


<p>Name of Policy: <u>Resuscitation Policy for Exercise-Stress Testing</u></p> <p>Policy Number: <u>3364-106-S04</u></p> <p>Department: Heart Station</p> <p>Approving Officer: Chief Operating Officer - UTMS</p> <p>Responsible Agent: Director Cardiovascular Services</p> <p>Scope: University of Toledo Medical Center Heart Station</p>	 <p>Effective Date: 3/2022 Initial Effective Date: 12/1991</p>
<p> <input type="checkbox"/> New policy proposal <input type="checkbox"/> Minor/technical revision of existing policy <input type="checkbox"/> Major revision of existing policy <input checked="" type="checkbox"/> Reaffirmation of existing policy </p>	

(A) Policy Statement

All patients will have full resuscitation status from the beginning of the exercise/stress testing, through the recovery period, and until they leave the Heart Station

(B) Purpose of Policy

To be able to treat any cardiac or respiratory event during and immediately following the exercise/stress testing procedure.

(C) Procedure

1. When the patient or decision maker’s signature is obtained prior to exercise testing, the patient or decision maker will be made aware of the potential need for advanced cardiac life support (ACLS) and that all measures will be carried out as necessary.
2. If the patient or decision-maker does not agree to ACLS measures, the test will not be performed, and the attending physician will be notified.
3. Inpatients with DNRCC or DNRCC-arrest categories of care must be agreeable to ACLS during testing and until the test is complete. A notation in the progress notes and an order must be written by the ordering physician documenting the revoking of the DNR status. This status change takes place from the beginning of testing until the test is complete. The patient or decision-maker’s agreement to this temporary change must also be documented.
4. Outpatients will document agreement to full ACLS status by signing the Patient Education/Information Sheet or the Informed Consent Form.
5. The revoking of any DNR status will be for the time period from the beginning of the exercise test until the patient leaves the Heart & Vascular Center.

<p>Approved by:</p> <p><u>/s/</u> Todd Korzec, RN, BSN Director Cardiovascular Services</p> <p><u>03/16/2022</u> Date</p> <p><u>/s/</u> Samer Khouri, MD Director, Non-Invasive Cardiac Imaging</p> <p><u>03/16/2022</u> Date</p> <p><u>/s/</u> Christine Stesney-Ridenour, FACHE Chief Operating Officer- UTMC</p> <p><i>Review/Revision Completed By: Todd Korzec, RN, BSN Heart Station</i></p>	<p>Review/Revision Date:</p> <p>12/91 9/92 8/93 8/95 10/95 9/97 3/99 4/01 6/02 8/02 5/03 5/05 5/07 8/10 6/13 3/16 3/19 3/22</p> <p>Next Review Date: 3/2025</p>
<p>Policies Superseded by This Policy:</p>	