

<b>Name of Policy:</b> <u>Compliance to physician diet orders</u> <b>Policy Number:</b> 3364-104-316 <b>Department:</b> Food & Nutrition <b>Approving Officer:</b> Director, Food & Nutrition <b>Responsible Agent:</b> Food & Nutrition Management <b>Scope:</b> Food & Nutrition Services	 <b>Effective Date:</b> 6/1/2022 Initial Effective Date: 8/2002
<input type="checkbox"/> New policy proposal <input type="checkbox"/> Major revision of existing policy	<input type="checkbox"/> Minor/technical revision of existing policy <input checked="" type="checkbox"/> Reaffirmation of existing policy

**(A) Policy Statement**

Food and Nutrition Services provides foods and meals consistent with standard diets as defined within the Nutrition Care Manual of the Academy of Nutrition and Dietetic and approved by the Medical Executive Committee. All efforts are made to comply with the written physician order. When patients select foods non-compliant to the diet order, alternatives will be offered. Patients have the right to refuse alternatives.

**(B) Purpose of Policy**

To guide Food & Nutrition Services staff in assisting patient with meal selections and to provide patients with options in selecting meals.

**(C) Procedure**

1. Physician or registered dietitian will order diet order in medical record. Type of diet ordered will reflect current hospital approved diets as defined in the Nutrition Care Manual.
2. Orders will be entered into the electronic medical record and interface with the CBORD system in Food & Nutrition Services.
3. Patients are instructed on room service menu selection process at time of admission.
4. When patients phone down requesting meals, foods generally not permitted will be discouraged. Patients will be told of the diet restriction and offered appropriate alternatives.
5. When alternatives are not acceptable, the patient will be permitted to have the food item. Exceptions will be for NPO and consistency modified diets.
6. Patients excessively choosing foods above diet restriction will be referred to the Dietitian for education and/or assessment of appropriateness to diet order. Clinical Nutrition staff will communicate to physician recommendations for change as appropriate.

<b>Approved by:</b>  <u>/s/</u> <span style="float: right;">5/16/22</span> Joshua Krupinski <span style="float: right;">Date</span> Director, Food & Nutrition  <hr/> Review/Revision Completed By: Food & Nutrition	<b>Review/Revision Date:</b> 6/05 6/2/2008 7/1/2011 7/1/2014 4/1/2017 4/23/2019 5/16/2022  <b>Next Review Date:</b> 5/1/2025
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