Title of Clerkship: Collaborative Care Elective
Elective Year(s): Fourth-Year Elective Clerkship (please see pre-requisites)
Department: Psychiatry and Family Medicine
Type of Elective: Clinical X Non-Clinical/Research _____ Basic Science _____
Clerkship Site: UT Family Medicine Center at Glendale Medical East, Zepf Center (multiple locations)
Course Number: PSCH 715
Blocks Available: All, but must receive approval from Psychiatry and Family Medicine Clerkship Directors
Number of Students/Block: 1
Faculty: Mary Kay Smith, M.D., Paul Schaefer, M.D., Ph.D., and Tara Erbele, M.D.
Elective Description/Requirements: This elective clerkship provides opportunities for a medical student to engage in integrated models of health care delivery. Integrated care involves primary care and behavioral health care systems occurring in the same clinical setting. Health promotion and health care are delivered via the collaborative care approaches of various professions – including, but not limited to, Medicine, Nursing, Pharmacy, Psychology, and Social Work – for the diagnosis and management of individual patients. Northwest Ohio offers students a rich history of patient-centered care. Specifically, The University of Toledo has worked across colleges and departments in engaging with community partners to develop interprofessional (IP) collaborative care opportunities for health professions students. A medical student participating in this elective will learn at the interface of established and developing systems of care which combine the strengths of different health professions to improve health outcomes and more cost-effective management of resources.

Longitudinal experiences will utilize integrated and collaborative care models at UT Family Medicine Center at Glendale Medical East, where behavioral health care is brought into a primary care setting, and Zepf Center, where primary care is brought into a behavioral health setting. The medical student enrolled in this elective will evaluate patients, present to individual providers and IP teams, and make recommendations within these integrated settings. At Glendale Medical East, the student will work with a variety of health care providers to learn about patient-centered health care delivery in the context of population medicine and primary care by engaging in collaborative care approaches, shared medical appointments, geriatric clinics, and care coordination meetings. While at Zepf Center, a ‘lead’ community mental health center in Lucas County, the student will work with both primary care and behavioral health providers in addressing the complex medical needs of individuals living with a serious psychiatric illness. In addition to the clinical engagement with these providers, the student will attend care coordination meetings and will learn about early identification and treatment of psychosis that occurs in the context of schizophrenia spectrum disorders. The latter will occur primarily through active participation in weekly team meetings, during which the dedicated team will discuss strategies being used and the current status of each individual enrolled in the FIRST Early Identification and Treatment of Psychosis program. Finally, limited opportunities will exist to learn about other IP and collaborative approaches to care, including the Metabolic Health Initiative at Northwest Ohio Psychiatric Hospital.

Faculty and staff engaged in the development and implementation of integrated and collaborative care models in Lucas County will supervise, mentor, and evaluate the medical student during this clinical elective. The student can contribute to the future success of collaborative care in Lucas County by researching a pertinent topic and sharing the resulting summary with faculty and peers. Additionally, if the student identifies an area for collaborative intervention during the four-week elective, a relevant project or paper may result.

Length of Clerkship: 4 weeks
Links to Core Competencies:

IPC-2 1. Distinguish basic terminology related to collaborative care and integrated care, and communicate effectively with individuals from other disciplines, professions, and systems using this terminology.

MK-15 2. Identify specific patient populations that might benefit from use of collaborative health care care models.

PC-1, PC-4 3. Demonstrate competence in interviewing/assessing a patient and presenting clinical findings to both an individual preceptor and an interprofessional (IP) health care team.

PC-8 4. Evaluate a patient and make appropriate treatment recommendations reflecting a collaborative approach to care.

MK-16 5. Describe three models for integrating behavioral health care into primary care settings, and vice versa.

PC-11 6. Discuss successful approaches and attitudes of professionals involved in collaborative care approaches to common health dilemmas.

PBL-5 7. Present key findings regarding a topic of interest from the emerging integrated care / collaborative care literature.

SBP-1, SBP-5 8. Discuss the benefits of IP collaborative approaches to care for patients, health care providers, and the overall health care system.

Professionalism: The student enrolled in this elective will meet or exceed the institutional standards for professionalism as stated in the current Core Competencies Required for Graduation (M.D. Program), particularly with respect to professionalism in interactions with patients, and will adhere to all relevant UT policies.

Instructional Methods: Care coordination meetings
Clinical case presentations/discussions
Mentored clinical practice in ambulatory settings
Self-directed learning
Small group discussion

Evaluation Methods: Attendance
Clinical Competency Evaluation, including narrative assessment
Evaluation of participation in small group discussions and lectures
Reflective journaling

Prerequisites: Successful completion of Family Medicine and Psychiatry Required Clerkships

Clerkship Directors: Mary Kay Smith, M.D. (Psychiatry) and Paul Schaefer, M.D., Ph.D. (Family Medicine)

Clerkship Coordinator: Jenelle Thurn
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Special Requirements: Required text: Integrated Care: Working at the Interface of Primary Care and Behavioral Health; Raney; American Psychiatric Publishing, 2015.