

**CURRICULUM VITAE
THE UNIVERSITY OF TOLEDO
COLLEGE OF MEDICINE**

PERSONAL INFORMATION:

Name: Amy E. Riese, M.D.

EDUCATION AND TRAINING:

B.A. Biology, Gustavus Adolphus College, St. Peter, Minnesota 1999
(Summa cum Laude)

M.D. Medical College of Wisconsin, Milwaukee, Wisconsin, 2004

POSTGRADUATE MEDICAL EDUCATION (RESIDENCIES, FELLOWSHIPS):

Residency

July 2004-
June 2008 University of Toledo, University Medical Center
Toledo, Ohio
Residency in Psychiatry

EMPLOYMENT:

March 1, 2019 University of Toledo, College of Medicine & Life Sciences
Present Toledo, Ohio
Director of Student Mental Health Services
Part-time; Salaried

February 1, 2016- University of Toledo, College of Medicine & Life Sciences
Present Toledo, Ohio
Associate Director, General Psychiatry Residency Program
Part-time; Salaried

February 11, 2013- University of Toledo, College of Medicine & Life Sciences
Present Toledo, Ohio
Assistant Professor of Psychiatry, Practitioner Track
Part-time; Salaried

June 2012 - Unemployed – Spouse in Orthopedic Fellowship Program
January 2013 Wellington, New Zealand

September 2008 - Open Door Community Health Centers
May 2012 Eureka, California
Consulting Psychiatrist
Full-time

CERTIFICATIONS/LICENSURES:

Certification

American Board of Psychiatry and Neurology

2019 for 10 years

Certificate No.: 59802

Licensure

State of Ohio

License #35-099648

NATIONAL AND INTERNATIONAL PROFESSIONAL SOCIETIES & ACTIVITIES:

American Psychiatric Association, 2004 – present

American Association of Directors of Psychiatry Residency Training, 2015 - present

Association of Women Psychiatrists, 2012 – present

Wisconsin Medical Society, 2000 – 2003

American Medical Women's Association, 2000 – 2003

Physicians for Social Responsibility, 2000 – 2003

REGIONAL, STATE AND LOCAL PROFESSIONAL SOCIETIES & ACTIVITIES:

Ohio Psychiatric Physician's Association, 2004 – 2008, 2013 – present

Northern California Psychiatric Association, 2008-2012

AWARDS AND COMMENDATIONS:

R. Vance Fitzgerald Scholarship Award, University of Toledo Department of Psychiatry, 2008

Alpha Omega Alpha, Honor Medical Society, University of Toledo College of Medicine, 2007

Resident Service Award in Psychiatry, University of Toledo Department of Psychiatry, 2007

Ali Mamun Award, University of Toledo Department of Psychiatry, 2007

The Gold Foundation Humanism and Excellence in Teaching Award, University of Toledo College of Medicine, 2007

National Health Service Corps Scholarship, Department of Health and Human Services, 2001 – 2004

Student Assembly Standing Ovation Award for service at Medical College of Wisconsin, Medical College of Wisconsin Student Assembly, 2002

Phi Beta Kappa National Honor Society, Gustavus Adolphus College, 1999

COMMUNITY SERVICE AND ORGANIZATIONS:

Facilitator for OCD support group at community mental health center, Toledo, Ohio, 2006-2007

Medical Service trip to Belize, April 2004

Student Director of Medical College of WI Saturday Clinic for the Uninsured, Milwaukee, Wisconsin, 2001 – 2002

Volunteer and Advisor for Saturday Clinic for the Uninsured, Milwaukee, Wisconsin, 2000 – 2004

Interview with K. Baird, “Transgender: Living life inside out” The Toledo Blade, August 28, 2016. <http://www.toledoblade.com/Culture/2016/08/28/For-transgender-people-a-difficult-but-liberating-journey-to-becoming-their-true-selves.html>

Ottawa Hills Schools Parent Association, 2015-present

Hope Lutheran Church Flute Choir, 2017-present

Ottawa Hills Mom’s Club – Outreach Committee, 2018-2019

Hope Lutheran Church Sunday School Teacher, 2019-2020

UTMC COVID resident support groups, March – June 2020

Created UT Student Mental Health Emergency Protocol, 2019

Eberly Center for Women Self-Care Panel, September 2020.

EDUCATIONAL ACTIVITIES

Resident Teaching:

Resident Resiliency Sessions, University of Toledo Department of Neurology, 2016-2017.

Resident Resiliency Sessions, University of Toledo Department of Internal Medicine, 2016-2017.

Resident Resiliency Sessions, University of Toledo Department of Emergency Medicine, 2017-2018

Resident Resiliency Sessions, University of Toledo Department of Psychiatry, 2017-present.

Resident Resiliency Sessions, University of Toledo Department of Surgery 2019- present.

Transgender Healthcare lecture, University of Toledo Department of Family Medicine, December 19, 2018.

Psychiatry Resident Book Club, weekly July 2019- present

College Student Mental Health lecture June 18, 2020 (developing college mental health curriculum for psychiatry residents)

Supervisor for Psychiatry Residents 2013-present

Medical Student Teaching:

Lifestyle Medicine Elective for M-1s and M-2s, co-facilitator, 2019-2020

Suicide Safety, Psychiatry Club, November 18, 2019

M-1 Ethics lecture, "Moral Distress and its Effects on Wellness and Self-Resilience." August 20, 2020

COMMITTEES, UT

The University of Toledo College of Medicine

Graduate Medical Education Committee. February 1, 2016 to present.

Wellness Taskforce. University Committee. January 1, 2019 to June 2019.

Search Committee for Academic Enrichment Center Counselor. Sept-Oct 2019.

The University of Toledo Main Campus

Search Committee for UT Counseling Center Director. July- Sept 2019.

Search Committee for UT Counseling Center Counselor. July- Sept 2019.

Search Committee for UT Counseling Center HSC Counselor. Jan- March 2021.

UT Mental Health Response Team. Sept 2019 – present.

Department of Psychiatry

Resident Psychotherapy Supervisors Committee, Member, 2013-2017

Resident Education and Clinical Supervisors Committee, Member, 2015-present

Program Evaluation Committee, Member, 2015-present

Resident Selection Committee, Member, 2016-2018

Clinical Competency Committee, Member, 2016-present

Journal Club Advisor, 2015-present

Regional

OPPA Depression in Medical Trainees Committee. May 1, 2017 – present.

INVITED LECTURES, SEMINARS, SYMPOSIA, VISITING PROFESSORSHIPS:**REGIONAL:**

Riese, AE. Poster presentation. "A Naturalistic Retrospective Chart Review of the Use of Aripiprazole in Mood Disordered Patients." The University of Toledo/BGSU 14th Annual Symposium on Research in Psychiatry, Psychology & Behavioral Science, Eleanor N. Dana Conference Center, Toledo, Ohio, March 30, 2006.

Williams KS, Riese A. "Use of Antidepressants, Antipsychotics and Mood Stabilizers in Pregnancy." Psychiatry Grand Rounds, University of Toledo, Toledo, Ohio, February 21, 2008.

Riese, AE. "Tips for Diagnosing Bipolar Disorder and Implications for Treatment." CME talk for primary care providers, Open Door Community Health Centers, Eureka, California, March 2009.

Riese, AE. "Tips for Choosing and Using Mood Stabilizers Effectively." CME talk for primary care providers" Open Door Community Health Centers, Eureka, California, March 2009.

Riese, AE. "Benefits and Liabilities of Using Benzodiazepines." CME talk for primary care providers" Open Door Community Health Centers, Eureka, California, September 2010.

Riese, AE. McGrady, AV., Brennan, J. "Building Resiliency in Internal Medicine Residents." Internal Medicine Grand Rounds, University of Toledo, Toledo, Ohio, August 18, 2016.

Riese, AE. "Transgender Mental Health." Psychiatry Grand Rounds, University of Toledo, Toledo, Ohio, January 19, 2017.

Sahai, A., Tripi, J., Brennan, J., McGrady, AV., Riese, AE., Stolting, A. Poster presentation. "Needs Assessment: Adopting the resident resiliency program at the University of Toledo to meet the needs of Medical Students." UT/BGSU 24th Annual Symposium on Research in Psychiatry, Psychology and Behavioral Science. University of Toledo, Toledo, Ohio, April 27, 2017.

Riese, AE. McGrady, AV., Brennan, J., Stolting, A. "Building Resiliency in Psychiatry Residents." Psychiatry Grand Rounds, University of Toledo, Toledo, Ohio, October 5, 2017.

Riese, AE. "Career Day." Notre Dame Academy, Toledo, Ohio. March 21, 2018.

Sampang et al. Poster presentation "Perceptions of Residents and Training Directors Residency Wellness Education, Program Support and Access to Depression Treatments. THE DEPRESS Ohio Study." OPPA Conference, Columbus, Ohio, March 30, 2019.

Rizwan, B., Egbo, J., Brennan, J., McGrady, A.V., Riese, AE. Poster presentation. "A Comparison of Burnout Rates in Resiliency in Psychiatry Residents Comparison to other Specialties." UT 26th Annual Symposium on Research in Psychiatry, Psychology and Behavioral Science. University of Toledo, Toledo, Ohio, April 18, 2019.

Riese, AE. "Results from the DEPRESS-Ohio Study (DEpression in RESidents Survey-Ohio)." Psychiatry Grand Rounds, University of Toledo, Toledo, Ohio, November 14, 2019.

SPECIAL/INVITED PRESENTATIONS AT NATIONAL AND INTERNATIONAL MEETINGS:

Bombard, J. Riese, A. Williams, KS. Stolting, A. Workshop. “Keeping Afloat in Rough Seas -A Guide to Surviving Changes in a Residency Program” AAP Annual Meeting and Conference. 2016 Association of Academic Psychiatry, San Juan, Puerto Rico, September 21-24, 2016.

Stolting, A. Riese, AE. Brennan, J. McGrady, A. Poster presentation. “Developing A Specialty-Specific Resident Resiliency Program.” American Association of Directors in Psychiatry Residency Training Annual Meeting and Conference. New Orleans, Louisiana. March 1-3, 2018.

McGrady, AV. Brennan, J. Stolting, A. Riese, AE. Poster presentation. Stolting, A. Riese, AE. Brennan, J. McGrady, AV. Poster presentation. “Ethics on a Structural Resiliency Program in Perceived Stress and Burnout in Residents from Family Medicine and Internal Medicine.” 2018 Association for Applied Psychophysiology and Biofeedback, Inc., Annual Meeting and Conference. Orlando, Florida. April 11-14, 2018.

Stolting, A. Riese, AE. Brennan, J. McGrady, A. Poster presentation. “A Targeted Approach to Building Resiliency Among Neurology and Family Medicine Residents.” American Psychiatric Association Annual Meeting and Conference. New York, New York. May 2, 2018.

Stolting, A. Riese, AE. Brennan, J. McGrady, A. Poster presentation. “Developing A Specialty-Specific Resident Resiliency Program.” American Association of Directors in Psychiatry Residency Training Annual Meeting and Conference. New Orleans, Louisiana. March 1-3, 2018.

Riese, AE. Brennan, J. McGrady, A. Poster presentation. “A Comparison of Burnout and Resiliency in Psychiatry Residents Compared to Other Specialties.” American Association of Directors in Psychiatry Residency Training Annual Meeting and Conference. San Diego, California. February 27-March 2, 2019.

McGrady, A. Brennan, J. Riese, A. Rizwan, B. Poster presentation. “Burnout and Resiliency in Five Medical Specialties.” Association for Applied Psychophysiology and Biofeedback Annual Meeting and Conference. Denver, Colorado. March 16, 2019.

McGrady, A. Brennan, J. Riese, A., McCarthy C. Poster presentation. “Effects of a Structural Resiliency Program on Indicators of Burnout in Five Medical Specialties.” American Psychological Association Annual Convention, Virtual due to COVID, accepted Feb 2020.

BIBLIOGRAPHY

PEER REVIEWED ARTICLES PUBLISHED IN SCIENTIFIC JOURNALS:

Sahai, A., Tripi, J., Brennan, J., McGrady, AV., Riese, AE., Stolting, A. "Needs Assessment: Identifying Perceived Needs of Medical Resources in Areas of Self-Management, Coping and Balancing Life." Journal of Health Science and Education. W12(3):1-7

Levy, AB., Nahhas, RW., Sampang, S., Jacobs, J., Weston, C., Cerny-Suelzer, C., Riese, A., Niedermier, J., Munetz, MR., Shaw, J., Mast, R., "Perceptions of Residents and Their Training Directors Regarding Wellness Education, Program Support, and Access to Depression Treatment: the DEPRESS-Ohio Study." Academic Psychiatry. Published online: 29 April 2019.

Levy, AB., Nahhas, RW., Sampang, S., Jacobs, J., Weston, C., Cerny-Suelzer, C., Riese, A., Munetz, MR., Shaw, J. "Characteristics Associated with Depression and Suicidal Thoughts Among Medical Residents: Results from the DEPESS-Ohio Study". Academic Psychiatry. Published online: 09 July 2019.

Brennan, J., McGrady, AV., A. Tripi, J., Sahai, A., Frame, M., Stolting, A., Riese, A. "Effects of a Resiliency Program on Burnout and Resiliency in Family Medicine Residents." The International Journal of Psychiatry in Medicine. First published July 5, 2019.

Riese, A. "Writing Letters for Transgender Patients Undergoing Medical Transition." Current Psychiatry. Accepted for publication later half 2021.

McGrady, AV., Brennan, J., Rizwan, B., Egbo, J., Sudhakar, E., McCartney, C., Riese, A., "A Comparison of Burnout Rates and Resiliency in Five Groups of Medical Residents." pending acceptance summer 2021

RESEARCH GRANTS:

CICIP mini-grant University of Toledo, Feb 2021- Jan 2022. "Improving telehealth outcomes through the use of self-reported vital statistics." \$24,925.00,

MAJOR RESEARCH INTERESTS:

Resident wellness and resiliency
College mental health and medical student mental health.
Transgender healthcare

6/4/2021