

**Procedure Competency Form:  
FAST exam**



Patient Addressograph

Resident:

Faculty observing:

Date:

- Informs patient/family of procedure including risks and benefits and obtains verbal consent as appropriate
- Enters patient name and MR number into ultrasound machine
- Chooses appropriate ultrasound transducer
- Resident cleans the transducer before use
- Subxiphoid view obtained with appropriate depth to visualize entire pericardium
- RUQ view obtained, scanning through Morrison's pouch, making sure to visualize the tip of the liver and the inferior pole of the right kidney
- LUQ view obtained, scanning through the splenorenal recess, making sure to visualize the inferior pole of the left kidney
- Pelvic view obtained, scanning through the entire bladder in transverse and sagittal planes
- Accurately identifies free fluid or lack of free fluid
- Documents each area of interest with either a representative still image or video clip
- Relays the findings to the patient and the team involved in the care of the patient
- Procedure note written

Assessment:

Unsatisfactory

Proficient

Mastered

Comments:

Faculty signature: