Learning Objectives: Participants will be able to:
- Describe common orthopaedic concerns
- Review new treatment options available for common orthopaedic injuries.

January 2019 Orthopaedic Monthly Questions

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1. MCL injuries associated with ACL injuries are classified as what Grade?
   A) Grade I
   B) Grade II
   C) Grade III
   D) Grade IV

2. What is the most common location of lumbar disc herniation?
   A) Foraminal
   B) Posterolateral
   C) Central
   D) Lateral

3. Which of the following is present in DISH?
   A) Large Osteophytes
   B) Positive HLA-B27
   C) SI Joint Involvement
   D) Bamboo Spine

4. Which of the following is a common treatment of plantar fascia rupture?
   A) Non-weight bearing with crutches
   B) Physical Therapy
   C) Walking Boot
   D) All of the Above

5. Prophylactic braces are used in sports such as football to prevent injury to which of the following?
   A) PCL
   B) ACL
   C) MCL
   D) Meniscus

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