


Name of Policy: <u>Inpatient Nutrition Screening</u> Policy Number: 3364-104-202 Department: Clinical Nutrition Approving Officer: Senior Hospital Administrator Responsible Agent: Chief Clinical Dietitian Scope: Clinical Nutrition	 Effective Date: 4/1/2023 Initial Effective Date: 5/1999
<input type="checkbox"/> New policy proposal <input type="checkbox"/> Major revision of existing policy	<input checked="" type="checkbox"/> Minor/technical revision of existing policy <input type="checkbox"/> Reaffirmation of existing policy

(A) Policy Statement

Nutrition screening is completed by Registered Nurses to identify a patient's current or potential nutritional problems (risks) may have that requires intervention and further assessment by Clinical Nutrition. Screening is conducted within 24 hours of admission.

(B) Purpose of Policy

To identify patients who may benefit from nutrition intervention to maintain or improve their nutrition status.

(C) Procedure

1. Within 24 hours of admission, the Registered Nurse (RN) completes the Admission Assessments. Included in the Admission Assessment is the initial Nutrition Screen which list the following nutrition related problems.
 - a. Impaired Nutritional Status
 - i. Unplanned weight loss:
 1. Past month (score 3 if wt loss > 5%)
 2. Past 2 months (score 2 if wt loss >5%)
 3. Past 3 months (score 3 if wt loss >15% OR score 1 if wt loss >5%)
 - ii. Decreased food intake over last week:
 1. <50-75% of normal (1/2-3/4 of normal), (score 1)
 2. <25-60% of normal (2/3 normal), (score 2)
 3. 0-25% of normal (1/2 of normal), (score 3)
2. The registered Dietitian or Registered Diet Technician reviews the medical record for the following criteria and combines the Admission Assessment completed by the RN to complete the total nutrition risk score.
 - a. Severity of Disease (Admitting diagnosis/condition):
 - i. Hip fracture (score 1)*
 - ii. Cirrhosis (score 1)*
 - iii. COPD (score 1)*
 - iv. Malnourished (score 3)
 - v. Dialysis (score 1)
 - vi. BMI 18.5 – 20.5 with impaired general condition (score 2)
 - vii. BMI < 18.5 with impaired general condition (score 3)
 - viii. BMI <22, Age >65 with impaired general condition (score 3)
 - ix. Diabetes Mellitus – New diagnosis (score 3)
 - x. Diabetes (score 1)

