


Name of Policy: <u>Supervision of Pediatric Exercise Tests</u> Policy Number: 3364-106-S01 Department: Heart Station Approving Officer: Chief Operating Officer - UTMC Responsible Agent: Director Cardiovascular Services Scope: University of Toledo Medical Center Heart Station	 Effective Date: 3/2022 Initial Effective Date: 10/2/1990
<input type="checkbox"/> New policy proposal <input type="checkbox"/> Minor/technical revision of existing policy <input type="checkbox"/> Major revision of existing policy <input checked="" type="checkbox"/> Reaffirmation of existing policy	

(A) Policy Statement

Attending cardiologists or their designated cardiology fellow must directly supervise all pediatric exercise tests.

(B) Purpose of Policy

To assure proper supervision of patients under the age of 18 (pediatric) during exercise testing.

(C) Procedure

1. When all pediatric exercise tests are scheduled in the Heart Station within the Heart and Vascular Center, the name of a supervising cardiologist will be obtained from the pediatric or adult cardiology office.
2. The cardiovascular technologist will prepare the patient for the exercise test.
3. After baseline ECG's are obtained, the cardiovascular technologist will page the attending cardiologist listed in the schedule book as supervising the test.
4. The test will begin once the physician is present in the Exercise Lab.
5. The physician must remain in the Exercise Lab during the test and recovery period.
6. Pediatric stress tests ordered by an adult cardiologist will be supervised by the attending cardiologist or his/her designated fellow.

Approved by: <u>/s/</u> <u>03/16/2022</u> Todd Korzec, RN, BSN Date Director Cardiovascular Services <u>/s/</u> <u>03/16/2022</u> Samer Khouri, MD Date Director, Non-Invasive Cardiac Imaging <u>/s/</u> <u>03/16/2022</u> Christine Stesney-Ridenour, FACHE Date Chief Operating Officer- UTMC <i>Review/Revision Completed By:</i> <i>Todd Korzec, RN, BSN Heart Station</i>	Review/Revision Date: 12/91 3/19 1/92 3/22 8/95 12/95 9/97 3/99 4/01 5/03 5/05 5/07 8/10 6/13 3/16 Next Review Date: 3/2025
Policies Superseded by This Policy:	