**University of Toledo Medical Center**

**Department of Orthopaedic Surgery**

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***Release Date:*** *May 2021* **Termination Date** *July 30, 2022*

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**Learning Objectives: Participants will be able to:**

* *Describe common orthopaedic concerns*
* *Review new treatment options available for common orthopaedic injuries.*

**May 2021 Orthopaedic Monthly Questions**

Please check the appropriate answer and mail back to the CME office to receive credit.

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| 1. What are risk factors for developing low back pain? 2. Nicotine Use 3. Low-Income Status 4. Male Gender 5. All of the Above 6. If the patient’s pain is worse with extension an has more back pain than leg pain, what does it probably indicate?   A) Spinal Stenosis  B) Spondylolisthesis  C) Spondylosis  D) Disc Herniation   1. What tendons are involved in pes anserine bursitis? A) Sartorius   B) Garcilis  C) Semitendinosus  D) All of the Above | 1. What is the classic triad of symptoms for infectious mononucleosis? 2. Rash, Sore Throat/Pharyngitis, & Lymphadenopathy 3. Fever, Sore Throat/Pharyngitis, & Lymphadenopathy 4. Fever, Sore Throat/Pharyngitis, & Headache 5. Rash, Sore Throat/Pharyngitis, & Headache 6. What muscle does not have dual innervation? 7. Pectineus 8. Subscapularis 9. Pectoralis Major   D) Sartorius |
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**Bibliographic References:**

\* Bento TPF, Genebra CVDS, Maciel NM, Cornelio GP, Simeão SFAP, Vitta A. Low back pain and some associated factors: is there any difference between genders? Braz J Phys Ther. 2020 Jan-Feb;24(1):79-87. doi: 10.1016/j.bjpt.2019.01.012. Epub 2019 Feb 13. PMID: 30782429; PMCID: PMC6994312.

\* Calmbach WL, Hutchens M. Evaluation of patients presenting with knee pain: Part II. Differential diagnosis. Am Fam Physician. 2003 Sep 1;68(5):917-22. PMID: 13678140.

\* Mahakkanukrauh P, Somsarp V. Dual innervation of the brachialis muscle. Clin Anat. 2002 May;15(3):206-9. doi: 10.1002/ca.10014. PMID: 11948956.

\* Peterson AR, Nash E, Anderson BJ. Infectious Disease in Contact Sports. Sports Health. 2019 Jan/Feb;11(1):47-58. doi: 10.1177/1941738118789954. Epub 2018 Aug 14. PMID: 30106670; PMCID: PMC6299350.

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