

2021-2022

PSYCHIATRY RESIDENCY PROGRAM

The University of Toledo
College of Medicine and Life Sciences
Department of Psychiatry



COLLEGE OF MEDICINE
AND LIFE SCIENCES

THE UNIVERSITY OF TOLEDO



Resident physicians are integral to our mission and vision in the Department of Psychiatry at The University of Toledo. We are creating systems of care that are patient-centered, evidence-based and recovery focused. At UToledo, resident physicians are trained to provide innovative care and participate in the development of programs to better engage our patients. They are the future of psychiatry, and at The University of Toledo, residents are creating that future, now.

- Cheryl McCullumsmith MD PhD
Chair, Department of Psychiatry

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Thank you for your interest in our general psychiatry residency program at The University of Toledo! I am excited at the prospect of your interest in our program. One of our strengths is that we are a smaller residency program. We are able to provide highly personalized attention to each resident's needs, while allowing for the development of mentoring relationships with attending psychiatrists. Other strengths include extensive experience in geriatric psychiatry, psychosomatic medicine, the outpatient clinic, and the encouragement of active participation in organized psychiatry at the local and state levels.

My priority is that each resident's educational & professional development continue to grow and prosper. My expectation is that upon graduation, each resident is confident and capable in their abilities to handle clinical and administrative issues in the ever-changing healthcare field, no matter the setting in which they plan to practice psychiatry. While envisioning the future, I involve the residents as active members of our team and strive to continue to have our program be the premier psychiatric resource in northwest Ohio. For more information, I encourage you to explore our residency website. I look forward to meeting you during the interview season!



Victoria Kelly, MD
Program Director

Mission Statement:

A positive educational environment providing multidimensional training that exceeds accreditation guidelines while challenging and supporting the residents in a respectful and fair environment.

TRAINING SITES

All training sites are within 20 minutes of each other



Julia Halm, DO
Medical Director
of Mental Health
Services



Toledo Veterans Affairs Clinic, VA Ann Arbor's Healthcare System's Community Based Outpatient Clinic

The Toledo VA Outpatient Clinic serves 8 Ohio counties as well as Southeastern Michigan. Residents rotate here for one month for Outpatient Internal Medicine during PGY1 year, several months in outpatient psychiatry, and longitudinally for 6 months during PGY3 year.

Northwest Ohio Psychiatric Hospital

NOPH is one of the 6 inpatient state psychiatric facilities overseen by the Ohio Department of Mental Health & Addiction Services, serving northwest Ohio's 23 counties. It has a capacity of 114 beds, and serves both civil and forensic adult patients, such as those who have been found incompetent to stand trial or not guilty by reason of insanity. -

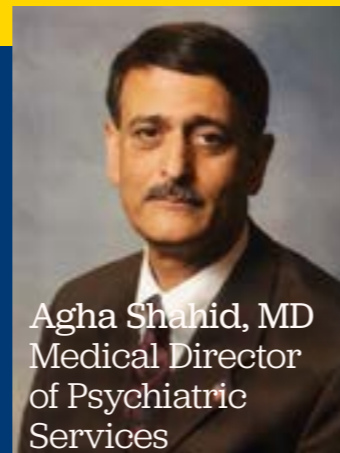


David Bellian, MD
Staff Psychiatrist
Associate Professor

ProMedica Flower Hospital, A Division of ProMedica Toledo Hospital

Residents rotate through Flower Hospital, a private hospital in Sylvania, Ohio, for their inpatient adult psychiatry rotations for several months. Another rotation is one month of Emergency medicine

during PGY1 year. Residents also rotate here for their Emergency Psychiatry rotation, split between Flower Hospital and Rescue Mental Health & Addiction Services, during PGY2 year.

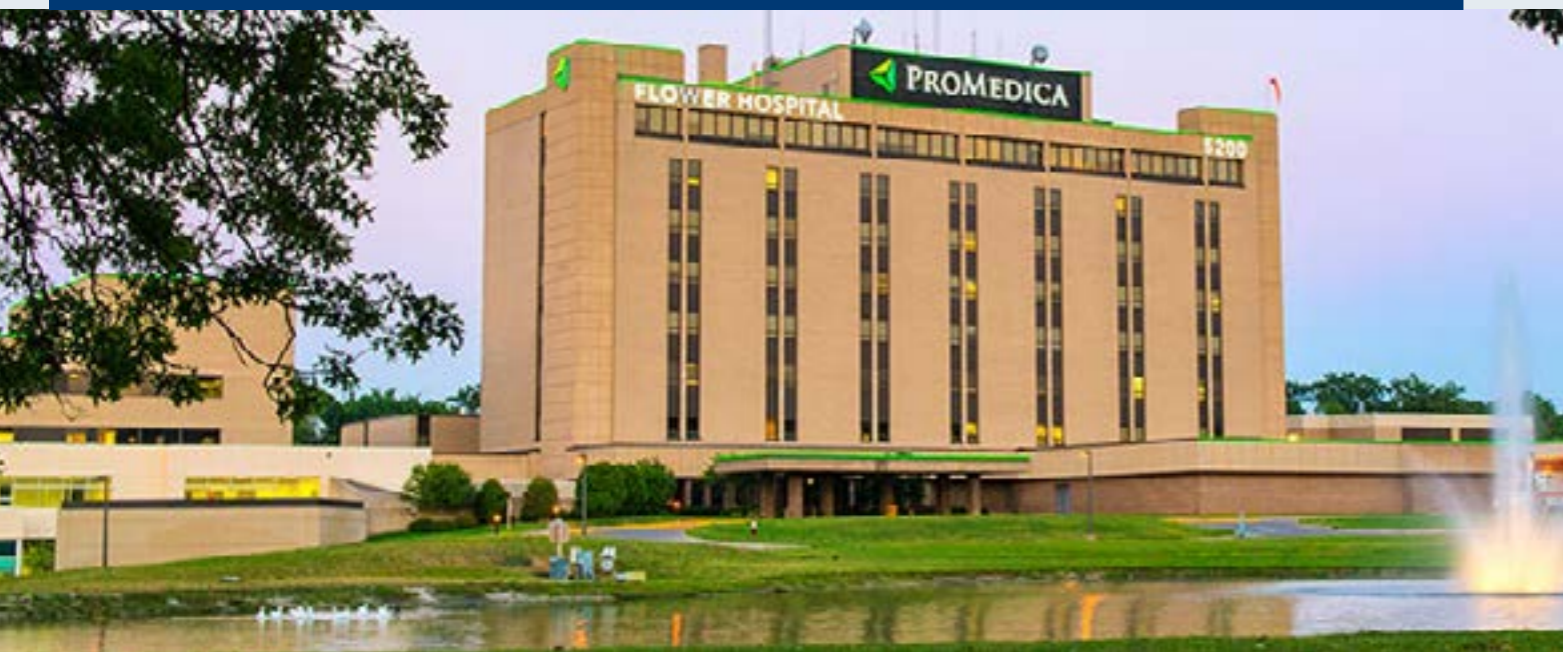


Agha Shahid, MD
Medical Director
of Psychiatric
Services

The Toledo Hospital (TTH) ProMedica Health System



ProMedica Toledo Hospital is a 794-bed public hospital in Toledo, Ohio that is part of the ProMedica Health System. This level I trauma center is the largest acute care hospital in the area. Psychiatry residents rotate through Toledo Hospital for IM, neurology, and electives.



TRAINING SITES

All training sites are within 20 minutes of each other

University of Toledo Medical Center (UTMC)

Ruppert Health Center Outpatient Psychiatric & Behavioral Health

Residents provide outpatient psychiatric & behavioral health services, including psychopharmacological and psychotherapeutic interventions. Due to the COVID-19 pandemic, many appointments are conducted via telehealth services.



University of Toledo Medical Center

Consultation-Liaison Service

Cheryl McCullumsmith, MD PhD
Director of CL Services
Chair, Department of Psychiatry

UTMC is a 246-bed hospital with services in orthopedics, sports medicine, family medicine, internal medicine, surgery, and emergency medicine.



Kobacker Building

Senior Behavioral Health (SBH)

Dionis Kononov, DO
Director of Senior Behavioral Health

SBH is an 18-bed unit for geriatric patients ages 55 and older, requiring inpatient psychiatric hospitalization. Diagnoses include disorders of mood, anxiety, psychosis, neurocognition, and more.



Inpatient Detoxification Unit



Tanvir Singh, MD
Director of Detox Unit

We offer voluntary inpatient detox & recovery services for adults, including medical monitored withdrawal services, individual support & educational groups.

Child & Adolescent Inpatient Unit



Tanvir Singh, MD
Dyan Darang, MD

This unit serves children & adolescents as young as 11 from greater Northwest Ohio, including a Youth Acute Unit which is contracted with several counties for comprehensive assessment & treatment.



OTHER DETAILS

- On call 6 days a month
- Post-call days off
- No call on certain rotations
 - * Internal medicine inpatient
 - * Emergency medicine
 - * Neurology inpatient
- Meal tickets for on-call
- Exposure to outpatient clinic
 - * 1/2 day per week
- Weekly supervision
- Protected didactic days
- Textbooks provided to you
- Stipend
- Present 3 noon conferences

CLINICAL CURRICULUM:
PGY 1 YEAR



1 MONTH
Orientation Month

Rotate through units, on-call training, transition to residency, legal issues, onboarding at the University of Toledo Medical Center



1 MONTH

Internal
Medicine

Inpatient Service
at Toledo Hospital



1 MONTH

Internal
Medicine

Outpatient Clinic
at Toledo VA Clinic



1 MONTH

Emergency
Medicine

at Flower Hospital



1 MONTH

Family
Medicine

Outpatient Clinic
at UT Medical Ctr
Glendale East



2 MONTHS

Neurology
Service

Inpatient for 1 mo.
Outpatient for 1 mo.
at Toledo Hospital



2-3 MONTHS

Adult
Psychiatry

Inpatient Service
at Northwest Ohio
Psychiatric Hospital



2-3 MONTHS

Adult
Psychiatry

Inpatient Service
at Flower Hospital

CLINICAL CURRICULUM:

PGY 2 YEAR



During PGY2 year, residents continue their professional development, including increased teaching responsibilities, participation in quality improvement projects, exploration of clinical interests, and encouragement of leadership positions.



OTHER DETAILS

- Able to take call from home
 - * 4 times a month
 - * Meal tickets for on-call
 - * Post-call days off
- No call while on CL rotation
- Outpatient clinic
 - * 1/2 day per week
 - * Protected time
- Weekly supervision
- Protected didactic days
- Textbooks provided to you
- Stipend
- Present 2 noon conferences
- Medical student teaching
 - * CL, Geriatrics, Child & Adol



1 MONTH

Addiction Medicine

Inpatient Service at UTMCM



1 MONTH

Emergency Psychiatry

at Flower Hospital
Emergency Dept



2 MONTHS

Adult Psychiatry

Outpatient clinic at Toledo VA Clinic



2 MONTHS

Child & Adolescent Psychiatry

Inpatient Service at UTMCM Kobacker



3 MONTHS

Geriatric Psychiatry

Inpatient Service at UTMCM Kobacker



3 MONTHS

Adult Psychiatry

Consultation Liaison Service



OUTPATIENT

Adult Psychiatry

Outpatient clinic for 1/2 day per week

Residents are empowered to pursue their academic interests including teaching medical students on their clerkships, and scholarly activity.



CLINICAL CURRICULUM: PGY 3 YEAR

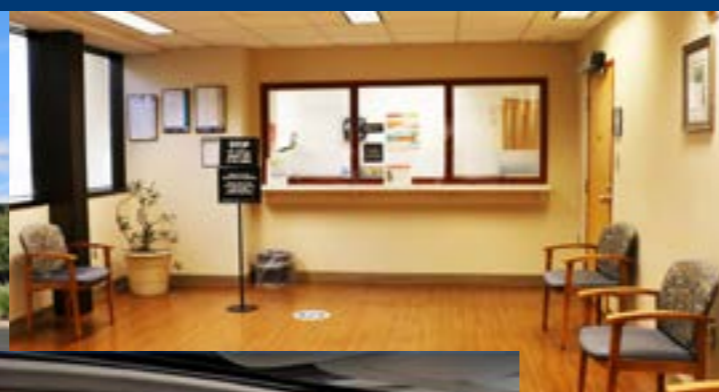
VA CLINIC

Residents spend 1 day a week for 6 months at the Toledo VA with Julia Halm, DO.

UNISON

Residents spend 1/2 day weekly for 3 months with the forensic ACT Team, working with Victoria Kelly MD, treating patients on conditional release who have been found not guilty by reason of insanity.

Residents spend 1/2 day weekly for 3 months with the Assertive Community Treatment Team.



The majority of PGY3 is spent on the UT Health Science Campus, in the Ruppert Health Center. Outpatient services are provided via telepsychiatry in addition to traditional in-office visits.

Each resident gets a private office

Opportunity for child & adolescent clinic



"Some of the best things about third year are the one-on-one attention from each attending, and how they help prepare us for life after residency."

Thomas Roach, DO
Chief of Education

ZEPF CENTER



Chandani Lewis, MD
Staff Psychiatrist

The resident clinic treats patients who have a variety of diagnoses and payor sources, with an array of treatment modalities, including psychotherapy, clozapine, and long acting injectables.

MOONLIGHTING

Moonlighting allowed PGY3 year

For those residents that are interested and meet qualifications, moonlighting can occur during PGY3 year and later. Some common moonlighting settings include local community mental health centers, & inpatient units.

OTHER DETAILS

- Take call from home
 - * 2 times a month
 - * Meal tickets
 - * Post-call days off
- Weekly supervision
- Protected didactics
- Textbooks provided
- Stipend
- 2 noon conferences
- Student teaching
- Opportunities
 - * Child & Adolescent
 - * HIV Clinic
 - * Collaborative Care

CLINICAL CURRICULUM: PGY 4 YEAR

Residents are encouraged to pursue individualized interests, allowed the flexibility to develop administrative skills, and supported to prepare for the board exam and transition to practice

During PGY 4 year, residents spend time at NOPH, ProMedica Toledo Hospital, Flower Hospital, the University of Toledo Health Science Campus, and the VA.

ROTATIONS

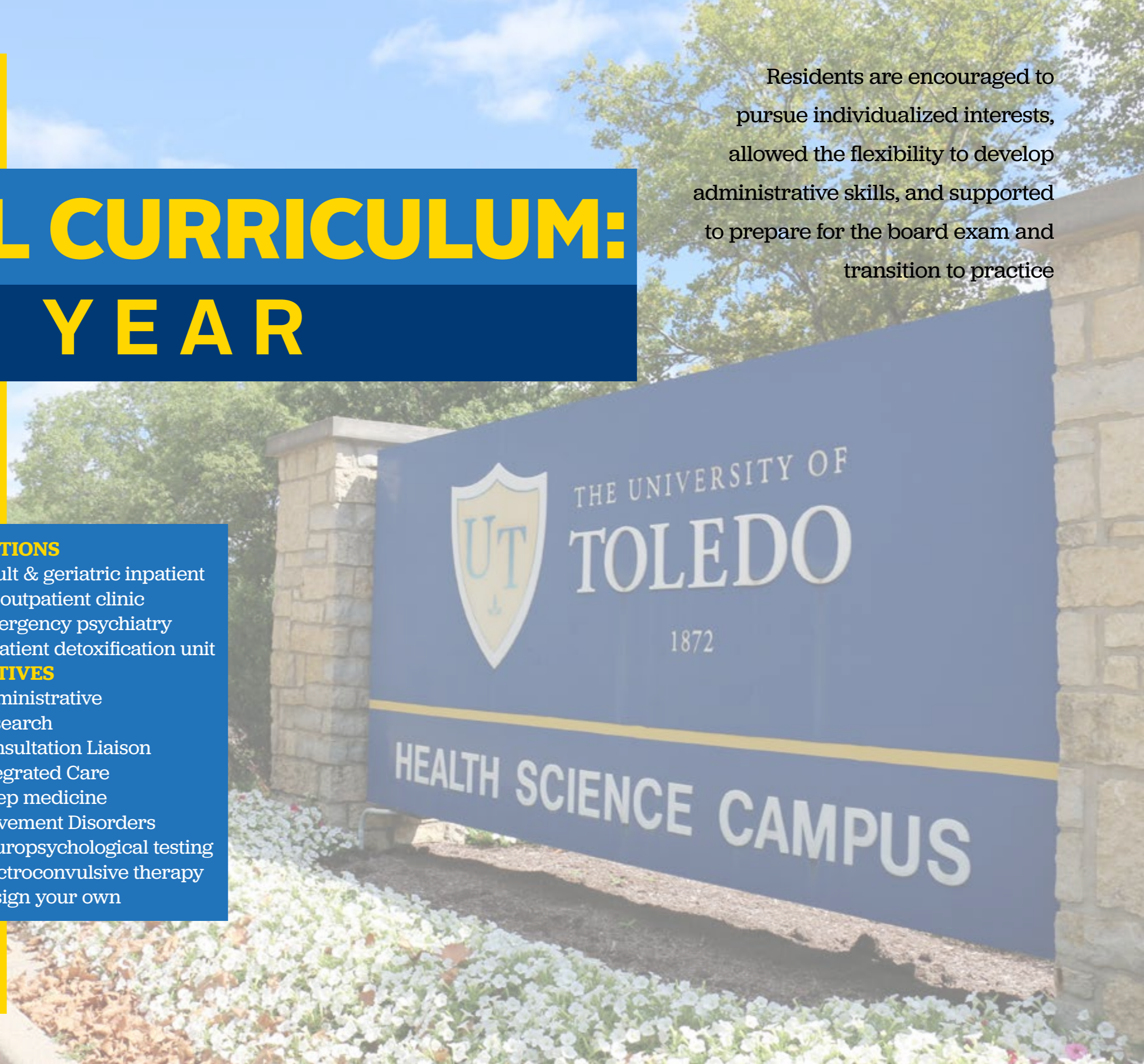
- Adult & geriatric inpatient
- VA outpatient clinic
- Emergency psychiatry
- Inpatient detoxification unit

ELECTIVES

- Administrative
- Research
- Consultation Liaison
- Integrated Care
- Sleep medicine
- Movement Disorders
- Neuropsychological testing
- Electroconvulsive therapy
- Design your own

OTHER DETAILS

- No call
- 1/2 day outpatient



CHILD TRACK

We are recruiting for our integrated Child Track!

For those that are committed to Child & Adolescent Psychiatry (CAP), the Child Track allows for additional child psychiatry & pediatrics experiences integrated throughout all 5 years of training.

OTHER DETAILS

- Opportunity to work with CAP patients for 2-4 years
- Take call first 3 years only
 - * Home call after intern year
 - * Meal tickets for on-call
 - * Post-call days off
- Weekly supervision with CAP faculty
- Protected didactic days
- Textbooks provided to you
- Stipend
- Present noon conferences with general residency
- Wellness events with general residency
- Medical student teaching
 - * Inpatient unit
 - * Outpatient clinic
 - * Telehealth



PG-1 Year

General Psychiatry

One of the general medicine months is exchanged with Pediatric, all other rotations remain aligned with intern year.



PG-2 Year

General Psychiatry

Additional CAP inpatient months compared to general residency peers, and longitudinal CAP outpatient clinic. There are also possible opportunities for CAP electives.



PG-3 Year

CAP Fellowship Year 1

Inpatient CAP unit at UTMCCobacker, in addition to outpatient clinic at UTMCC and a community mental health center.



PG-4 Year

CAP Fellowship Year 2

Outpatient services at UTMCC Ruppert and a community mental health clinic, longitudinal pediatric neurology, schools, increased integration with child psychologists, and more.



PG-5 Year

General Psychiatry

Rejoin the general residency program, for the 12 month longitudinal adult continuity outpatient clinic, and able to maintain portion as CAP clinic.

SCHOLARLY ACTIVITY & DIDACTICS

Didactic days are protected, with residents excused from clinical duties. Our philosophy for resident education is that learning should be concise, interactive, clinically applicable, and fun.



Resident didactic days occur once weekly.
Attendance can be in-person or virtual via Zoom and WebEx.

Psychotherapy didactics

- Longitudinal by PGY year
- Interviewing skills
- Motivational interviewing
- Supportive
- Cognitive behavioral
- Interpersonal
- Psychodynamic
- Case formulation
- Case conferences

Book Club

- Longitudinal by PGY year
- Neuroscience
- Journal review
- Psychotherapy
- Pharmacology
- Core psychiatry textbooks
- Determined collaboratively between the preceptor & resident class

Board Preparation

- JEOPARDY PRITE review classes
- TrueLearn Subscription
- Board review course
- Question banks

Supervision

- Weekly individual
- Weekly group process
- Choice of preceptor
- Psychotherapy
- Case discussion
- Professional development

Scholarly Activity

- Case Conference
- Journal Club
- Morbidity & Mortality, Root Cause Analysis
- Quality Improvement
- Resident Research Day
- Grand Rounds



“One of the best perks of the program is that if you get a poster or presentation accepted, the department will send you to the conference. That’s a great motivator for scholarly activity!”

- Amarpreet Chela MD, Chief of Academics

MEET THE FACULTY

CLINICAL AND RESEARCH

CHERYL MCCULLUMSMITH, MD, PhD

Chair, Dept of Psychiatry
Director, Consultation-Liaison Service



VICTORIA KELLY, MD

Vice Chair of Education
Director, Psychiatry Residency
Outpatient Psychiatry
Clinical Forensic Psychiatry
Collaborative Care, Family Medicine



AMY RIESE, MD

Associate Director,
Psychiatry Residency
Student Mental Health
Wellness



JAMIE MIGLIORI, MD

Director, Child & Adolescent Fellowship
Outpatient Psychiatry



JAMIE MYRICE, PACE

Coordinator, Psychiatry Residency
Coordinator, Child & Adolescent Fellowship



Elissar Andari, PhD
Research

Richard Baron, LISW
Outpatient Psychiatry
Psychodynamic Psychiatry

David Bellian, MD
Staff Psychiatrist, NOPH
Child & Adolescent Psychiatry

Carol Budzenski, PhD
Neuropsychology

Dyan Darang, MD
Child & Adolescent Psychiatry

Morgan Dynes, PhD
Outpatient Psychiatry
Collaborative Care, Pediatrics
Child & Adolescent Psychiatry

Thomas Fine, LSW
Outpatient Psychiatry
Recovery Services

Julia Halm, DO
Director, VA Outpatient Psychiatry

Kimberly Hunter, PhD
Outpatient Psychiatry
Child & Adolescent Psychiatry

Michele Knox, PhD
Outpatient Psychiatry
Child & Adolescent Psychiatry

Dionis Kononov, DO
Director, Senior Behavioral Health

Jason Levine, PhD
Director, PA Behavioral Science Course
Associate Director, Medical Student Behavioral Science & Psychiatric Medicine Course
Outpatient Psychiatry

Chandani Lewis, MD
Director, Medical Student Clerkship
Director, Community & Public Psychiatry

Daniel McCarthy, MD
Outpatient Psychiatry

Sandy McCluskey, MA, LPCC-S
Outpatient Psychiatry
Student Mental Health

Angele McGrady, PhD
Outpatient Psychiatry
Biofeedback
Behavioral Medicine, Wellness

Daniel Rapport, MD
Outpatient Psychiatry
Mood Disorders
Ryan White Clinic

Agha Shahid, MD
Director, ProMedica Psychiatry
Addiction & Geriatric Psychiatry

Tanvir Singh, MD
Vice Chair of Clinical Services
Director, Recovery Services
Addiction Psychiatry
Child & Adolescent Psychiatry

Kristi Skeel Williams, MD
Vice Chair of Quality Improvement
Outpatient Psychiatry

Alina Rais, MD
Director, Outpatient Services
Geriatric Psychiatry
Psychodynamic Psychiatry

Xin Wang, MD, PhD
Vice Chair of Research

MEET THE RESIDENTS

DIVERSE. MOTIVATED. SUPPORTIVE.

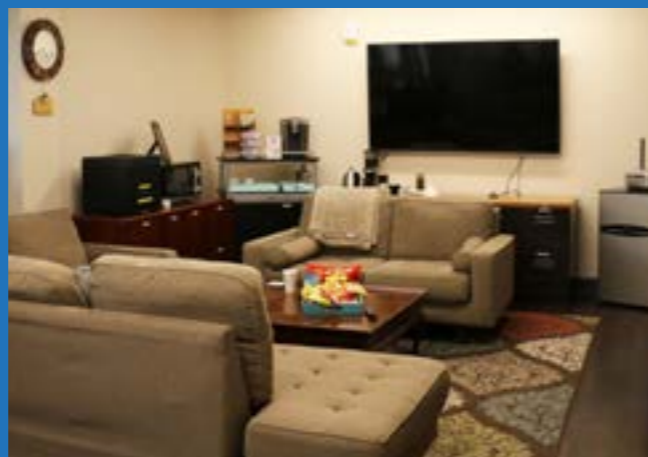
DIVERSITY

Our residents are a diverse group of individuals, from various cultural backgrounds and hometowns, joined by a motivation to learn and thrive together.



MOTIVATION

The residency program has a focus on work-life balance, whether that is spending time with friends, partners, family, or pets. This emphasis on wellness allows the residents to focus on clinical knowledge & academics.



SUPPORT

A strength of the program is the level of support that residents receive from not only the department and faculty, but also peers.

We are a University program with a community feel, and the major reason for that is teamwork.



In addition to the atmosphere that fosters growth and resiliency, residents regularly participate in wellness programming.



WELLNESS

Toledo has a wide range of sporting, cultural and culinary experiences, which makes north-west Ohio a great place to live. Whether you're looking to mingle or spend time with family and friends, we have it all here!



Toledo Metroparks

LIVING IN TOLEDO



The city is located within a few hours of several other major cities like Ann Arbor, Detroit, Cleveland, Columbus, Cincinnati, and Indianapolis.

Lake Erie is within one hour's drive. Near the shores you can find wineries, outdoor activities (fishing, boating, kayaking), Cedar Point for the roller coaster enthusiast, Kalahari Waterpark, Great Wolf Lodge for family outings, and getaways on Middle Bass and Put-In-Bay Islands, and more.



Imagination Station



Walleyes Hockey



Botanical Gardens



The Toledo Zoo



Mud Hens Baseball

OUR STRENGTHS

HOW TO APPLY

General Psychiatry Residency Application Requirements

- There are 5 spots open for upcoming PGY1 class (which are 4 categorical and 1 child track)
- Completed applications in ERAS must be received no later than November 30th.
- Personal Statement
- 3 Letters of recommendation, and each must be written by US physicians and dated within the past 12 months
- Official medical school transcript
- Preference given to USMLE Step 1 scores of 200 or greater, or COMLEX Level 1 scores of 425 or greater
- Preference given to USMLE Step 2CK scores of 225 or greater, or COMLEX Level 2CE scores of 425 or greater
- Preference given to USMLE Step 2 CS or COMLEX Level 2CE who pass on first attempt (waived in 2020 due to pandemic)
- If FMG applicant, preference given to USMLE Step 3 pass on first attempt

<https://www.utoledo.edu/med/depts/psych/residency>

Interviews will all occur virtually, from November through mid-December. We use the Thalamus platform. If you are extended an invitation and accept, you will be able to go to a virtual event with the residents the evening before your interview day. You will then meet with various faculty during your scheduled day, receive a virtual tour, and that will mark the conclusion of the interview day.

- Highly personalized attention to each resident's needs
- Longstanding accreditation since inception in 1968
- Home call for PGY2 and 3, and no call for PGY4
- 100% Fellowship match rates
- One-way mirrors for resident supervision in clinic
- All rotations within 20 minutes
- Opportunities for leadership at all levels
- Well rounded education, with extensive experience in geriatrics and consults
- Access to program director, open door policy of faculty
- Transparency in communication
- Department supports the educational mission, such as sending residents to conferences
- Focus on work-life balance, wellness, and professional development

CONTACT INFORMATION:

Victoria Kelly, MD
Program Director
victoria.kelly2@utoledo.edu
419.383.5678

Jamie Myrice, PACE
Program Coordinator
jamie.myrice@utoledo.edu
419.383.5696

Adam Rowe, MD
Chief Resident
adam.rowe@utoledo.edu

University of Toledo Medical Center
Department of Psychiatry
3000 Arlington Ave, MS#1193
Toledo, OH 43614