



Career Advising

Personal Statement

Difference between CV and Personal Statement:

- CV states your accomplishments in a concise and efficient format.
- Personal statement reflects your personality, who you are, and the type of resident you will be.

What to include in a Personal Statement:

- Why you selected the specialty; be specific as to what you like (procedural, environment, continuity of care, etc.).
 - What makes you a good fit for that specialty; why did you choose this career path?
 - What do you bring to the program, what do you have to offer, how will you enhance the program?
 - What are you looking for in a program (community vs. academic, research, participation in outreach and medical missions)?
 - Include areas/skills not included on CV: leadership examples, team building skills, teaching experiences, how you deal with stressful situations, problem solving, patient interaction and communication.
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- Ask faculty in your specialty to review your personal statement.
 - The AEC is also a good resource to review for grammar and corrections.