Learning Objectives: Participants will be able to:
- Describe common orthopaedic concerns
- Review new treatment options available for common orthopaedic injuries.

April 2019 Orthopaedic Monthly Questions

Please check the appropriate answer and mail back to the CME office to receive credit. You must obtain at least 80% (4/5) to receive CME credit.

1. What spinal nerves comprise the lumbosacral plexus?
   A) L2, L3, L4, L5, S1
   B) L3, L4, L5, S1, S2
   C) L4, L5, S1, S2, S3
   D) L5, S1, S2, S3, S4

2. What injury does a positive Pivot Shift Test diagnose?
   A) PCL Injury
   B) MCL Injury
   C) LCL Injury
   D) ACL Injury

3. At what degree should the Pivot Shift Test be performed?
   A) 20-30 degrees
   B) 90-120 degrees
   C) 30-40 degrees
   D) 60-70 degrees

4. Which of the following is a symptom of long thoracic nerve injury?
   A) Medial winging of the scapula
   B) Difficulty elevating the arm
   C) Weakness/pain
   D) All of the above

5. Which nerve is involved in Pronator Teres Syndrome?
   A) Ulnar Nerve
   B) Median Nerve
   C) Radial Nerve
   D) Axillary Nerve

6. What spinal nerves comprise the lumbosacral plexus?
   C) L2, L3, L4, L5, S1
   D) L3, L4, L5, S1, S2
   D) L5, S1, S2, S3, S4

7. Which of the following is not included in the O'Donoghue's Unhappy Triad?
   E) ACL Injury
   F) MCL Injury
   G) Lateral Meniscus Injury
   H) Medial Meniscus Injury

8. What should the examiner feel when performing the Pivot Shift Test?
   A) A palpable "clunk"
   B) Lack of a solid end point
   E) A solid end point
   F) Laxity

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