Name of Policy : Monitoring of patients with missed meals	UT UTOLEDO HEALTH
Policy Number : 3364-104-319	
Approving Officer: Chief Executive Officer	Effective date:
Responsible Agent : Food & Nutrition Management	Original effective date : 4/2008
Scope : University of Toledo Medical Center, Food & Nutrition Services, Clinical Nutrition	
Key words: Missed, Meals, Diet, Nutrition, Monitoring	

New policy proposal	<u>X</u>	Minor/technical revision of existing policy
Major revision of existing policy		Reaffirmation of existing policy

(A) Policy statement

Food and Nutrition Staff monitor patients who are on a prescribed diet (including NPO) and have not called to order nor have received a meal.

(B) Purpose of policy

To assure that patients are able to order room service and receive meals. To provide adequate nutrition to patients.

(C) Procedure

- (1) Food & Nutrition staff will generate a list of patients who have missed a meal at scheduled times throughout the day. Times report is generated is defined as:
 - (a) Breakfast: 9:30 a.m. 8:45a.m.
 - (b) Lunch: 2p.m. 1:15 p.m.
 - (c) Dinner: 6:30 p.m.
- (2) Staff will phone patients or nurse (if the patient is unavailable) and ask them if they would like to order the missed meal. If so, the meal request is received, prepared, and delivered to the patient.
- (3) If no meal is desired, patient is marked as missed meal and nursing staff is notified. No more than one meal may be missed daily.
 - (a) If more than one meal is missed, notification is made to the Dietitian for followup.
- (4) Dietitians will screen patients for nutrition risk and modify care plan as needed.
- (5) All patients on carbohydrate-controlled meals will receive a meal if the patient and nurse cannot be notified of the missed meal.

Approved by:	Policies Superseded by This Policy:
	Initial effective date: 8/2002
Daniel Barbee	All Review/Revision Dates:
Chief Executive Officer	6/05
	6/2/2008
	7/1/2011
Date	7/1/2014
	7/1/2017 4/23/2019
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Joshua Krupinski	5/10/2022
Director, Food & Nutrition	
	Next review date:
Date	
<i>Review/Revision Completed by:</i>	
Director, Food & Nutrition	