions**

Please check the appropriate answer and mail back to the CME office to receive credit.

|  |  |
| --- | --- |
| 1. IM rod for femoral shaft fracture in a growing child should be avoided due to: 2. causing AVN of the femoral head 3. causing malunion of the fracture. 4. Causing non- union. 5. Causing delayed union. 6. IM rod of a femoral fracture in the pediatric age group: 7. Interrupts the blood supply of the femoral head. 8. Causes hip stiffness. 9. Causes myositis. 10. Causes lengthening of the femur. 11. Opioid addiction is mainly caused by: A) physicians under prescribing.   B) culture intolerant of pain and wanting the patient to be comfortable.   1. Increase in the number of surgeries done 2. Lowered cost of opioids | 1. A patient has foot drop after knee dislocation the best TX: 2. Transfer of the tibialis interior. 3. Transfer of the tibialis posterior. 4. Transfer of the peroneal tendon 5. Transfer of the flexor hallucis 6. The best treatment for a femoral shaft fracture in an infant 3 months old is? 7. Palvik harness 8. spica cast 9. ORIF 10. External fixator |

**Bibliographic references:**

Leading the Way to Solutions to the Opioid Epidemic: AOA Critical Issues. 2017 Nov.01;99(21): e113 PMID29088045 in The Journal of Bone and Joint Surgery.

A Systematic Review of Rigid, Locked, Intramedullary Nail Insertion Sites and Avascular Necrosis of the Femoral Head in the skeletally Immature. 2011 Jun;31(4):377-80. PMID:21572274 in the Journal of Pediatric Orthopaedics.

Surgical Treatment for Chronic Disease and Disorders of the Achilles Tendon.2009 Jan;17(1):3-14. PMID 19136422 in the Journal of the American Academy of Orthopedic Surgeons.

**To receive CME Credit,** you must obtain at least 80% (4/5).

**\_\_\_\_\_ Check Payment:**Mail ($15 payable to UT-CME) along with completed post-test to: Center for Continuing Medical Education, The

University of Toledo, 3000 Arlington Ave, MS #1092, Toledo, OH  43614.

**\_\_\_\_\_ Credit Card Payment:**Email completed post-test to:

[ContinuingMedEd@utoledo.edu](mailto:ContinuingMedEd@utoledo.edu)  (include phone # so we can contact you to obtain payment information)