**University of Toledo Medical Center**

**Department of Orthopaedic Surgery**

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***Release Date:*** *Month Year***Termination Date** *July 30, 2022*

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**Learning Objectives: Participants will be able to:**

* *Describe common orthopaedic concerns*
* *Review new treatment options available for common orthopaedic injuries.*

**Month Year Orthopaedic Monthly Questions**

Please check the appropriate answer and mail back to the CME office to receive credit.

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| 1. What is the origin of the hamstring? 2. Ischial Tuberosity 3. Ischial Spine 4. Pubic Bone 5. Anterior Inferior Iliac Spine 6. What is the primary function of the hamstring muscle?   A) Hip Flexion  B) Knee Flexion  C) Knee Extension  D) Hip Abduction   1. What is the main complication of calcaneal avulsion fractures?  A) Arthritis   B) Skin & Soft Tissue Necrosis  C) Vascular Injury  D) Compartment Syndrome | 1. What nerve roots does the sciatic nerve arise from? 2. L1, L2, L3, L4, L5 3. L2, L3, L4, L5, S1 4. L3, L4, L5, S1, S2 5. L4, L5, S1, S2, S3 6. What nerve is commonly injured in knee dislocations?   A) Tibial Nerve   1. Baxter’s Nerve 2. Common Peroneal Nerve 3. Interdigital Nerve |
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**Bibliographic References:**

\* Arner JW, McClincy MP, Bradley JP. Hamstring Injuries in Athletes: Evidence-based Treatment. J Am Acad Orthop Surg. 2019 Dec 1;27(23):868-877. doi: 10.5435/JAAOS-D-18-00741. PMID: 31283532.

\* Natsis K, Totlis T, Konstantinidis GA, Paraskevas G, Piagkou M, Koebke J. Anatomical variations between the sciatic nerve and the piriformis muscle: a contribution to surgical anatomy in piriformis syndrome. Surg Radiol Anat. 2014 Apr;36(3):273-80. doi: 10.1007/s00276-013-1180-7. Epub 2013 Jul 31. PMID: 23900507.

\* Sharr PJ, Mangupli MM, Winson IG, Buckley RE. Current management options for displaced intra-articular calcaneal fractures: Non-operative, ORIF, minimally invasive reduction and fixation or primary ORIF and subtalar arthrodesis. A contemporary review. Foot Ankle Surg. 2016 Mar;22(1):1-8. doi: 10.1016/j.fas.2015.10.003. Epub 2015 Nov 21. PMID: 26869492.

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