



Nursing and Exercise Physiologist Guidelines for Cardiovascular Rehabilitation (CR) #10

Title: Cleaning of Exercise equipment after patient use

Responsibility: Cardiovascular Rehabilitation Personnel

Purpose of Guidelines: To ensure that the equipment is disinfected after it is used by a patient.

Procedure:

- I. Don gloves
- II. Use Oxivir wipes to wipe all handlebars and touchpads. For patient storage bins, wipe inside of bin when labeled “DIRTY”, flip card over to “CLEAN”.
 - A. Let dry for one minute.
 - B. If items are visibly soiled, clean with soap and water, then wipe with an Oxivir wipe.
- III. Oxivir wipes are to be locked up at the end of the day.

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Initiated: 1/9/2020
Reviewed: 1/15/2020, 5/2021
Revised: 6/2021