

CURRICULUM VITAE  
THE UNIVERSITY OF TOLEDO  
COLLEGE OF MEDICINE

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**PERSONAL INFORMATION:**

**Name:** Tanvir Singh, M.D.

**EDUCATION AND TRAINING:**

MBBS Medicine, Government Medical College, Kashmir University, Jammu, India,  
1996

**POSTGRADUATE MEDICAL EDUCATION (RESIDENCIES, FELLOWSHIPS):**

2000 – 2002 Albany Medical Center  
Albany, New York  
Residency in Psychiatry

2003 – 2005 Medical University of Ohio  
Toledo, Ohio  
Fellowship in Child & Adolescent Psychiatry

2005 – 2006 Medical University of Ohio  
Toledo, Ohio  
Residency in Psychiatry

**EMPLOYMENT:**

July 1996 - Government Medical College  
June 1997 Jammu, India  
Psychiatry and Chest Disease Housemanship

July 1998 - Government Medical College  
September 1999 Jammu, India  
Primary Care Physician

October 1999 - Jamaica Hospital  
March 2000 Jamaica, New York  
Department of Psychiatry  
Psychiatry Externship

April 2000 - Government Medical College  
July 2000 Jammu, India  
Primary Care Physician

June 2002 - Government Medical College  
June 2003 Jammu, India  
Primary Care Physician

The University of Toledo, College of Medicine  
Department of Psychiatry

September 2006 - Assistant Professor  
January 2014

September 2006 - Director, Partial Hospitalization Program  
June 2010

September 2006- Medical Director, Inpatient Child and Adolescent Unit  
Present

January 2014- Associate Professor  
July 2019

August 2014- Training Director, Child and Adolescent Psychiatry  
September 2017 Residency Program

April 2017-Present Medical Director, Detoxification Inpatient Unit

July 2017-April 2018 Interim Chairman

July 2019- Present Vice Chair of Clinical Affairs

July 2019- Present Professor

**CERTIFICATIONS/LICENSURES:**

General Psychiatry  
Certified 5/2008, recertified 10/2018  
American Board of Psychiatry and Neurology

Child and Adolescent Psychiatry  
Certified 11/2010- 12/2020  
American Board of Psychiatry and Neurology

Addiction Medicine  
Certified 1/2018-1/2028  
American Board of Preventive Medicine

State of Ohio, License # 35.087436, issued in 2006

## **AWARDS AND COMMENDATIONS:**

Chief Resident Award in Child & Adolescent Psychiatry, Medical University of Ohio, Toledo, Ohio, 2004

R. Vance Fitzgerald Scholarship Award for Outstanding Academic and Clinical Performance in Psychiatry, 2005

Chief Resident Award in Child & Adolescent Psychiatry, Medical University of Ohio, Toledo, Ohio, 2005

R. Vance Fitzgerald Scholarship Award for Outstanding Academic and Clinical Performance in Psychiatry, 2006

Alpha Omega Society, Alpha Delta Chapter, inducted May, 2006.

Teacher of the Year Award, Child & Adolescent Psychiatry Residency Program, 2010

Deans Leadership Award, University of Toledo, 2018

## **SERVICE**

### **COMMITTEES, THE UNIVERSITY OF TOLEDO:**

Child Psychiatry Resident Recruitment Committee, Member, 2006 – 2016

Division of Child and Adolescent Psychiatry Committee, Member, 2006 – 2016

Medical Education Committee, Member, 2007 – 2008

Child Faculty Search Committee, Member, 2010 – 2016

Peer Review Committee, Member, 2014- 2015

UTP Board of Directors, Member, 2017 – 2018

Standard of Care Committee, Member, 2017 – 2018

Quality and Patient Safety Council Committee, Member, 2017-2018

College of Medicine Executive Committee, Member, 2017-2018

UPL Opioid Task Force (Multi-Disciplinary), Chair, 2017 November -April 2018

UTP Pension Committee, Member, July 2020-Present

## **REGIONAL NATIONAL AND INTERNATIONAL PROFESSIONAL SOCIETIES & ACTIVITIES:**

Alpha Omega Alpha, Member, 2006 – Present

Advisory panel to State of Ohio initiative to reduce use of atypical antipsychotics in young kids (2013-16)

Advisory panel to Governor of Ohio for change of reimbursement for Ohio Medicaid to “Value based payment”

One of coauthors in development of multiple tool kits (guidelines in management of psychiatric disorders in children) for “Ohio Psychotropic Medication Quality Improvement Collaborative” as part of Ohio Minds Matter Project. Project was emulated by multiple states. 2014-2016

Lead Physician for Onsite Visit on behalf of ODMH (Permedian) at Cleveland Clinic, Ohio State University, Case western university, Cincinnati Children Hospital - Year 2015- 2017

State of Ohio Task Force Executive Committee- 2018

## **EDUCATIONAL ACTIVITIES**

### **TEACHING- corrected the dates**

Evidence-based Child and Adolescent Psychopathology

Didactic Lecture

Spring - odd years 2011-2019

1 hour a week for 8 weeks

Residents/students – 12

Course Director/Teacher, co-taught – identifies goals and objectives, current and evidence-based topics, speakers, dates to offer course

Child Development

Didactic Lecture

Spring – odd years 2007-19

1 hour a week for 10 weeks

Residents/students – 12

Teacher – co-taught, prepares lecture on topic he is teaching

Professional Career and Practice Issues

Didactic Lecture

Fall – odd years 2007-19  
1 hour a week for 6 weeks  
Residents – 4  
Teacher – co-taught, prepares lecture on topic he is teaching

Pediatric Neurosciences  
Didactic Lecture  
Fall – odd years 2007-19  
1 hour a week for 10 weeks  
Residents – 4  
Teacher – co-taught, prepares lecture on topic's he is teaching

Developmental Disorders  
Didactic Lecture  
Fall – odd years 2007-19  
1 hour a week for 10 weeks  
Residents – 12  
Course Director / Teacher, co-taught, identifies goals and objectives, current and evidence-based topics, speakers, dates to offer course

Evidence-Based Pediatric Psychopharmacology  
Didactic Lecture  
Spring – even years 2006-20  
1 hour a week for 6 weeks  
Residents – 4  
Course Director / Teacher, co-taught, identifies goals and objectives, current and evidence-based topics, speakers, dates to offer course

Cultural Competence  
Didactic Lecture  
Fall – even years 2006-20  
1 hour a week for 8 weeks  
Residents – 12  
Teacher, co-taught, prepares lecture on topic's he is teaching

Pediatric Consultation Liaison  
Didactic Lecture  
Fall – even years 2008-20  
1 hour a week for 6 weeks  
Residents – 4  
Teacher, co-taught, prepares lecture on topic's he is teaching

Lifespan  
Didactic Lecture

Fall – even years 2006-20  
1 hour a week for 8 weeks  
Residents – 4  
Teacher, co-taught, prepares lecture on topic's he is teaching

Introduction to Child & Adolescent Psychiatry  
Didactic Lecture 2008-20  
Fall – yearly  
4 hours  
Residents – 12  
Teacher, co-taught, prepares lecture on topic's he is teaching

Behavioral Science Course  
Lecture 2006 to current  
Yearly  
4 hours  
Medical Students – 180  
Teacher, co-taught, prepares lecture on topic's he is teaching

**MENTORING:**

Lubna Izzatullah, M.D.  
Psychiatry  
2006 – 2007  
Community Psychiatry  
Psychiatric Supervisor

Ryan Travis, M.D.  
Psychiatry  
2006 – 2007  
Community Psychiatry  
Psychiatric Supervisor

Ben Forrester, M.D.  
Psychiatry  
2006 – 2007  
Community Psychiatry  
Psychiatric Supervisor

Kashif Khan, M.D.  
Psychiatry  
2006 – 2008

Community Psychiatry  
Psychiatric Supervisor

Amy Riese, M.D.  
Psychiatry  
2007 – 2008  
Community Psychiatry  
Psychiatric Supervisor

Wissam Hoteit, M.D.  
Psychiatry  
2007 – 2008  
Community Psychiatry  
Psychiatric Supervisor

Gina Ferrara, M.D.  
Psychiatry  
2007 – 2008  
Community Psychiatry  
Psychiatric Supervisor

Sufian Agwani, M.D.  
Psychiatry  
2007 – 2008  
Community Psychiatry  
Psychiatric Supervisor

Irfan Ahmed, M.D.  
Psychiatry  
2007 – 2008  
Community Psychiatry  
Psychiatric Supervisor

Jennifer Lentini, M.D.  
Psychiatry  
2007 – 2008  
Community Psychiatry  
Psychiatric Supervisor

Gayle Ruggiero, M.D.  
Psychiatry  
2008 – 2009

Community Psychiatry  
Psychiatric Supervisor

Tracy Cummings, M.D.  
Psychiatry  
2008 – 2009  
Community Psychiatry  
Psychiatric Supervisor

Upender Gehlot, MD  
Psychiatry  
2009 – 2010  
Community Psychiatry  
Psychiatric Supervisor

Harinder Kaur, MD  
Psychiatry  
2010 – 2011  
Community Psychiatry  
Psychiatric Supervisor

Ajay Singh, MD  
Psychiatry  
2010 – 2011  
Community Psychiatry  
Psychiatric Supervisor

Sajjad Sarwar, MD  
Psychiatry  
2011 – 2012  
Child Fellow  
Psychiatric Supervisor

Sophia Kassem, DO  
Psychiatry  
2011 – 2012  
Child Fellow  
Psychiatric Supervisor

Amanda Weller, PA  
Psychiatry  
April 2012



Psychiatric Supervisor

Jami Migliori, MD  
Psychiatry  
2011 – 2012  
Psychiatry Resident  
Psychiatric Supervisor

Julia Halm, DO  
Psychiatry  
2011 – 2012  
Psychiatry Resident  
Psychiatric Supervisor

Rajinderpal Singh, MD  
Psychiatry  
2012 – 2013  
Child Fellow  
Psychiatric Supervisor

Vikas Mangewala, MD  
Psychiatry  
2012 – 2013  
Child Fellow  
Psychiatric Supervisor

Talha Siddiqui, MD  
Psychiatry  
2012 – 2013  
Child Fellow  
Psychiatric Supervisor

Rajinderpal Singh, MD  
Psychiatry  
2013 – 2014  
Child Fellow  
Psychiatric Supervisor  
Vikas Mangewala, MD  
Psychiatry  
2013 – 2014  
Child Fellow  
Psychiatric Supervisor

Talha Siddiqui, MD  
Psychiatry  
2013 – 2014

Child Fellow  
Psychiatric Supervisor

Jamie Migliori, MD  
Psychiatry  
2013 – 2014  
Child Fellow  
Psychiatric Supervisor

Bryan Moloney, MD  
Psychiatry  
2013 – 2014  
General Fellow  
Psychiatric Supervisor

Olga Zhalkovska, MD  
Psychiatry  
2013 – 2014  
General Fellow  
Psychiatric Supervisor

Julia Halm, DO  
Psychiatry  
2013 – 2014  
General Fellow  
Psychiatric Supervisor

Deepa Ujwal, MD  
Psychiatry  
2013 – 2014  
General Fellow  
Psychiatric Supervisor

Bhupinder Kaur, MD  
Child Psychiatry  
2014 – 2015  
Psychiatric Supervisor

Jamie Migliori, MD  
Child Psychiatry  
Child Fellow  
2014 – 2015  
Public Community Psychiatry

Anurag Goel, MD  
Child Psychiatry

Child Fellow  
2014 – 2015  
Public and Community Psychiatry

2 General Residents  
Psychiatry  
2014 – 2015  
Public and Community Psychiatry

2 General Residents  
Psychiatry  
2015 – 2016  
Public and Community Psychiatry

Child Psychiatry  
3 Child Fellows  
2015 – 2016

2 General Residents  
Psychiatry  
2016-2017  
Psychiatric Supervisor

2 General Residents  
Psychiatry  
2017-2018  
Psychiatric Supervisor

2 General Residents  
Psychiatry  
2018-2019  
Psychiatric Supervisor

Ashish Rungta, MD  
Child Fellow  
Psychiatry  
2019-2020  
Psychiatric Supervisor

Michael Lindley, MD  
General Resident  
Psychiatry

2019-2020  
Psychiatric Supervisor

**SCHOLARSHIP**

**JOURNAL PEER REVIEW**

International Journal of Psychiatry (2011- 2016), 2 a year

Clinical Psychiatry (2012-2013), 2 a year

Current Psychiatry (2012), 2 a year

Advisory panel for State of Ohio initiative to reduce use of atypical antipsychotics in young kids (2013)

**INVITED LECTURES, SEMINARS, SYMPOSIA, VISITING PROFESSORSHIPS:**

Tamburrino, M., Rais, A., Rais, T. Williams, K.S., Singh, T., Klaus, D., Poster presentation, "The control of acute psychosis or agitation in a geriatric population: Use of intramuscular Ziprasidone," Proceedings, 160<sup>th</sup> Annual Meeting of the American Psychiatric Association, San Diego, California, May 19-24, 2007.

Lecture, "Depression in Adolescents," Bryan Hospital, Bryan, Ohio, February 2008.

Lecture, "Pediatric ADHD," Fremont Memorial Hospital, Fremont, Ohio, May 2008.

Lecture, "Gun Control and Mental Health," North West Ohio Psychiatric Association Meeting, 2011.

Lecture, "Pediatric Depression and Bipolar Disorder," Pediatric Summit, St. Vincent Hospital, Toledo, Ohio April 2012.

"Dealing with suicidal patient" CME Event, Government Medical College Jammu Alumni Association in North America, New Jersey, August 2017.

Presentation, Understanding Addiction in a New Way, University of Toledo, Dorothy Hussain Distinguished Lectureship, Toledo, Ohio, October 31, 2017.

Lecture, "Addiction," CME Event, Jammu, India Nov 24, 2017.

Lecture, "Stress," CME Event, Government Medical College Jammu Alumni Association in North America, Denver, Colorado, August 4, 2019.

Grand Rounds, "Addiction as Brain Disease How Does This Change our Understanding and Treatment?" Advocate Lutheran General Hospital, Park Ridge, IL September 2019.

Zona, L., Petrak, A., Karmchandani, M., Thummalapally, R., Singh, T., Poster Presentation, "Toledo Naloxone Outreach Program: Expansion and Medical Student Education." Accepted to Society of Student Run Free Clinics Conference, University of Central Florida, Orlando, FL, March 7-8, 2020. (conference cancelled due to COVID-19).

Dixon, R., Singh, T., Poster Presentation, "Catatonia in Autism Spectrum Disorder, often Misdiagnosed and Mistreated." Accepted to Ohio Psychiatric Physicians Association's Annual Psychiatric Update, March 14-15, 2020 (conference cancelled due to COVID-19).

Poster Presentation, "Need for Mandatory Clinical Rotation in Addiction for Medical Students." Accepted to 2020 Rx Drug Abuse & Heroin Summit, Nashville, TN, April 13-16, 2020 (conference cancelled due to COVID-19).

Rizwan, B., Singh., T., Poster Presentation, "Factors Influencing Re-Admission Rate for Recurrent Opioid Relapse in a Detoxification Unit." Accepted to American Psychiatric Association, Philadelphia, PA, April 25-29, 2020 (conference virtual due to COVID-19).

Zona, L., Rizwan, B., Singh., T., Poster Presentation, "Retrospective Analysis of Morbidity in Concomitant Cocaine and Opioid Users." Accepted to American Psychiatric Association, Philadelphia, PA, April 25- 29, 2020 (conference virtual due to COVID-19).

## **UNIVERSITY OF TOLEDO**

Singh T, Carey M. Presentation, "Tripartite model of anxiety and depression in adolescents," University of Toledo, Department of Psychiatry Grand Rounds, Toledo, Ohio, March 2005.

Singh T. Poster presentation, "Parental stress of psychiatry of inpatient children," Northwest Ohio Mental Health Regional Conference, University of Toledo, Toledo, Ohio, May 2005.

Singh T. Presentation, "Hallucinogen persisting perceptual disorder: A case report," Northwest Ohio Mental Health Regional Conference, University of Toledo, Toledo, Ohio, March 2006.

Singh T. Poster presentation, "Tardive dyskinesia." Northwest Ohio Mental Health Regional Conference, University of Toledo, Toledo, Ohio, March 2006.

Singh T. Presentation, "Pediatric bipolar disorder," University of Toledo, Department of Psychiatry Psychopharmacology Update, Toledo, Ohio, September 2006.

Singh T. Poster Presentation, The control of acute psychosis or agitation in a geriatric population: Use of intramuscular ziprasidone. 14<sup>th</sup> Annual University of Toledo – Bowling Green State University Symposium on Research in Psychiatry, The University of Toledo, Toledo, Ohio, March 2007.

Singh T. Poster presentation, “Adolescent depression and psoriasis: Case report.” 15<sup>th</sup> Annual University of Toledo- Bowling Green State University Symposium on Research in Psychiatry, The University of Toledo, Toledo, Ohio, April 2008.

Singh T. Presentation, “Mystery of placebo effect,” University of Toledo, Department of Psychiatry Grand Rounds, Toledo, Ohio, June 2008.

Singh T. Presentation, “Gun control and mental health,” University of Toledo, Department of Psychiatry Grand Rounds, Toledo, Ohio, May 2011.

Singh T. Presentation, “Psychopharmacology in Asperger disorder”, University of Toledo, Department of Psychiatry Psychopharmacology Update, Toledo, Ohio, September 2011.

Singh T. Presentation, “Compliance in youth with mental illness”, University of Toledo, Department of Psychiatry Psychopharmacology Update, Toledo, Ohio, September 2012.

Singh T. Presentation, “School bullying,” University of Toledo, Department of Psychiatry Grand Rounds, Toledo, Ohio, November 2012.

Singh T. Presentation, “Talking with suicidal patients,” University of Toledo, Department of Psychiatry Grand Rounds, Toledo, Ohio, March 2014.

Singh T. Presentation, “Era of Mindfulness,” University of Toledo, Department of Psychiatry Grand Rounds, Toledo, Ohio, September 2015.

Singh T. Presentation, “Addiction treatment: Challenges and pitfalls,” University of Toledo, Department of Psychiatry Psychopharmacology Update, Toledo, Ohio, September 2017.

Singh T. Presentation, “Neuroscience of Stress and Physician Suicide,” University of Toledo, Department of Psychiatry Grand Rounds, Toledo, Ohio, October 2019.

### **CONSULTATIVE ACTIVITIES:**

2006 – Present	Harbor Behavioral Healthcare
2011 – 2017	Rescue Mental Health
2013 – 2015	Unison
2013 – Present	Renewed Mind
2014– Present	Lutheran Homes

### **BIBLIOGRAPHY**

### **PEER-REVIEWED PUBLICATIONS IN SCIENTIFIC JOURNALS:**

1. Singh T, Kaur V. Puerperal Psychosis; Analysis of 35 cases. Journal of the American Medical Association, May 2000, 98(5):217-218.
2. Kim WJ, Singh T. Trends and Dynamics of Youth and Suicides in Developing Countries. Lancet, April 2004, 3;363 (9415):1090-1 (Interviewed by Voice of America).
3. Singh T, Wahl J. Clinical Handbook of Psychotropic Drugs for Children and Adolescents. Book Review. Journal of the American Academy of Child and Adolescent Psychiatry, June 2005, 44(6):606-7.
4. Rais T, Singh T. Hair Loss Associated with Long Term Sertraline Treatment in Teenagers. Psychiatry, July 2005, 2(7):52.
5. Singh T, Rais T. Is the Pain in His Shoulder or His Head? Cases that test your skills. Current Psychiatry, September 2005, 4(10):99-107.
6. Singh T, Rais T. Is the Pain in His Shoulder or His Head? Cases that test your skills. Journal of Family Practice, October 2005, 4:10.
7. Singh T, Williams K. Atypical depression. Psychiatry, 2006, 3(4):33-39.
8. Rajput M, Singh T, Rais T. Olanzapine and Heart Block in 13 year old Teenager. Psychiatry, 2006, 3(3):9-10.
9. Singh T, Williams K. The Boy Who Longed for a Dry Spell: Cases that test your skills. Current Psychiatry, 2006, 5(4):67-76.
10. Singh T, Williams KS, The boy who longed for a 'dry spell. The Journal of Family Medicine, April 2006, 5(4).
11. Singh T, Williams KS. Is it anxiety, depression or bipolar disorder? Current Psychiatry, August 2006, 5(8):95-104.
12. Singh T, Rajput M. Misdiagnosis of Bipolar Disorder. Psychiatry, 2006, 3(10):57-63.
13. Singh T. Mental Illness; Does it Make You More Violent? URL: <http://www.priory.com/psych/violence.htm>, Psychiatry, (peer reviewed online Journal) [On-line] 2007
14. Singh T, Rajput M. Bupropion Induced Hypomania. URL: <http://www.priory.com/psych/wellbutrin.htm>, Psychiatry, [On-line] 2007 March.
15. Singh T, Rais A, Rais T. Toxoplasmosis and Psychiatric Disorders. URL: <http://www.priory.com/pharmacol/toxoplasmosis.htm>, Psychiatry, [On-line] 2007 March.

16. Singh T, Imam S. Hallucinogen Persisting Perceptual Disorder. URL: [http://www.priory.com/psychiatry/Psychosis\\_and\\_Hallucinogens.htm](http://www.priory.com/psychiatry/Psychosis_and_Hallucinogens.htm), Psychiatry, [On-line], 2007 April.
17. Singh T. Atomoxetine Induced Hyponatremia. Australian and New Zealand Journal of Psychiatry, 2007, 41(5):458-458.
18. Singh T, Rais A, Rais T. Toxoplasmosis and Psychiatric Disorders. URL: <http://www.priory.com/pharmol/toxoplasmosis.htm> Psychiatry, [On-line] 2007 March, pg 6.
19. Rais A, Singh T, Rais T. The Genetics of Schizophrenia, the Small RNA's and the Recourse to the Method. URL: [http://www.priory.com/psychiatry/Genetics\\_of\\_Schizophrenia.htm](http://www.priory.com/psychiatry/Genetics_of_Schizophrenia.htm), Psychiatry, [On-line] 2007 October.
20. Knox M, Singh T. Parenting Stress in Primary Caregivers of Psychiatrically Hospitalized Children. URL: [http://www.priory.com/psych/Parental\\_stress.htm](http://www.priory.com/psych/Parental_stress.htm) Psychiatry, [On-line]. 2007 November.
21. Singh T, Rais A. Subtypes of Depression. URL: [http://www.priory.com/psychiatry/depression\\_subtypes.htm](http://www.priory.com/psychiatry/depression_subtypes.htm), Psychiatry, [On-line]. 2007 December.
22. Singh T, Rais A. When the Pain Decreased, her Troubles Began. Current Psychiatry, 2008, 7(4):111-118.
23. Singh T. Pediatric Bipolar Disorder, Diagnostic Challenges in Identifying Symptoms and Course of Illness. Psychiatry, August 2008, 5(6):34-42.
24. Singh T, Prakash A, Rais T, Kumari N. Decreased Use of Antidepressants in Youth After US Food and Drug Administration Black Box Warning. Psychiatry (Edgmont), Oct 2009, 6(10):30-4.
25. Rais AR, Williams K, Rais T, Singh T, Tamburrino M. Use of Intramuscular Ziprasidone for the Control of Acute Psychosis or Agitation in an Inpatient Geriatric Population: An Open-Label Study. Psychiatry (Edgmont), Jan 2010, 7(1):17-24.
26. Pigilam S, Rana T, Panuganti S, Singh T, Cyberbullying: A Review of Literature. International Journal of Sciences: Basic and Applied Research, 2017, 31(2).

### **PUBLISHED LETTERS TO THE EDITOR**

Singh T. Aripiprazole Induced Weight Gain, Letter to the Editor. Psychiatry 2005 June, 2-3.



Singh T, Rajput M. Dystonic Reaction Induced by Ziprasidone, Letter to the Editor. *Psychiatry*, 2005, 2(10):10-11.

Singh T, Rajput M. Alprazolam as a Monotherapy for Anxiety and Depression, Letter to the Editor. *Psychiatry*, 2005, 2(11):32-33.

Singh T. Topiramate and Psychosis, Letter to the Editor. *Psychiatry*, 2006, 3(12):17-18.

Singh T. Clonazepam versus Buspirone, Letter to the Editor. *Current Psychiatry*, 2006 5:11.

Singh T. Regarding Adult ADHD, Letter to the Editor. *Psychiatry*, 2006, 3(10):64.

Singh T., Rais T, Rais A. Risperidone-induced Enuresis in an Adult, Letter to the Editor. *Psychiatry*, January 2007, 4(1):17.

Mangewala V, Singh T . Bath Salt Induced Psychosis. *Innovations in Clinical Neuroscience* 2013:10(2)