


Name of Policy: <u>Calorie Count/Intake Analysis</u> Policy Number: 3364-104-326 Department: Clinical Nutrition Approving Officer: Senior Hospital Administrator Responsible Agent: Chief Clinical Dietitian Scope: Food & Nutrition Clinical Nutrition	 Effective Date: 6/1/2022 Initial Effective Date: 8/2002
<input type="checkbox"/> New policy proposal <input type="checkbox"/> Major revision of existing policy	<input type="checkbox"/> Minor/technical revision of existing policy <input checked="" type="checkbox"/> Reaffirmation of existing policy

(A) Policy Statement

It is the policy of the hospital to monitor the effectiveness of the nutrition therapy via Calorie Count as requested by the Physician or the Dietitian.

(B) Purpose of Policy

To monitor and document patient consumption and therapeutic response to nutrition, in order to identify those patients who, have problems eating that affect their nutritional status.

(C) Procedure

1. The physician and/or dietitian requests a calorie count of meals patient consumes. Calorie counts are completed for a 3day period.
2. The Physician or Dietitian enters the order into the computer to notify the Food and Nutrition Services Department.
3. The diet clerk will advise the Clinical Dietitian of the Calorie Count order and a calorie count envelope will be placed in the patient's room.
4. Nursing will record on the patient's meal ticket, the percent amount of food or beverage consumed. Example: 25% milk, 50% entrée. The meal ticket is placed in the envelope.
5. Nursing will record any food/beverages consumed between meals and percent amount eaten.
6. At the end of the 3-day period, the Dietitian will calculate and document the total calories consumed in the medical record.
7. Appropriate recommendations for Nutrition Therapy will be documented based on the results of calorie count in the Medical Record.

Approved by: /s/ Michele Lovett RD, LD Chief Clinical Dietitian Date	Review/Revision Date: 6/2005 2/07 4/07 6/2/2008 7/1/2011 12/12/2012 1/6/2016 4/23/19 5/17/2022
/s/ Russell Smith, B.S. Pharm D, MBA, BCPS Senior Hospital Administrator Date	
Review/Revision Completed By: Clinical Nutrition	
Next Review Date: 6/1/2025	
Policies Superseded by This Policy:	

