**University of Toledo Medical Center**

**Department of Orthopaedic Surgery**

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***Release Date: December 1,2019* Termination Date** *July 30, 2022,*

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Degree: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Specialty: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Email (Required):\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Learning Objectives: Participants will be able to:**

* *Describe common orthopaedic concerns*
* *Review new treatment options available for common orthopaedic injuries.*

**December 2019 Orthopaedic Monthly Questions**

Please check the appropriate answer and mail back to the CME office to receive credit.

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| --- | --- |
| 1. IM rod for femoral shaft fracture in a growing child should be avoided due to:
2. causing AVN of the femoral head
3. causing malunion of the fracture.
4. Causing non- union.
5. Causing delayed union.
6. IM rod of a femoral fracture in the pediatric age group:
7. Interrupts the blood supply of the femoral head.
8. Causes hip stiffness.
9. Causes myositis.
10. Causes lengthening of the femur.
11. Opioid addiction is mainly caused by:A) physicians under prescribing.

 B) culture intolerant of pain and wanting the patient to be comfortable.1. Increase in the number of surgeries done
2. Lowered cost of opioids
 | 1. A patient has foot drop after knee dislocation the best TX:
2. Transfer of the tibialis interior.
3. Transfer of the tibialis posterior.
4. Transfer of the peroneal tendon
5. Transfer of the flexor hallucis
6. The best treatment for a femoral shaft fracture in an infant 3 months old is?
7. Palvik harness
8. spica cast
9. ORIF
10. External fixator
 |

**Bibliographic references:**

Leading the Way to Solutions to the Opioid Epidemic: AOA Critical Issues. 2017 Nov.01;99(21): e113 PMID29088045 in The Journal of Bone and Joint Surgery.

A Systematic Review of Rigid, Locked, Intramedullary Nail Insertion Sites and Avascular Necrosis of the Femoral Head in the skeletally Immature. 2011 Jun;31(4):377-80. PMID:21572274 in the Journal of Pediatric Orthopaedics.

Surgical Treatment for Chronic Disease and Disorders of the Achilles Tendon.2009 Jan;17(1):3-14. PMID 19136422 in the Journal of the American Academy of Orthopedic Surgeons.

**To receive CME Credit,** you must obtain at least 80% (4/5).

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