Name of Policy:	**Special diets and altered meal times**	
Policy Number:	3364-104-315	
Department:	Food & Nutrition	
Approving Officer:	Director, Food & Nutrition	
Responsible Agent:	Food & Nutrition Management	
Scope:	Food & Nutrition Clinical Nutrition	**Effective Date:** 6/1/2022 Initial Effective Date: 8/2002

_____ New policy proposal	X Minor/technical revision of existing policy
_____ Major revision of existing policy	_____ Reaffirmation of existing policy

(A) Policy Statement

Special diets and altered feeding times are available.

(B) Purpose of Policy

To meet patient's medical nutritional needs as well as accommodate personal food habits.

(C) Procedure

Food and Nutritional Services modify standard menus to provide meal trays compliant to the patient's ordered diet. These modifications are based on standards found in the Nutrition Care Manual.

1. Between meal feedings/supplements are provided:
    a. Per physician or dietitian order. A standard snack is given unless a special request is made.
    b. If deemed necessary by Clinical Nutrition staff, snacks will be compliant with the patient's diet order.
    c. If a patient is diabetic, all patients on diabetic diets receive an HS snack from the nursing unit.
    d. Limited food items are available on nursing floors as part of the floor stock between meal feedings.
2. Food allergies are entered into the computer and items are deleted form the patient's menus.
3. Attempts will be made to accommodate patient's religious or cultural food practices.
4. Request for altered meal times will be honored. See policy 3364-104-308 and 3364-104-309.

Approved by: /s/ 5/16/22 Joshua Krupinski Date Director, Food & Nutrition *Review/Revision Completed By:* *Food & Nutrition*	**Review/Revision Date:** 6/05 6/2/2008 7/1/2011 7/1/2014 7/1/2017 4/23/2019 5/16/2022 **Next Review Date:** 5/1/2025