


Name of Policy: Pregnancy Screening Prior to Nuclear Medicine Therapeutic Procedures			
Policy Number: 3364-135-163		Effective date:	
Approving Officer: Assistant Professor & Deputy Clinical Service Chief, Director Radiology		Original effective date: 11/14/2022	
Responsible Agent: Assistant Professor & Deputy Clinical Service Chief, Director Radiology			
Scope: University of Toledo Medical Center Radiology			
Key words: Therapeutic dose, radioactive materials, pregnancy, AU			
<input type="checkbox"/>	New policy proposal	<input checked="" type="checkbox"/>	Minor/technical revision of existing policy
<input type="checkbox"/>	Major revision of existing policy	<input type="checkbox"/>	Reaffirmation of existing policy

(A) Policy Statement

All ~~female~~ patients of childbearing age (typically 12-60 years old) capable of becoming pregnant, who are undergoing therapeutic administrations of radioactive materials are required to submit to appropriate testing and restrictions to ensure that they are not pregnant at the time of dose administration, and will not become pregnant, until it is determined safe to do so.

Patients who are incapable of becoming pregnant (i.e., documented hysterectomy, menopause, etc.) are exempt from this requirement, policy, and any questions or clarifications regarding exemption must be discussed with the Authorized User (AU) prior to scheduling the procedure.

(B) Purpose of Policy

To prevent a radiopharmaceutical medical event and to ~~eliminate~~minimize the possibility of administering a therapeutic dose of radioactive material to an unborn child.

(C) Scope

For applicable patients, the following requirements apply if they are to receive a therapeutic dose of sodium iodine I-131 in activities greater than thirty-three (33) mCi, or for administration of a therapeutic dose of unsealed radioactive material other than I-131:

1. For all female patients:

1. The intended patient will be required to submit a serum (blood) pregnancy test within twenty-four (24) hours prior to ~~of~~ the intended administration, documenting a negative pregnancy status. Urine or dipstick pregnancy testing is not acceptable.

2. For all female patients receiving a therapeutic dose of sodium iodine I-131 in activities greater than thirty three (33) mCi, or for administrations of a therapeutic dose of unsealed radioactive material other than I-131:

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2. ~~In addition to part 1, 4~~The intended patient must also attest and agree to abstinence of sexual intercourse ~~for a minimum of ten (10) calendar days prior to the date of administration of the radiopharmaceutical.~~

3. All patients will also be instructed to utilize effective contraception techniques to ensure that they will not become pregnant ~~or impregnate another individual~~ for at least one (1) year following treatment, or as discussed with the ~~Authorized User~~AU.

4. This documentation will be reported and filed with the patient's ~~written~~ radiation safety ~~consultation and instructions and~~ therapy consent paperwork.

5. Verification of pregnancy and breastfeeding status is the responsibility of the Nuclear Medicine Technologist and the ~~Authorized User~~AU prior to radiopharmaceutical administration.

6. If it is determined that the patient is pregnant at the time of administration, or that the patient has failed to abstain from sexual intercourse for the ~~timeline stated above ten-day period~~, the exam is to be aborted and/or rescheduled, and testing repeated at an appropriate date.

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Approved by:

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Date

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Review/Revision Completed by:
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Policies Superseded by This Policy:

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Review/Revision Date:

1/1/2020

1/1/2023

12/1/2025

1/1/2026

Next review date: