

**CURRICULUM VITAE
THE UNIVERSITY OF TOLEDO
COLLEGE OF MEDICINE**

PERSONAL INFORMATION:

Name: Sandra L. McCluskey, MA, LPCC-S, NCC

EDUCATION AND TRAINING:

Bachelor of Science in Public Administration, 1990
Eastern Michigan University

Master of Arts in Counseling, 1997
Bowling Green State University

University of Toledo, clinical counseling endorsement, 1996-1997

CERTIFICATIONS/LICENSURES:

Licensed Professional Clinical Counselor with supervision endorsement, State of Ohio, 2011 - present

Licensed Professional Counselor, State of Michigan, 2012 - present

National Board-Certified Counselor, June 19, 2015 - present

Certified EMDR Therapist, June 1, 2014 - present

EMPLOYMENT:

November 01, 2018 - Present

University of Toledo, College of Medicine & Life Sciences
Toledo, Ohio

Associate Professor of Psychiatry, Clinical Track
Full-time, Salaried

April 11, 2009 - Present

University of Toledo, University of Toledo Physicians
Toledo, Ohio

Clinical Therapist
Full-time, Salaried

September 2007 - April 2009

Compass Corporation for Recovery Services/Substance Abuse Services, Inc
Toledo, Ohio

Dual Diagnosis Clinical Therapist
Full-time, Salaried

October 2002 - September 2007

Harbor Behavior Healthcare
Toledo, Ohio

Child and Adult Clinical Therapist
Full-time, Salaried

November 1997 - October 2002
Owens Community College
Toledo, Ohio

Academic Advisor/Disability Services Advisor
Part-time

September 1999 - August 2002
Owens Community College
Toledo, Ohio

Academic Instructor
Part-time

NATIONAL AND INTERNATIONAL PROFESSIONAL SOCIETIES & ACTIVITIES:

World Professional Association for Transgender Health, December 2014 - present
EMDR International Association, 2013 - present

REGIONAL, STATE AND LOCAL PROFESSIONAL SOCIETIES & ACTIVITIES:

Northwest Ohio EMDRIA Regional Network, 2016 - present
American Counseling Association, 2014 - present
Ohio Counseling Association, 2014 - present
Ohio Mental Health Counselors Association, 2014 - present
Association for Lesbian, Gay, Bisexual, & Transgender Issues in Counseling of Ohio, 2015 - present
Chi Sigma Iota-Counseling Academic and Professional Honor Society International, Alpha Omega University of Toledo Chapter, 2012 - present
Affiliate with the University of Michigan Health System Comprehensive Gender Services Program, 2016 - present

COMMUNITY SERVICE AND ORGANIZATIONS:

COVID-19 Resident Support Group. Facilitator for all departments, University of Toledo, Toledo, Ohio, March - June 2020.

COVID-19 Stress Hotline. Weekly hotline volunteer, University of Toledo, Toledo, Ohio, March - June 2020

Trauma Recovery/Humanitarian Assistance Program. Volunteer, 2017 - present

Advocating Opportunity. Volunteer Clinical Therapist. Provided pro bono counseling to identified sex trafficking victims, Toledo, Ohio, 2016 - 2017

EMDR Study Group. Toledo, Ohio. Discuss and promote the advancement of EMDR Therapy, 2012 - present

Glass City Marathon. Volunteer. Toledo, Ohio, 2008 - present

Girl Scout Leader for Troop 10155, Toledo, Ohio, Fall 2007 - June 2011

Girl Scout Leader for Troop 10926, Toledo, Ohio, Fall 2005 - June 2011

Secretary of the Walbridge Park Advisory Board, Toledo, Ohio, 2005 - present

EDUCATIONAL ACTIVITIES:

EMDR Study Group. Discuss and promote the advancement of EMDR Therapy. Toledo, Ohio, October 2012 – present

Supervise the clinical work of counseling interns, University of Toledo Department of Psychiatry, June 2018 - present

Psychiatry Resident Book Club (PGY2). Co-facilitator of weekly discussions on psychotherapy books with second-year residents. University of Toledo, Department of Psychiatry, Toledo, Ohio, July 2019 - present.

Psychiatry Resident (PGY1) Didactic series on psychotherapy. Assist in educating first-year psychiatry residents psychotherapy theories, techniques and best practices. University of Toledo, Department of Psychiatry, Toledo, Ohio, August 2019 – present

Supervised the clinical work of the academic enrichment counselor, University of Toledo, College of Medicine & Life Sciences, November 2019 - May 2020

COMMITTEES, UT:

The University of Toledo College of Medicine

Search Committee for Academic Enrichment Center Counselor, May 2019 - November 2019

The University of Toledo Main Campus

Search Committee for UT Counselor/Psychologist June 2019 - September 2019

INVITED LECTURES, SEMINARS, SYMPOSIA, VISITING PROFESSORSHIPS:

REGIONAL:

McCluskey, SL. “Helping Teens with Self Esteem.” Presentation to therapists and staff, Harbor Behavioral Healthcare, Toledo, Ohio, July 2004.

McCluskey, SL. “An Introduction to BASIC ID Counseling.” Presentation to therapists and staff, Harbor Behavioral Healthcare, Toledo, Ohio, April 2005.

McCluskey, SL. “Opioid Abuse and Depression.” Presentation to therapists and staff, Compass Corporation for Recovery Services, Toledo, Ohio, November 2008.

McCluskey, SL., Gresko, E. “Compassion Fatigue.” Presentation to Residence Life staff, University of Toledo, Toledo, Ohio, March 2010.

McCluskey, SL. “EMDR and Peak Performance.” Presentation to EMDR consultation group, Toledo, Ohio, May 2015.

McCluskey, SL. “EMDR and Test Anxiety.” Presentation to EMDR local therapy network, Toledo, Ohio, March 2018.

Vandecaveye, A, McCluskey, SL, “Eye Movement Desensitization and Reprocessing.” Family Medicine Didactics, University of Toledo Department of Family Medicine, Toledo, Ohio, June 05, 2019.

BIBLIOGRAPHY

INTERVIEWS:

McCluskey, S.L. Interviewed by Kirk Baird “For transgender people, a difficult but liberating journey to becoming their true selves”, The Toledo Blade, Published on Aug. 28, 2016 | Updated 12:04 p. m.

McCluskey, S., Interviewed by Locke Hughes “Curious if EMDR is an Effective Form of Therapy? Here’s What to Know”, HuffPost, Published on 03/03/2020 05:45am EST | Updated March 6, 2020.03/03/2020 https://www.huffpost.com/entry/emdr-therapy-trauma_1_5e56cb98c5b68f79fdc43ae2

MAJOR INTERESTS:

Trauma recovery

College mental health and medical student mental health

Resident wellness

Transgender healthcare