


Name of Policy: <u>Outpatient Nutrition Screening for Recipient and Donor Kidney Transplant Patient</u> Policy Number: 3364-104-207 Department: Clinical Nutrition Approving Officer: AVP Patient Care Services/CNO Responsible Agent: Chief Clinical Dietitian Scope: Food & Nutrition	 Effective Date: 4/1/2020 Initial Effective Date: 10/2007
<input type="checkbox"/> New policy proposal <input checked="" type="checkbox"/> Minor/technical revision of existing policy <input type="checkbox"/> Major revision of existing policy <input type="checkbox"/> Reaffirmation of existing policy	

(A) Policy Statement

Patients undergoing evaluation for kidney transplant, both recipient and donor, will be screened to determine the need for nutrition education.

(B) Purpose of Policy

To identify patients who may benefit from further nutrition assessment and education related to their disease condition or to improve their nutrition status.

(C) Procedure

1. While the recipient is being evaluated in Transplant Clinic, the Dietitian will complete and document in the electronic medical record tab “Nutrition Screen”.
2. A Dietitian Referral/Consult can be ordered in either an Encounter or Order Group in the Assessment/Plan Section. Click on REFERRAL. Type nutrition in the Search Field. Select either Medical Nutrition Therapy Referral or Nutritionist/Dietitian Referral.
3. Donor kidney transplant patients will be screened by the RD and will be seen for further nutrition assessment and counseling if warranted by the nutrition screen.
4. Post-Transplant patients and donors will have involvement of RD during nutritional assessments/nutritional counseling and during multidisciplinary rounds and discharge planning process.

Approved by: <u>/s/</u> Michele Lovett RD, LD _____ Chief Clinical Dietitian Date <u>/s/</u> Monecca Smith MSN, RN _____ Associate of VP Patient Care Services/CNO Date <i>Review/Revision Completed By:</i> <i>Clinical Nutrition</i>	Review/Revision Date: 6/2/2008 7/1/2011 6/10/14 6/15/2017 3/31/20 Next Review Date: 4/1/2023
Policies Superseded by This Policy:	