

'Rocket Road Trip' to UT Homecoming

Get your motor running: "Rocket Road Trip — All Roads Lead Back to UT" is the theme of the University's Homecoming.

Roll on down West Bancroft Street for fun and spirited celebration. Homecoming week activities planned for this year include:

Tuesday, Oct. 6

- Casino Night, 7 to 10 p.m., Student Union Auditorium. Win big at this Las Vegas-style game night. Transportation will be available from 6:30 to 10:15 p.m. for students living in residence halls; stops will be made at the Transportation Center, Ottawa House, Horton International House and the Student Union. Students who bring a canned good will have a chance to win prizes; all donations will go to the UT Student Food Pantry.

Wednesday, Oct. 7

- Field Day, 11 a.m. to 2 p.m., Centennial Mall. Check out the free food and games.

- Homecoming Court Showcase, 7 p.m., Student Union Ingman Room. The top 10 king and queen candidates will walk the runway and show their Rocket pride. Doors will open at 6:30 p.m. Canned goods welcome for the UT Student Food Pantry.

Thursday, Oct. 8

- College of Business and Innovation Alumni Affiliate Dean's Breakfast, 7:30 a.m., Toledo Club Centennial Room, 235 14th St. Speakers will be UT President Sharon L. Gaber and Dr. Gary Insch, dean of the UT College of Business and Innovation. Register for the free program, which will start at 8 a.m., by contacting the Alumni Relations Office at 419.530.ALUM (2586) or shirley.grzecki@utoledo.edu.
- National Pan Hellenic Council Talent Show, 7 p.m., Doermann Theater. Students will take the stage and perform in this competition. Canned



goods welcome for the UT Student Food Pantry.

- Zeta Phi Beta Sorority Inc. Pancake Breakfast, 10 p.m. to 1 a.m., Horton International House.

Friday, Oct. 9

- Food Truck Lunch, 11:30 a.m. to 1:30 p.m., Centennial Mall. Stop by to see what these meals on wheels will serve up.
- Omega Psi Phi Fraternity Inc. I-75 Homecoming Basketball

Tournament, 6 to 10 p.m., Health Education Building. Cost: \$30 per team. Admission to watch the action: \$3 or a canned good. For more information, email ibrahimshafau@icloud.com.

- Homecoming Alumni Gala and Awards Ceremony, 6 p.m., Student Union Auditorium. The Alumni Association will present this year's Gold T, Blue T and Edward H.

continued on p. 5

Scientist going to D.C. to push for more research money

By Brandi Barhite

A research scientist at The University of Toledo is meeting with congressional leaders to advocate for an increase in biomedical research funding.

Dr. Sumit Bhattacharya, a postdoctoral fellow trainee, will be in Washington, D.C., Wednesday and Thursday, Oct. 7 and 8, representing the state of Ohio in the NAEVR (National Alliance for Eye and Vision Research) Emerging Vision Scientists Program. He is one of 22 participants.

"A lot of biomedical researchers haven't been able to do the kind of comprehensive research that is crucial for the advancement of science," Bhattacharya said. "I plan to talk to Senators Rob Portman and Sherrod Brown and State Representative Marcy Kaptur regarding the current crunch in research funding."

His participation is crucial because Congress will be considering spending and authorizing bills that specifically address the issue of funding for early-stage investigators, according to Dr. David Giovannucci, UT professor of neurosciences and principal investigator overseeing Bhattacharya's training.

"We are so proud that Sumit will be going to D.C. to speak on behalf of biomedical researchers," Giovannucci said. "This is quite an honor as well as an opportunity to add his voice to a conversation that could help increase our case for more funding."

The National Institutes of Health previously funded more than 30 percent of the grants applied for by junior faculty, but in recent years the number has decreased to only 10 percent due to reduction in federal funding.

Bhattacharya's research in Giovannucci's laboratory involves understanding the disease process and developing therapies to treat dry eye and dry mouth. A human drug trial to treat dry mouth already is planned.

"We are collaborating with physicians here at UT to conduct a human trial to reverse or prevent dry mouth. We want to test a compound that we have characterized," he said.

Bhattacharya also is applying for federal funding for dry eye research. Dry eye commonly affects more than 10 million people resulting in billions of dollars for health-care costs each year. The majority of sufferers are women older than 40.

He was eligible to apply for the NAEVR Emerging Vision Scientists Program because he previously was funded for dry eye research through the Fight for Sight Foundation.



Bhattacharya

UT Health offers cardio-oncology clinic

By Brandi Barhite

A new cardio-oncology clinic at The University of Toledo Medical Center is focusing on the heart health of cancer survivors.

The clinic is held every Wednesday morning in the Eleanor N. Dana Cancer Center to assist patients with continuing their chemotherapy and radiation care while minimizing the negative impacts on their hearts.

“We want to minimize cardiotoxicity for those undergoing cancer treatments as well as decrease any long-lasting cardiovascular problems after treatment,” said Jodi Tinkel, medical director of ambulatory care at UTMC.

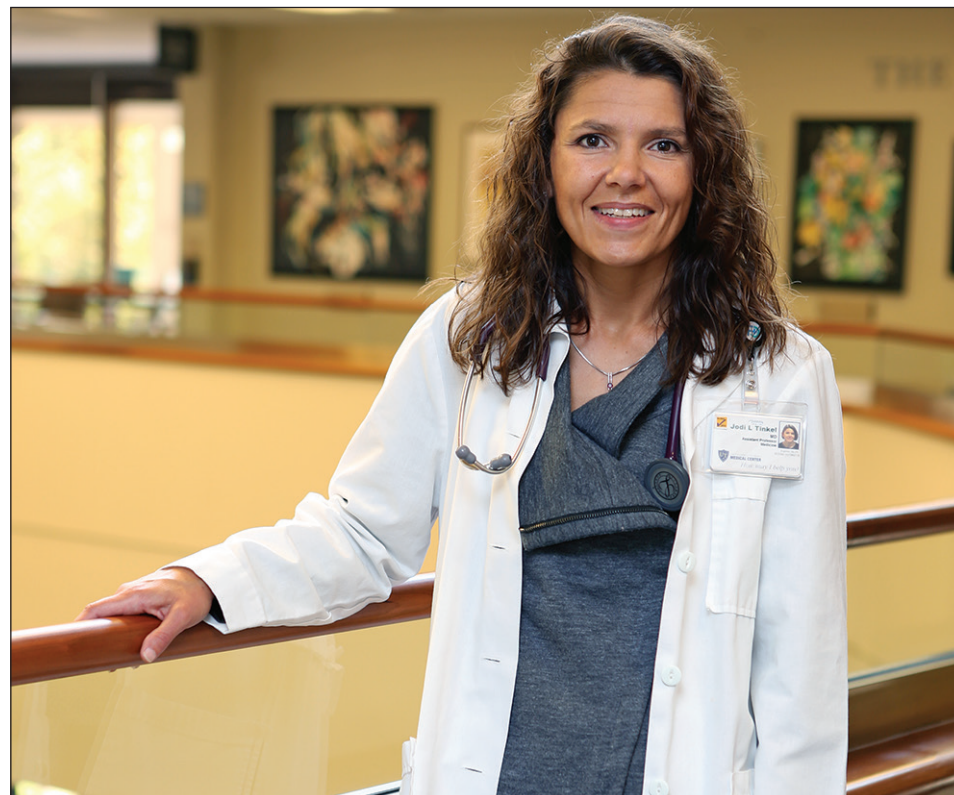
Tinkel, a cardiologist who is running the UT Health clinic, said cardiotoxicity causes the heart to weaken and not pump and circulate blood as efficiently. It is a frequent concern for patients being treated for breast cancer, for example, although not all chemotherapies are toxic.

“Oncologists could consider referring a patient to us if they think someone might be at risk,” she said. “We can run a battery of tests and check for toxicities with our echocardiogram.”

Tinkel also will consult with patients who are already suffering from cardiac problems because of previous chemotherapy treatments. Drug therapies can be used to alleviate the risk or help with existing cardiac problems.

This new clinic benefits UTMC’s cancer patients because all of the services are conveniently located in the Dana Cancer Center.

“We want to treat those who are already inflicted and help those who might be at risk, but we don’t want to make patients afraid of their chemotherapy because that is an important part of their treatment regimen,” Tinkel said. “We want to see patients in our clinic so they can continue their chemotherapy and radiation without sacrificing their heart health.”



Tinkel

Photo by Daniel Miller

Green piece



Photo by Daniel Miller

Dr. John C. Warner, one of the fathers of the green chemistry field, encouraged creativity to discover new compounds that are safe during a talk last week in Doermann Theater. His lecture, “Green Chemistry: The Missing Elements,” was held in honor of the Department of Chemistry and Biochemistry’s 100th anniversary. As president and chief technology officer of Warner Babcock Institute for Green Chemistry, Warner is on the forefront of a relatively new area of study focusing on the design of chemical products and processes that reduce or eliminate the generation of hazardous substances.

Sign of success



Photo by Daniel Miller

President Sharon L. Gaber was the first to sign the new “success wall” in the Center for Experiential Learning and Career Services last week. The wall is a place for students and alumni to share their career successes with the campus community by signing and dating the wall when they obtain an internship or job. “As students record their accomplishments on the chalk wall, they will be encouraged to take a selfie and share it on social media. We want to help share our students’ success stories,” said Shelly Drouillard, director of the Center for Experiential Learning and Career Services. “The theme of ‘Launch Your Career Here’ ties in perfectly as our new president is launching her presidential career at The University of Toledo. Dr. Gaber is the first signature on the wall, and she will pave the way for future Rocket career successes to be acknowledged and celebrated.” The Center for Experiential Learning and Career Services works to connect students to meaningful learning experiences and assist students with determining a major and career exploration. Students are encouraged to take advantage of the many services offered; these include resumé reviews, mock interviews and job search strategies. Students and alumni can schedule an appointment by calling 419.530.4341.

Open enrollment for 2016 offers employees concierge services

As open enrollment for 2016 health-care benefits takes place this month, Human Resources and Talent Development officials are spreading the word about concierge services available to help walk employees through their options. Employees must enroll by Saturday, Oct. 31.

Different than in years past, all employees will need to re-enroll and select a benefits plan. Doing so will ensure that employees are making the most appropriate benefits choices to meet their changing lifestyle needs, are taking advantage of enhancements to benefit plans, and are preparing to participate in "Healthy U" wellness initiatives.

Also new this year, while examining current health-care needs, employees will be required to recertify eligibility for their covered dependents. To do so, employees will submit verification documents for spouses, dependent children and domestic partners. A new feature has been developed where employees can upload their documentation through mobile devices. The list of acceptable documentation can be found at utoledo.edu/media/downloads/pdfs/Open-Enrollment-Dependent-Eligibility-Verification.pdf.

"This is precisely the area that Human Resources and Talent Development representatives can help

employees navigate," said Jovita Thomas-Williams, vice president and chief human resources officer. "While this year's process is more intensive than in past years, by taking this step, we won't need to repeat this process for a number of years going forward."

Employees with questions or who would like to schedule an appointment with a benefits representative can do so by emailing benefits@utoledo.edu.

Additionally, to assist in understanding the available benefits plans, Human Resources has scheduled a series of information sessions across all UT campuses during the first and second weeks of October. A listing of the sessions can be found at utoledo.edu/media/downloads/pdfs/Open-Enrollment-Calendar-of-Events.pdf. Employees are encouraged to attend one of the information sessions.

"Simply put, we want to help you make this process as seamless as possible," Thomas-Williams said.

Employees are able to access the open enrollment website through the employee tab inside the myUT portal. Computers will be available for employee access Monday through Friday from 8:30 a.m. to 5 p.m. in the Human Resources offices in Academic Services Center Room 1000 on Scott Park Campus.

In memoriam

Nina O. Close, Wadsworth, Ohio, a former secretary at UT, died Sept. 13 at age 93.

Debra D. Hecklinger, Curtice, Ohio, died Sept. 29 at age 65. She was a senior accountant at MCO for 18 years until her retirement in 1999.

Martha Burks McCoy, Toledo, a janitor at UT for 16 years until her retirement in 1997, died Sept. 22 at age 95.

The University of Toledo is seeking comments from the public about the University in preparation for its periodic evaluation by its regional accrediting agency. The University will host a visit April 11-12, 2016, with a team representing the Higher Learning Commission. The University of Toledo has been accredited by the Commission since 1922. The team will review the institution's ongoing ability to meet the Commission's Criteria for Accreditation.

The public is invited to submit comments regarding the University:

Third-Party Comment on The University of Toledo
The Higher Learning Commission
230 South LaSalle Street, Suite 7-500
Chicago, IL 60604-1411

Comments must address substantive matters related to the quality of the institution or its academic programs. Comments must be in writing.

All comments must be received by March 10, 2016.

UT Health to require flu shot for hospital, off-site clinics

By Brandi Barhite

To keep its employees and patients as healthy as possible, The University of Toledo is implementing a universal flu shot policy for those in the hospital, ambulatory services, off-site clinics, and others whose duties or positions cause them to be in patient care areas.

The flu shot, which will be offered free of charge, is being required for all doctors, faculty, staff, students, health-care workers and volunteers. Flu shots also are being offered on Main Campus, where the immunization is not required but highly encouraged.

“We want to provide the best possible care for our patients and the safest working and learning environment for our employees and students,” said Ann Smith, UT director of infection and prevention. “The flu spreads easily, so we would like to prevent that from happening. The goal is to protect our staff and faculty as well as our patient population.”

Smith said influenza is a respiratory infection that can lead to serious complications, especially for young children, older adults, and those with certain medical conditions. Even if a UT employee doesn’t work directly with patients, he or she can help prevent the spread of disease by being immunized, Smith said.

Many national health advisory organizations, including the American Hospital Association, Infectious Disease Society of America and American College of Physicians, support mandatory influenza immunization for those in the health-care field. More far-reaching, the Centers for Disease Control and Prevention recommends that everyone 6 months of age and older be vaccinated each year.

“This is something that many of our staff are already receiving every year, which we appreciate,” Smith said. “With this change in policy, we intend to move to widespread compliance because it just takes one sick person to spread it to others.”

Getting the immunization is easy. By logging onto the Fluprep website at utoledo.edu/fluprep, people can fill out the vaccine administration questionnaire in advance and take a look at the immunization schedule as well as fact sheets and other important information. If those affected by the new policy receive a flu shot outside of the University, they need to upload proof on the Fluprep website. Exemption requests, which are due by Sunday, Nov. 15, also can be found at the same website. Those granted an exemption will be required to wear a mask during flu season, which runs from Dec. 1 through March 31.

Dr. Carl Sirio, chief operating officer and chief medical and clinical officer for The University of Toledo Medical Center, said those on Health Science Campus are beginning to embrace this new policy because employees understand the benefits of being vaccinated for the flu.

“We don’t want to make each other sick,” Sirio said. “This is the responsible thing to do for ourselves and for our patients because the flu virus is adaptable and hard to avoid.”

Smith said being immunized will just take a few seconds and is relatively painless.

“The flu shot does not cause someone to get sick with the flu, despite what some people claim. That is a misconception,” Smith said. “It might cause a little muscle pain or a general feeling of discomfort, illness or uneasiness, but it does not make someone sick with the flu.”

Flu shot calendar

Monday, Oct 5	7 a.m. to noon	Kobacker Center Room 1102
Tuesday, Oct. 6,	7:30 a.m. to noon	Dana Cancer Center Room 1040D
Wednesday, Oct. 7	7 a.m. to noon	UTMC fifth floor by the front elevators
Thursday, Oct. 8	7 a.m. to 2:30 p.m.	UTMC fourth floor
Thursday, Oct. 8	10 a.m. to 2:30 p.m.	Scott Park Health Fair
Friday, Oct. 9	3 to 5 p.m.	Glendale Medical Center Room 003
Monday, Oct. 12	8 to 10 a.m.	Ruppert Health Center West Hall
Monday, Oct. 12	11 a.m. to 1 p.m.	Glendale Medical Center Room 003
Tuesday, Oct. 13	7 a.m. to noon	UTMC, sixth floor by the front elevators
Wednesday, Oct. 14	7 a.m. to noon	UTMC third floor by the front elevators
Wednesday, Oct. 14	12:30 to 2 p.m.	Records Retention Building
Thursday, Oct. 15	7 a.m. to noon	UTMC second floor
Monday, Oct. 19	7 a.m. to noon	UTMC first floor outside of the gift shop
Monday, Oct. 19	11 p.m. to midnight	Four Seasons Bistro's Pinnacle Lounge
Tuesday, Oct. 20	7 a.m. to noon	UTMC, first floor outside of the gift shop
Tuesday, Oct. 20	12:30 to 2 p.m.	Dowling Hall Room 0075
Wednesday, Oct. 21	7 a.m. to noon	UTMC first floor outside of the gift shop
Thursday, Oct. 22	7 a.m. to noon	UTMC first floor outside of the gift shop
Monday, Oct. 26	7 to 10 a.m.	UTMC ground floor
Monday, Oct. 26	10:30 a.m. to noon	Mulford Library lobby
Tuesday, Oct. 27	8 a.m. to 3 p.m.	Health Education Building front lobby
Wednesday, Oct. 28	8 a.m. to 4 p.m.	Collier Building lobby
Thursday, Oct. 29	8 a.m. to 1 p.m.	Student Union lobby by the fountain
Friday, Oct. 30	11 a.m. to 1 p.m.	Glendale Medical East Room 1206
Friday, Oct. 30	10 a.m. to 2 p.m.	Welloween at the Student Recreation Center
Monday, Nov. 2	8:30 to 10 a.m.	Dowling Hall Room 0075
Tuesday, Nov. 3	8 a.m. to 3 p.m.	Stranahan lobby
Wednesday, Nov. 4	8 a.m. to noon	Memorial Field House
Wednesday, Nov. 4	1 to 5 p.m.	Law Center
Thursday, Nov. 5	8 a.m. to 3 p.m.	Health and Human Services Center lobby
Monday, Nov. 9	7 to 9 a.m. and 1 to 4 p.m.	Four Seasons Bistro's Pinnacle Lounge
Tuesday, Nov. 10	1 to 3 a.m.	UTMC roaming the ground floor to the sixth floor
Wednesday, Nov. 11	7 to 9 a.m. and 1 to 4 p.m.	Four Seasons Bistro's Pinnacle Lounge
Thursday, Nov. 12	1 to 3 a.m.	UTMC, roaming the ground floor to the sixth floor
Thursday, Nov. 12	7 to 9 a.m. and 1 to 4 p.m.	Four Seasons Bistro's Pinnacle Lounge

Flu shot information: utoledo.edu/fluprep

Homecoming

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Schmidt Young Alum Award, and college and affiliate award winners will be honored. Tickets are \$30 per person, \$10 for children. For more information or to make a reservation, contact the UT Alumni Office at 419.530.ALUM (2586) or shirley.grzecki@utoledo.edu. Read more on p. 7.

Saturday, Oct. 10

- The Edward C. and Helen G. Schmakel Homecoming Parade, 10:30 a.m. Sponsored by Blue Key, the parade will begin at West Bancroft Street and go to Middlesex Drive to Hughes Drive to Cheltenham Road and back on West Bancroft Street. The grand marshal for this year's parade will be UT President Gaber.
- Alumni Tailgate, noon, William and Carol Koester Alumni Pavilion. Stop by for free hot dogs, chips and pop; beer, wine, bloody marys and Rocket fuel (vodka mixed drink) will be available for purchase with proper ID. And Five O'Clock Rush will play live music.
- Toledo Rockets vs. Kent State Golden Flashes Homecoming Game, 3 p.m., Glass Bowl. Cheer on the Rockets and see the crowning of the Homecoming king and queen. Tickets range from \$25 to \$60; \$15 and \$12.50 for children 12 and younger; half off for UT faculty and staff; and free for UT students with IDs. For tickets, call 419.530.GOLD (4653).

Sunday, Oct. 11

- The Golden Alumni Society Homecoming Luncheon, Inverness Club, 4601 Dorr St., Cost: \$25. President Gaber will be the featured guest speaker. For more information, call the UT Alumni Office at 419.530.ALUM (2586).

For more information, go to utoledo.edu/homecoming/events.html or call the UT Alumni Office at 419.530.ALUM (2586) or the UT Office of Student Involvement at 419.530.4944.

7 P.M.-10 P.M.
STUDENT UNION AUDITORIUM
SHUTTLES PROVIDED
FREE PRIZES AND GIVEAWAYS!

CASINO NIGHT
Tuesday, October 6

ROCKET ROAD TRIP 2015
 ALL ROADS LEAD BACK TO UT

Alumna to sign new book Oct. 10

By Cassandra DeYoung

Julie K. Rubini, a 2013 alumna of the College of Adult and Lifelong Learning, will sign copies of her new book, *Missing Millie Benson: The Secret Case of the Nancy Drew Ghostwriter and Journalist*, Saturday, Oct. 10.

The event will be held from noon to 2 p.m. at the Barnes & Noble University Bookstore in the Gateway Plaza.

"I admired [Benson] for not only her role as author of 23 of the first 30 books in the Nancy Drew series, but as the author of 135 children's books, as well as being a journalist and adventurer," Rubini said.

Along with being a journalist for The Toledo Times and The Blade, Benson pursued an interest in aviation by obtaining a pilot's license.

"She was truly a woman before her time, and I discovered so much about her through my research," Rubini said. "I can't wait to share her life journey with readers."

Rubini was commissioned to write *Hidden Ohio*, a children's book on the history of the Buckeye State, which was published in 2009.

Before her books were published, she served as the director of sales and marketing for the Toledo Convention and Visitors Bureau and the Seagate Convention Center.

Throughout the years, she freelanced for local and regional publications.

In 2012, Rubini accepted the appointment to Maumee's City Council and won re-election in 2013. Currently, she serves as chair of the Public Information and the Parks and Recreation committees.

Rubini will be honored as the 2015 College of Adult and Lifelong Learning Outstanding Alumna at the Homecoming Alumni Gala and Awards Ceremony Friday, Oct. 9.

For more information, go to julierubini.com.

Celebrating the right to read



Photo by Daniel Miller

Dr. Sharon Barnes, associate professor and interim chair of the UT Women's and Gender Studies Department, gave a talk on "Silencing Through Stereotypes: Native Americans in Children's Literature" at the 18th annual Banned Books Week Vigil last Thursday in Carlson Library. She was one of many who paid tribute to the right to read, think and speak freely during the daylong event.

Book Signing

Julie K. Rubini

College of Adult and Lifelong Learning 2015 Outstanding Alumna

Saturday, Oct. 10
12 pm - 2 pm
Barnes and Noble

At Gateway Plaza on UT's Main Campus
at the corner of Dorr and Secor

"Millie Benson is an American treasure. Her fascinating story is brought to life in Julie Rubini's enchanting new book, which will inspire a new generation of Nancy Drew fans."
 -Christine Brennan,
 USA Today sports columnist and author of *Inside Edge* and *East Sestina in the House*



Photo by Daniel Miller

STACKING UP: Hanh Nguyen checked out titles at the used book sale Thursday in the Carlson Library concourse. More than \$200 was raised for the library's acquisitions fund, according to Barbara Floyd, interim director of University Libraries.

Alumni to be recognized at annual Homecoming Gala Oct. 9

By Dan Saevig

Graduates from each of the University of Toledo's degree-awarding colleges will be recognized Friday, Oct. 9, at The University of Toledo Alumni Association's Homecoming Gala.

The event, which annually draws sellout crowds to the Student Union Auditorium, will begin at 6 p.m.

The program features the recipients of the Alumni Association's highest honors: the Gold T, the Blue T and the Edward H. Schmidt Outstanding Young Alum.

Dr. Richard Paat of Perrysburg is the 2015 recipient of the Gold T, which is presented to a graduate in recognition of outstanding career accomplishment.

A 1986 graduate of the College of Medicine and Life Sciences, Paat is one of the world's foremost medical missionaries. Since 1994, he has led 63 medical missions and disaster relief teams that have treated nearly 100,000 patients around the world. In May, he brought a medical team into Nepal to assist in earthquake relief efforts, treating 2,000 patients in one of the most devastated regions of the country. He has gone to Indonesia after a tsunami and Biloxi, Miss., following Hurricane Katrina. He annually brings five volunteer medical teams to the Philippines, Honduras, Guatemala, Tanzania and Haiti.

For more than a decade, Paat also has provided free medical care to the uninsured and homeless of the Toledo area, volunteering at a free inner-city medical clinic and



Paat

running a mobile migrant worker clinic during the summer.

An internal medicine specialist, Paat was inducted into the International Medical Mission Hall of Fame in 2013. He's been named Ohio Physician of the Year, has been a Jefferson Award for Public Service recipient, and has been named Catholic Physician of the Year in the United States. He also serves as faculty adviser to UT's Students for Medical Missions organization.

Tom Guitteau of Toledo is the 2015 recipient of the Blue T, which is presented to an Alumni Association member who has made outstanding contributions to the progress and development of the association and the University. Guitteau, who served as president of the Alumni Association during the 1988-89 school year, has remained active with his alma mater since graduating from the Judith Herb College of



Guitteau

Education with a bachelor's degree in 1963 and a master's degree in 1973.

Retired regional vice president of agencies for the Columbus Life Insurance Co., Guitteau served 19 years as the color commentator for UT football games on radio and television, broadcasting the team from which he earned a varsity letter as a lineman in 1962. A charter member of the President's Club and the Heritage Society, he is a past president of the Varsity T Club and has provided financial support to a variety of campus projects, including the Koester Alumni Pavilion and the renovation of the Glass Bowl.

For the past five years, Guitteau has served as an academic mentor to UT student-athletes.

Dr. Alex Adams of Boise, Idaho, is the 2015 recipient of the Schmidt Award, which is presented to a graduate who is 35 years of age or younger in recognition of outstanding achievement in his or her field of endeavor.

Adams recently was named executive director of the Idaho State Board of Pharmacy, with responsibility for enforcing laws for 2,400 registered pharmacists in the state. Prior to that appointment, he



Adams

served for nearly three years as the vice president of pharmacy programs and vice president of foundation research programs for the National Association of Chain Drug Stores in Arlington, Va. In that role, he was responsible for the foundation's \$6 million evidence-based research portfolio, as well as serving as the primary staff liaison for public health officials around the country on behalf of a trade association that represents more than 40,000 traditional community pharmacies, supermarkets and mass merchants with pharmacies.

He earned a bachelor's degree in pharmaceutical sciences in 2007 and a doctorate in pharmacy in 2009. Adams and his family have established a scholarship in the College of Pharmacy.

Additional seating has been added for the Homecoming Gala this year; however, a limited number of seats remain. Tickets are \$30 per person.

Call the Office of Alumni Relations at 419.530.2585 (ALUM) for more information or to make reservations.



FOR BREAKING NEWS, GO TO UTNEWS.UTOLEDO.EDU

UT Health to open first Menopause Clinic in northwest Ohio

By Brandi Barhite

UT Health is offering a new service to help women better cope with their menopause symptoms.

The Menopause Clinic — the first in the area — will be open every Wednesday from 1 to 5 p.m. in the Ruppert Health Center on Health Science Campus beginning Oct. 14.

Dr. Lance Talmage, professor and interim chair of the UT Department of Obstetrics and Gynecology, is partnering with Dr. Terry Gibbs, a ProMedica OB-GYN with a faculty appointment at UT. Gibbs is certified through the North American Menopausal Society.

“We will be consulting with women to determine the best approach to curbing their menopause symptoms,” Talmage said. “We will look at hormonal therapies as well as non-hormonal therapies, prescription drugs and herbal options.”

While many patients will be referred to the clinic, women also can make an appointment on their own. For instance, menopause is a side effect of some cancer treatments, so Talmage expects to get referrals from oncologists.

Gibbs said menopause becomes a quality of life issue for many women as they could experience low energy, sleep troubles or sexual difficulties. Some women don’t know that drinking hot coffee, smoking or drinking alcohol can exacerbate the symptoms. In some cases, menopause can trigger anxiety or feelings of sadness and loss.

“We will talk a lot about the management of all the menopause symptoms and discuss hereditary cancers that become more prevalent in middle age,” Gibbs said. “There are so many things that women don’t consider. They think, ‘I am done with kids; I don’t need to see a gynecologist.’ However, there is more of a reason to see a gynecologist at age 50 than at age 20.”

Talmage and Gibbs said they are seeing a cultural change with baby boomers; they do not want to just accept these symptoms as a part of life.

“There is less of a willingness to say, ‘This is the way it is. I am older, and I have to deal with it.’ Women these days

want to ‘fix’ their menopausal symptoms,” Talmage said.

Appointments at the Menopause Clinic will be 45 minutes each and involve a consultation, a physical exam and possible bone test scans, depending on the age of the patient. All patients will receive written literature to take home.

“One of my objectives is to make sure that UT residents are trained in menopausal health care,” Gibbs said. “Most residents get very little training on this topic, but it is something that virtually all doctors will come across during their practice.”

Gibbs said menopause consultation is a gap in care that needs to be filled.



Photo by Daniel Miller

Thanks to Dr. Lance Talmage, left, and Dr. Terry Gibbs, the Menopause Clinic will be open every Wednesday from 1 to 5 p.m. in the Ruppert Health Center on Health Science Campus beginning Oct. 14.

“I think there are so many things in this field that are coming to the market every day. It is fast-changing. There is so much research going on right now.”

Patients can make appointments by calling 419.383.3787. Insurance is expected to cover most visits.

UT Health seminar to address lymphedema relief options

By Brandi Barhite

Lymphedema is a painful condition that can affect women who have undergone, or are undergoing, breast cancer treatment that, unfortunately, many women are never properly educated on.

Those who suffer from lymphedema, which is a lack of lymphatic drainage, experience severe swelling in their arms or other extremities. Sometimes it can be so bad that it leads to disfigurement.

“I noticed my left arm was swollen and it felt heavy, but I didn’t know it was lymphedema,” said Peggy Mercurio, a breast cancer survivor. “I also had lymphedema in my chest wall and in my back. For me, it is more bothersome but not necessarily painful. It just feels very uncomfortable.”

On Thursday, Oct. 15, the public is invited to learn about treating this condition, which is not exclusive to breast cancer survivors, during a “Focus on Lymphedema” educational night from 6 to 8 p.m. at the Radisson Hotel on the Health Science Campus of The University of Toledo.

The free, public lecture is part of the Tie One On Awareness Lecture Series hosted by the Eleanor N. Dana Cancer Center.

Dr. Iman Mohamed, UT professor and chief of the Division of Hematology and Oncology, will be one of the guest speakers talking about the causes, preventative methods and treatment for lymphedema. Lymphedema therapists from UTMH as well as ProMedica, Mercy St. Vincent Medical Center, Blanchard Valley Rehab and Wood County Hospital will be among the experts offering advice and support.

“Any patient with lymphedema can benefit from this lecture, but it is especially crucial to talk about lymphedema during October because it is Breast Cancer Awareness Month,” Mohamed said. “Anytime you remove or disturb a lymph node, you have the chance to suffer from lymphedema. It can happen immediately or it might take years.”

Those at risk for developing lymphedema are advised to keep the affected arm or leg elevated above the level of the heart when possible; avoid tight clothing;

forgo the use of a heavy purse on the affected arm; do not use hot tubs or heating pads; and avoid heavy lifting with the affected limb.

However, sometimes lymphedema will occur anyway, and patients need options for relief. Mohamed said elastic sleeves, bandages, manual compression and exercises can help.

Mercurio uses a compression sleeve and massages to ease her discomfort.

“It is very important for people to know about lymphedema,” Mercurio said. “I put off the swelling. It would have been great to know that it wasn’t just weight gain.”

Kelly Farley, UTMH lymphedema therapist, said sometimes people just live with the condition, which is unfortunate because relief is possible. Other people aren’t educated about the possibility of the condition and, therefore, do not follow any of the precautionary measures to avoid getting lymphedema.

“Lymphedema is not curable; it is a chronic disease,” Farley said. “Patients must be committed to long-term self-care to achieve positive outcomes. Through the



Mohamed

course of the treatment, patients are taught components that are necessary to manage the lymphedema.”

Registrations can be made by calling Renee’s Survivor Shop at 419.383.5243 or by emailing EleanorNDanaCancerCenter@utoledo.edu. Registration starts at 5:30 p.m.

Theater named for UT planetarium's first director

By Meghan Cunningham

The University of Toledo honored the first director of its planetarium with the naming of the Helen and Elgin Brooks Theater inside the Ritter Planetarium.

Helen Brooks, who was one of two UT astronomy professors for many years and the first director of the planetarium, was the central figure in the creation of the Ritter Observatory and Planetarium.

"Naming the planetarium theater for Helen and Elgin Brooks is our way of recognizing their contributions both to the study of astrophysics and to The University of Toledo," said Dr. Michael Cushing, UT associate professor of astronomy and director of the planetarium. "Helen was instrumental in the creation of an astrophysics group at UT, and this is one way that we are honoring her memory."

The couple connected George Ritter, a lawyer interested in supporting education, to the incredible science programs happening at UT. With his financial support, Ritter Observatory and Planetarium, which the couple helped plan and design, opened in 1967 as Toledo's Center for Astronomical Research and Education.

Brooks, who received bachelor's and master's degrees from UT, as well as an honorary doctorate, retired from UT in 1972 but remained an active participant in Astronomy Department events for many years. She died in 2011, and her husband, Elgin, had passed away in 1999.

The Brooks' support to UT also includes their 1987 contribution that established the Brooks Observatory atop McMaster Hall and a \$1.26 million trust gift that established the Helen Luedtke Brooks Endowed Professorship of Astronomy.

The couple established the professorship to recognize and support a current UT astronomy professor's research. The first award recipient is Dr. Karen Bjorkman, Distinguished University Professor and dean of the College of Natural Sciences and Mathematics, who was recognized at the dedication ceremony for the theater Sept. 17.



Photos by Morgan Hayward



HONORED: The Helen and Elgin Brooks Theater in Ritter Planetarium was dedicated last month, and Dr. Karen Bjorkman, Distinguished University Professor and dean of the College of Natural Sciences and Mathematics, was named the first recipient of the Helen Luedtke Brooks Endowed Professorship of Astronomy.



Encouraging debate

UT Law Professor Lee Strang delivered the John W. Stoepler Professor of Law and Values Installation Lecture Sept. 21 in the Law Center McQuade Law Auditorium. The title of his talk was "Public Universities as Places of Constrained Debate: A Home for People of Good Will, Including Religious People." Strang was named the John W. Stoepler Professor of Law and Values July 1. This fall, he is a visiting scholar at the Center for the Constitution at Georgetown University in Washington, D.C.

Photo by Daniel Miller

Program featuring presidents to encourage students to succeed

By Lindsay Mahaney

When trying to inspire students to succeed after college, who better to reach out to than those at the top.

"Straight Outta College: Exclusive Interviews With the Presidents" will spotlight three presidents: Dr. Johnnetta B. Cole, director of the Smithsonian National Museum of African Art and former president of Spelman College; Dr. Sharon L. Gaber, president of The University of Toledo; and Dr. Brian Kennedy, president, director and CEO of the Toledo Museum of Art. The free, public event will be Friday, Oct. 9, at 10 a.m. in the Driscoll Alumni Center Auditorium.

Leaders will start by giving a brief history of their journey to their respective presidencies. Then the floor will be opened to students to ask questions about the panelists' roads to success.

"All of our guests are very much accomplished, and we want students to walk away with the feeling that 'I, too, can achieve just as these individuals have,'" said Dr. Willie McKether, associate professor of anthropology and associate dean in the UT College of Languages, Literature and Social Sciences.

Given the backgrounds of each speaker, McKether anticipates the conversations

to surround strategies for student success, retention, graduation, the role of art in community building and engagement, and the importance of museums in the community. All of these are topics he feels are beneficial for students to know about and appreciate.

All students are strongly encouraged to attend to learn how to become an effective leader in an organization, he said.

"Presidents are people, too, and they have a journey story to tell," he said. "Each president will have an important story, and I want students to walk away with an understanding that despite whatever their circumstances may be, they, too, can achieve."

The program is sponsored by the UT College of Language, Literature and Social Sciences, and the departments of Sociology and Anthropology, Women's and Gender Studies, Africana Studies, and Art. Community support also came from Alpha Phi Boule — the local chapter of the service-based professional fraternity Sigma Pi Phi — and the Toledo Museum of Art. For more information, contact McKether at 419.530.5506.



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Annual Catholic lecture to focus on pope's views on international issues

By Lindsay Mahaney

The leader of the Catholic Church has made waves in his first two and half years in the papal office, tackling a number of hot-button issues. Arguably the biggest: climate change.

Dr. Peter Feldmeier, the UT Thomas and Margaret Murray and James J. Bacik Catholic Studies Professor, will present, "The Pope Goes Green: Francis and Climate Change," at the annual Murray Bacik Lecture Wednesday, Oct. 7, at 7 p.m. in the Libbey Hall Dining Room. A reception will follow the free, public event.

"Francis addresses a number of what he sees as interrelated issues, including pollution, the degradation of the planet, the culture of consumerism, poverty, marginalization of those most vulnerable to climate change, and climate change itself," Feldmeier said. "He sees them all as a piece. He also sees far too little action, even as these issues, particularly climate change, demand immediate attention."

"The damage that climate change will bring in this and the next century is already decisive, but he believes that the human race can still come together to limit that future damage. Francis also believes that the created world and the sentient beings in it exist on their own right and not merely as objects of human utility. His vision is an inclusive one where love of God, love of neighbor, and love of the created world all mutually implicate each other."

Pope Francis believes this is the most imperative moral concern of the day, which is why Feldmeier feels it's an important topic to discuss.

Yet many people frown upon the pope speaking out about such issues, including Arizona Rep. Paul Gosar, who recently boycotted the pope's address in Congress because of his views on climate change.

Feldmeier response to the critics: "Some leaders, particularly Republican leaders, who resist either accepting climate change or show no interest in addressing it have criticized Francis for venturing into realms he has no right to proclaim expertise. But I think this is a false move. Climate change has been known for decades and has international consensus among scientists. One cannot legitimately reject it."

He likened it to a cancer patient who has 99 doctors telling him he has the disease and one doctor who said he doesn't.

"That person is going to not only concede the cancer diagnosis, but also recognize that it is imperative to respond to it vigorously. In the same way, when the scientific community declares with massive consensus that climate change is a fact, the non-scientific community has an intellectual and moral duty to accept this."

"And given that climate change demands an aggressive response, it is morally necessary to do so. Human lives are at stake, the lives of thousands of species who will become extinct because of human-created climate change, and the future of our civilization and planet is at stake. If the pope is a moral leader, what greater moral imperative is there?"

For more information on the lecture, contact the Center for Religious Understanding at 419.530.6187 or visit utoledo.edu/llss/philosophy/cfru/events.html.

THE POPE GOES GREEN: Francis and Climate Change

Wednesday, Oct. 7, 7-8:30 p.m.

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The Annual Murray/Bacik Lecture in Catholic Studies
presented by Peter Feldmeier, Ph.D., the Murray/Bacik Chair
of Catholic Studies at The University of Toledo

A free reception follows.

This event is free and open to the public. Visitors should park in Lot 13 and the West Ramp parking area. For information regarding campus buildings and parking locations, visit utoledo.edu/campus/directions/pdfs/MainCampusMap.pdf. For additional information, email cfru@utoledo.edu or call 419.530.6187.

The University of Toledo's Center for Religious Understanding promotes a deeper understanding of religion on campus and in greater Toledo, the nation and the world.

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This event is made possible by the generous donations from the Toledo Community Foundation, The University of Toledo's College of Languages, Literature and Social Sciences, and other area donors to the Center for Religious Understanding.



UTNEWS

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Students' bowling tourney to raise money for cancer center

By Brandi Barhite

Two pre-pharmacy students at The University of Toledo want to put cancer where it belongs — in the gutter.

Ryan Brown and Jake Garfield, members of the Pharmacy Ambassadors & Pre-Professional Organization, are hosting a "Strike Out Cancer" bowling tournament to raise money for the Eleanor N. Dana Cancer Center.

The tournament will start at 9:30 p.m. Friday, Oct. 23, at Southwyck Bowling Lanes, 5255 Heatherdowns Blvd.

"I wanted to do something to give back to the University because of all the opportunities that I have received here," Brown said. "I couldn't think of something better than the Dana Cancer Center."

The event will be nine-pin, no-tap format, which means that nine pins will equal a strike. The tournament also will be a Dutch Doubles system, where two bowlers on each team play alternate shots throughout the night.

Each pair will play three games that are scored and totaled with the top three teams winning cash prizes of \$80, \$60 or \$40. To be eligible for the cash prizes, the team must consist of one male and one female.

"It's a fun way to bowl," Brown said. "I did something similar in high school. It was on a smaller scale, but it was a good time. I thought if we brought it to UT, it would be a big hit."

Brown and Garfield are trying to recruit 350 teams for the Halloween-themed tournament. Registration is \$15 by Sunday, Oct. 11, and \$20 afterward. The evening will include a costume contest, door prizes, a raffle, music, concessions and a cash bar for those 21 and older.

"Ryan and I have become close friends this past year, and we are really excited about the response we have received," Garfield said. "We wanted to find a way to give back, and we think this is a great way to do so."

"We also like that the money would stay in this area and benefit local people," Brown said. "We have big goals for where we want to see this go and how much money and awareness this will raise. It all starts with us."

To sign up for the tournament or donate toward the cause, go to <http://utole.do/gp>.



Photo by Vince DiGuglielmo

READY TO ROLL: Ryan Brown, left, and Jake Garfield, members of the Pharmacy Ambassadors & Pre-Professional Organization, are hosting a "Strike Out Cancer" bowling tournament Friday, Oct. 23, to raise money for the Eleanor N. Dana Cancer Center.

Student group to hold charity car show Oct. 11

By Cassandra DeYoung

UT Tuners, a student organization that serves as a social conduit to connect University students and community car enthusiasts, will host its third annual charity car show Sunday, Oct. 11, from noon to 4 p.m. in parking area 25 by Rocket Hall.

"A car show is just something we saw as a great way to gather and give to the community," said Devon Wuerfel, president of UT Tuners and undergraduate in the College of Engineering. "We found a charity we were passionate about and have formed a great relationship with."

All proceeds raised will be donated to the Flag City Honor Flight, a volunteer-run nonprofit organization that helps transport veterans to visit war memorials built in their honor.

Registration for the show will take place from noon to 1 p.m. and will cost \$5

for students and \$10 for non-students. The show is free to attend.

"We have had all kinds of cars at our shows in the past — everything from stock Cadillacs to fully prepped race cars," Wuerfel said. "We have bikes, big diesel trucks, lowered mini-trucks, super cars, exotics, etc. Anyone is welcome; we do not turn anyone away."

All registered vehicles will be eligible for a variety of awards: charity choice, best bike, best classic, best domestic, best European, best exotic, best in show, best Japanese domestic market, loudest exhaust and lowest car.

The show is sponsored by Caught Ya Lookin' and General Motors Powertrain Toledo Transmission Operations.

For more information, contact Wuerfel at devon.wuerfel@rockets.utoledo.edu.



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