

Name of Policy: Transplant Nutrition Policy Number: 3364-140-30 Approving Officer: Chief Nursing Officer, Medical Director, Renal Transplant Program, Medical Director, Pancreas Transplant Program Responsible Agent: Transplant Administration Scope: University of Toledo Medical Center		 Effective date: Original effective date: 10/23/2007	
Key words: Transplant, Nutrition, Evaluation, Education, Assessment			
☐	New policy proposal	☐	Minor/technical revision of existing policy
☒	Major revision of existing policy	☐	Reaffirmation of existing policy

(A) Policy Statement

Patients undergoing evaluation for kidney and/or pancreas transplant and potential living kidney donation, will be evaluated by a Registered Dietitian (RD) to determine the need for nutrition education. The RD will provide initial screening, assessment, and education as needed to optimize the patient's nutritional status before and after transplant.

(B) Purpose of Policy

To identify patients transplant candidates and living donors who may benefit from ~~further~~ nutrition assessment and education related to their disease condition or to improve their nutrition status ensuring nutritional status is optimized to support positive transplant outcomes. This policy ensures compliance with CMS, Joint Commission, and ODH requirements for nutrition evaluation and documentation.

(C) Procedure

- ~~1. Transplant Recipient Candidates and Potential Living Kidney Donors will have a nutritional evaluation by the Registered Dietician in the pre-evaluation process. The Dietician will document this evaluation in the electronic medical record. If warranted by the Nutritional evaluation, further nutrition assessment and counseling can be ordered.~~
- ~~2. Post Transplant Recipients and Living Donor Patients will have involvement of the Registered Dietician during multidisciplinary rounds and the discharge planning process.~~

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1. Pre-Transplant Evaluation

- a. During the pre-evaluation process, the RD will complete and document a comprehensive nutrition screen in the electronic medical record (EPIC) for all kidney and pancreas transplant candidates and potential living donors.
- b. If indicated by the initial screen, a detailed nutrition assessment and education session will be scheduled and documented.
- c. The Transplant Coordinator or provider may also order a RD referral or consult directly in EPIC as needed.

2. Living Donor Screening

- a. Living kidney donors will be screened by the RD and, if warranted, provided with further nutritional assessment and education.

3. Post-Transplant Evaluation

- a. Post-transplant recipients and living donors will continue to receive nutritional assessment and education as needed throughout follow-up care.
- b. The RD will participate in multidisciplinary rounds and discharge planning to ensure ongoing nutritional needs are addressed and documented.

4. Documentation Requirements

- a. All nutritional screening, assessment, and education must be documented in the patient's electronic medical record (EPIC).
- b. Documentation must include date, time, nutrition plan, and RD signature or electronic authentication.

(D) Roles and Responsibilities

- Registered Dietitian: Responsible for completing all nutrition screenings, assessments, education, and interventions and for participating in rounds and discharge planning.
- Transplant Coordinator: Ensures nutrition referrals are made and appropriate follow-up occurs.
- Nursing and Clinical Staff: Collaborate with the RD to address nutrition-related needs and reinforce education provided.
- Transplant Program Leadership: Ensure compliance with this policy and allocate resources for ongoing education and staffing.

Approved by: Daniel Barbee Chief Executive Officer Date Kurt Kless Chief Nursing Officer Date Michael Rees, MD Medical Director, Renal Transplant Program Date Kunal Yadav, MD Medical Director, Pancreas Transplant Program Date Review/Revision Completed by: Transplant Surgeons Transplant Administrator Manager, Dietitians	Policies Superseded by This Policy: • 3364-104-207 Outpatient Nutrition Screening for Recipient and Donor Kidney Transplant Patient Initial effective date: 10/23/2007 Review/Revision Date: 12/2007 1/9/2009 1/12/2010 12/4/12 4/15/15 3/15/17 5/1/2018 5/3/2021 3/1/2024 Next review date:
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