**University of Toledo Medical Center**

**Department of Orthopaedic Surgery**

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***Release Date:*** *June 2020***Termination Date** *July 30, 2022*

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**Learning Objectives: Participants will be able to:**

* *Describe common orthopaedic concerns*
* *Review new treatment options available for common orthopaedic injuries.*

**June 2020 Orthopaedic Monthly Questions**

Please check the appropriate answer and mail back to the CME office to receive credit.

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| 1. What is the most common complication after talus fracture? 2. Tendonitis 3. Subtalar Arthritis 4. Refracture 5. Decreased Mobility 6. What type of talus fracture has the highest incidence of AVN? 7. Type I 8. Type II 9. Type III 10. Type IV 11. What is the best treatment of calcaneal stress fractures? A) ORIF   B) External Fixator   1. Rest, Immobilization, Protected Weight-Bearing 2. Percutaneous Fixation | 1. What nerve is injured if the patient is unable to do the O.K. Sign? 2. Median Nerve and Anterior Interosseous Nerve 3. Ulnar Nerve 4. Radial Nerve 5. Axillary Nerve 6. What is the function of the plantaris muscle? 7. Flexion of the foot and knee 8. Knee extension 9. Foot dorsiflexion 10. Foot extension |

**Bibliographic references:**

\* Fractures of the Lateral Process of the Talus 2018 September, 23 (3): 375-395 PMID: 30097080 in Foot Ankle Clinics. Tinner, C; Sommer, C.

\* Managing the Open Calcaneal Fracture: A Systemic Review 2018 November 4, 25 (6): 707-713 PMID: 30467055 in Foot Ankle Surgery. Spierings, KE.

\* The Anatomy of the Recurrent Branch of the Median Nerve 1998 September, 23 (5): 852-8 PMID: 9763261 in The Journal of Hand Surgery. Kozin, S.

\* The Plantaris Muscle: Anatomy, Injury, Imaging, and Treatment 2007 July 51 (3): 158-165 PMID: 17885678 in The Journal of the Canadian Chiropractic Association. Spina, A.

**To receive CME Credit,** you must obtain at least 80% (4/5).

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