YEARS 1 & 2 ELECTIVE COURSE

TITLE: Champions Program

The idea behind this is that every child deserves to have a "champion" who supports them and will provide them with equitable education and knowledge. As future healthcare providers, we believe we are in the unique position (as are nurses, teachers, principles, etc.) that can be a "champion" for any child. "Every child deserves a champion. An adult who will never give up on them, who understands the power of connection, and insists that they become the best that they can possibly be" (Please note this term is actually from a Ted Talk given by Rita Pierson) Name can be changed if this is copyright issue https://www.ted.com/talks/rita_pierson_every_kid_needs_a_champion?language=en

COURSE NO.: SOMN 622

DEPARTMENT: Pediatrics

REQUIRED ACTIVITIES

- Three didactic sessions with pediatric faculty covering child development, communicating with pediatric patients, and the importance of education in healthcare
 - 3 hours total
- 15 minute introductory meeting with After-School All-Stars Program Coordinator, Megan Reece during first tutoring session
- 2 tutoring sessions per month (October- March) at designated school from 4pm-5pm
 - Approximately 12 hours
- Ending meeting where reflections will be shared
 - o 1 hour

DIRECTOR (faculty responsible for grading): Dr. Da-Silva

COORDINATOR: Pediatrics coordinator

• Plus a student "chair" position responsible for tracking requirements

FACULTY PARTICIPANTS: Including but not limited to: Dr. Shonola Da-Silva, Dr. Eileen Quinn, Dr. Morgan Dynes, Lori LeGendre (director of Reach Out and Read Program), Dr. Rajat Kaul

SEMESTERS AVAILABLE: Year-long longitudinal

NUMBER OF STUDENTS: Max. of 100 students

LOCATION: Variety of Toledo Public Schools who work with After-School All-Stars:

- Reynolds Elementary School
- Walbridge Elementary School
- Hawkins Elementary School
- Birmingham Elementary School

-Location will be assigned through After-School All-Stars (by Megan Reece). She is very accommodating to student's preferences

GENERAL DESCRIPTION:

The motivation for this elective is to teach the necessary principles that contribute to effective primary care. These principles include effective patient education, which is crucial in maintaining a trusting relationship with pediatric patients.

The "Champions Program" will consist of two main aspects: community outreach and clinical applications. The community outreach aspect will involve afterschool tutoring through "After-School All-Stars" in which each medical student will work with the same elementary school student throughout the year. This will allow for a longitudinal and growing relationship to develop overtime. The goal is for each medical student to constantly learn about their student's stage of development and learning style in order to best cater to their education. After-School All-Stars is already a robust program with pre-made lesson plans. This will allow medical students to focus their time on helping students with homework or premade worksheets in a way that best fits the student's learning style. Understanding the student's abilities, learning style, and how they communicate will be a critical skill for the medical student to develop during the elective. This skill is one that will serve them well in future pediatric patient care.

Additionally, the clinical applications of the "Champions Program" will be made possible by working with pediatric physicians. This part of the elective will consist of three whole group meetings in which students will learn about the following: stages of child development, the importance of education in healthcare, and communicating with pediatric patients. This aspect of the elective will allow students to envision how their current work in the elementary schools will be relevant throughout their entire careers.

While other programs allow for University of Toledo Medical students to be involved in the community, we envision this elective to be a unique learning opportunity due to the longitudinal projection of the tutoring program.

EDUCATIONAL OBJECTIVES:

- 1. State various stages of child development
- 2. Demonstrate application of various educational styles based on a child's developmental stage or learning
- 3. Cite the ways in which various social, educational, and economic backgrounds can impact clinical interactions
- 4. Explain the importance of a longitudinal relationship in a child's life and how as healthcare providers, we could provide this support for them
- 5. Explain sources of successes and challenges in teaching children of various ages, and reflect on why this skill is important in medicine.

METHODS OF TEACHING:

Small lecture setting with physician (3 times throughout the year) to gain knowledge on child development and how different teaching and communication methods can be used within pediatrics.

METHODS OF STUDENT EVALUATION:

Students will keep track of their experience throughout the year. This will be documented on a template where they will record what they taught their student, how they felt their teaching style worked, and what they want to improve for next time.

Additionally, medical students will have a reflection conversation at the end of their experience addressing the education objectives and discussing what they learned throughout their experience.

LINKAGE TO EDUCATIONAL PROGRAM OBJECTIVES:

MK-10, MK-11, MK-12, MK-13, MK-14, MK-15, PB-1, PB-2, PB-3, PB-5, PB-7, IPC-3, IPC-4, PBL-1, PBL-2, PBL-6

ELECTIVE EVALUATION:

An evaluation form will be completed by: Megan Reece, each schools program director, and the students participating.

PREREQUISITES (if any): None: preferred interest in pediatrics and/or patient education

Approved by ECC May 2020