**University of Toledo Medical Center**

**Department of Orthopaedic Surgery**

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***Release Date:*** *December 2020***Termination Date** *July 30, 2022*

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Specialty: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Learning Objectives: Participants will be able to:**

* *Describe common orthopaedic concerns*
* *Review new treatment options available for common orthopaedic injuries.*

**December 2020 Orthopaedic Monthly Questions**

Please check the appropriate answer and mail back to the CME office to receive credit.

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| 1. What is crescent sign of the hip associated with? 2. Rheumatoid Arthritis 3. Osteonecrosis 4. Osteoarthritis 5. Transient Osteoporosis 6. What is the significance of Heberden’s Nodes of the finger?   A) Osteoarthritis  B) Rheumatoid Arthritis  C) Psoriatic Arthritis  D) Ankylosing Spondylitis   1. How is Mallet Finger usually treated? A) Surgery   B) External Fixation  C) DIP Flexion Splint  D) DIP Extension Splint | 1. What is the Female Athlete Triad? 2. Steroid Use, Osteoporosis, Insufficient Caloric   Intake   1. Amenorrhoea, Osteonecrosis, Insufficient Caloric Inake 2. Amenorrhoea, Osteoporosis, Insufficient Caloric Intake 3. Amenorrhoea, Osteoporosis, Excessive Caloric Intake 4. What is the inheritance pattern of Camptodactyly? 5. Autosomal Dominant 6. Autosomal Recessive 7. X-linked Dominant 8. X-linked Recessive |
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**Bibliographic References:**

\* Evans BT, Waters PM, Bae DS. Early Results of Surgical Management of Camptodactyly. J Pediatr Orthop. 2017 Jul/Aug;37(5):e317-e320. doi: 10.1097/BPO.0000000000000967. PMID: 28277466.

\* Lin JS, Samora JB. Surgical and Nonsurgical Management of Mallet Finger: A Systematic Review. J Hand Surg Am. 2018 Feb;43(2):146-163.e2. doi: 10.1016/j.jhsa.2017.10.004. Epub 2017 Nov 22. PMID: 29174096.

\* Matzkin E, Curry EJ, Whitlock K. Female Athlete Triad: Past, Present, and Future. J Am Acad Orthop Surg. 2015 Jul;23(7):424-32. doi: 10.5435/JAAOS-D-14-00168. PMID: 26111876.

\* Pettersson K, Amilon A, Rizzo M. Pyrolytic carbon hemiarthroplasty in the management of proximal interphalangeal joint arthritis. J Hand Surg Am. 2015 Mar;40(3):462-8. doi: 10.1016/j.jhsa.2014.12.016. PMID: 25708434.

\* Zalavras CG, Lieberman JR. Osteonecrosis of the femoral head: evaluation and treatment. J Am Acad Orthop Surg. 2014 Jul;22(7):455-64. doi: 10.5435/JAAOS-22-07-455. PMID: 24966252.

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