


<b>Name of Policy:</b> Supervision of Pediatric Exercise Tests  <b>Policy Number:</b> 3364-106-S01  <b>Approving Officer:</b> Chief Executive Officer  <b>Responsible Agent:</b> Director of Cardiovascular Services, Medical Director, Non-Invasive Cardiac Imaging  <b>Scope:</b> University of Toledo Medical Center		  <b>Effective date:</b> 3/24/2025  <b>Original effective date:</b> 10/1990	
Key words: Stress Test, Pediatrics, Exercise, Supervision, Cardiologists			
<input type="checkbox"/>	New policy proposal	<input type="checkbox"/>	Minor/technical revision of existing policy
<input type="checkbox"/>	Major revision of existing policy	<input checked="" type="checkbox"/>	Reaffirmation of existing policy

**(A) Policy Statement**

Attending cardiologists or their designated cardiology fellow must directly supervise all pediatric exercise tests.

**(B) Purpose of Policy**

To assure proper supervision of patients under the age of 18 (pediatric) during exercise testing.

**(C) Procedure**

1. When all pediatric exercise tests are scheduled in the Heart Station within the Heart and Vascular Center, the name of a supervising cardiologist will be obtained from the pediatric or adult cardiology office.
2. The cardiovascular technologist will prepare the patient for the exercise test.
3. After baseline ECG's are obtained, the cardiovascular technologist will page the attending cardiologist listed in the schedule book as supervising the test.
4. The test will begin once the physician is present in the Exercise Lab.
5. The physician must remain in the Exercise Lab during the test and recovery period.
6. Pediatric stress tests ordered by an adult cardiologist will be supervised by the attending cardiologist or his/her designated fellow.

3364-106-S01 Supervision of Pediatric Exercise Tests

<p>Approved by:</p> <p>/s/</p> <hr/> <p>Todd Korzec, RN, BSN Director, Cardiovascular Services</p> <p>3/6/2025</p> <hr/> <p>Date</p> <p>/s/</p> <hr/> <p>Samer Khouri, MD Medical Director, Non-Invasive Cardiac Imaging</p> <p>3/7/2025</p> <hr/> <p>Date</p> <p>/s/</p> <hr/> <p>Christine Stesney-Ridenour, FACHE Chief Operating Officer</p> <p>3/24/2025</p> <hr/> <p>Date</p> <p><i>Review/Revision Completed by: Director, Cardiovascular Services</i></p>	<p><b>Policies Superseded by This Policy:</b></p> <ul style="list-style-type: none"><li>• <i>None</i></li></ul> <p>Initial effective date: 10/1990</p> <p>Review/Revision Date:</p> <p>12/91 1/92 8/95 12/95 9/97 3/99 4/01 5/03 5/05 5/07 8/10 6/13 3/19 3/22 3/24/2025</p> <p>Next review date: 3/24/2028</p>
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