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| Name of Policy: <u>Monitoring of Patients Not Receiving Adequate Nutrition</u> Policy Number: 3364-104-204 Department: Clinical Nutrition Approving Officer: Senior Hospital Administrator Responsible Agent: Chief Clinical Dietitian Scope: Clinical Nutrition |  Effective Date: 4/1/2023 Initial Effective Date: 5/1999 |
| <input type="checkbox"/> New policy proposal <input type="checkbox"/> Minor/technical revision of existing policy <input type="checkbox"/> Major revision of existing policy <input checked="" type="checkbox"/> Reaffirmation of existing policy | |

(A) Policy Statement

Clinical Nutrition Staff monitors patients who are NPO or on clear liquids for a prolonged length of time.

(B) Purpose of Policy

To facilitate that a patient’s diet is advanced, or nutrition support is started as soon as medically appropriate.

(C) Procedure

Clinical nutrition staff will review patients who have been NPO or on a clear liquid diet for 5 days.

1. A note is entered into the medical record to alert the physician on the 5th day.
2. If the patient is still NPO/on a clear liquid diet for 7 days without nutrition support, another note is entered into the medical record and the physician or licensed healthcare practitioner is contacted to discuss the patient's nutrition plan.

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| Approved by: /s/ _____ 04/03/2023 Michele Lovett RD, LD Chief Clinical Dietitian /s/ _____ 04/03/2023 Russell Smith, B.S. Pharm D, MBA, BCPS Senior Hospital Administrator <i>Review/Revision Completed By:</i> Clinical Nutrition | Review/Revision Date: 8/01 9/02 5/05 6/2/2008 7/1/2011 6/10/14 3/3/2017 3/26/20 3/31/23 Next Review Date: 4/1/2026 |
| Policies Superseded by This Policy: | |