Policy Statement

Food and Nutrition Staff monitors patients who are on a prescribed diet (including NPO) and have not called to order nor have received a meal.

Purpose of Policy

To assure that patients are able to order room service and receive meals. To provide adequate nutrition to patients.

Procedure

1. Food & Nutrition staff will generate a list of patients who have missed a meal at scheduled times throughout the day. Times are defined as: 9:30 a.m. for breakfast meal, 1:30 p.m. for lunch meal and 6:00 p.m. for dinner meal.
2. Staff will phone patient and ask them if they would like to order the missed meal. If so, meal request is received, prepared and delivered to the patient. If no meal is desired, patient is marked as missed meal and nursing staff is notified. No more than one meal may be missed daily. If more than one meal is missed, notification is made to the Dietitian for follow-up.
3. Dietitian will screen patient for nutrition risk and modify care plan as needed.